# **NETA NEWS**



# Update from the North East Trust for Aphasia November 2013

# Join our Christmas Celebrations



We hope that you will join in with your NETA friends to celebrate the start of the Christmas season.

We are holding our Christmas Lunch on:-

# **Thursday 19th December**

We will meet at 12.30pm at Northern Football Club in Gosforth and enjoy some lovely food in good company.

Everyone is very welcome — you can bring your friends and family.

Enclosed with this newsletter is a booking form, simply fill it in and return it to NETA with your money.

#### Raffle tickets

NETA is running its annual Christmas raffle with some fantastic prizes. Make sure you have got your books and support NETA!

# The environmentally friendly Christmas card!

Shortly in the foyer, a Christmas tree will appear. You can wish your friends at NETA a Happy Christmas - just pick up a beautiful tag, give NETA a donation, and send your wishes with just one card!



# NETA starts cruising on the Tyne on Guy Fawkes night

Over 100 supporters and friends sailed on the PS Fortuna to enjoy a wonderful NETA Charity event from Newcastle Quayside to the North Shields Fish Quay and back to the Quayside, on the evening of Guy Fawkes night, 2013.

The weather was fine and the fireworks on both sides of the Tyne were great. Food/Drinks and a Raffle and of course a Bonfire night quiz were the highlights.

The night raised £600 for NETA. Also an additional £200(cheque) was presented to Janet Speight, Chair, of NETA by Julie Carr, Giving Voice, as a donation from her family and friends to support the work of NETA.

A big THANKS to River Escapes, Julie Carr and Bob Speight and Trustees Janet Speight and Gordon Doney.

Many on the night commented that they would like to do a Summer Barbecue Cruise in 2014, so look out for the NETA Summer sailing!!!



## **Magenta Singers**

This is run by the Sage Gateshead in association with NETA at Gateshead Old Town Hall.



15 or so singers made a successful start on 7th October with Bridie. It was a very enjoyable experience. They are working towards a concert in the New Year The Magenta Singers is open to anyone with aphasia across the region.

## **NETA Information**

If you would prefer to receive your newsletter via the website we will send you an email to tell you that a new newsletter is available

Please telephone Janet Moss on 0191 208 8550 Or email aphasia@ncl.ac.uk

## **Contact NETA:-**

Further information is Available from NETA on



Tel:

0191 208 8550

# **NETA Aphasia Support Centre - Update**



<u>Hello:</u> New assistant Hannah New members – Gunnar and George Volunteer – Charlotte



# Farewell:

Reg Hunter who has been a stalwart at NETA from its earliest days. Reg and his wife have moved to Somerset to be nearer their daughter. Farewell to Julie Carr who is a great NETA supporter as well working some sessions for us over the summer. She is continuing to work with people who have communication impairments.

#### **About Hannah**



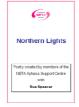
Welcome to Hannah who started with NETA on 3<sup>rd</sup> October. When she is not at NETA, Hannah works with people who have a learning disability.

Before this Hannah was a student of foreign languages at Bath – French and Russian!

Hannah became interested in communication impairment from her work with adult learning disabled people, and is considering a career in speech and language therapy.

Hannah also volunteers for the Stroke Association.

# **Poetry Group**



We are running our second poetry writing group. It gives us a different way of doing words.



Words given to us by the leader Sue Spencer awoke ideas in our heads and we put them together to make poetry.

Different people's interpretation made us see the words in a new way. There are a few copies of our poetry anthology available for only £2. Please contact us if you would like a copy.

#### Café Out



We had mixed views about the Café out during the summer. Some people liked going to different places. Some people only liked places that were easy to get to. Some people liked particular associations such as music or science.

The best venue had interesting things to look at and talk about.

## **Debate Group**



In the debate group we have a chance to think more deeply about the topic and plan how to get our opinion across. It is challenging, stimulating and makes you think.

Even the people who find it hard gradually come to express their opinion, helped by having a chair person.

## **Floral Crafts Group**



Heather Curry is currently running a floral crafts group for 12 members.

## **Coming Soon**



An art group will run in the afternoon in the New Year from 6<sup>th</sup> Feb -27<sup>th</sup> March. It will be run by Sue Ruddy.

There will also be a digital printing group 6<sup>th</sup> February to 27<sup>th</sup> March in the morning.



# A big THANKS to everyone who volunteers and helps at NETA Aphasia Support Centre

Heather Curry - Christmas floral crafts course

Sue Spencer – Poetry group Sue Ruddy -updating website

Steve Hogg – group leader Barbara Harvie and Jen Gilhespy – Café

**<u>Helpers</u>**: David Bell, Tom Borthwick, John Ward, John Robson and Bill Blakey

This section was prepared by Nargis, Rodney, Helen, Mark, Tom,