

DESTINATION GUIDE: GREENLAND & ICELAND

DISCOVER HOW GREENLAND AND
ICELAND ARE MAGICALLY DIVERSE



Why discover Greenland & Iceland with Hurtigruten?

Vikings and wilderness

Hurtigruten's unmatched Arctic expertise shows you the heart of remote Greenland and the soul of Viking Iceland.

Splendid isolation

Greenland offers some of the most beautiful scenery in the world along with a rich cultural tradition. Enjoy unique visits with our partners in Inuit communities.

Like nowhere else

The combination of volcanic drama, history, and rugged scenery makes Iceland a truly memorable destination. Explore hot springs, geysers, waterfalls, and glaciers as we discover the hidden secrets of the land of the Vikings.

Sustainable adventure

All Hurtigruten expedition cruises and excursions are created with sustainability—which protects wildlife and safeguards the future—as a priority.

Which Greenland & Iceland adventure is right for you?

GREENLAND & ICELAND



GET READY FOR YOUR ADVENTURE

— Relax, discover, and learn from the moment you step on board. We've created fascinating events and opportunities to learn during your entire voyage, designed to help you get the most out of your expedition.

INCLUDED IN YOUR EXPEDITION



© ANDREA KLAUSNER

Expert guiding
with the Expedition Team

The Expedition Team members are specialists in their field, selected for your specific voyage and itinerary. They will join you on included activities, host lectures, and lead educational sessions on board and ashore.

Activities
on board and on shore

Join us on a series of included activities designed to immerse you in your destinations, including small-boat (RIB) cruising and onshore exploration.

Lectures and happenings
in the Science Center



© AGUSTINE CONCELLON

In depth lectures on history, wildlife, glaciology, culture, climate change, and sustainability. Destination-specific themes will provide context to your expedition cruise and help you better understand the destinations you visit.

Enjoy casual opportunities to engage with the Expedition Team, including a welcome event and a daily evening gathering to recap and prepare for the day to come.

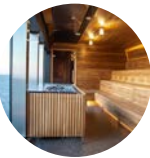
Photo and footage from your cruise shared in an Expedition Logbook after your voyage.

Opportunities to dine with the Expedition Team and interact with officers.

Free introductory photo lecture, camera adjustment, tips, and tricks.

Learn from educational sessions about the environment and take advantage of our onboard library.

Relax and renew
in maximum comfort



Two hot tubs, a sauna, and a fitness room

Outdoor pool
Only on MS Roald Amundsen and MS Fridtjof Nansen

Food and beverages
with an international twist

Breakfast, lunch, and dinner. Specially selected wine and beer, sodas, and mineral water in the restaurants during lunch and dinner. Tea and coffee are available throughout the day.



© AGUSTINE CONCELLON

Loan of equipment
on hikes and activities

A small selection of gear, such as trekking and rubber boots, will be available for loan depending on the season and the destination.

Extras
to make your voyage even better

You will receive a complimentary wind- and water-resistant jacket and a reusable water bottle. Enjoy free Wi-Fi*. At the end of each expedition there will be a farewell event.



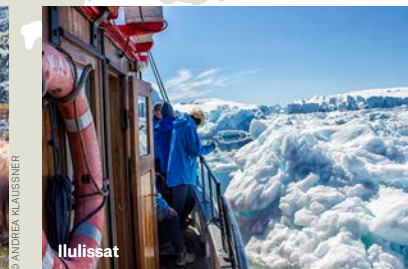
*Access may be limited because of the remote waters in which we sail.

MAGICALLY DIVERSE

Encounter unique natural beauty and rich culture as we sail in the wake of great Norse explorers of the past.



Musk oxen



Ilulissat

GREENLAND

Sisimiut

The town of Sisimiut has been inhabited for more than 4,500 years and is now home to around 5,500 native Greenlanders.



© KRISTEN BUSTUP

Ilulissat

Ilulissat means 'iceberg' in Greenlandic. The Sermeq Kujalleq glacier feeds enormous icebergs into the UNESCO-listed Ilulissat Icefjord.

Nuuk

Greenland's largest town and the world's northernmost capital, Nuuk is located at the mouth of one of the largest fjord systems in the world.

Crossing the Denmark Strait

The Irminger Sea was used by the Vikings to migrate from Iceland to Greenland 1,000 years ago.

Ivittuut

More than a thousand years ago, Vikings settled the area. Today the abandoned town is a stronghold for musk oxen.

Ivittuut

Qaqortoq

Qaqortoq

Qaqortoq has a population of just over 3,000 people, and is often described as the most beautiful town in Greenland.

Kap Farvel

ICELAND



© SIMON BOTTOMLEY

Westfjords

This region of fjords is known for its stunning scenery.

Akureyri

This town of around 20,000 inhabitants was settled in the 9th century by a Viking named Helgi Magri Eivindarson ('Helgi the Slim').

Grimsey

The Arctic Circle currently runs through this island with a population of 61 people.

Bakkagerði

This is the main settlement in Borgarfjörður and is known as 'the land of the elves.'

Húsavík

This is the whale-watching capital of Iceland.



© ANDREAS KALVIG ANDERSON

Stykkishólmur

Often called 'The Sagaland,' this region offers great diversity, with lava and rock formations, glaciers, volcanic activity, and hot and cold springs.

ICELAND

Reykjavík

Reykjavík

The town was named 'Reykjavík' (meaning 'Smoky Bay') after the columns of steam that rose from the hot springs in the area.

Heimaey

The largest of the Westman Islands, Heimaey is dominated by magnificent bird cliffs, and is a great place for spotting whales.

RESPECT, SUPPORT, AND THE LIGHTEST FOOTPRINT

We respect and support local communities wherever we sail. In Greenland and Iceland, we procure services such as excursions and source fresh ingredients from local suppliers, contributing to the viability of small coastal communities. We ensure that we leave the lightest footprint when visiting these beautiful, remote areas.



Explore and connect on our expedition cruises

© ANDREA KLAUSNER



© HURTRIGUTEN

Stunning nature and delicious food

"I explored Greenland with Hurtigruten. The atmosphere aboard was friendly, and the focus was on the natural world. It was easy to socialize with fellow guests, or just enjoy time on your own. The views from the ship were simply amazing, and the lectures in the Science Center were very well prepared. The Expedition Team was great about sharing their enthusiasm and love for nature. And the food on board was fantastic!"

Holger Vonnhof, Guest
Greenland 2009

Expedition Team

Greenland & Iceland



QEOERTASUAQ © HARALD & YVANY SCHMIDT - GUEST IMAGE

The geology of Iceland and Greenland is different from anywhere else in the world. Join us at lectures, and on hikes and landings, to learn and understand more about these exceptional, unique locales.

Meet our international Expedition Team members. All lectures and activities with the Expedition Team are conducted in English.



© ANDREA KLAUSNER

Steffen Biersack, Germany
Expedition Leader

Steffen was a police officer in Berlin, Germany. Then he went back to school and studied geology, and with a fresh new degree, applied to Hurtigruten as a ship lecturer. Ever since, Steffen's bond to the polar regions and Hurtigruten has grown stronger. When he sees that sparkle in the eyes of guests, he knows the team's efforts were well spent.



© ANDREA KLAUSNER

Aka Bendtsen, Greenland
Activity Guide and Greenland Expert

Aka was born and raised in Qaqortoq, Greenland, and spent her childhood in nature, playing among Norse ruins. She studied in Denmark, and then pursued specialist studies to become an Arctic guide. On expeditions, she gives talks on the daily life, wildlife, nature, culture, and even the role of kayaking in Greenland.



© CAMILLE SEAMAN

Sabine Barth, Germany
Lecturer: History

Sabine has worked as an editor for two literature and cultural magazines and now works as a freelance journalist. Her work mainly focuses on Icelandic and Greenlandic culture, literature, and travel. For two years she was in charge of the Goethe Institute in Reykjavik. Her lecture topics focus on Icelandic and Greenlandic culture, social development, and history.



© THOMAS WALTNER

Edda Lyberth, Iceland
Storyteller

Edda is a citizen of the North Atlantic, born in Iceland and currently living in South Greenland. She was tourism manager in South Greenland for many years, and has traveled around the world storytelling. During winter, she works as a teacher in the Arctic guide education program at Majoriag and Campus Kujalleg in South Greenland. Edda has worked with Hurtigruten since 2007.



© HURTIGRUTEN

Colin Taylor, Scotland
Lecturer and Marine Ecologist

Born in Scotland, Colin has degrees in marine biology, oceanography, and estuarine ecology. He has worked as an ecologist, oceanographer, and coastal geomorphologist for 40 years, has published many scientific papers, and is a fellow of the prestigious Linnean Society of London.

ACTIVITIES

Discover further and explore more by joining activities with the Expedition Team that are included in your expedition. There are also a wide range of optional excursions available*.



LANDINGS



KAYAKING*



HIKING



SMALL-BOAT (RIB) CRUISING
(Select voyages in Greenland only)



BIRDWATCHING



TOWN WALKS



SCIENCE CENTER



LECTURES

**Optional excursions are available at an additional cost, and subject to availability.*

WILDLIFE

In a terrain dominated by ice and extreme conditions, wildlife in Greenland and Iceland have adapted to survive and thrive despite the odds. Here are some of the species we may encounter.



MUSK OXEN
Musk oxen are found in the area around Ivittuut, where more than 10,000 graze in a green mountain landscape surrounded by ice.



WHALES
Species of whale include humpback, orca, minke, beluga, blue, sperm, fin, Greenland, and narwhal.



MINK
Mink can often be spotted fishing or hunting for bird eggs near Reykjavik.



REINDEER
All along Greenland's west coast, as well as along the east coast, there are herds of reindeer.



SEALS
Harbor, hooded, bearded, Greenland, and ringed seals are among the most common species.



ARCTIC FOX
The Arctic fox can be found throughout both Greenland and Iceland. It was the only mammal in Iceland before the Vikings settled there over 1,000 years ago.



BIRDS
The birds in Iceland and Greenland are diverse and vary from small puffins and buntings to enormous eagles.



GREENLANDIC DOG
Sled dogs arrived in Greenland along with the earliest settlers more than 4,000 years ago.

Disko Bay – The Heart of Greenland

Itinerary 1

Sail from Iceland to explore the coast of western Greenland, visit colorful settlements, meet welcoming Greenlandic Inuit people, and discover incredible icebergs and glaciers in Disko Bay.

Day 1 Reykjavík
Explore the world’s northernmost capital city and consider visiting nearby geysers and geothermal hot springs on a Pre-Program excursion before boarding MS Fridtjof Nansen.

Days 2-3 At Sea
Journey on the Viking route from Iceland to Greenland across the Denmark Strait and enjoy introductory lectures about the local history and geology of upcoming destinations.

Day 4 Qaqortoq (Full day)
Discover picture-perfect Qaqortoq, the largest town in southern Greenland, known for its colorful houses and serene natural setting.
INCLUDED EXCURSION:
Great Lake Walk

Day 5 Kvanefjord
Sail deep into the spectacular Kvanefjord and possibly go hiking, kayaking, or touring in small boats (RIBs).

Day 6 Maniitsoq (Half day)
Established in 1755, Maniitsoq is nicknamed the ‘Venice of Greenland’ because of its location on an archipelago crisscrossed by natural canals.

Day 7 Sisimiut (Full day)
Greenland’s second-largest town lies just north of the Arctic Circle and offers many fascinating activities and

excursions.
INCLUDED EXCURSION:
Kayak Demo and Museum Visit

Day 8 Ilulissat Icefjord (Full day)
Prepare to be amazed by the surreal, frozen grandeur of the Ilulissat Icefjord, a UNESCO World Heritage Site, where enormous grounded icebergs stand guard at the mouth of the fjord.
INCLUDED EXCURSION:
Walk to the Icefjords

Day 9 Vaigat Sound
Join our Expedition Team on a landing excursion to one of several excellent landing sites and explore the Arctic landscape at this northernmost point on our itinerary.

Day 10 Evighed Fjord
Experience this magnificent fjord laying at the base of Greenland’s highest mountains, and where many glaciers calve icebergs into the sea.

Day 11 Nuuk (Full day)
Wander the streets of Greenland’s remarkably modern capital city at the mouth of one of the world’s most spectacular fjord systems.
INCLUDED EXCURSION:
Shuttle and Museum Visit

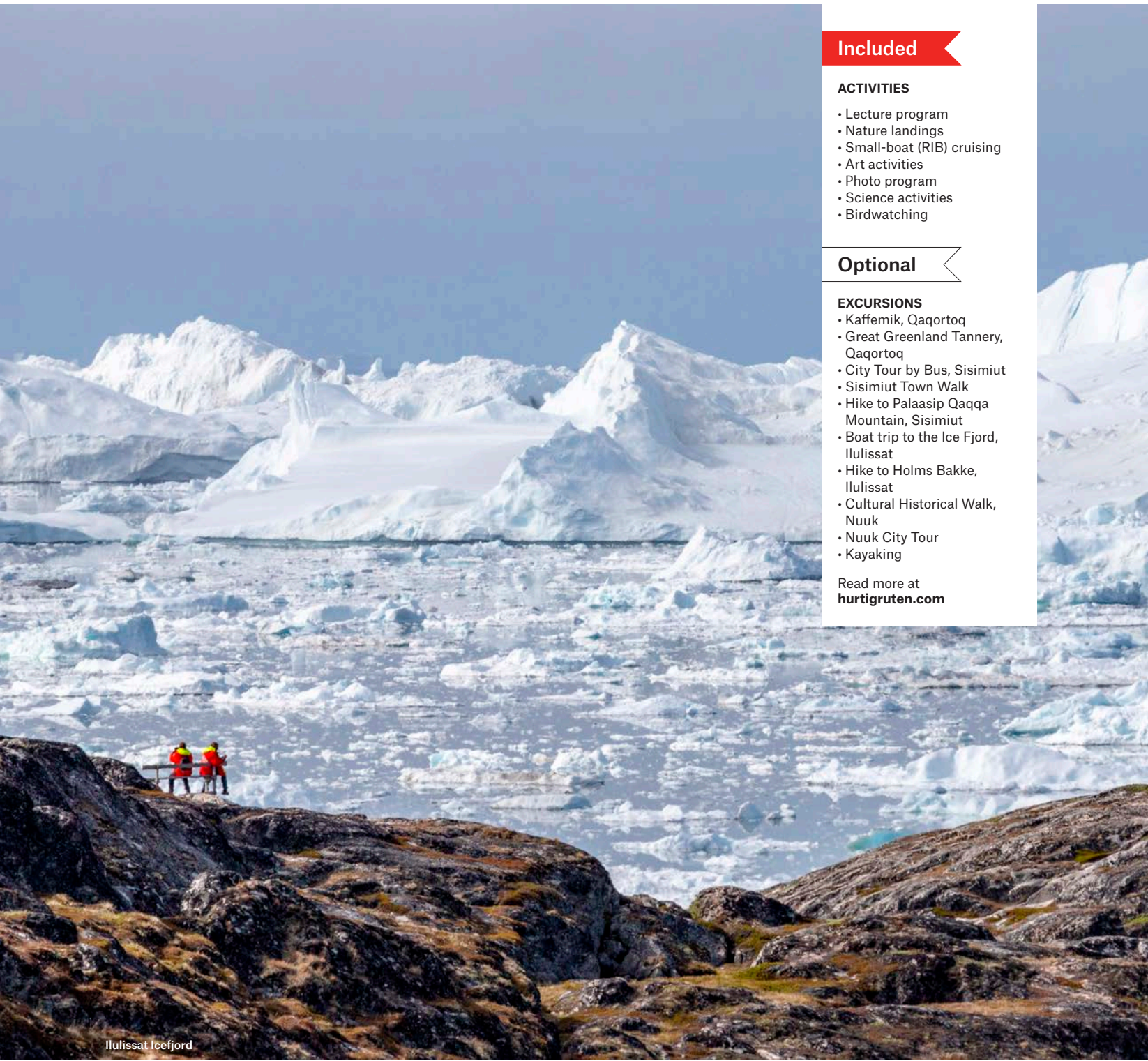
Day 12 Ivittuut (Half day)
Experience the place that archaeologists believe was the last Norse settlement—more than a millennium ago—in Greenland.



Day 13 Prins Christian Sund
Admire high mountains hovering above the sea and massive glaciers calving icebergs of all shapes, shades and sizes.

Days 14-15 At Sea
Bid farewell to Greenland and recap your experiences as we sail back across Denmark Strait towards Iceland.

Day 16 Reykjavík
Take advantage of our early arrival in Reykjavík to see more of this cosmopolitan city, or explore more of the country on one of our Post-Program excursions before heading home.



Included

ACTIVITIES

- Lecture program
- Nature landings
- Small-boat (RIB) cruising
- Art activities
- Photo program
- Science activities
- Birdwatching

Optional

EXCURSIONS

- Kaffemik, Qaqortoq
- Great Greenland Tannery, Qaqortoq
- City Tour by Bus, Sisimiut
- Sisimiut Town Walk
- Hike to Palaasip Qaqqa Mountain, Sisimiut
- Boat trip to the Ice Fjord, Ilulissat
- Hike to Holms Bakke, Ilulissat
- Cultural Historical Walk, Nuuk
- Nuuk City Tour
- Kayaking

Read more at
hurtigruten.com

Disko Bay – The Heart of Greenland

Itinerary 2

Discover colorful settlements along western Greenland's coastline and cruise into amazing Disko Bay, known for its spectacular Arctic landscapes of tall mountains, glaciers, and impressive icebergs.

Day 1 Reykjavík
Begin your Arctic adventure in exciting Reykjavík and consider booking a Pre-Program excursion to explore surrounding geysers and geothermal hot springs before boarding MS Fridtjof Nansen.

Days 2-3 At Sea
Sail across the Denmark Strait, used by the Vikings a millennium ago, and hear introductory lectures about the local history and science of upcoming destinations.

Day 4 Prins Christian Sund
Admire high mountains hovering above the sea and massive glaciers calving icebergs of all shapes, shades and sizes.

Day 5 Qaqortoq (Full day)
Join an excursion to explore what many consider to be Greenland's most beautiful town, with its colorful houses, friendly people, and picturesque natural setting.
INCLUDED EXCURSION:
Great Lake Walk

Day 6 Ivittuut (Full day)
Believed by archaeologists to be the site of last Norse settlement in Greenland, the only inhabitants today are wandering musk oxen grazing on nearby plains.

Day 7 Kvaneffjord
Discover the breathtakingly beautiful Paamiut region by sailing deep into the Kvaneffjord, and possibly go

hiking, kayaking, or touring in small boats (RIBs).

Day 8 Nuuk (Full day)
Greenland's modern yet quaint capital city lies at the mouth of one of the world's most spectacular fjord systems and features both exciting outdoor activities and interesting museums.
INCLUDED EXCURSION:
Shuttle and Museum Visit

Day 9 Maniitsoq (Full day)
Established in 1755, Maniitsoq is nicknamed the 'Venice of Greenland' because of its setting on an archipelago crisscrossed by natural canals.

Day 10 Sisimiut (Full day)
Greenland's second-largest town lies 25 miles north of the Arctic Circle and features many exciting activities and excursions.
INCLUDED EXCURSION:
Kayak Demo and Museum Visit

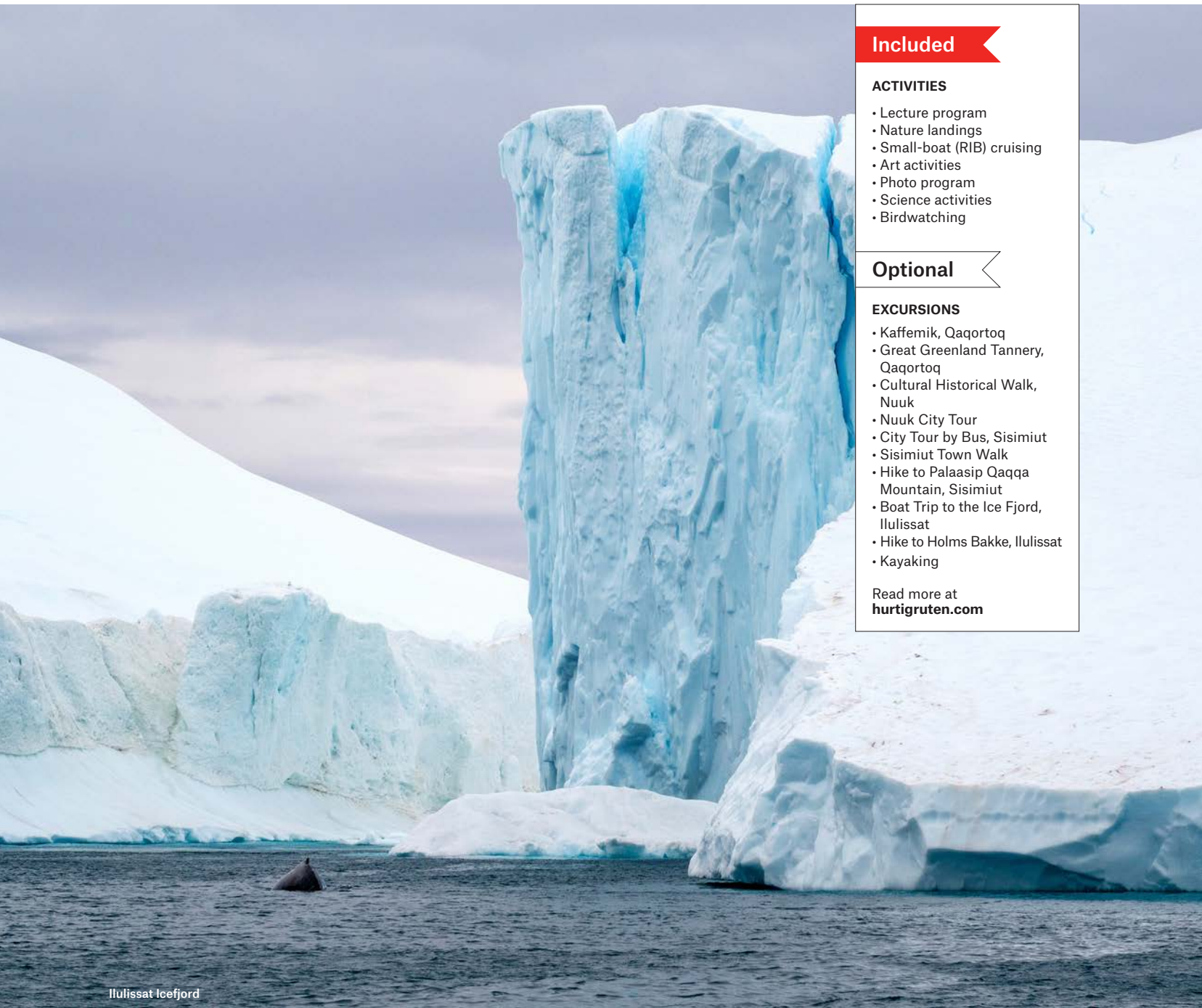
Day 11 Ilulissat (Full day)
Encounter enormous grounded icebergs standing sentinel outside this small town at the mouth of stunning Ilulissat Icefjord, a UNESCO World Heritage Site.
INCLUDED EXCURSION:
Walk to the Icefjords

Day 12 Arctic Circle
Join the Expedition Team to explore a settlement, go on a small-boat (RIB) cruise, or hike in the area around the Arctic Circle.



Day 13 Kangerlussuaq
Your expedition ends in Kangerlussuaq, but you'll take an excursion to the Greenland ice sheet and the Reindeer Glacier and enjoy a barbecue before your airport transfer and late-evening flight to Copenhagen.

Day 14 Copenhagen
Early morning arrival in Copenhagen.



Included

ACTIVITIES

- Lecture program
- Nature landings
- Small-boat (RIB) cruising
- Art activities
- Photo program
- Science activities
- Birdwatching

Optional

EXCURSIONS

- Kaffemik, Qaqortoq
- Great Greenland Tannery, Qaqortoq
- Cultural Historical Walk, Nuuk
- Nuuk City Tour
- City Tour by Bus, Sisimiut
- Sisimiut Town Walk
- Hike to Palaasip Qaqq Mountain, Sisimiut
- Boat Trip to the Ice Fjord, Ilulissat
- Hike to Holms Bakke, Ilulissat
- Kayaking

Read more at
hurtigruten.com

Greenland and Atlantic Canada – Expedition of History, Culture, and Nature

Itinerary 2

Experience the raw, natural beauty of Greenland’s western coast, and visit fascinating places in Newfoundland and Labrador, Canada. This is also a journey into the history and culture of the Inuit people and the early Canadian settlers.

- Day 1 Kangerlussuaq**
Depart Copenhagen in the evening and arrive late in Kangerlussuaq to embark on your expedition ship, MS Fridtjof Nansen.

Day 2 Sisimiut (Full day)
Discover Greenland’s second-largest town, Sisimiut, which in Inuit means, ‘The people living in a place of fox dens,’ and dates back more than 4,500 years.
INCLUDED EXCURSION:
Kayak Demo and Museum Visit

Day 3 Ilulissat (Full day)
Admire high mountains hovering above the sea and massive glaciers calving icebergs of all shapes, shades, and sizes.
INCLUDED EXCURSION:
Walk to the Icefjords

Day 4 Vaigat Sound
Arrive at the northernmost point of our journey, Vaigat Sound, where there are many excellent

- landing sites with astoundingly beautiful landscapes and Arctic flora.

Day 5 Evighed Fjord
See massive chunks of ice that have crashed into the Evighed Fjord from the Greenland ice sheet, surrounded by mountain peaks over 6,560 feet high.

Day 6 Nuuk (Full day)
Explore Greenland’s modern capital and its oldest settlement, Nuuk, founded in 1728, at the mouth of one of most spectacular fjord systems in the world.
INCLUDED EXCURSION:
Shuttle and Museum Visit

Day 7 At Sea
We leave Greenland and head across the southern part of the Labrador Sea, sailing toward Newfoundland and Labrador in Canada. Enjoy a lecture presented by the Expedition



- Team and all the amenities of the ship.

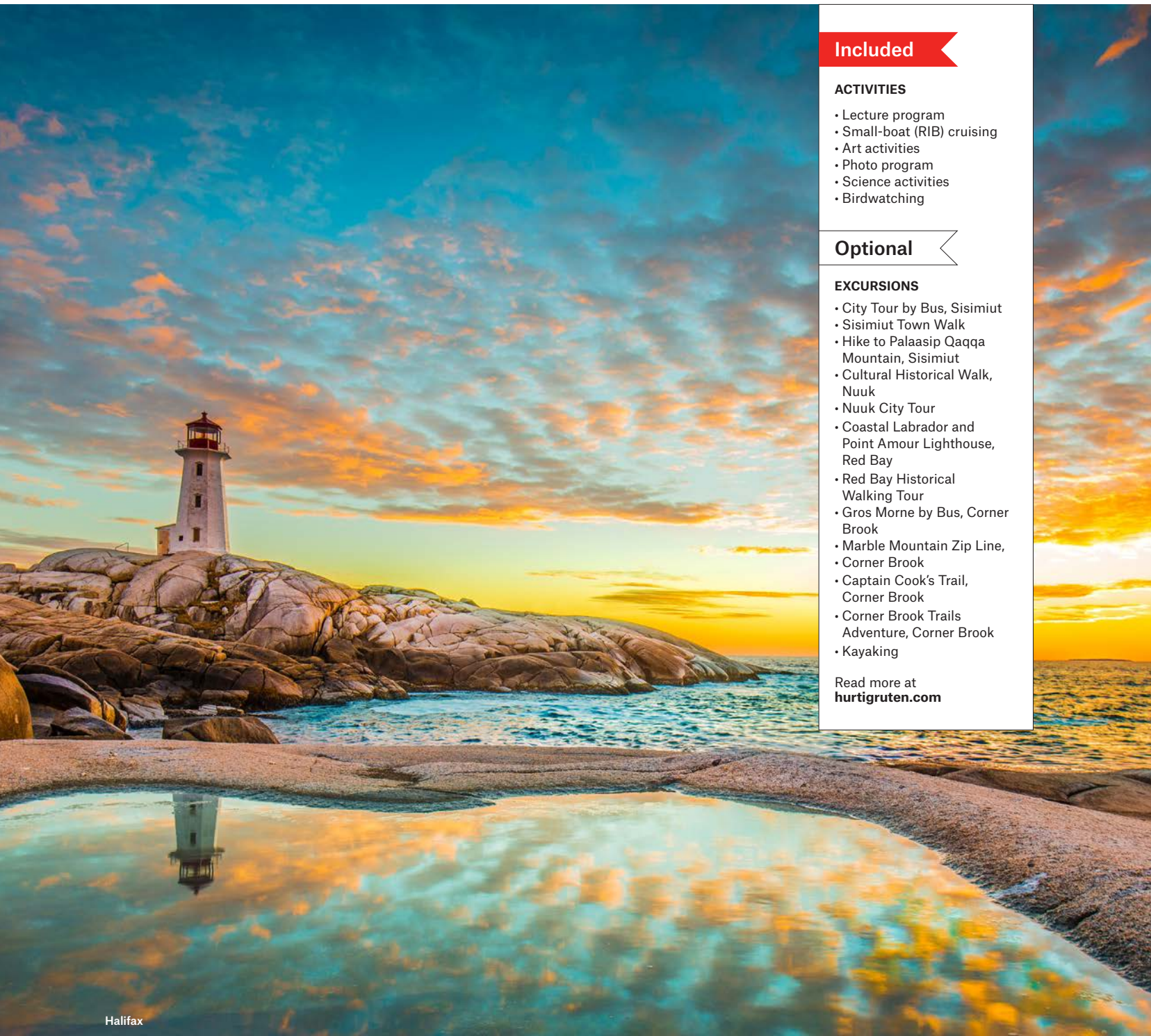
Day 8 Makkovik (Half day)
Our first stop in Canada is the welcoming town of Makkovik in northern Labrador, comprised of 360 people from diverse backgrounds and heritage.

Day 9 Rigolet (Full day)
Spend the day in and around the southernmost Inuit community on Hamilton Inlet, where minke and humpback whales are commonly seen in nearby waters.

Day 10 Red Bay (Half day)
The remains of several submerged 17th century Basque whaling ships led to this small fishing town becoming a UNESCO World Heritage Site.
INCLUDED EXCURSION:
Red Bay Highlights Access
- Day 11 Corner Brook** (Full day)
Explore the center of Newfoundland and Labrador’s second-largest city, Corner Brook, or walk along a river trail and admire nature’s spectacular show of autumn color.
INCLUDED EXCURSION:
Local Performance on Board

Day 12 At sea (Gulf of St. Lawrence)
Enjoy a final day at sea as your adventure draws to a close. Spend time with fellow passengers and the Expedition Team to recap shared experiences during the voyage.

Day 13 Halifax
Disembark the ship in the historic and lively capital of Nova Scotia, where we recommend you spend extra time on our Post-Program before heading home.



- Included**

ACTIVITIES

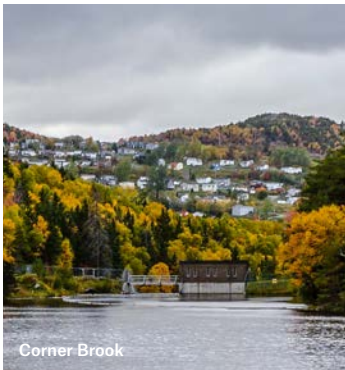
 - Lecture program
 - Small-boat (RIB) cruising
 - Art activities
 - Photo program
 - Science activities
 - Birdwatching

- Optional**

EXCURSIONS

 - City Tour by Bus, Sisimiut
 - Sisimiut Town Walk
 - Hike to Palaasip Qaqq Mountain, Sisimiut
 - Cultural Historical Walk, Nuuk
 - Nuuk City Tour
 - Coastal Labrador and Point Amour Lighthouse, Red Bay
 - Red Bay Historical Walking Tour
 - Gros Morne by Bus, Corner Brook
 - Marble Mountain Zip Line, Corner Brook
 - Captain Cook’s Trail, Corner Brook
 - Corner Brook Trails Adventure, Corner Brook
 - Kayaking

Read more at hurtigruten.com



Atlantic Canada and Greenland – Expedition of History, Culture, and Nature

Itinerary 1

Explore powerful natural beauty and learn about colonial, Viking, and Inuit culture on this expedition cruise to Canada’s Maritime Provinces and Greenland.

Day 1 Halifax
Discover this historic 18th century city and its scenic surroundings before embarkation.

Day 2 Louisbourg (Full day)
Step into Canada’s colonial past at the Fortress of Louisbourg National Historic Site in Nova Scotia.
INCLUDED EXCURSION:
The Fortress of Louisbourg

Day 3 Chéticamp (Full day)
Visit the traditional Acadian French fishing village of Chéticamp on the Gulf of St. Lawrence.
INCLUDED EXCURSION:
Chéticamp at Leisure

Day 4 Magdalen Islands (Full day)
The 62-mile long Magdalen Archipelago is known for its quaint harbors, multi-hued houses, and picturesque bays.
INCLUDED EXCURSION:
Beach Cleanup

Day 5 Percé (Full day)
The charming village of Percé, Quebec, and its surroundings feature ideal hiking, bird-watching, and magnificent views of Percé Rock and Bonaventure Island.
INCLUDED EXCURSION:
Percé Walking Tour

Day 6 Havre-Saint-Pierre (Full day)
Explore the unique limestone monoliths at Mingan Archipelago Natural Reserve.

Day 7 At Sea
The Expedition Team continues its lecture program on the great explorers and climate change, as well as the marine biology, wildlife, and oceanography of upcoming destinations.

Day 8 Red Bay (Full day)
The remains of several submerged 17th century Basque whaling ships led to this small fishing town becoming a UNESCO World Heritage Site.
INCLUDED EXCURSION:
Red Bay Highlights Access

Days 9-10 At Sea
Leaving the Canadian coastline behind, we head out across the Labrador Sea and set our course for Greenland.

Day 11 Kvanefjord
Spend your first day in Greenland sailing deep into the spectacular Kvanefjord. Opt for a hike or go kayaking.

Day 12 Ivittuut (Full day)
Experience the site that archaeologists believe was the last Norse settlement in Greenland more than a millennium ago.



Lighthouse in Louisbourg, Canada

© ANDREA KLAUSNER

Day 13 Qassiarsuk (Full day)
Discover lush green meadows dotted with white sheep at Qassiarsuk, where Viking Erik the Red built his estate in 982 A.D.
INCLUDED EXCURSION:
Eric the Red - Settlement Walk

Day 14 Qaqortoq (Half day)
We dock at Qaqortoq, considered one of the most beautiful towns in Greenland, known for its scenic location and colorful houses.
INCLUDED EXCURSION:
Great Lake Walk

Days 15-16 At Sea
Bidding farewell to Greenland, we sail across Denmark Strait toward Iceland.

Day 17 Reykjavik
After an early arrival in the Icelandic capital, discover the city or explore more of the country on a Post-Program before heading home.



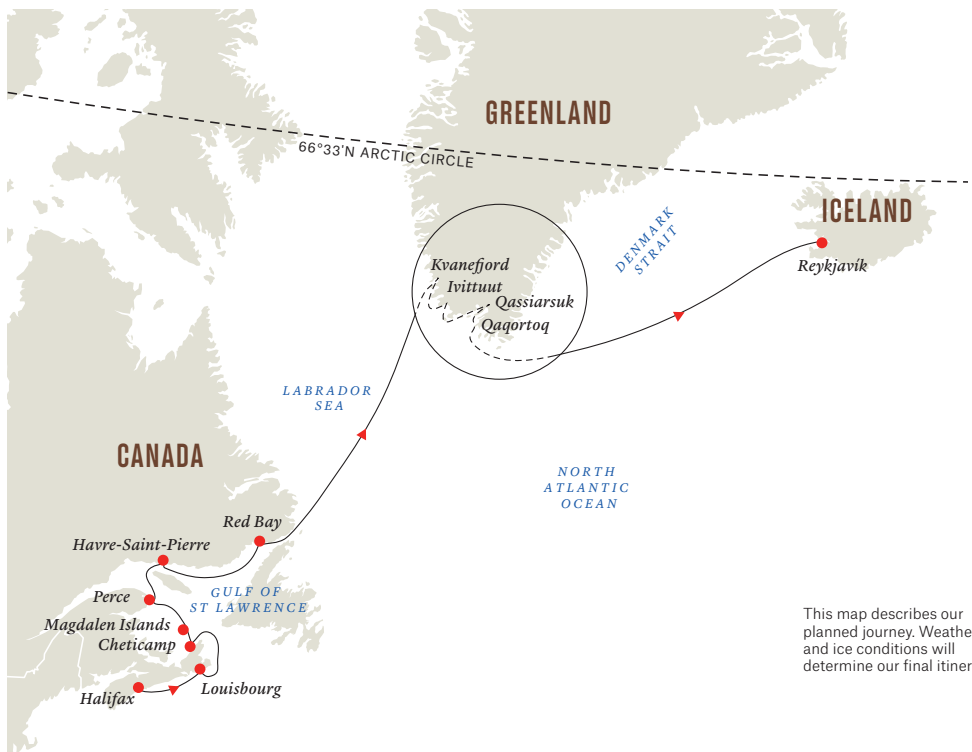
Qassiarsuk

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Halifax

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This map describes our planned journey. Weather and ice conditions will determine our final itinerary.



Magdalen Archipelago

© CAMILLE SEAMAN



Qaqortoq

© ANDREA KLAUSNER

Included

ACTIVITIES

- Lecture program
- Nature landings
- Art activities
- Photo program
- Science activities
- Birdwatching

Optional

EXCURSIONS

- Life of a Coal Miner, Louisbourg
- Coxheath Mountain Trails, Louisbourg
- Cape Breton Highlands, Chéticamp
- Highlights of Chéticamp
- Hiking the Highlands, Chéticamp
- A Taste of Îles-de-la-Madeleine, Magdalen Islands
- Cycling Around Cap-aux-Meules, Magdalen Islands
- Within the Heart of the Madelinot Life and Culture, Magdalen Islands
- Percé Sights and Geo Park
- Cruise Around Bonaventure Island, Percé
- Discover Innu Culture, Havre-Saint-Pierre
- Île Niapiskau, Havre-Saint-Pierre
- Havre-Saint-Pierre by Foot
- Coastal Labrador and Point Amour Lighthouse, Red Bay
- Red Bay Then and Now Historical Walking Tour
- Boat Trip to Qooroq Icefjord, Qassiarsuk
- Kaffemik, Qaqortoq
- Great Greenland Tannery, Qaqortoq
- Kayaking

Read more at hurtigruten.com

Greenland – The Ultimate Fjord and National Park Expedition

Itinerary 1

Sail from Iceland to the remote eastern coast of Greenland to explore the largest national park and fjord in the world. Join us to discover a land of unforgettable Arctic beauty.

- Day 1 Reykjavik**
Wander the streets of the world’s northernmost capital city or visit nearby geysers and geothermal hot springs on a Pre-Program excursion before boarding MS Fram.

Day 2 At Sea
As we head across the Denmark Strait to Greenland, learn how to protect Arctic wilderness during our mandatory safety and sustainability briefing. In the Science Center, learn about Arctic wildlife and ecosystems.

Days 3-7 Scoresbysund Fjord
We attempt to land at the mouth of the Scoresbysund fjord, the world’s largest fjord system, extending 215 miles inland and 1,968 feet deep. See
- spectacular icebergs floating in still waters surrounded by verdant mountains soaring 6,560 feet from the sea. Watch for the appearance of marine and birdlife, including scores of seabird species.

Days 8-10 North East Greenland National Park
Explore the world’s largest and least-visited national park, which only permits a small number of expeditions during the very short summer season. Encounter large fjords, giant icebergs, hanging glaciers, tundra, and vertical granite cliffs reaching as far as the eye can see. Go ashore at the best landing sites, and join exciting optional activities such as

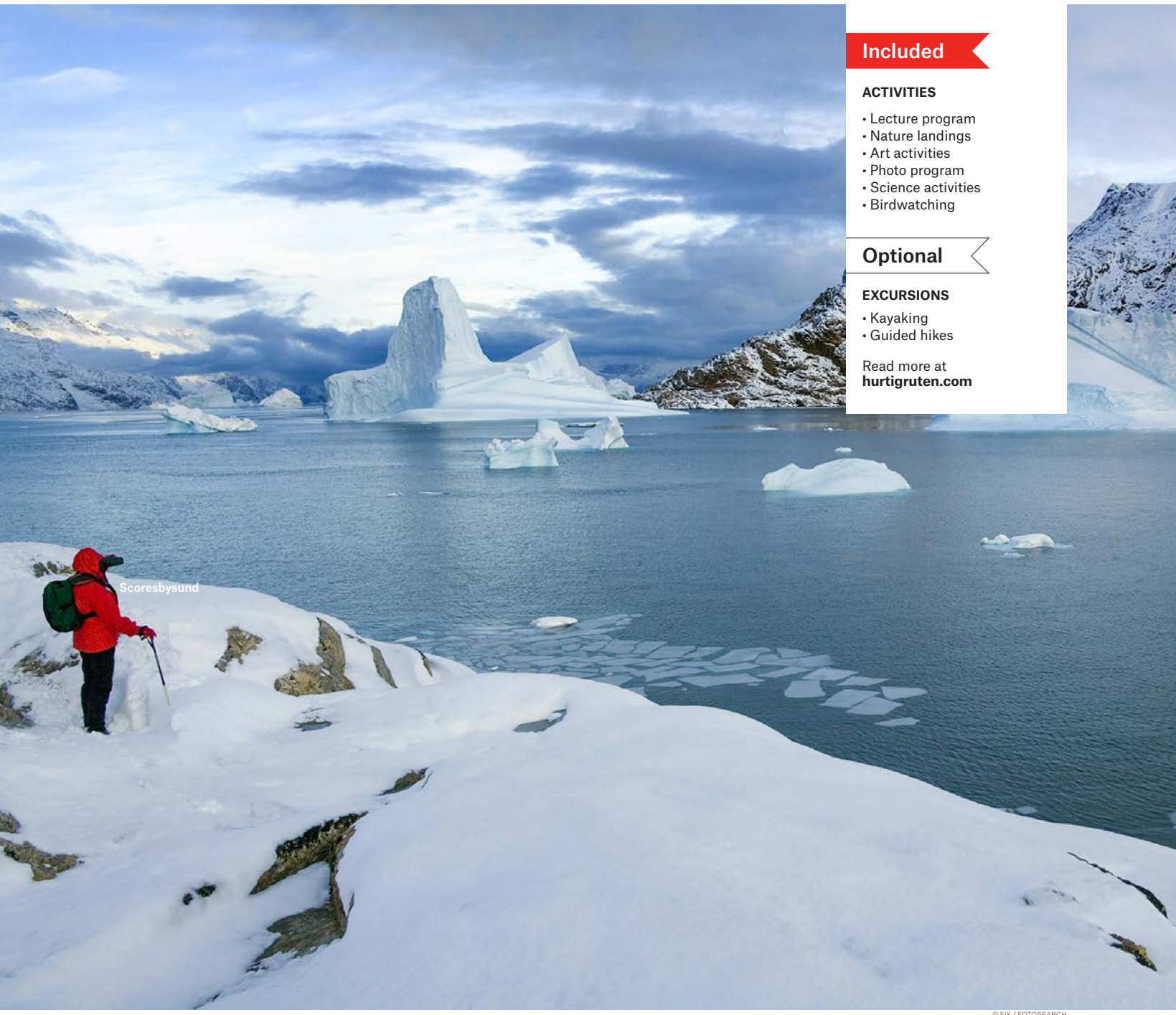


- kayaking and guided hikes, during which we watch for Arctic wildlife.

Day 11 Ittoqqortoormiit
Visit the most remote inhabited community in the Western Hemisphere, surrounded by ice most of the year and counting less than 500 hardy—yet warm and friendly—souls.

Day 12 At Sea
We set our course back to Iceland across the Irminger Sea. Discover more in the Science Center and recap your journey with fellow adventurers and the Expedition Team.

Day 13 Reykjavik
Arrive early at the Icelandic
- capital where you can embark on urban adventures or select a Post-Program to see more of this amazing country before heading home.



Included

ACTIVITIES

- Lecture program
- Nature landings
- Art activities
- Photo program
- Science activities
- Birdwatching

Optional

EXCURSIONS

- Kayaking
- Guided hikes

Read more at [hurtigruten.com](https://www.hurtigruten.com)



Greenland and Atlantic Canada – The Ultimate Fjord and National Park Expedition

Itinerary 2

Journey from Iceland to the remote eastern coast of Greenland to explore the largest national park and fjord in the world. Then, visit historical sites, cultural gems, and charming cities of eastern Canada.

- Day 1 Reykjavik**
Start your adventure in the northernmost capital city in the world. Why not book a Pre-Program to visit nearby geothermal hot springs before boarding MS Fram?

Day 2 At Sea
Discover how to protect Greenland's great wilderness during our mandatory safety and sustainability briefing, and visit the Science Center to learn more about Arctic wildlife and ecosystems.

Day 3 Ittoqqortoormiit (Half day)
Visit the most remote inhabited community in the Western Hemisphere, surrounded by ice most of the year and counting less than 500 hardy—yet warm and friendly—souls.

Days 4-7 North East Greenland National Park
Explore the world's largest and least-visited national park, which only allows a small number of expeditions during the very short summer season. Encounter large fjords, giant icebergs, hanging glaciers, tundra, and vertical granite cliffs reaching as far as the eye can see. Go ashore at the best landing sites, and join

- exciting optional activities such as kayaking and guided hikes, during which we watch for Arctic wildlife.

Day 8 Scoresbysund Fjord
We attempt to land at the mouth of the Scoresbysund fjord, the world's largest fjord system, extending 215 miles inland and almost 2,000 feet deep. Watch for seabirds, seals, and whales.

Day 9 At Sea
Enjoy lectures on Arctic history, exploration, and Earth sciences presented by the Expedition Team as we cruise along the eastern coast of Greenland.

Day 10 Umivik
Go ashore at Umivik, which is fringed by numerous calving glaciers and where Fridtjof Nansen launched his famous Greenland ice sheet expedition in 1888.

Day 11 Skjoldungen
See the island of Skjoldungen, situated between two deep fjords and described by 19th century Danish explorer W.A Graah as 'paradise on Earth.'

- Day 12 Prins Christian Sund**
Cruise through this long, enchanting fjord encircled by peaks soaring over 7,280 feet high and packed with glaciers calving icebergs into the sea.

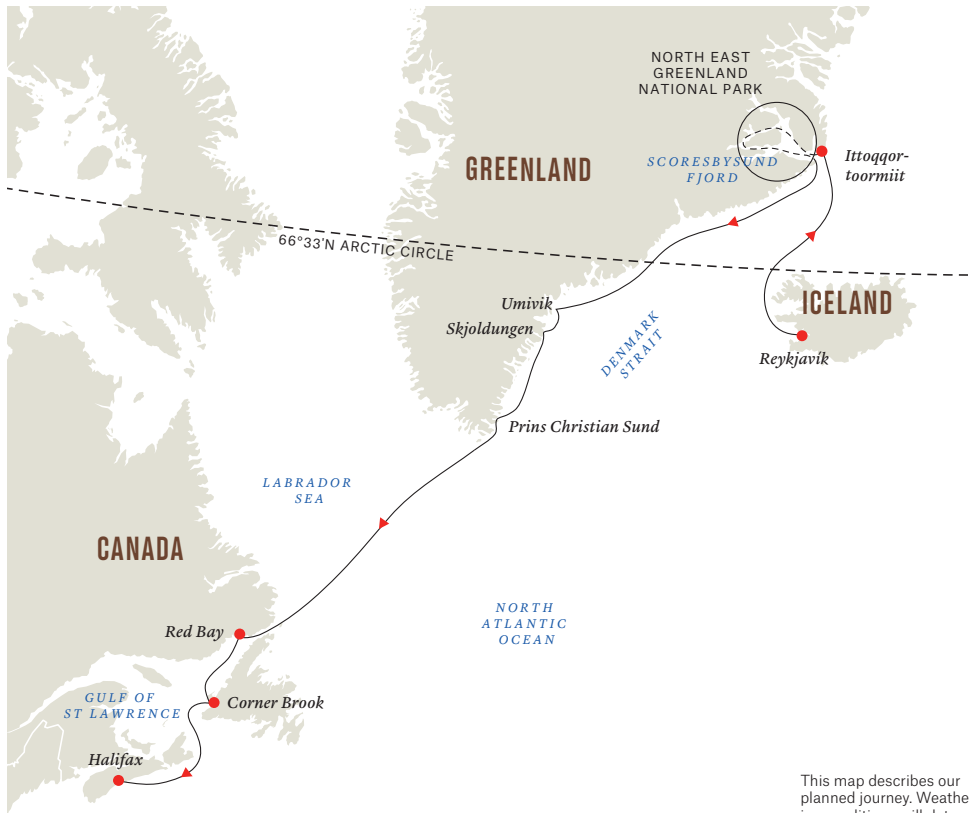
Day 13 At Sea
We set our course for Canada. Spend this day at sea recapping your adventures, having fun and learning in the Science Center, or just relaxing out on deck.

Day 14 Red Bay (Full day)
The remains of several submerged 17th century Basque whaling ships led to this small fishing town becoming a UNESCO World Heritage Site.
INCLUDED EXCURSION:
Red Bay Highlights Access

Day 15 Corner Brook
Explore the small Canadian city of Corner Brook at the mouth of the Bay of Islands and the Humber River.
INCLUDED EXCURSION:
Local Performance on Board

- Day 16 At Sea**
Spend a final day at sea exchanging stories with your fellow adventurers, or observing samples taken on the voyage through state-of-the-art microscopes in the Science Center.

Day 17 Halifax
Discover the colorful capital of Nova Scotia after disembarking MS Fram. We suggest you extend your adventure on our exciting Post-Program before heading home.



This map describes our planned journey. Weather and ice conditions will determine our final itinerary.

Included
ACTIVITIES <ul style="list-style-type: none">• Lecture program• Nature landings• Small-boat (RIB) cruising• Art activities• Photo program• Science activities• Birdwatching
Optional
EXCURSIONS <ul style="list-style-type: none">• Coastal Labrador and Point Amour Lighthouse, Red Bay• Red Bay Then and Now Historical Walking Tour• Gros Morne by Bus, Corner Brook• Marble Mountain Zip Line, Corner Brook• Captain Cook's Trail, Corner Brook• Corner Brook Trails Adventure, Corner Brook• Kayaking
Read more at hurtigruten.com



Circumnavigating Iceland – The Land of Elves, Sagas, and Volcanoes

Itinerary 1

This expedition cruise fully circumnavigates Iceland, where you will experience some of the most unique and beautiful landscapes on Earth.



Day 1 Reykjavik
Iceland's capital offers a rich urban life and is close to glaciers, waterfalls, geysers, and mountains. Explore this fascinating Arctic city before embarkation.

Day 2 Stykkishólmur (Full day)
Explore the town or join optional excursions to the Snæfellsnes Peninsula's Lóndrangar cliffs or the black-sand beaches of Djúpalónssandur.
INCLUDED EXCURSION:
Walking Tour & Visit to the Eider Center

Day 3 Patreksfjörður (Full day)
A charming settlement of only around 660 inhabitants, this village is set on a picturesque fjord with great hiking opportunities.
INCLUDED EXCURSION:
A Stroll Through the Village

Day 4 Exploration Day
Our experienced captain and Expedition Team will plan a day exploring the stunning fjords of northwest Iceland.

Day 5 Akureyri (Full day)
Close to renowned natural treasures such as Lake Mývatn and the Goðafoss waterfall, Akureyri hosts fine botanical gardens and a lively cultural scene.
INCLUDED EXCURSION:
Town Walk & Botanical Garden Visit

Day 6 Grimsey Island (Full day)
The Arctic Circle cuts across this scenic island and we hope to have the chance to step across that line.
INCLUDED EXCURSION:
Arctic Circle Crossing Ceremony

Day 7 Bakkagerði (Full day)
Bakkagerði is known for its natural beauty and is considered 'the land of the elves.' Puffin colonies abound in the local fjord, making this a popular place for birdwatching.
INCLUDED EXCURSION:
Puffin Colony Visit by Bus

Day 8 Heimaey (Full day)
The 'Home Island' boasts a harbor with a very narrow entrance, caused by a volcanic eruption, and steep cliffs that are a habitat for countless birds, including the charming puffin.
INCLUDED EXCURSION:
Fun and Lively Walk Over the Lava with a Local

Day 9 Reykjavik
Our voyage of discovery and adventure ends in the Icelandic capital. If you have time, we recommend spending a few extra days on our Post-Program to explore the fascinating surroundings.



Lóndrangar cliffs

Included

ACTIVITIES

- Lecture program
- Art activities
- Photo program
- Science activities
- Birdwatching

Optional

EXCURSIONS

- Mývatn Nature Baths
- Off the Beaten Track
- Akureyri on Horseback
- Heimaey Island Tour
- Boat Tour of Heimaey
- Splendid Combination
- Látarbjarg Cliff
- Hiking in the Berserk Lava Fields
- Highlights of Snæfellsnes
- Caves, Craters, and Coves
- Kayaking

Read more at
hurtigruten.com



Geyser near Reykjavik



Puffin



Birdwatching Heimaey

Circumnavigating Iceland – The Land of Elves, Sagas, and Volcanoes

Itinerary 2

This expedition cruise fully circumnavigates Iceland, where you will experience even more of the most unique and beautiful landscapes on Earth.

Day 1 Reykjavík
Iceland’s capital offers a rich urban life and is close to glaciers, waterfalls, geysers, and mountains. Explore this fascinating Arctic city before embarkation.

Day 2 Stykkishólmur (Full day)
Explore the town or join optional excursions to the Snæfellsnes Peninsula’s Lóndrangar cliffs or the black-sand beaches of Djúpalónssandur.
INCLUDED EXCURSION:
Walking Tour & Visit to the Eider Center

Day 3 Patreksfjörður (Full day)
A charming settlement of only around 660 inhabitants, this village is set on a picturesque fjord with great hiking opportunities.

INCLUDED EXCURSION:
Stroll Through the Westernmost Village of Europe

Day 4 Exploration Day
Our experienced captain and Expedition Team will plan a day exploring the stunning fjords of northwest Iceland.

Day 5 Djúpavík (Full day)
We discover this remote former settlement in stunning natural surroundings.
INCLUDED EXCURSION:
Herring Factory Visit & Leisurely Hike

Day 6 Akureyri (Full day)
Close to natural treasures like Lake Mývatn and the Goðafoss waterfall, Akureyri hosts fine botanical gardens and a lively cultural scene.
INCLUDED EXCURSION:
Town Walk & Botanical Garden Visit

Day 7 Grimsey Island & Húsavík (Full day)
The Arctic Circle cuts across this scenic island and we hope to have the opportunity to step across that line. In the afternoon, we sail to Húsavík. In the evening, we will sail past the scenic Laganes Peninsula.
INCLUDED EXCURSION:
Arctic Circle Crossing Ceremony

Day 8 Húsavík & Laganes Peninsula
Húsavík is renowned for its whale watching and Whale Museum. In the evening, we will sail past the scenic Laganes Peninsula.
INCLUDED EXCURSION:
Whale Museum Visit

Day 9 Bakkagerði (Full day)
Bakkagerði is known for its natural beauty and is considered ‘the land of the elves.’ Puffin colonies abound in the local fjord, making this a popular place for birdwatching.
INCLUDED EXCURSION:
Puffin Colony Visit



Day 10 Heimaey (Full day)
The ‘Home Island’ boasts a harbor with a very narrow entrance, caused by a volcanic eruption, and steep cliffs that are a habitat for countless birds, including the charming puffin.
INCLUDED EXCURSION:
Fun and Lively Walk Over the Lava with a Local

Day 11 Reykjavík
Our voyage of discovery and adventure ends in the Icelandic capital. If you have time, we recommend spending a few extra days on our Post-Program to explore the fascinating surroundings.



Included

ACTIVITIES

- Lecture program
- Art activities
- Photo program
- Science activities
- Birdwatching
- Short hikes and walks

Optional

EXCURSIONS

- Mývatn Nature Baths
- Off the Beaten Track
- Akureyri on Horseback
- Heimaey Island Tour
- Boat Tour of Heimaey
- Whales & Puffins
- Splendid Combination
- Látrabjarg Cliff
- Hiking in the Berserk Lava Fields
- Highlights of Snæfellsnes
- Caves, Craters, and Coves
- Kayaking

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