

## **URBAN** V I R T U A L **FETE**

## **SUNDAY 31 MAY 2020**

GREENWICH PENINSULA'S FEEL GOOD FESTIVAL IS GOING DIGITAL

FOR ONE DAY ONLY 12PM TO 7PM



www.urbanvirtualfete.co.uk







**CURATED BY: HEMINGWAY** DESIGN



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12:00 - 12:30	<b>POWERHOUSE GOSPEL CHOIR</b>
	PRESENTS SUNDAY SERVICE

12:30 -	13:30	<b>GILLES PETERSON &amp; GREG</b>
		RELSON

13:30 - 14:30 VOGA

14:30 - 15:00 CREATE YOUR OWN JUMBO SHAKER WITH LET'S MAKE ART

15:00 - 15:30 **GROWING FROM KITCHEN SCRAPS WITH URBAN GROWTH** 

15:30 - 16:30 IN CONVERSATION WITH **ROBERT ELMS & WAYNE HEMINGWAY** 

16:30 - 17:30 LAND OF A THOUSAND **DANCES** 

17:30 - 19:00 GILLES PETERSON

Head to urbanvirtualfete.co.uk to find out more

- **04** DRINK RECIPE French 75 Cocktail
- 05 DRINK RECIPE The Real **Shirley Temple Mocktail**
- **06 FOOD RECIPE Korean Style Cold Soba Noodle Salad**
- **07** FOOD RECIPE Yangzhou Fried Rice
- **08** WORKSHOP Creative Crafts with Let's Make Art
- 09 WORKSHOP Grow your own with Urban Growth
- 10 Manjit Thapp's printable colouring sheet

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GREENWICH PENINSULA

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### Cocktail French 75

The French 75 is the perfect tipple to kickstart your day at the Urban Virtual Fete. A concoction of sugar, bubbles and syrup, it's guaranteed to propel you into the festive spirit of the Fete. Serve them up before singing along with Powerhouse Gospel Choir or save them for a cocktail to drink while dancing to Gilles Peterson's DJ set.

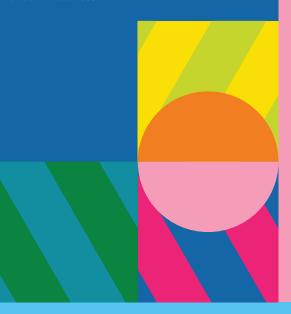
#### **INGREDIENTS**

45ml Gin
15ml Lemon juice
7.5ml sugar syrup
Champagne or bubbles of your choosing
(quantity subject to personal preference,
we suggest a splash)

#### **METHOD**

Begin by adding gin, lemon juice and syrup to a cocktail shaker with ice. Shake then strain into an empty champagne glass. Top up with a splash of bubbles, garnish with lemon peel then sip and enjoy.

Tag @thepeninsulist in your creations. We can't wait to see what you make! #urbanvirtualfete



## Mocktail The Real Shirley Temple

For a spot of film-star glamour from your sofa that's also family-friendly, this is a classic choice. This bright, bubbly mocktail is the perfect way to hydrate before joining Voga at the Urban Virtual Fete.

#### INCREDIENTS

45ml Grenadine 180ml Ginger Ale (or lemonade if you prefer) Lemon peel

#### METHO

Grab a tall glass, add ice and grenadine. Then, top with ginger ale or lemonade, stir and garnish with lemon peel. Sip while you stretch without the worry of descending into a dizzy downward dog. Tag @thepeninsulist in your creations. We can't wait to see what you make!



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**FOOD AND DRINKS RECIPES** 

V I R T U A L FETE



**FOOD AND DRINKS RECIPES** 

V I R T U A L



## **Korean Style Cold** Soba Noodle Salad (Serves 2)

This simple, summer's dish is easily prepared at home yet full of flavour. Swap Chinese egg noodles for Soba noodles to make this vegetarian dish suitable for vegans.

#### **INGREDIENTS**

200g Chinese egg noodles/Soba noodles 40g thinly sliced cucumber 40g thinly sliced carrot 30g thinly sliced spring onions **Sesame seeds (optional)** 

#### **INGREDIENTS**

- 2 tbsp Doenjang Soybean paste
- 1 tbsp Gochujang hot pepper paste
- 3 tbsp sesame oil
- 2 tbsp rice vinegar
- 2 tbsp honey/sugar for a vegan option

#### **METHOD**

Prepare by rinsing and chopping all of your vegetables. Then, in a small bowl prepare the sauce. Combine all ingredients and stir until all are mixed together. In the meantime, bring a large pot of water to the boil and cook your noodles according to package instructions. Drain and rinse with cold water. Add your carrots, cucumber and spring onion to a large bowl, pour the sauce over the vegetables and mix well. Gently fold in your rinsed noodles until the sauce is evenly spread. Garnish with a sprinkle of sesame seeds, and enjoy.

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## Yangzhou Fried Rice (Serves 2)

dish is easily adapted to include whatever make up your favourite flavours.

#### **INGREDIENTS**

3 eggs, lightly beaten 4 tbsp vegetable oil

2 cloves garlic, minced

30g green peas

Salt and ground white pepper to season

First, clean, chop and prepare your of your oil. Fry the spring onion and garlic shiitake mushrooms and carrot then fry for and pop to one side. Return the wok to a it cooks to break it apart into small pieces. toss well to mix everything together. Return

Tag @thepeninsulist in your creations. We can't wait to see what you make! #urbanvirtualfete

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# **Creative Crafts and Music Making**

Join the team at Let's Make Art as they show you how to make your own jumbo shaker. Dance, jive and jump to Gilles at the Urban Virtual Fete with your own piece of percussion.

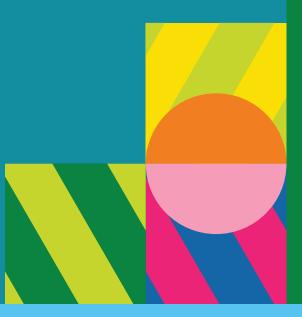
#### YOU WILL NEED:

A4 coloured card (can be bigger than this - a cereal box will work too) Double sided tape (normal tape will work too) Scissors

Materials to decorate - stickers, pens, paper, magazine pages Materials to make some noise inside your shaker - rice, lentils, cut up pieces of plastic

Tag @thepeninsulist in your creations. We can't wait to see what you make! #urbanvirtualfete

14.30pm at the Urban Virtual Fete



## Grow your own vegetables

Reduce your waste and increase your resourcefulness by learning how to grow your own vegetables using household kitchen scraps. This interactive, online workshop will be led by Urban Growth at this year's Urban Virtual Fete. Unleash your inner child or get the entire family involved.

#### YOU WILL NEED:

Chopping board or plate
Choice of vegetable - we will be growing carrots,
peppers, sweet potatoes and pea shoots!
Sharp knife

Toothpick or BBQ sticks
Glass, ramekins, pasta plate, upcycled
container such as a tincan, yoghurt pot
or mushroom punnet
Water

Scrap paper
Toilet paper or kitchen towels
Freezer bags,
A4 plastic pouches or a plastic bag

15.00pm at the Urban Virtual Fete



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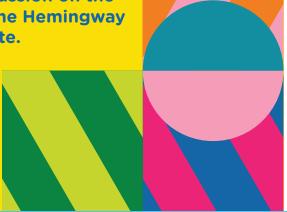
# URBAN VIRTUAL FETE

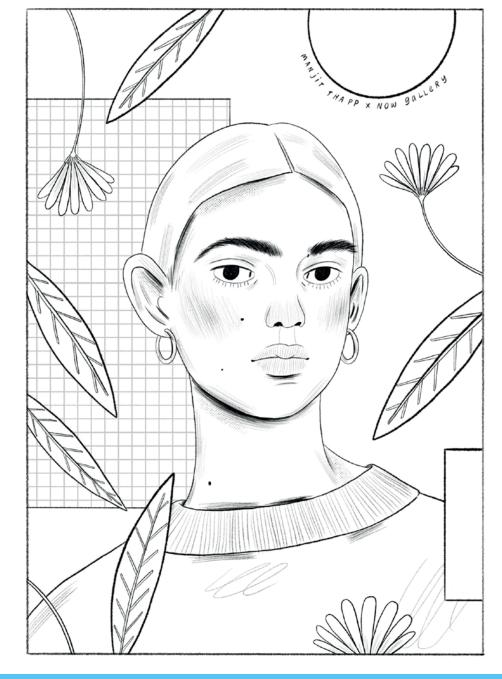
# Manjit Thapp's printable colouring sheet

Ahead of her upcoming exhibition at Greenwich Peninsula's NOW Gallery, this illustration was designed for NOW's online workshop with Manjit Thapp. She guided viewers through playful and bold design and now you can add your own sketching style to Manjit's creation.

Print out, grab some crayons and persuade the kids to colour while you tune in to Robert Elms' discussion on the future for London with Wayne Hemingway MBE at the Urban Virtual Fete.

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