

## LiveWell Health Clinic

The LiveWell Health Clinic is located on the first floor of the LiveWell Center. Visits are by appointment only. The clinic does not accept walk-ins.

**LiveWell Health Clinic**  
**3625 Bear Creek Court**  
**Dallas, TX 75261**

**Monday - Tuesday** 8:00 a.m. to 5:00 p.m. (closed for lunch from 1:00 p.m. -2:00 p.m.)

**Wednesday - Friday** 6:15 a.m. - 3:15 p.m. (closed for lunch from 11:30 a.m. - 12:30 p.m.)

**Phone** (972) 973-1621

**Fax** (972) 973-1626

**Email** [LWhealthclinic@dfwairport.com](mailto:LWhealthclinic@dfwairport.com)

### Visits by appointment only, no walk-ins

- You must call the clinic at 972-973-1621 or email [lwhealthclinic@dfwairport.com](mailto:lwhealthclinic@dfwairport.com) to schedule an appointment.
- The clinic resumed all patient services, including primary and urgent care, annual physical exams and medication refills.
- You will be greeted by a LiveWell team member when you arrive for your appointment.

### Check-In Requirements

- Arrive 15 minutes prior to your appointment to allow ample time to complete the paperwork for all new patient appointments.
- Bring your driver's license and insurance card. While most services are not filed through insurance, some lab work is processed through Quest Diagnostics and may be filed to your insurance.
- Bring a list of your current medications, including prescriptions, over the counter, and herbal medicines to each appointment.

## **Services**

- Acute care visits
- Blood pressure check
- Blood sugar check
- COVID-19 testing
- Health coaching/Disease Management
- Influenza testing
- Lab work testing
- Mononucleosis testing
- Physical exams
- Pregnancy testing
- Primary care
- Rx prescriptions
- Sprains/Strains
- Strep testing
- Urinary tract infections testing
- Vaccines/Immunizations
- Well Woman/PapSmears

## **Lab Work**

With a PCP's request for blood work, save time by having it drawn at the LiveWell Health Clinic. The PA onsite will see you prior to the blood draw. The results will be sent directly to your PCP.

## **Other Programs and Services**

Ask the Nurse Practitioner

Service for confidential consultation with the Nurse Practitioner designed to facilitate better health care decisions and evaluate employee health care service options.

Learn about specific procedures, testing and treatment options. Attain information on available disease management programs, health websites and other resources.

Coaching and disease management service to address health conditions, such as hypertension, diabetes, and obesity.

## LiveWell Health Clinic Staff



### **Nefertiti McElroy, Certified Family Nurse Practitioner**

Nefertiti (Nef) McElroy, FNP-C received her Bachelor of Science in Nursing from the University of Memphis and a Master of Science in Family Nurse Practitioner from Middle Tennessee State University. She has experience working in emergency medicine, urgent care, retail health care and primary care settings. Nef has worked for Concentra in the Dallas Fort Worth area for several years.

In her spare time, Nef enjoys reading and attending medical conferences to keep up with current medical information. Besides caring for patients' immediate medical needs, she will also provide advice to help patients become healthier. She believes knowledge is power and understanding our own health empowers us to maintain a healthy lifestyle or make needed changes.

Nef's goal is to help DFW Board employees be healthy and well.

## **COVID-19**

### **Testing**

- PCR and Rapid Antigen COVID-19 tests are available for Board employees at the clinic.
- The PCR test is available for asymptomatic employees who were knowingly exposed to a positive COVID-19 individual, provided they wait at least five to seven days after the date of exposure.
- The Rapid Antigen test is available for symptomatic employees. If the Rapid Antigen test is negative, clinic staff will perform the PCR test or other tests dependent upon symptoms.
- Appointments are required for COVID-19 testing. If you think you might have COVID-19 or have been exposed, contact the LiveWell Health Clinic to schedule an appointment at 972-973-1621 or [LWhealthclinic@dfwairport.com](mailto:LWhealthclinic@dfwairport.com).
- COVID-19 tests are conducted in the LiveWell Center parking lot.