



WHAT PATHS CAN I TAKE?

Dear Families and Community Members,

How much has the world changed since you were your child's age? With so much new and changing technology, it's easy to see why kids can feel overwhelmed. It's hard to think of a future in a world that may be totally different from today. But exploring careers can be exciting and fun if we view the unknowns as possibilities instead of hurdles. Let's take this opportunity to reframe our thinking when it comes to the future. Use the discussion prompts and activity below to help kids think about what might lie ahead.

TALK ABOUT IT

Shifting their mindset from "What should I do?" to "What opportunities lie ahead?" can help kids recognize that choices are a good thing.

Talk to your young person about when you reached a fork in the road. Reflect on the following questions with them:

- How did it feel to have to make this decision?
- How did you decide what to do? Who helped you through it?
- Looking back, what effect did this turning point have on you in the long run?

Ask kids to talk about a time they had to make a tough decision. Discuss:

- What was one of the hardest decisions you ever had to make?
- Which trusted people in your life can help you work through tough decisions?

TRY IT OUT

Play a game of "Would You Rather?" with your child. Each of you should have five to 10 index cards. On each, write a job-related "would you rather" question. Questions can range from: "Would you rather have a job in the city or on a farm?" to "Would you rather make a lot of money or help a lot of people?" As you play, discuss responses and keep track of the choices your child makes. Which decisions were most difficult for them to make?

Then you can each complete the Skills Explorer, on [Your 🔥 Job](#). Compare your results. Compare your results. Check out the "You might be a/an" cards to get a glimpse of salaries, educational suggestions, and job growth outlook for each. Turn the suggestions into "would you rather" questions to narrow down some of your options. But remind kids that their minds might change along the way.