

9th April



12 - 2 pm Cafe



11 - 12

Breathing and Relaxation
with Suzanne from White Branches Wellness
£5

16th April - 14th May 2026



10:30 - 11:45
Aphasia Working Party /
small conversation £2



10:45 - 12:15
Art Club £3



12 - 2 pm Cafe



1:30 - 3 pm
Conversation group £2