



# CELEBRATING WOMEN'S HISTORY

## March 2023

NAF invites you to celebrate National Women's History Month in March and all year long!

This celebration honors the accomplishments and contributions of women, and it evolved from a week to a month-long celebration in 1987. The origins of this month go back to women from various New York City factories who staged a protest over poor working conditions.

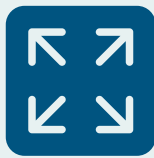
### ESSENTIAL QUESTION: ??

*How can Women's History Month  
advance equality and  
inclusiveness for women?*

As you engage with these resources and activities, remember to *Take Charge of Your Learning*, which includes these four phases:



REFLECT



STRETCH



INNOVATE



SHOWCASE



REFLECT

*Think deeply about your social awareness, perspectives, and relationship with your own cultures and those of others.*

### ASK YOURSELF:

- What should gender equality look like in our American culture?
- How does gender-bias impact education?
- Why is it important to get girls and women into STEM and leadership roles?
- What is the difference between gender equity, gender equality, and women's empowerment?



## STRETCH

*Engage deeper in learning through your initiative to expand your knowledge and skills.*

- [Visit the exhibition](#) that examines the ways girls have spoken up, challenged expectations, and taken the lead on the frontlines of change.
- Investigate current movements and initiatives related to gender equality and women's rights. What aspects interest you? How could you potentially get involved?
- Complete Google's lesson, [Explore a Topic: Women's History](#).
- Listen to an episode of the [World-Changing Women Podcast](#).
- Examine the [facts about female representation in politics](#). How would a balanced gender representation in politics impact our country and our world?

## CELEBRATING CHANGE MAKERS: PAST & PRESENT

[Ketanji Brown Jackson](#) 

U.S. Supreme Court nominee  
and "one of the nation's  
brightest legal minds"



[Gloria Estefan](#) 

Cuban American singer,  
actress, businesswoman,  
and philanthropist



[Mel Robbins](#) 

lawyer, television host,  
author, and motivational  
speaker



[Cher Wang](#) 

Co-founder and Chair  
of HTC, a leading  
tech company



[Kamala Harris](#)   
U.S. Vice President  
and attorney.





## INNOVATE

Create solutions for real-world problems that you are passionate about and want to solve. Choose one of the options below:

Choice 1: Use the [White House's 2021 annual proclamation](#) as inspiration; write your own.

Choice 2: Perform research on women's issues such as equality in the workplace and create an educational campaign about a topic of your choice.

Choice 3: Identify a women-led or non-profit that promotes women's empowerment, then create an awareness campaign.



*[Lisa Carmen Wang](#), is a 4X USA National Champion & Hall of Fame Gymnast turned Serial Entrepreneur, Investor, Writer, Keynote Speaker, Executive Coach & Unapologetic Feminist.*

Choice 4: Innovate a project of your choosing!



## SHOWCASE

Share your learning with the world in one (or more) of these ways:

Choice 1: Create a [YouTube video](#) to detail your learning through the project challenge.

Choice 2: Create a [social media campaign](#) to highlight your project and learning journey.

Choice 3: Create a career-readiness digital portfolio using [Bulb](#) or [Google Slides](#) to showcase your project and learning journey.



*[Lieutenant General Laura J. Richardson](#) was the U.S. Army's first female division deputy commander to lead 'America's First Team.'*

Choice 5: Produce a [PechaKucha](#) (a 400-second visual story) to showcase your project and learning journey.

Choice 4: Code or create a simple webpage to showcase your project. Consider [Replit](#) or [Wix](#).

Choice 6: Showcase your project in a format of your choosing.