## **ARE YOU AT RISK FOR ENAMEL EROSION?**

## ACID EROSION SCALE



HEALTHY ENAMEL Teeth feature natural contours with slight grooves & imperfections



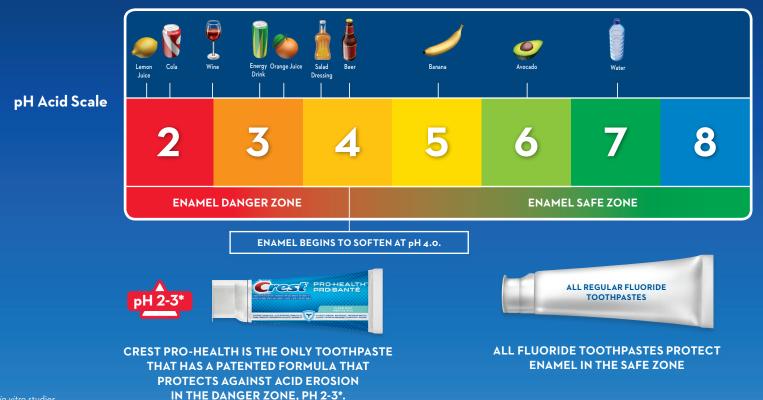
MILD EROSION Teeth become smooth & more translucent



MODERATE EROSION Teeth become dull & concave areas begin to form



SEVERE EROSION Teeth become yellow as underlying dentin begins to show



## ARE YOU AT RISK FOR GUM DISEASE?

<b>Healthy</b> • Firm, pink gingiva (gum) tissue • No bleeding • No loss of attachment	<b>Risks</b> ∙ N/A	
<b>Gingivitis</b> • Changes in gum colour • Infection and inflammation of the gingiva • Generalized bleeding • Pocket depth of less than 3 mm • No loss of attachment	<b>Risks</b> <ul> <li>Periodontal Disease</li> <li>Destruction of gum tissue and bone</li> </ul>	<section-header><text></text></section-header>
Early Periodontal Disease • Chronic infection • Bad breath, bad taste • Increased inflammation • Slight bone loss • Pocket depth or attachment loss: 3-4 mm	<b>Risks</b> • Chronic gum infection - may contribute to health risks	
Moderate Periodontal Disease • Chronic infection • Bad breath, bad taste • Gingival recession • Noticeable bone loss • Possible tooth mobility • Pocket depth or attachment loss: 4-6 mm	<b>Risks</b> • Chronic gum infection - may contribute to health risks	
Advanced Periodontal Disease • Chronic infection • Worse breath, worse taste • Increased gingival recession • Severe destruction of periodontal structures • Major bone loss and increased tooth mobility • Pocket depth or attachment loss: >6 mm	<b>Risks</b> • Chronic gum infection - may contribute to health risks • Periodontal Surgery • Tooth loss	