March—May 2023



NETA News

Summer Fayre Thursday 20th July

12 noon—3pm £3 per ticket

We look forward to members coming together at NETA for a summer celebration. We will have food, refreshments, summer themed activities and a performance from aphasia choir the Magenta Singers



Berlin Half Marathon Back in April, Richard ran the Berlin half marathon raising money for NETA. In total he raised over £800 Huge thanks Richard from us all at NETA!



Meet a Member: My name is Norma I am married to John. I have two daughters, one lives in Dubai and the other lives in South Shields.

I have **3 grandchildren** and I have lived in Low Fell for **49 years**.

I met John on holiday visiting the Isle of Elba. He was from Brighton. I lived in Brighton for one year but I was homesick so we moved back to the North East. I trained for IBM, working at the DSS Longbenton then stayed at home to raise our children. I returned to work when they were older and worked at Boots. Before I had a stroke, I visited the library regularly. I love crime books by Ian Bankin and Lee Childs. I struggle to

crime books by Ian Rankin and Lee Childs. I struggle to read now. I also enjoy shopping and meeting my friend Bernadette for a coffee and a catch up.

Art Group and students working on beautiful 'decoupage' pieces with Kathy









Small Communication Group in full swing with Kerry



Thanks to NETA member lain for taking these fantastic photos!

The next block of groups runs from Thursday 8th June - 6th July

Zoom	Zoom Chat	10 - 11am
	Art	10.15 - 11.45am
	Small Communication Group	11.15am - 12.15pm
	Digital Photography	11:30 - 12.30pm
	Cafe	12 noon - 2pm
	Large Communication Group	1.30 - 3pm









#rockingaphasia hashtag on Instagram • Photos and videos



Rocking Aphasia on Twitter: "RT @RockingAphasia: We hope you will join in #RockingAphasia again this year I You came up with sooo many great ways to join in last year...." / Twitter



Rocking Aphasia | Facebook



<u>#rockingaphasia Hashtag Videos on TikTok</u>

Magenta Singers

A group of NETA members, along with other people in the region who have **aphasia**, sing every **Friday afternoon** at the **Magenta Singers**, **Sage Gateshead**

Magenta Singers sing familiar songs, the melody helps form the words as it uses a different part of the brain.

For anyone out there who ever enjoyed singing come and try it. Feel good about your voice and meet others!

Lead by NETA's Kerry Green Friday 1 - 2.30pm 10 sessions £45

Email: kerry.green@ncl.ac.uk You will also find details on the Sage Gateshead website Magenta Singers | Sage Gateshead

Make Music Programme

Magenta Singers

In Building Class





NETA would like to thank all of our **volunteers** who help run the café, support our groups and members.

We really value the contribution you make to the Support Centre, thank you!



For more information or to join NETA contact: aphasia@ncl.ac.uk