



IT'S A KEEPER.

MOTTO RETAINER GUIDE

motto[™]
only at AspenDental



Your new smile looks gorgeous.

LET'S KEEP IT THAT WAY.

You. Did. It. All your hard work has paid off. Now it's time to protect that new smile with your Motto™ retainer. Just like your aligners, your retainer is custom-fitted just for you. After wearing your aligners all this time, you should adjust to your retainer quickly. And eventually you'll only have to wear it at night.

Protect your new position in life.

Without your retainer, your smile will shift back to how it was before — and the change will start happening quickly. Let's make sure that doesn't happen.

You have the tools you need to retain your new smile. Now let's show you how to use them.



Watch our
wear and
care video

How to wear...

You'll wear your retainer most of the time, just like you did with your aligners (22 hours per day) to ensure your teeth have set in place.

Once your doctor has determined your new smile is set, you'll switch to just wearing your retainer at night when you sleep.

...and care.

Clean your retainer the same way you did with your aligners – by brushing with lukewarm water.



We're here for you (no, really).

This isn't the end of your treatment — it's the beginning of your new life with your new smile. And we want you to keep that amazing feeling for many years to come. So, reach out to us with any questions or concerns.

When to call the office.

If you lose or damage your retainer:

You can order more from our office.

If your retainer has stopped fitting properly:

Your smile advisors can make adjustments.

If any part of your mouth

(e.g. gums or cheeks) feels irritated:

Your smile advisors can diagnose what's happening and find a solution.

Need extra smile insurance?

Accidents happen. With MottoRetain,[™] you can replace up to 8 retainers (4 sets) over two years if yours gets damaged or lost. Ask your smile advisors about this added layer of coverage.

Motto clear aligners are
available only at Aspen Dental.[®]

For more information, visit:
aspental.com/mottoaligners

Love Motto?
Tell a friend.

