

NETA NEWS



Update from the North East Trust for Aphasia December 2016

The Channel Swim



Nicholas Elliott presents a cheque for £13,442 to Janet Speight

Meet Nicholas Elliott, a truly inspiring young man. In September he attempted to swim the English Channel. He put in a superhuman effort in the long months of training and the extremely gruelling swim on the day and night. He raised an amazing amount of money to help us at the Support Centre. An outstanding achievement! And he even wants to do it again next year in a relay—any takers?!

Thank you to Nicholas and to everyone who has supported him along the way.



Nicholas with his Uncle Chris, a NETA member. Chris created this fabulous artwork as a memento

Great North Run 2016

We are so proud of our amazing Great North Runners, who on September 11th, collectively raised a huge total of £7271 for the NETA Charity. Everyone who ran made an enormous effort and we owe our thanks them and to all their supporters.



I first completed the Great North Run for NETA in 2014. It was hot and I didn't enjoy it. I said I would never run it again. Two years later I decided to give it another go, this time running with my boyfriend. We crossed the finish line smiling and I am proud I did it again for such a worthy cause!

Julie Carr and Tony

One of our members, Jen Gilhespy and her son Stuart

I enjoyed the Great North Run with my son Stuart, who did a lot of training for the race and was in great shape. It was a great day, thank you all for the support.



Natter for NETA

A big thank you to Ian and Izy McCoulough for having a Natter for NETA coffee morning and raising over £200.

Also, these great 'year six' girls ran a Natter for NETA and raised over £150. They baked, entertained and informed about Aphasia. Wonderful ambassadors for our charity!! Could you do the same?

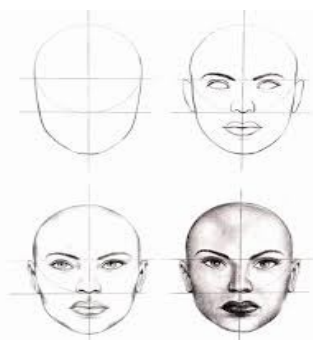


Building Work

The aphasia clinic has re-opened. It has been decorated with new furniture and new technology. It looks nice. There is still work in progress with the lift installation.

Introductory Art

A big thank you to Ian Hardy who ran the new Introductory Art Course. Six people enjoyed improving their drawing skills.



Floral Crafts

The flower group was popular, with 14 NETA members signed up. The arrangements were wonderful. Congratulations to the florists. THANKS to Heather.

Café Out



Six or seven members met regularly at McKenna's over the summer. It was good to meet in the same place each time. The staff were very nice and helpful. We'll certainly be back!

Textile Group

Volunteer Jean Tinsley led our Textile Group for 5 weeks. Jean is able to bring out hidden talents. She shows NETA members how to create artistic crafts using machine worked embroidery and stitching. This has proved a popular activity and we hope to run it again next year.



Coming up after Christmas

1. Communication

Practice your communication skills in a friendly and informal group.



2. iPad User Group

iPad awareness group. Bring your iPad. Show each other what you use. Have a go if you are new to iPad and learn together.



3. Art Group

Come and try painting and drawing. Beginners and more experienced artists welcome! This very popular group gets booked up quickly. Be sure to let us know if you want a place.



4. Café

Meet your friends for news and chat. This session is not led, just use the café as you wish. Drop in for a tea or coffee. Bring your newspaper and chat to other members, or have a game of cards or dominoes.



5. Café Out (January and April)

Meet your NETA friends at McKenna's when NETA is closed. Dates will be on the calendar.



6. People

Thanks to all our volunteers.

- Sue B for Communication Group
- Barbara, David B and Julie for NETA members' Café
- Brian T, David F and Helene the Newsletter working group

Thank you

7. Welcome to Kerry, our new assistant



Kerry is from Newcastle. Before coming to NETA, she was working with the Fire Service as an administrator. When Kerry is not with NETA she teaches singing to all ages: children and adults, small and big, sometimes up to 400 people. We asked her if she is enjoying working for NETA. "Challenging but loving it", she said. "And learning from it".

8. In Remembrance

It was with great sadness that we learnt of the death in October of one of NETA's longest serving members, John Robson. As well as coming regularly to NETA Support Centre for all of its 10 years, John became a volunteer, helping others with aphasia in both NETA and the Tavistock Aphasia Clinic. We shall miss his cheerfulness, his companionship and his love of hunting out unusual football goals on the internet!



9. Celebration

This year marks the 10th anniversary of the start of the Support Centre. Many people with aphasia have helped to make it a success and have benefitted from it. The Support Centre has had an enormous amount of support from NETA trustees, from friends and relatives of people with aphasia and from NETA members themselves. Here's to the next 10 years!



Why not have a look at our Facebook page?
Just log onto your Facebook page.
Search for North East Trust for Aphasia – NETA.
Then like our page.

There are interesting articles, news and videos on aphasia and stroke.



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