



Unlocking Convenience:
Swift & easy access to
virtual primary care,
urgent care, and
prescription coverage,
in the right place,
at the right time,
your way!

WHAT'S INCLUDED

- 24/7 Telehealth \$0
- Virtual Primary Care (Dedicated Physician). . . \$0
- Virtual Mental Health. \$0
- 800+ Commonly Prescribed Medications. . . . \$0
- Dental, Vision, & Chiropractic Discounted
- Discounted Labs Services Discounted
- Discount Marketplace Savings. Discounted
- Active Lifestyle Perks Discounted

WHAT IT COSTS



WHAT YOU GET

AVAILABLE FOR YOU

One-Stop Shop



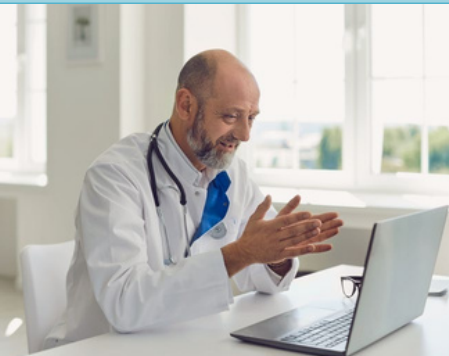
Connect with your physicians and access services with one click in the TRU-Mobile app.

TRU-Virtual Urgent Care

Find immediate care for:

- Cold & Flu
- Cough
- COVID-19
- Sinus Infections
- Skin Rashes
- Asthma & Allergies
- Urinary Tract Infections
- Headaches & Migraines

Comprehensive Guidance



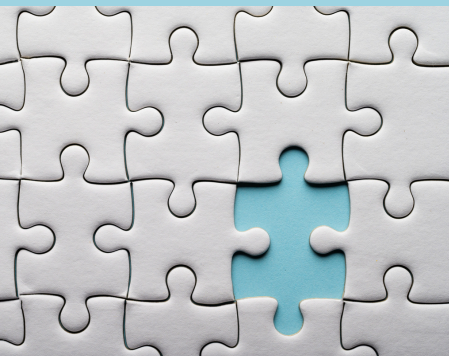
- Dedicated Physician
- Risk Assessments
- Lab Screening
- Chronic Condition Care Teams

TRU-Virtual Primary Care¹

Access consistent virtual primary care for:

- Annual Physicals
- Preventive Visits
- Diet & Nutrition
- Chronic Conditions
- Specialist Referrals
- Prescription Management
- Lab & Screening Referrals
- Men's and Women's Health

Personalized Solutions



Receive a custom care plan from the convenience of your home or workplace.

TRU-Virtual Mental Health¹

Get professional help with:

- Anxiety & Depression
- Stress
- Trauma & Loss
- PTSD
- Bipolar Disorder
- Relationship Issues
- Mental Health Screenings
- Grief Counseling



Free Prescriptions for Everyone!

Through TRU-Rx, you have access to the most common generic medications for FREE!²



- **Top 125+ Most Used Acute Medications!**
 - Don't wait to feel better. Pick up your prescription at a local pharmacy. Get up to a 21-day supply of the most commonly prescribed acute meds for a cold, the flu, and infections for **FREE!**
- **Top 90% Utilized Chronic Medications! Home Delivery Maintenance Medications for Chronic Conditions!**
 - Maintenance medications prescribed for chronic, long-term conditions like high blood pressure, high cholesterol, diabetes, etc., are taken regularly, and often come with a high cost. With TRU-Rx, you have access to chronic meds for **FREE!**
- **Lower Prices Than Pharmacies and Major Retailers**
 - Through our relationships and buying power, TRU-Rx offers common generic OTC medications, like ibuprofen (Advil), Acetaminophen (Tylenol), Fexofenadine (Allegra), Diphenhydramine (Benadryl) and others at a fraction of the price.
- **SaveOn Diabetes**
 - TRU-Rx's SaveOn Diabetes Program offers diabetic patients a FREE meter, low-cost testing strips, lancets and more.
- **Pharmacy Coaching**
 - My TRU-Rx is looking out for you. Our experienced team of customer service agents and licensed pharmacists provide the highest level of care when members need it most. Through Pharmacy Coaching, we educate members on possible medication options and opportunities to save additional money when available. We will consult with you and your doctor to inform you of the alternatives and help make the best decision for your personal and financial help.



Discount - Nationwide Lab Tests



Nationwide Lab tests with over 2,200+ approved testing centers through Grassroots Labs. An established and trusted online marketplace with savings of 30-70% offering an affordable, convenient, and transparent solution for the high costs of lab testing!

Discount - Dental³

Take your dental care into your own hands. Save 20% to 50% on most dental procedures including routine oral exams, unlimited cleanings and major work, with one of the most recognized networks.



TRU-Discount Marketplace



Savings of up to \$4,900 per year with great deals across travel, tickets, electronics & many more categories! TRU-Discount Marketplace negotiates the best discounts on the market for you, and many of the offers include additional cash back to make it the best overall value to you. Not only saving you money, but time and hassle, too.⁴

Discount - Vision³

Enhance your vision care, including LASIK, with huge savings. Superior Vision provides access to over 40,000 participating providers, offering members savings of 5%-30% on eye exams, glasses, and contact lenses.



Health Navigation



Access healthcare at your fingertips. Search providers in your area with transparent pricing to help make informed decisions. Need support? Our experts can help choose the right provider for your needs, set appointments, help transfer medical records and more.

Discount - Gym and Chiropractic³

Save 25% on services from specialty healthcare providers and access over 16,000 participating fitness centers for as low as \$25 a month each. With additional discounts on chiropractic and other health services, achieving your wellness goals has never been more affordable.



This is NOT insurance. This is not Minimum Essential Coverage. This is a noninsurance program sold as a subscription service. This subscription does not provide reimbursement for any medical expenses.

Offered by TRU Health Group or its affiliates.

1. **Virtual Primary Care & Tele Counseling-** The Virtual Primary Care and Tele Counseling program does not guarantee that a prescription will be written. The Virtual Primary Care and Tele Counseling program does not prescribe DEA controlled substances, lifestyle drugs and certain other drugs which may be harmful because of their potential for abuse. The Virtual Primary Care and Tele counseling program physicians reserve the right to deny care for potential misuse of services. The Virtual Primary Care and Tele Counseling program operates in all states and is subject to state regulations. For full federal and state notices and disclaimers, please visit <https://careclix.com/terms-and-conditions/>

2. **Rx services provided by America's Pharmacy Source.** For full federal and state notices and disclaimers, please visit <https://americaspharmacysource.com/terms-and-conditions/>

3. **THIS PLAN IS NOT INSURANCE and is not intended to replace health insurance.** This plan does not meet the minimum creditable coverage requirements under M.G.L. c.111M and 956 CMR 5.00. This plan is not a Qualified Health Plan under the Affordable Care Act. These discounts are available at no cost. The range of discounts will vary depending on the type of provider and service. The plan does not pay providers directly. Plan members must pay for all services but will receive a discount from participating providers. The list of participating providers is at www.tru-healthgroup.solutionssimplified.com A written list of participating providers is available upon request. Discount Plan Organization and administrator: Careington International Corporation, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380.

This plan is not available in Washington.

4. Lab services provided by Grassroots Labs. For full federal and state notices and disclaimers, please visit <https://www.grassrootslabs.com/>

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