

## Update from the North East Trust for Aphasia January 2012

# ABSEIL

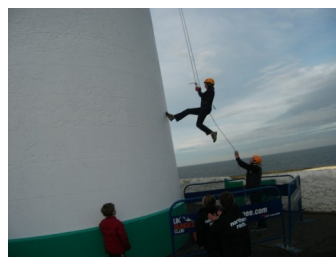
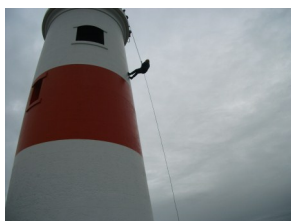
Our total to date is a fantastic

# £4994

(that's the profit)



*Just a few of the brave participants*





## 2012 is a very special year at NETA

This year NETA will celebrate its tenth anniversary.

The Trustees are making plans for everyone to celebrate in style.

24 people enjoyed a very sociable Christmas lunch at Northern Football Club

This raised over £150 which will support the ongoing work of NETA

## NETA Christmas Raffle



A huge **THANK YOU** to everyone that support the Christmas raffle by either selling or buying tickets, or by donating prizes.

**We raised £690**

### NETA Donations

NETA is grateful to the following businesses and organisations for their support.

Newcastle 41 Club—£25  
Newcastle West Rotary—£50  
Guisborough Rotary—£150  
Eldon Square—£25  
Bellway-£50

### Contact NETA:-

Further information is Available from NETA on

Tel:  
0191 222 8550

Email: [aphasia@ncl.ac.uk](mailto:aphasia@ncl.ac.uk)



# NETA Aphasia Support Centre - Update



## Volunteers

Welcome to Jen Gascoigne who joined us as a volunteer in October.

We have some wonderful volunteers and more and more members are stepping into the volunteer/helper role – supporting the computer users, running the café, helping in the conversation group or leading the film group.

A big thank you to you all: Allan, Anne, David, John B, John R, Judy, Heather, Mark, Maxine, Mick, Nargis, Richard, Steve, Sue, Tom and Jen

## SUPPORT GROUPS



PEOPLE WITH APHASIA

IN THE NORTH EAST



## Regional information about aphasia/stroke support

We have updated the regional support information. This is given out routinely to clients attending the Aphasia Clinic and, as required, to NETA members.

Please let Rose know if you would like a copy.

## Relatives Peer Support Group



The long planned relatives and friends peer support group is up and running. It is a monthly drop in on the second Thursday of the month 1.00 to 3.00 pm.

We provide a space and refreshments for £1 contribution.

The café runs at the same time, so the person with aphasia can also attend.

## New members

We are no longer running a group just for new members.

People will be invited to join relevant groups as referrals are received.

This reduces the waiting time considerably.

## Links to the arts

Art: we have recruited 5 fine art students to help Sue Ruddy our volunteer art course leader next term.

Music: we are exploring music at the Sage as an outreach course



Poetry: we hope to put on a poetry group next term with a local writer.

## The Café

The cafe goes from strength to strength. More people are getting involved in running the cafe: buying supplies, setting out the tables, serving, doing accounts, clearing away. We support members to do these jobs.



We have a regular 12 to 18 customers who enjoy chatting playing dominoes or looking at the papers together.

## Computers

**Change of time 11.00am to 12.00.**

The computer drop in continues most weeks. Reg is away just now but John Robson or Rosie can usually help.



**You can use the computers from 10.00 to 4.30 most Thursdays**

**The new calendar is out. Tell us if you need more copies.**

Please tell us if you are not able to come to sessions if possible.

Ring 0191 222 8550

**The centre will be re-open on Thursday 12th January 2012**