

# Sunset AOHS

## Prepping for Informational Interviews



### 1. Review NAF's offerings

- [ash.naf.org/public/wbl/prepare-for-wbl](http://ash.naf.org/public/wbl/prepare-for-wbl)

### 2. Prep Students

- Useful Videos: 1) [Stanford Life Design Lab](#) 2) [How to Adult](#)
- *Potentially* Useful Doc: [Informational Interview Follow Along Doc](#)

### 3. Share your network; Support cold calls and emails

- *Students* reach out to contacts and schedule informational interviews
- Only recommend in-person interviews for family or family friends

### 4. Input into NAF's WBL Tracker

- Individual entries for each interview – takes more time; yields better data

### 5. Conduct interviews

- 'Be conversational;' equal parts networking opportunity and data-gathering mission

### 6. Send a thank you

- Handwritten and mailed is always best . . . but email bests nothing

### 7. Complete NAF's WBL Reflection

- Useful data for you; useful exercise to close out the experience for students