

Update from the North East Trust for Aphasia

December 2014



Life Story Book

Some NETA members have created a "Book about Me" in a recent group. Members who have made a book say that is very useful for helping with conversation and showing who they are.

This book tells you about a person using a few key pictures and some text, for example their family, their hobbies and interests, where they used to work and where they have travelled.



One member, Chris, shares some information from his book:

Chris Elliott

This is **Chris**. His favourite hobby is golf and he has visited many golf courses all over the world. His favourite is Royal Saint George's, Kent.

He has tried paragliding before and used to ride motorbikes. He was in a motor biking group with Anth and Ged, who are Chris's twin brothers. Anth and Ged live in London.

:



Here they are at Chris' daughter's wedding

NETA Aphasia Support Centre - Update



Café Out



Café Out took place again over the summer at various venues. Some of the more popular venues were The Sage, The Hancock Museum and McKenna's Bistro. Members said that at these venues the food was nice, it was good value, and that they were also accessible. They said that the Discovery Museum was quite noisy as it was the summer holidays, so it would be a better venue at other times.



iPad

An iPad Group for new users took place recently. It was very informative and encouraged people to continue using iPads. In the group, members were shown how to use iPads, learned how iPads can support communication and learned about different programmes such as Skype.

Coming soon: a taught course for new iPad users. Tell us if you want to come on it.



Christmas Fayre

At the time of writing members are getting involved in helping with the Christmas Fayre at NETA, with many stalls and a performance from the Magenta Singers. **We hope you came to it, and enjoyed it!**



Floral Crafts

A Floral Crafts group is running currently at NETA. The group is very relaxing and both Heather and Sue have been very helpful and encouraging while running the group.

Did you see the floral craft stall at the Christmas Fayre?



Relatives' Course

A course for relatives of people with aphasia is also taking place currently at the Support Centre.

Relatives learn more about how language works, and practice using techniques to have a more enjoyable conversation.

Coming Soon



Café out—January

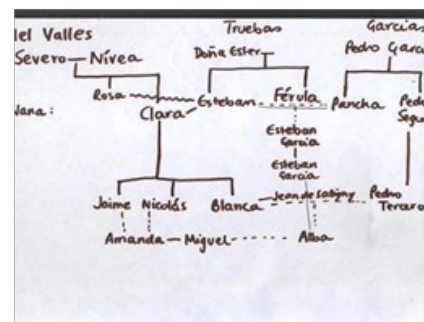


Art Group—February

Please let us know if there are other activities that you think **NETA could put on**. We are thinking of



... an iPad course



... a family history group

Contact NETA:-

Website: neta.org.uk

Tel: 0191 208 8550

Email: aphasia@ncl.ac.uk



Please let us know if you are **unable to attend** on a Thursday or if you will no longer be attending NETA at all. The number to call is **0191 208 8550**

We would like to thank all those who volunteer their time to the Support Centre including:

Heather and Sue in Floral Crafts

Steve and Katie in the Conversation Group

Barbara and Jen in the Café

David, Tom, John R, John W, Barbara and Bill helpers in the Conversation Group and much more!

THANK YOU!

Thanks to Nargis Haq, Rodney Jobson, Mark Mills and Barbara Harvie for putting together this section.

Thank you Admin volunteers Nargis, Andy and Helen.

WANTED!

NETA IS COLLECTING OLD:-



Inkjet cartridges-

Only HP, Dell, Lexmark, Canon, Samsung, Neopost and Brother.



All mobile phones

All these can be recycled for fundraising.
A box will be left in the kitchen at the Support Centre.