Take some time to reflect on what you experienced and how the job shadow might affect your college and career plans in the future. This worksheet will be used in class.

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| Student Name |  | Academy |
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| Name of Job Shadow Host: |  | Job Shadow Company/Organization |

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| Which aspects of the job shadow were interesting? Which were not? Why or why not? |
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| What did you like about the workplace? What would you change? |
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| Would you consider a career in this field? Why or why not? |
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| What was the most memorable aspect of your job shadow experience? Why? |
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| What did you learn about the company and its employees? Please explain. |
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| What type of interactions did you observe between employees? Did they seem positive? Please explain. |
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| Describe ways that technology is used at the worksite. |
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| If you wanted to work in the department/worksite that you visited for the job shadow, what might you do to prepare in the next five years, both in high school and afterwards? |
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| What knowledge and skills are you learning in school that may be used on the job? Please explain. |
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| What knowledge or skills do you need to strengthen to be successful on the job? Please explain. |
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| What career options are available in the field related to the worksite that you visited? Please explain. |
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