

LOOKING TO LEARN

Making Memories at Mealtime

This week we looked closely at *Sharing from the Eternal Bowl, Together We Fill, Together We Share* by Richard Nickel, an artwork from our current exhibition *Nourish*, and read *Thank You, Omu!* by Oge Mora. If you missed our program, or are looking to continue the discussion from home, here are the highlights!

MAKING MEMORIES AT MEALTIME: Do you have any special memories of mealtimes? Maybe it was a holiday or celebration, or maybe it was just an ordinary day. What did you eat? Who did you eat with? What made it memorable?



Richard Nickel, *Sharing from the Eternal Bowl, Together We Fill, Together We Share*, 2020. Ceramic, glaze and paint.
Courtesy of the artist.

SHARING FROM THE ETERNAL BOWL, TOGETHER WE FILL, TOGETHER WE SHARE BY RICHARD NICKEL

This artist was inspired by memories of eating dinner with his family when he was growing up. He feels that eating a meal connects us to the people with whom we share it with. Let's look closely at this work of art and ask some questions:

- What do you see?
- What are some details you notice in the sculpture?
- How many hands are there? Are the hands putting food in or taking food out?
- How does this artwork make you feel? What does it remind you of?
- Relationships aren't just about taking- they're about giving too. How do you give back your loved ones? How do you care for your family and friends?

THANK YOU, OMU! BY OGE MORA

This book is about making memories during mealtimes with our family, friends, and neighbors. Watch a read aloud of *Thank You, Omu!* from MVC Murrell Library [here](#).

- What happens to Omu's stew over the course of the story?
- How many people did she share her stew with?
- What do you think the stew smelled like that made everyone love it so much?
- How did they thank Omu for sharing her food?



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ART MAKING ACTIVITY: A collage is a type of artwork where you cut and paste different materials together to make a picture. Create a collage about a special meal that was shared with you.

- What is one of your favorite meals?
- Where and when did you have it for the first time?
- Who made it for you?
- What are the ingredients?

SUPPLY LIST:

- At least 5 sheets of paper (multiple colors may be nice if you have them available)
- Something to draw with (markers, colored pencils, crayons)
- Scissors
- Glue stick or tape

INSTRUCTIONS:

1. On four of your five pieces of paper, draw a pattern or design or doodle. These could be repeating shapes or just random squiggly lines. Each sheet of paper can have a totally new pattern, or just new colors if you really like the shapes you've been making. Each paper should have something that makes it different than the other four.



2. Use your decorated paper to cut out the shapes of the food in your favorite meal. Try to cut each new ingredient from a different sheet of paper.

For example, maybe all the pepperonis on your pizza are cut from your orange and purple polka dot design, and the cheese is cut from the paper with your blue and yellow squiggles.

3. Paste all your cut out ingredients on your last, blank sheet of paper, arranged them like they would be on your plate for your favorite meal.
4. Last (but not least!), share your artwork with the person who makes your favorite meal for you. This is a way to tell them thank you!



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