

Know your rights in a changing energy market

Get help with an energy problem

If you're a small business or a microbusiness struggling to pay your energy bill or if you have a problem with your energy supplier, visit the Citizens Advice Scotland self-help website or contact your local Citizens Advice Bureau.

Advice Direct Scotland provide free, independent energy advice and support for domestic consumers and for small business and microbusiness energy consumers. They can refer you directly to the Extra Help Unit service if you need specialist support to resolve your energy problem.

For Citizens Advice Scotland:

Web: **cas.org.uk**

Or contact your local office

For Advice Direct Scotland:

Web: **energyadvice.scot**

Call: **0808 196 8660**

Monday to Friday, 9am to 5pm

Calls are free

Citizens Advice, Citizens Advice Scotland and Advice Direct Scotland currently provides advice and support to small business and microbusiness consumers. Check if your business is a small business or microbusiness [here](#).

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