

Fellows Program

For Administrative, Finance, Nurse, & Physician Executives

Supported by an educational grant from



2026



About the Program

The Health Management Academy Fellows Program supported by an educational grant from GE HealthCare is a two-year program that serves as a catalyst for senior Administrative, Finance, Nurse, and Physician leaders positioned one-to-three steps away from the Leading Health System C-suite, enabling them to cultivate essential leadership skills, business acumen, and healthcare knowledge crucial for steering their organizations into the future.

Anchored in a curriculum meticulously crafted around Leading Health System C-Suite strategies and priorities, participants benefit from instruction delivered by recently retired C-Suite executives and seasoned industry executives, offering unparalleled insights and real-world perspectives.

The THMA Fellows Program facilitates the formation of a dynamic network comprised of C-Suite leaders from top-tier healthcare systems nationwide, fostering collaboration, knowledge exchange, and collective innovation. Through this immersive experience, Fellows gain actionable solutions to address critical challenges including workforce sustainability, revenue/cost management, career advancement, and organizational value enhancement.

65 +

Health systems have nominated a Fellow

400+

Member Alumni Network 85%

of graduates have been promoted



"When speaking to our future leaders, I tell them THMA Fellows Program is a 'one-stop-shop.' Normally for career advancement, mentorship, content, networking, experience, and exposure to new ways of thinking are required. Ordinarily, one would have to accomplish this through several different programs and cobble them together. With THMA Fellows Program, all the pieces are in one neat package."

Rod Hochman, M.D., President & CEO Providence



Candidate Profile

- A current leader with system-level responsibilities
- One-to-three steps away from corporate level C-suite and identified by the succession plan for one or more corporate executive positions
- Committed to leadership development with a successful executive track record
- Motivated for continued education and growth

Since the corporate pathway can vary among health systems, the above criteria should be considered guidelines.

Admission Requirements

- Nomination by health system CXO with sponsored support by health system CEO
- Application completed by applicant and nominating executive
- CEO letter of recommendation
- Resume, and if applicable, CV

Tuition & Application

- The nomination process is guided by the candidate's Mentor, the System CXO. The Mentor organizes the application process, including the recommendation by the CEO.
- Nominations are accepted through the Fall and acceptance decisions will be communicated by the following February.
- There is a program cost of \$20,000 for each of the two years.

To receive application instructions, please email LDPrograms@hmacademy.com.

Participant Benefits

- Build a nationwide network of peers
- Collaborate on strategic challenges and opportunities
- Enhance healthcare, leadership, and business competencies
- Engage with a national group of current and retired C-suite executives
- Receive meaningful professional development and mentoring

Organizational Benefits

- Tangible commitment to high-potential leaders for retention strategy and succession planning
- Develop mentors and build leadership depth within the organization
- Equip future executives with the national perspective and knowledge to lead next-generation health systems



"When I started in my new role, I was concerned about quickly building a new professional network. THMA Fellows Program gave me an instant network of colleagues and to this day, we are still the best of friends. From that perspective alone, you cannot underestimate the value of the program."

Ena Williams, SVP & CNO, Yale New Haven Hospital Nurse Fellow '15



Strategic Change Management Action Projects

During the two-year program, each Fellow works with their health system mentor and CEO to identify and lead a system-level change management action project for their health system. Projects will contribute to the health system's strategic aims and often serve as pilot programs before system-wide expansion.

Annual Summit

Each year, Fellows will attend an Annual Summit co-hosted by THMA and GE HealthCare dedicated to advancing their knowledge and skills through structured educational sessions, expert-led workshops, and further instruction on core competencies. This event aims to foster a professional learning environment, promote the exchange of medical knowledge, and support the continuous professional development of Fellows.

Academy Spring Meetings and Rotations

Fellows will attend 3 fellowship meetings – one each Spring. They will also have the opportunity to participate in up to two rotations. A rotation is a THMA C-suite Forum or Collaborative outside of the Fellow's executive track. The goal of a rotation is to further expand Fellows' knowledge of Enterprise C-suite priorities.

Sample Action Projects

"The opportunity to develop a project that paralleled my work responsibilities was critical. The Action Project provides Fellows with hands-on experience that directly applies our program learnings. As Fellows identify and implement their projects, resources from The Academy expand the learning potential enormously."



Sample Action Project



Scott O'Brien
Chief Acute Operations and Programs,
Central Region
Providence

"Scott has served our organization with the utmost of mission focus and the very best of servant leadership. He is deeply appreciated by his colleagues and Providence executives. We have confidence that Scott will continue to lead with fantastic outcomes that improve care for our communities and experience for our caregivers and physicians."

- Erik Wexler



Erik Wexler
President & COO
Providence



Rod Hochman, M.D.
President & CEO
Providence

Workforce Development Planning

Opportunity

Providence in Eastern Washington and Montana was facing challenges recruiting and retaining sufficient staff to meet the needs of its growing communities similar to others across the country. A great deal of work was underway at the local, division, and system level to address this in the short and long term. In this project Scott sought to align the focus of front-line core leaders on a daily basis to address short term concerns while also better coordinating disparate efforts throughout the organization in order to meet the needs of the communities being served by Providence.

Methods

For 2022 the leadership team across Eastern Washington and Montana focused on improving turnover as its short-term priority. All members of the Leadership Annual Incentive Plan shared a goal around improving upon this metric and monthly performance was monitored and discussed.

For longer term planning around workforce development, the following stakeholders were engaged to understand opportunities to improve the healthcare workforce pipeline and barriers to pursuing these opportunities:

Human resources partners, Diversity, Equity, and Inclusion leadership division, nursing leadership, education partners at all levels, Leaders of other programs from across Providence Regional, and community board members.

Results & Conclusions

The focus on turnover resulted in a 5 percent point improvement in the metric year over year with even greater gains among nursing roles.

A variety of opportunities for expanding training opportunities for both current Providence caregivers and students in the community were identified and funded. This included:

- Expanding lab technician training program across all three service areas
- Funding experienced Providence nurses to serve as part-time nursing faculty
- This also helped retain many burned out nurses; expanding internal surgical tech training program to all three service areas
- Formalizing partnership with local university around health sciences programs including both expanding capacity and redesigning educational experience in nursing, pharmacy, and medicine

Finally, in partnership with the Chief of Diversity, Equity, and Inclusion, Scott was able to gather information around the percent of underrepresented groups in front line caregiver and leadership roles. A 2023 goal includes translating that into action to ensure workforce and leadership better represent the community.

Sample Action Project



Nkem Iroegbu, M.D., M.P.H., M.B.A., FACP

President, Aurora Sinai Medical Center & Aurora St. Luke's South Shore Hospital, Aurora Health Care

Advocate Health

"Dr. Iroegbu is a high-performing, high-potential physician leader. Dr. Iroebgu demonstrates a great sense of self-awareness, strong overall emotional intelligence, and is highly respected among his peers. Dr. Iroegbu's strengths include both people leadership and operational excellence. He has great acumen for hospital leadership, in particular. We see Dr. Iroegbu as an integral part of the future of our health system."

- Dr. Gary Stuck, D.O.



Eugene Woods, MBA, MHA
President & COO
Advocate Health



Gary Stuck, DO
EVP & Chief Medical Officer
Advocate Health

Reducing Disparities in Diabetic Lower Extremity Amputations

Opportunity

Significant disparities in health outcomes exist between ethnic, racial, and socioeconomic classes in the US. There is a 4-fold difference in amputation risk between Black Americans and other racial/ethnic groups. Also, within each Socio-economic stratum, Black race significantly increases the risk of amputation compared to White Race. Even after patients receive invasive treatment, these disparities continue to manifest.

Some historical approaches to addressing Health Equity have focused on care standardization and reducing variability in practice. However, equal treatment is not the same as equitable treatment and may in fact worsen disparities.

The purpose of the project was to reduce the difference in amputation rates between Caucasians with Diabetes and Peripheral Arterial Disease when compared to Persons of Color (Blacks & Hispanics) with a similar disease spectrum. An end point of 10% reduction in amputation rate for the Persons of Color group was chosen. Annualized, this represents approximately 85 fewer amputations per year for this population, across the Midwest Region of Advocate Health.

Methods

The Primary Strategy involved a focus on Social Determinants of Health through identification, referral and care coordination, while also engaging Population Health in addressing key drivers. The project was divided into 2 phases, with Phase 1 focusing on 2 acute care sites, and then expanding to other sites (a total of 28 hospitals) within the Midwest region. Additional components included the creation of standardized multidisciplinary care pathways, along with patient & provider education.

Results & Conclusions

At project baseline, the rates of amputation were 6.1% and 4.5% for diabetic Persons of Color with Peripheral Arterial Disease and diabetic Caucasians with Peripheral Arterial Disease respectively.

At Project conclusion, the respective rates were 5.6% and 4.9%, meeting the 10% reduction threshold for diabetic Persons of Color.

Follow up data suggests more work needs to be done to maintain the improvement and improve upon these results.



Who should attend this program?

Senior Administrative, Finance, Nurse, and Physician leaders positioned one-to-three steps away from the Leading Health System C-suite and identified by their succession plan for one or more corporate executive positions.

What does the application process entail?

The application is a three-step process. Part 1 is completed by the Fellow Nominee and requires the applicant's information, statement of professional objectives, and attachments (resume, CV, and/or licenses). Part 2 is completed by the Nominating Executive and includes a statement of nomination. Part 3 is completed by the Health System CEO with a signed statement of support.

Applications are reviewed by THMA Fellows Advisory Committees, and all candidates will be notified by February via email of the committee's decision.

What is the program's time commitment?

The two-year fellowship consists of the Annual Fellows Event in conjunction with the Fellow's respective Forum (COO, CFO, CNE, and CPE), system-level change management strategic action project, Annual Summit co-hosted by THMA and GE HealthCare, and up to two Academy CXO Forum rotations. The action project serves as the major deliverable for the fellowship and contributes to the health system's strategic aims.

What are the costs associated with the program?

The THMA Fellows Program has a cost of \$20,000 for each of the two years.

Participants are financially responsible for any travel and hotel arrangements. For the duration of the event, food will be provided.

Please note that Physician and Nurse participants are able to receive CME/CNE credits for program participation.

Are there other similar THMA programs I should be considering for the individual I am looking to nominate?

THMA offers Physician Leadership Programs for high-potential physician leaders and Nursing Manager Labs for high-potential frontline nurse managers who are not yet one-to-three steps away from the Leading Health System C-suite. Please note that in the future, these leaders may be nominated as Fellows. Email LDPrograms@hmacademy.com to receive information regarding THMA's Physician Leadership Programs and NursingCatalyst@hmacademy.com to receive information regarding THMA's nurse manager labs.



Executives-in-Residence



Rick Afable, M.D. Former CEO St. Joseph Hoag Health



Mark Dixon Former Regional President Fairview Health Services



Greg GombarFormer EVP & CFO
Carolinas Healthcare System



Becky Kuhn Former COO Banner Health



Tammy Brailsford, R.N.Former EVP & COO
MemorialCare Health System



Marilyn Dubree, R.N. Former CNO Vanderbilt University Medical Center



Jonathan Gottlieb, M.D. Former CMO IU Health



Phyllis LantosFormer CFO
NewYork-Presbyterian



Deb Burton, R.N., Ph.D. Former SVP, CNO Providence Health



Carladenise Edwards, Ph.D. Former EVP & CSO Henry Ford Health System



Michael Guthrie, M.D. EIR, University of Colorado – Denver Campus School of Business, Program in Health Administration



Keith Marton, M.D. Former SVP, CMO, & Chief Quality Officer, Providence Health & Services



Michael L. Butler Former President, Operations & Services Providence



Kelly Jo Golson Former EVP, Chief Brand, Communications & Consumer Experience Officer Advocate Health



Alka Kohli, M.D. Former CMO Virtua Health



Patrick McCabe Former SVP Finance Yale New Haven Health

Executives-in-Residence (Cont.)



Tracey Moffatt, B.S.N., M.H.A., R.N. Former CNO & VP of Quality Ochsner Health



Scott PowderFormer President
Advocate Health Enteprises



Bill Santulli Former President, Midwest Region Advocate Health



Add Gary Stuck, M.D. Former EVP, Chief Medical Officer Advocate Health



Mary Ann Osborn, M.S.N., R.N. Former Chief Nursing Executive UnityPoint Health



Marlon Priest, M.D. Former CCO Cone Health



Michael Shabot Former CCO Memorial Hermann Health System



Seth Wolk, M.D. Former CMO Spectrum Health



Anne Pearson, M.D. Former SVP/CEO Physicians Memorial Hermann Memorial Hermann Health System



Ann PumpianFormer SVP & CFO
Sharp HealthCare



Lou Shapiro, M.P.H. Former President and CEO, Hospital for Special Surgery



Craig Wright, M.D.
Former SVP & Physician
Executive
Providence Health & Services



Anne Pendo, M.D.
Former Senior Medical
Director, Provider Experience
& Wellbeing
Intermountain Healthcare



Lee Sacks, M.D.Former EVP & CMO
Advocate Aurora Health



Jim Staten Former CFO University of Southern California

Administrative Fellows Advisory Committee

Nurse Executive Fellows Advisory Committee



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Christopher Cowan CHRO ChristianaCare



Rob Allen CEO Intermountain Healthcare



John Matsinger, Jr., D.O. EVP & COO Virtua Health



Mary Jo Cagle, M.D. CEO Cone Health



Julie Creamer President Baylor Scott & White



Maxine Carrington, J.D. SVP and Chief People Officer Northwell Health



Robert K. Wolterman CEO, South Shore Region Ochsner Health



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Betty Jo Rocchio, D.N.P., R.N. EVP, CNE Advocate Health



Vi-Anne Antrum, D.N.P., M.B.A., R.N., NEA-BC SVP & CNO Cone Health



Janice Walker, DHA, MBA-HCM, B.S.N, R.N., NEA-BC SVP, CNO Baylor Scott & White Health



Ryannon Frederick, M.S., R.N. CNO Mayo Clinic



Danielle Weber, M.S.N., M.S.M., RN-BC, NEA-BC CNE ChristianaCare



Mandy Richards, M.S.N., PA-C, R.N. CNE Intermountain Health



Ena Williams, Ph.D., M.S.M, M.B.A, B.S.N., R.N., C.E.N.P SVP & CNO Yale New Haven Health

Finance Fellows Advisory Committee

Physician Executive Fellows Advisory Committee



Don Halliwill EVP & CFO Carilion Clinic Committee Chair



Greg Hoffman CFO Providence



Tom Balcezak, M.D. EVP and Chief Clinical Officer Yale New Haven Health Committee Chair



Justin F. Klamerus, M.D. EVP, Chief Clinical Officer McLaren Health Care



Dennis E. Dahlen CFO Mayo Clinic



David Okabe EVP, CFO & Treasurer Hawai'i Pacific Health



Kert Anzilotti, M.D. System CMO and President, The Medical Group Christiana Care



Jason Mitchell, M.D. Chief Medical and Clinical Transformation Officer Presbyterian Healthcare Services



Clay Ashdown EVP & CFO Intermountain Healthcare



Anna Loomis CFO Renown Health



Marjie Bessel, M.D. EVP, Chief Clinical Officer Banner Health



JP Valin, M.D. Chief Clinical Officer Intermountain Health



Linda Hoff CFO Stanford Health



John Orsini SVP & CFO Northwestern Memorial HealthCare



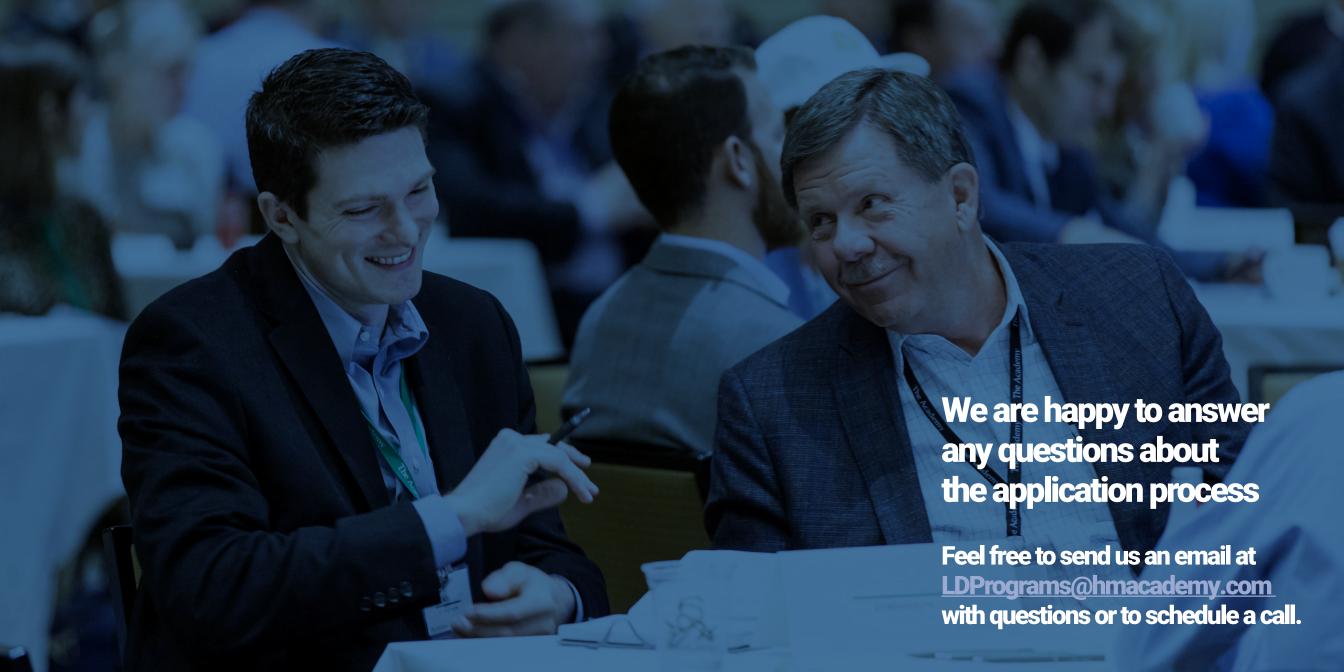
Robert Hart, M.D. CPE, Ochsner Health, and President, Ochsner Clinic Oschner Health System



Julie Watson, M.D. SVP, Chief Clinical Officer INTEGRIS Health



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The Health Management Academy powers our community to drive health forward. We serve our members through peer learning, leadership development, alliances, and data and insights.



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