

# SMART GOALS

Taking time to set goals is a key ingredient of success. Use the space below to write down the following requirements of a career goal. Then map out the smaller steps it will take to achieve it.

## WHAT WILL IT TAKE?

In the ladder spaces, list the small steps that will help you reach your goal.

S

SPECIFIC (What do you want to accomplish?)

M

MEASURABLE (How will you know you met the goal?)

A

ACHIEVABLE (How is the goal realistic for you?)

R

RELEVANT (How does this make sense for your life?)

T

TIME-BOUND (What is your deadline?)

