

## People with aphasia should



Be **assessed** / receive **treatment** from a **speech and language therapist**.  
Have the nature of their **aphasia** explained to **themselves and their significant others**



Have **access** to a **Speech and Language Therapist** for as long as they make meaningful gains



Be **offered digital therapies** / **tools** and be trained in use of these technologies



Be considered for **intensive therapy** programmes from **3 months** post stroke

## People with aphasia should



Have **access** to **social activities**, peer support groups, return to work programmes



Be assessed and monitored for **depression** and have **access** to **psychological therapies**



**Families** / **carers** should receive training from an SLT in **communication skills**, and how they can promote autonomy and social participation



Be **given information** on local and national **aphasia groups** and referred as appropriate

Some of the key guidelines for aphasia from the National Guidelines for Stroke 2023.

Formatted to support communication access by the North East Trust for Aphasia .

Full guidelines available here: <https://www.strokeguideline.org/chapter/communication-and-language/#430>