

The Ultimate Solo Traveler Checklist

Learn how to best prepare for your solo trip, what to pack, how to stay safe while traveling and what to do once you're back home.

Before you book

- Research your destination**
Learn the best time to visit and identify must-see attractions and activities.
- Budget**
Create a budget, including accommodations, transportation, food and activities.
- Calculate travel time**
See how long it would take to get from the airport to your hotel and other attractions.
- Create a rough itinerary**
Map out potential accommodations and attractions, and draft a schedule around your must-do activities.

While packing

- Pack light**
Pack climate-appropriate items like sunblock, hats, jackets or thermal layers.
- Prepare necessary medication**
- Bring electronic essentials**
Don't forget chargers, power banks and a camera.
- Pack a reusable water bottle**
- Bring a first-aid kit**

Before taking your trip

- Book your flight or rental car**
- Get travel insurance**
Make sure medical emergencies, trip cancellations and theft are all covered.
- Choose accommodations**
Select a homebase for your adventure.
- Notify your bank**
Let your bank know of your travel plans to avoid any card issues.
- Copy documents**
Make copies of important documents such as hotel reservations and tickets.
- Share your itinerary**
Let friends or family know where you'll be and create regular check-ins.



