In its first year, The Upswing Fund provided:

### Surge Capacity Grants
General operating support to direct-service organizations providing mental health care and well-being services to adolescents who are of color and/or LGBTQ+.

System Enabler Grants
Project support for innovative approaches in adolescent mental health services that make more resilient systems to enable access to care.

#### Surge Capacity grants served:
- 364,367 youth of color
- 110,674 LGBTQ+ youth

#### System Enabler grants served:
- 1,317,118 unique adolescents

$11.18 million in grant awards distributed to 92 organizations across 33 states and Washington, D.C.

127,000+ adolescents received mental health care that would have otherwise not received services

63 organizations hired staff reflective of the youth they served

509 new staff hired

From decreasing wait times to creating new programs and resources, Upswing partners have made incredible progress this past year. Read on for highlights from six partners.

#### Surge Capacity Grants

**Arlington, VA**
**BIPOC Youth + Families: Community Leadership Over Teen Mental Illness Stigma**
Focus: Stigma Reduction
Trained over 225 people in culturally competent suicide prevention for Black youth. Documented a 60% increase in BIPOC youth seeking virtual therapy, as well as a 150% increase in stigma reduction and treatment engagement outreach events for BIPOC youth and communities.

**San Francisco, CA**
**Building Healthy Futures for Youth**
Focus: Stigma Reduction
Launched the first ever online platform for LGBTQ+ youth, their families, and caregivers, rich with culturally and linguistically inclusive resources.

#### Systems Enabler Grants

**Washington, DC**
**Your Voice is Your Power: Empowering the Next Generation of BIPOC & LGBTQ Mental Health Advocates in School, State, & Federal Policy**
Focus: Workforce Development
Launched the Mental Health Advocacy Academy and expanded its Your Voice is Your Power program, engaging over 175 BIPOC and LGBTQ+ young adults to develop coalitions to advocate for school- and community-based mental health policy changes.

To learn more about The Upswing Fund visit TheUpswingFund.org. For partnership opportunities reach out to upswing@panoramaglobal.org.