**Assignment Focus**

|  |  |  |
| --- | --- | --- |
|  |  |  |
| Aspirations | Initiative & Self-Direction | Planning for Success |

While being a high school student, deciding on a career can be challenging and overwhelming. Thinking about the future and planning for success is an important step that all students should take to be confident in their ability to join any career field they desire. There are small steps you can take to make this process more comfortable.

The Myers-Briggs Type Indicator is a short introspective questionnaire that indicates one’s unique psychological preferences, which can help students learn more about themselves, allowing them to make more educated decisions concerning their future.

In this activity, you will explore yourself as a person by learning about your values, strengths, weaknesses, etc., and how that can help you navigate your future career path. Taking a personality test can be a simple and effective way to evaluate yourself and help guide you to a career field that suits you.

* First, complete the personality test and post-test chart.
  + <https://www.16personalities.com/free-personality-test>
* When done, watch this short video explaining how the test results can be a useful resource for finding your ideal career path. Answer all the reflection questions.
  + <https://youtu.be/EJpctjBplU0>

**Personality Test Results**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Personality Type | Extroverted or Introverted | Intuitive or Observant | Thinking or Feeling | Judging or Prospecting | Assertive or Turbulent |
|  |  |  |  |  |  |

Ex: ESTJ-A

1. According to the test results, what are the strengths and weaknesses of your personality type?

*Ex: Dedicated, Stubborn*

2. According to your personality type, what are possible career paths?

*Ex: Law Enforcement*

3. According to the test results, what are the work habits of your personality type?

*Ex: Following the rules*

4. How do you feel about your personality test results? Does it reflect yourself accurately?

The Myers-Briggs Type Indicator (MBTI) should have given you insight into yourself and your natural skill set and behavior. Now that you know more about yourself, use this information as a starting point. The next task is researching a career path that you find interesting or one the test results recommended. Feel free to use the link below or find your own to research possible occupations. Complete the chart below once you have decided on a career to explore.

* <https://www.careeronestop.org/>

|  |  |
| --- | --- |
| Career Exploration | |
| Job Title  *Ex: Kindergarten Teacher* |  |
| Career Field  *Ex: Early Childhood Education* |  |
| Required Education  *Ex: Bachelor’s Degree and/or Occupational License* |  |
| Annual Median Wage  *Ex: $60,490* |  |
| Daily Activities  *Ex: Read to students* |  |
| Common Skill Set  *Ex: Instructing* |  |

1. After researching this career, can you imagine a future in this occupation? Explain how you feel and if it matches your desired lifestyle.
2. If you are interested in this occupation, what steps can you take to prepare yourself for the future? If you didn’t like this occupation, how will you continue to explore career paths to find one suitable for you?
3. Does this career match your MBTI test results? Explain whether or not it was a valuable tool for career exploration.