

NATIONAL NURSES WEEK

National Nurses Week celebrates and honors our nurses' strength, dedication, and perseverance in the healthcare field. It also commemorates Florence Nightingale's birth on May 12th. The theme is "You Make a Difference" because nurses influence and shape health policy decisions to ensure access to high-quality healthcare.

LEARN MORE ABOUT THIS EXCITING CAREER AND HOW YOU CAN ALSO MAKE A DIFFERENCE!



Use the <u>Career Explorer Tool</u> to research possible careers in nursing. Filter by the minimum salary and maximum education commitment to explore your career options, or scroll through the different careers to find one that interests you.



Send handwritten "Thank You" cards or banners to the nurses in your community or to individuals who have taken care of someone you love. Nurses need to know, now more than ever, that their work to maintain their communities' well-being is appreciated and valued. Check out this card template, or design your own card.



Subscribe to Nurse Thomas' YouTube Channel, <u>Nurse Money Talk</u>, to learn about nursing school, careers, and essential nursing skills.



Explore the 25 Best (and Free!) Nursing Apps to support you on your health career learning journey. As you each app, think about an app you could create to make a difference for aspiring nurses or nurse professionals.



Try out the <u>KnoPro's Health Equity Challenge</u> around this question: "How might we help to ensure that medical research participation is more representative of the U.S. population?" Even if the submission deadline has passed, expand your skills and discover how you can make a difference in your community!

