

# **DFW Retiree Network** News **Update!**





Happy New Year 2025 🏟 🎇 💐 !

Wishing you all a very happy, healthy, peaceful, joyful, and prosperous New Year 2025 ♥ 🎉.

Keeping focus on the health part of it, let's start the year with a Health and Wellness activity. We have planned a webinar - Holistic Health Tips from Ayurveda. More info on pages below. Hope you can join this online session.

We had a wonderful Christmas Stroll event 🜲 🎄 🖔 . After having a warm cup of coffee/hot chocolate, retirees walked the beautifully decorated Main Street in Grapevine and experienced the joy of viewing Christmas lights together. More fun events are in the planning. Stay tuned. Until then, Relax, Reconnect, and Rejuvenate

Best regards from DFW Retiree Network Steering Committee:

President - Padma Joshi

Vice President - Irene Clark

**Secretary - Diana Jones** 

Committee chair - Joanne Garcia

Immediate Past President - Debra Sanford

Founding President - Linda Valdez Thompson

#### **IN THIS ISSUE**

- MESSAGE FROM STEERING COMMITTEE
- PHOTOS OF CHRISTMAS **EVENT**
- HOLISTIC HEALTH TIPS WEBINAR INFO
- WHAT'S NEW WITH DFW





# ♣THE JOY OF CHRISTMAS ♣ WITH DFW RETIREE NETWORK!

Retirees enjoyed coffee/Hot chocolate and the ambiance in Harvest Hall, Grapevine 🗢 🎉











# ♣THE JOY OF CHRISTMAS ♣ WITH DFW RETIREE NETWORK!

### Retirees strolled the Christmas Capital streets in Grapevine 🗢 🎉 💥





























### DFW Retiree Network Next Event



**DFW Retiree Network Presents:** 

"Holistic Health Tips from Ayurveda"

The science of life, combining old world Eastern philosophy with western medicine

Featuring Jay (Vaijayanti) Apte, one of the most experienced Ayurvedic doctors in the U.S.

Thursday, Jan. 30, 2025 at 6:00pm

### Holistic Health Tips from Ayurveda, January 30, 2025 at 6:00 PM

The DFW Retiree Network invites you to join us on January 30th at 6:00 PM via Zoom for an enlightening session on holistic health tips from Ayurveda.

Ayuveda is one of the world's oldest holistic healing systems and is a holistic science and looks at wellness as a whole: perfect health is defined as a state of balance between mind, body, spirit, and social well-being. Rather than treating only the symptoms, Ayurveda focuses on finding and treating the root cause of disease. Ayurveda helps you balance and improve several aspects of your life

This event will feature Jay (Vaijayanti) Apte, one of the most experienced Ayurvedic doctors in the U.S., with over 40 years of expertise in Ayurvedic practice and teaching. Dr. Apte holds an integrated degree in Allopathic and Ayurvedic Medicine from Pune University (1973) and a master's in pharmacology from the University of North Texas.

With a unique approach that blends Eastern wisdom and Western knowledge, Dr. Apte is dedicated to providing exceptional holistic health care. She has spoken at numerous holistic conferences and leading IT companies, and for the past 15 years, she has hosted a weekly Ayurvedic talk show on an Indian radio channel, sharing valuable health tips. She currently hosts a zoom podcast on "Golden Health in Golden Years!" seminar series for seniors and is set to launch a new program in 2025, "Your Health is in Your Hands," aimed at empowering health-conscious youth.

Don't miss this opportunity to gain practical, holistic health insights! Visit www.dfwveda.com to learn more.

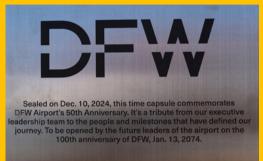
RSVP to: dfw-retiree-network.ticketleap.com/dfwrn-health-tips-from-ayurveda/

### What's new with DFW?











On December 10, 2024, DFW Airport sealed a time capsule filled with DFW memorabilia, which is not to be opened for the next 50 years. The memorabilia included a scrap book with pictures of the current EVP Leaders with their letters to future DFW Leaders. Other items were a fossil from Bear Creek, a copy of the DFW Strategic Plan, various items and challenge coins from various departments across the airport.



DFW Airport was recognized at Informatic World as one of the 2024 Innovation Award Winners they were awarded for PowerCenter Modernization – Move from PowerCenter to Informatica Data Management Cloud (IDMC) to drive desired business outcomes, including increased cost savings, operational speed and IT agility.



DFW Airport was awarded **The Best Airport in North America** (40M = pax) as well as a Level 2 CX Accreditation.



After 30 + years of service -Senior Chaplain, Bishop DD Hayes, PHD of the Airport Chaplaincy office, retired iat the end of 2024.

Congratulations Bishop Hayes. Thank you for your service!



This is worth' the hype! Dallas Fort Worth International Airport (DFW) is receiving two Striker 6x6 ARFFs! Both units carry 3,000 gallons of water and 360 gallons of foam. For ease of operation, the department incorporated the Oshkosh® ECO EFP™ Foam

## What's new with DFW?



DFW Airport was counting the minutes to the holidays, and their social crew was back with more surprises for lucky travelers! As DFW winds down the DFW50 celebration, DFW was sharing limited-edition anniversary swag with the customers to thank them for making this year unforgettable!



Terminal D Holiday Tree '24



DFW Partners at The Coca-Cola Company brought a tast test f Sprite Winter Spiced Cranberry to the Airport On December 22, 2024



# In December, DFW was pleased to announce two local additions coming to Terminal D:

Dude, Sweet Chocolate, an artisan chocolatier in Dallas' Bishop Arts neighborhood, will bring travelers their treats, fudge, and truffles near Gate D10

Texas General Store, a Grapevine souvenir and gift shop, will offer everything from around Texas and the metroplex, including edibles, décor and more near Gate D36









Oh, What Fun! DFW Airport HQ Holiday Party 2024 - who remembers this tradition? Recognize anybody?

#### RETIREE RESOURCES: Find the DFW Retiree Network at these locations:

- Email:dfwretireenetwork@gmail.com
- Webstie: www.dfwairport.com/business/opportunities/resources/retirement
- FB: https://www.facebook.com/groups/dfwretireenetwork

Do you have questions for HR on your retirement? <u>HR email</u>: retirees@dfwairport.com Want to be featured in the Newsletter? Or Facebook?

Send us your photos, comments, and suggestions to: dfwretireenetwork@gmail.com