

Stroke and recovery

There are **two types** of **stroke**:



Ischaemic strokes: when a blood vessel is blocked.

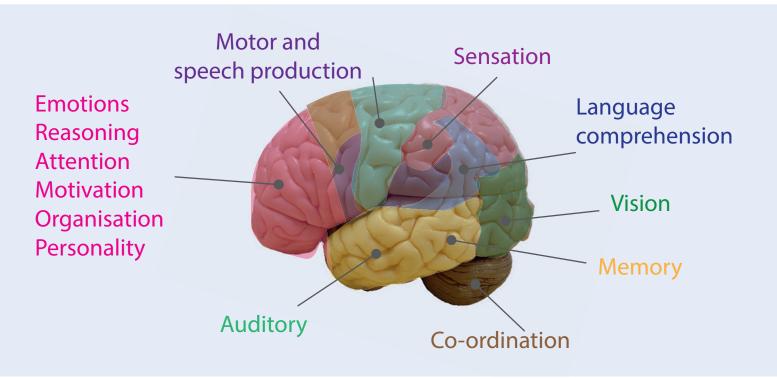


Haemorrhagic stroke: when a blood vessel leaks into the brain.



A CT or MRI scan can show the location and type of the stroke.

Different skills are affected depending on the location of the stroke. Strokes that affect language are usually in the left side of the brain



North East Trust for Aphasia







Stroke happens suddenly.



Recovery from stroke takes time.



Everyone's brain everyone's stroke and everyone's recovery pattern is different

Recovery from stroke often takes lots of small steps forward. Each individual will recover at their own individual pace



There is lots of help available:



Stroke Rehabilitation team



Friends and family

