

Western Canada High School - Track & Field Calendar 2019



School practices: meet at track bulletin board first two weeks
Generally...will be ...sprints & hurdles at back field and distance group easy run

Repsol Centre 7:00 AM to 8AM Srint, distance, long & triple (Note no afterschool practice occurs on "Repsol" practice days)
Repsol Address: 2225 Macleod Trail SE, Calgary, AB T2G 5B6

Glenmore Athletics Park Bus leaves at 3:50PM drop off only. discus, javelin, sprints, distance hurdles long jump & triple
Glenmore Athletics Park Address: Park 5300 19 St SW, Calgary, AB T3E 1P1

Foothills Athletic Park, All Track meets occur here (2431 Crowchild TR NW, Calgary,)

	Monday	Tuesday	Wednesday	Thursday	Friday
	March 11th	12 Intro Meeting	13	14	15
	18	19	20	21	22
	25	26	27	28	29
Week #1	Apr 1st	2	3	4	5
Lunch	1st Day back	First Practice School	Practice School	Repsol Centre	no practice
After School	no practice	after school	after school	7AM to 8 AM	
		at bulletin board	at school bulletin	SPR, dist, LJ TR	
Week #2	8	9	10	11	12
Lunch	Practice School	Lunch: SH & JAV	Glenmore	Repsol Centre 7AM	no practice
After School	after school	Practice at school	Bus leaves at	Lunch: SH & JAV	
	at school	meet outside	3:50PM drop off	Lunch HJ main gym	
Week #3	15	16	17	18	19
After School	Glenmore	Kamloops Parent	Glenmore	Repsol Centre 7AM	No School
	Athletics Park	Meeting 7PM	Athletics Park	Lunch: SH & JAV	
	Bus leaves at	Lunch: SH & JAV	Bus leaves at	Lunch HJ main gym	
	3:50PM drop	Practice at school	3:50PM drop off		
Week #4	22	23	24	25	26
Morning	No School		Glenmore	Repsol Centre 7AM	no practice
Lunch		Lunch: SH & JAV	Bus leaves at	Lunch: SH & JAV	Kamloops Meet
After School		All athlete Meeting After School	3:50PM drop off	Lunch HJ main gym	leave at 9AM
Week #5	29	30	May 1st	2	3
Lunch	Glenmore	Lunch: SH & JAV	Glenmore	Dino Meet #1 Red	no practice
After School	Bus leaves at	Practice at school	Bus leaves at	@ Foothills	
	3:50PM drop		3:50PM drop off	bus leaves at 4PM	
Week #6	6	7	8	9	10
Lunch	Glenmore	Lunch: SH & JAV	Dino Meet #2 Gold	Lunch HJ main gym	Dino Meet #3 White
After School	Bus leaves at	Practice at school	@ Foothills	Lunch: SH & JAV	@ Foothills
	3:50PM drop		bus leaves at 4PM	after school at School	no bus
Week #7	13	14	15	16	17
Morning			no practice except	Divisional Meet	No School
Lunch	All athlete Meeting	Lunch: SH & JAV	Lunch: SH & JAV	FOOTHILLS	
After School	Glenmore	Practice at school		Bus 7:30 AM	
Week #8	20	21	22	23	24
Lunch	Victoria Day	City Qualifier Lunch	Glenmore	Lunch HJ main gym	Sat June 25th
After School		Meeting Mandatory rm 074	Bus leaves at	Lunch: SH & JAV	City Meet
		Practice at school	3:50PM drop off	Practice at school	Foothills no bus
Week #9	27	28	29	30	
	Provincials Qualifiers	To be announced	tentative	TBA	no practice
	Mandatory Meeting #1		Glenmore		
	at lunch rm 074		no bus		
	June 3rd	4	5	6	Friday & Sat
	Provincials Qualifiers	To be announced	tentative	TBA	Provincials in
	Mandatory Meeting #2		Glenmore		Calgary
	at lunch rm 074		no bus		June 7th & 8th

Legend for Disciplines:

SPR	sprints	LJ & TR	long jump & triple (Glenmore & Repsol)
hur	hurdles	HJ	high jump typically main gym
dist	distance	Jav	javelin back field or Glenmore
		disc	discus (only at Glenmore Athletics Park)
		SH	Shot put back field or Glenmore