

## What is Aphasia?

Imagine life if you suddenly found yourself unable to read a newspaper, write a shopping list, talk to family or friends, use a telephone or do many other everyday activities.

Aphasia (or dysphasia) means problems with communication (speaking, understanding, reading, writing). Such difficulties often arise after stroke or other brain trauma.

About 130,000 people in Britain have a stroke each year (Office of National Statistics) and it is generally accepted that a third of these are left with some form of aphasia.

Aphasia has a sudden and profound effect on the person, their family and friends. It impacts on the individual's confidence, personal relationships, employment and social life.

## Living with Aphasia

People with aphasia have said:

*.....Frustration.....really hard.....aphasia.....  
difficult things.....get annoyed...*

*.....A year without speaking.....seven years.....  
without..... partially speaking.....*

*..had no confidence...no speaking and writing.....  
..I used to laugh all the time.....not so much now...*

## What is NETA?

The North East Trust for Aphasia (NETA) is an independent registered charity which is self funded.

NETA supports people who have aphasia in the North East and their families, as well as raises awareness of aphasia.

NETA is governed by a Board of Trustees, many of whom are people with aphasia.

## The NETA Aphasia Support Centre

Funded by NETA, The NETA Aphasia Support Centre provides a range of activities aimed at building confidence & increasing participation. NETA employs a qualified Speech and Language Therapist to co-ordinate the NETA Aphasia Support Centre.

The Support Centre currently operates every Thursday using premises at Newcastle University. Activities have included a regular conversation group, as well as art, music, debating, photography and other special interest groups.

The Support Centre also runs a regular café, where members can enjoy socialising with friends.



## What can NETA do for you?

As stepping stones back into life, NETA can offer:-

- Opportunities to use communication skills within a supportive environment
- Opportunities to enjoy a social network of friends
- Opportunities to re-access activities and try new skills, both of which can be difficult for people with aphasia
- Opportunities to build self confidence and increase social participation

## How can you help NETA?

NETA can offer a wide range of volunteering opportunities. If you have time available and would like to find out more, contact us.

NETA needs people to give regular financial support. If you are able to help, please fill in the attached form today or donate at:-

[www.justgiving.com/neta](http://www.justgiving.com/neta)

NETA raises money from a variety of community fundraising activities. Support at these events is greatly appreciated.

You can also buy many high street goods, services or gifts at:-

[www.buy.at/neta](http://www.buy.at/neta)

and NETA will receive a contribution for each purchase made.

I would like to support the work of the  
North East Trust for Aphasia

Your title (Mr/Mrs/Miss/Ms) .....

First Name .....

Surname .....

Address .....

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..... Post Code .....

I enclose a cheque/cash £ .....

If you would like to make a regular donation  
each month please complete this Standing  
Order form and return to NETA.

To ..... Bank

Address .....

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..... Post Code.....

Please pay North East Trust for Aphasia via  
Barclays Bank, Alnwick

Sort Code 20-58-17 Account no. 70489883

The sum of £ ..... per month starting

..... Month .....Year

Account No .....

Sort Code .....

Account Name .....

\* Please treat this and future donations as Gift Aid

\* I confirm that I am a Tax Payer

Signature .....

Date.....

\*You must pay an amount of Income Tax and/or  
Capital Gains Tax that is at least equal to the  
amount of tax that the charity will reclaim on  
your gifts for that tax year

Registered Charity 1100882



I'M STILL ME!!



I'M STILL ME!!



I'M STILL ME!!



I'M STILL ME!!

Contact NETA:-

Further information is available from  
the NETA Aphasia Support Centre

tel 0191 222 8550



Or email:-

aphasia@ncl.ac.uk

www.neta.org.uk

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North East Trust for Aphasia