



GRAHAM'S FOUNDATION
PREEMIE PARENT
Mentor Program

NEED TO TALK?

CONNECT WITH SOMEONE WHO'S BEEN THERE

Our **Preemie Parent Mentor Program** is a complimentary, peer-to-peer support program, staffed by trained volunteer parents, each of whom has had their own experience with prematurity.

Our mentors support fellow parents during the early days in the NICU, as they transition home, the early years of their child's development as well as dealing with loss.

Whether a quick question or looking for ongoing support, we've got you covered. Our mentors are available via phone, text, email, and video chat.

*Our **vision** is a world where no parent goes through the experience of prematurity alone.*

*Our **mission** is to inform and guide parents of preemies so that they may confidently navigate the journey of prematurity.*

Get more information or request a mentor at

GrahamsFoundation.org

We look forward to connecting with you.

**Graham's Foundation preemie parent mentors are not medical professionals. They are parents who have experienced a premature birth and are offering peer support. The information they provide is meant to encourage and support parents during and after their prematurity journey. It is not meant to replace the advice or expertise of medical professionals.*



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¿NECESITAS HABLAR CON ALGUIEN?

CONECTATE CON ALGUIEN QUE HA ESTADO EN TU LUGAR

Nuestro **Programa de Mentores para Padres de Bebés Prematuros** es un servicio gratuito de padre a padre. Cada padre mentor es capacitado y ha pasado al igual que tu por la experiencia de tener un bebé prematuro.

Nuestros mentores apoyan a los padres desde los días en el NICU, el traslado del bebé a casa, los primeros años del desarrollo de su bebé, así como también en tiempos de pérdida/duelo.

Cualquiera que sea su pregunta simple o compleja, estamos con ustedes. Nuestros Mentores están disponibles a través de llamada telefónica, mensaje de texto, email y video chat.

*Nuestra **visión** es un mundo donde ningún padre esté solo cuando atraviesa la experiencia de tener un bebe prematuro.*

*Nuestra **misión** es informar y guiar a padres con bebés prematuros para que su experiencia con la prematuridad sea más sostenible.*

Obtenga más información o solicite un mentor en
GrahamsFoundation.org
Esperamos conectarnos con ustedes.

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