PRICES VALID 10/16/24

Central Market H-E-B

THROUGH 10/22/24

WEEKLY SAVOR

PEAK-SEASON PRODUCTS AND DELICIOUS SAVINGS | REALLY INTO FOOD

JUMBO HASS AVOCADOS

2 FOR $4

SAVE UP TO 99¢/EA.

We found the biggest avocados we could for you to whip up all the crowd-pleasing guacamole, add to breakfast tacos and taco salads, and put the crowning touch on a BLT.



FOODIE FREEBIE

BUY:

CENTRAL MARKET ALL NATURAL UNCURED BACON 12 OZ., $7.49/EA.



GET FREE:

CENTRAL MARKET PASTURE-RAISED LARGE BROWN EGGS 1 DOZ.



THAT'S UP TO $5.98 FREE!

*Limit 2 offers per transaction.



BUTTERFLIED COLD-WATER LOBSTER TAILS 4-5 OZ.

HOT BUY

$7.99/EA.

SAVE $4

A guaranteed stunner for any seafood spread or surf and turf meal! Always easy and elegant, season with lemon and garlic, then broil or grill for 10 minutes and serve with drawn butter.

USDA CHOICE, BLACK ANGUS BEEF

TOMAHAWK AND BONE-IN RIB-EYE STEAKS

$16.99/LB.

SAVE $3

Worthy of a restaurant meal and a standing ovation! Expertly aged and hand-trimmed by our butchers so you can serve up beefy flavor with a buttery slicing texture.



FOODIE FREEBIE

BUY:

1 LB. GRILLED CHICKEN $14.99/LB.



GET FREE:

GARDEN OR CAESAR FAMILY SALAD

FRESHLY SQUEEZED LEMONADE 32 OZ.



THAT'S UP TO $18.98 FREE!

BASE

PRODUCE

ORGANIC RED AND WHITE SEEDLESS GRAPES

$2.98/LB.

SAVE $1

Grown in California, these grapes have peak-season flavor and sweetness. A juicy addition to chicken salad, lunchboxes, and delightful as an anytime dessert.



ORGANIC HONEYCRISP APPLES

$2.99/LB.

SAVE 48¢

Harvested in Washington and full of the refreshingly crisp, juicy, sweet-tart flavor that make this variety so popular.



ORGANIC BLACKBERRIES 6 OZ.

$3.98/EA.

SAVE $1

Scoop these plump and juicy, sweet-tart berries for baking cobblers and galettes, and topping cottage cheese and yogurt bowls.



ORGANIC RUSSET AND YUKON GOLD POTATOES

$1.99/LB.



BRUSSELS SPROUTS

1 LB. BAG

$2.48/EA.



BACON-SHALLOT DRESSED BRUSSELS SPROUTS



SCAN TO TRY THIS RECIPE!

FLORAL

ROSES 18-STEM BUNCH, 40 CM.

$13.99/EA.

SAVE $1

Show your love for these brightly colored roses from high in the Andes Mountains, where the elevation and cooler nights create gorgeous, hardy roses with deep, vibrant colors and sturdy stems.



MARKET

CENTRAL MARKET ALL-NATURAL, AIR-CHILLED

WHOLE CHICKEN

$2.49/LB.

SAVE 80¢

Chicken soup and roast chicken season is right around the corner. Get an early start with incredibly tasty chicken that's air-chilled for less water retention and more flavor.



SEASONED AND MARINATED HALF CHICKENS...$2.49/LB., SAVE $1

MARINATED SIRLOIN

$15.99/LB.

SAVE $2

Our hand-trimmed boneless sirloin boasts an unmatched tenderness for memorable fajitas off the grill or cast-iron skillet. Pick from marinades like ***Chipotle Lime***, ***Southwest***, and ***Orange Honey Habanero***.



NEW ZEALAND GRASS-FED WAGYU BEEF

BONELESS STRIPLOIN STEAKS

$26.99/LB.

SAVE $6

Wagyu cattle are raised on lush, free-range pastures, with a 100% grass diet for great-tasting beef with famously fine marbling.



NATURAL HERITAGE DUROC PORK

BONELESS PORK BUTT

$4.99/LB.

SAVE $1

Easy meal prep tip: Braise low and slow, then shred for saucy sandwiches or tacos for the week. Raised with no antibiotics, ever, to high animal welfare standards on family farms.



SEAFOOD

KEY WEST PINK SHRIMP 21/25 CT.

$9.99/LB.

SAVE $7

HOT BUY

Direct from Key West, and well-known for their color, sweet flavor, and snappy texture. We've left the shell on so you can get the most amazing flavor.



FRESH HALIBUT FILLETS

$19.99/LB.

SAVE $10

Flown in fresh from cold waters, ensuring delicate, sweet flavor and firm, flaky meat. For an easy sheet pan meal, add zucchini, cherry tomatoes, and seasoned extra-virgin olive oil and bake at 400°F for 15 minutes.



CRUNCHY CALIFORNIA ROLL 10 PC.

$7.99/EA.

SAVE $2

Our best selling roll! Crab salad, cucumber, and avocado rolls are topped with spicy mayo, sweet-savory in-house sushi sauce, and fried onions.



SNACKS & STAPLES

CENTRAL MARKET YELLOWFIN TUNA FILLETS 6.3 OZ.

$5.98/EA.

SAVE $1

A great addition to any tapas spread, Niçoise salad, and seacuterie graze board! Each hand-packed jar contains hearty fillets of pole-and-line caught tuna in spring water or Spanish extra-virgin olive oil, featuring additions like lemon, roasted garlic, and capers.



CENTRAL MARKET SINGLE SERVE COFFEE PODS 12 CT.

$4.99/EA.

SAVE $3

Blends, Single-origin and single-estate coffees from rich growing regions around the equator that produce some of the most sought-after beans. Feel good long after the last sip with pods made from compostable, plant-based materials.



CENTRAL MARKET ENTERTAINER'S SELECTION CRACKERS

8.8 OZ.



$3.98/EA.

SAVE 50¢

PERFECT HYDRATION WATER

1 L.



BUY ONE, GET ONE FREE

SAVE $1.99

MUTTI TOMATOES AND SAUCES

6.5-28 OZ.



50% OFF

HAYLEY'S COOKIES

3 OZ.



$3.99/EA.

SAVE $1

OREGON GROWERS FRUIT SPREADS

12 OZ.



$4.99/EA.

SAVE $3

EARTH PROMISE RICE

32 OZ.



$6.99/EA.

SAVE UP TO $2.30

WOZZ KITCHEN DRESSINGS AND MARINADES

8.5 OZ.



$6.99/EA.

SAVE $3

HEALTHY LIVING

3E ENERGY DRINKS

12 OZ.



2 FOR $4

SAVE 99¢/EA.

SNACKS & STAPLES

CENTRAL MARKET IN-HOUSE ROASTED BAGGED COFFEES 12 OZ.

$7.99/EA.

SAVE $3

Our coffee experts source beans from small farms in coffee belt countries, like Ethiopia, Panama, and Honduras. Microlots of the green coffee beans are roasted to perfection in our South Austin and Plano stores, then packaged and shipped to all of our stores for you to enjoy.



MACKIE'S OF SCOTLAND CHOCOLATE BARS

4.2 OZ.



2 FOR $7

SAVE $1.49/EA.

WHITE MOUNTAIN BULGARIAN YOGURT

32 OZ.



20% OFF

DUTCH FARMS SHREDDED AND COTTAGE CHEESE

8-16 OZ.



2 FOR $6

SAVE UP TO 99¢/EA.

EGGLIFE EGG WHITE WRAPS

6 OZ.



$3.98/EA.

SAVE UP TO $2

JENI'S ICE CREAM

16 OZ.



$5.99/EA.

SAVE $2.60

*Excludes seasonal flavors.

SELECT FROZEN FRUIT

8 OZ.-3 LBS.

Choose from Woodstock, Made With, Central Market, or Wyman's.



20% OFF

WINE

TANGLEY OAKS CHARDONNAY AND ESPERTO PINOT GRIGIO

750 ML.

$7.95/EA.

SAVE $2

Tangley Oaks tastes like: apples and pears with spice and butteriness

Esperto tastes like: tropical kiwi and grapefruit



TASSAJARA WINES

750 ML.

$11.95/EA.

SAVE $3

Top favorites for everyday enjoyment, these Monterey wines are classic examples of the elegance that comes from the cooler parts of the coast.



30 HARVESTS CABERNET 750 ML.

$14.95/EA.

SAVE $5

Tastes like: currants, blackberries, clove, vanilla

Pairs with: burgers, tomahawk steaks



BAKERY

CHEDDAR JALAPEÑO SOURDOUGH BREAD



$4.99/EA.

SAVE $1

Give your favorite sandwich a spicy, cheesy kick! Crusty bread, made with our natural starter, is loaded with sliced jalapeños and cubed Cheddar.

BROWNIES AND BARS 3 CT.



$5.99/EA.

SAVE $1

Made from scratch daily and ready to add a little sweetness to your day. Choose from treats like ***Lemon Bars***, chewy ***Chocolate Brownies***, and more.

STOUT GINGERBREAD

FALL FAVORITE



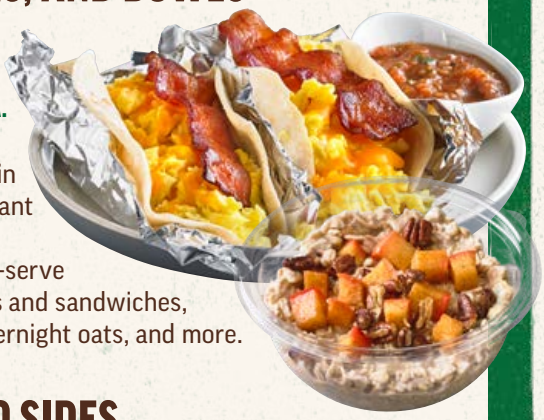
$5.99/EA.

SAVE $1

Thick, moist, and cakey, perfectly spiced with ginger, cinnamon, cloves, molasses, and nutmeg. A splash of Guinness gives you a deep stout flavor on first bite.

CHEF PREPARED

BREAKFAST TACOS, SANDWICHES, AND BOWLS



$1 OFF

NOW $1.79-$4.99/EA.

Save time and still make sure you get in on the most important meal of the day! Choose from single-serve hot breakfast tacos and sandwiches, yogurt parfaits, overnight oats, and more.

FALL POTATO SIDES



$1 OFF

NOW $6.99-$8.99/LB.

Choose from whipped, roasted, cheesy, and so much more! Choose your favorite comfort-food sides to give every meal some fall flavor.

BUILD YOUR OWN SALAD BAR



$7.99/LB.

SAVE $2

Build your own salad just the way you like it. Choose from fresh, crisp greens, a rainbow of veggies, plus tons of toppings and house-made dressings to take your creations over the top.

*Offer only valid in-store.

DELI & CHEESE

BUHOLZER BROTHERS HAVARTI



$7.99/LB.

SAVE $2

Great for melting, adding to sandwiches, and topping grilled foods, this style of semi-soft cheese originated in Denmark and is known for its rich, creamy, buttery flavors.

MARY'S ANTIBIOTIC-FREE TURKEY BREAST



$15.99/LB.

SAVE $3

Fully cooked, sandwich-ready turkey breast sliced to order at our counters. From turkeys fed a vegetarian diet and given no antibiotics ever, and no added hormones. Choose from ***Oven- Roasted***, ***Smoked***, or ***Peppered***.

DALLAS LOVERS | 5750 E. LOVERS LN. | 214-234-7000 **DALLAS MIDWAY** | 4349 W. NORTHWEST HWY. | 469-697-7800
DALLAS PRESTON ROYAL | 10720 PRESTON RD. | 972-860-6500 **FORT WORTH** | 4651 WEST FREEWAY | 817-989-4700
HOUSTON | 3815 WESTHEIMER | 713-386-1700 **PLANO** | 320 COIT RD. | 469-241-8300
SAN ANTONIO | 4821 BROADWAY | 210-368-8600 **SOUTHLAKE** | 1425 E. SOUTHLAKE BLVD. | 817-310-5600

WE ACCEPT MASTERCARD, VISA, DISCOVER, AMERICAN EXPRESS, DEBIT, GIFT CARDS FOR CENTRAL MARKET OR H-E-B, AND LONE STAR.