






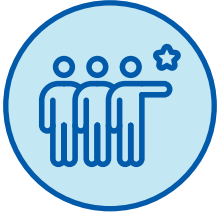


WHAT ARE POWER SKILLS?

These are person-centered skills that can be applied to different professions and roles throughout your life. These are harder to teach and come with practice and experience. While these might not always be listed in a job description, they are just as important for success in your career and your life.

LET'S COMPARE

ACADEMIC/TECHNICAL SKILLS	POWER SKILLS
Skills learned in school or in work Often related to one specific job or task Measurable, specific, and concrete Examples: math, writing, coding, photography, plumbing, acting	Traits and abilities that can be grown through experience Can be used in all jobs, tasks, and environments Examples: creativity, problem-solving, flexibility

LET'S EXPLORE

COMMUNICATION  Expressing thoughts, feelings, and ideas clearly and effectively	FLEXIBILITY  Adjusting to changing situations and times	TIME-MANAGEMENT  Prioritizing responsibilities even in the face of distractions	PROBLEM SOLVING  Finding creative solutions to difficult issues or tasks
ORGANIZATION  Having systems to keep thoughts, responsibilities, and materials in order	LEADERSHIP  Motivating and supporting others to succeed	CONFLICT-RESOLUTION  Addressing and navigating issues with compassion and wisdom	COLLABORATION  Working as part of a team to achieve a goal

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