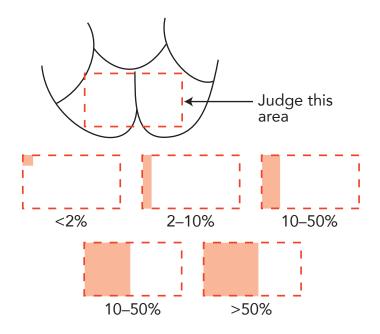
# **Diaper Dermatitis Assessment**

Developed by Marty Visscher, PhD, July 2017

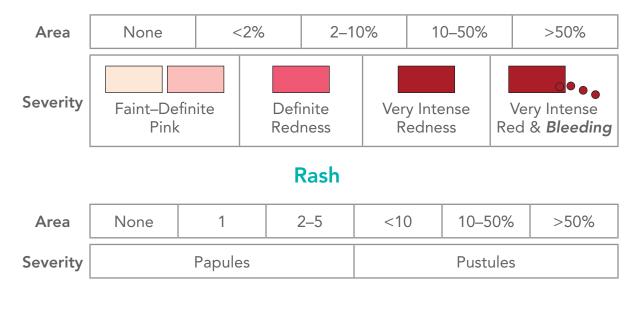
#### Score based on both

(1) involved area (2) severity

- 1. Note infant's basic skin color (legs, torso) for "calibration"
  - Redness (erythema) is relative to normal skin color
- 2. Visualize region & determine involved area
  - <2% is approximately the size of a pencil eraser or little finger tip
  - 10% is approximately the size of your thumb print
  - 10–50% is larger than a thumb print but less than half
  - 50% is approximately half the area
- 3. Mark Area box with an X
- 4. Select Severity and mark box with an X
- 5. Use key to determine score



## **Erythema**





References available online academyonline.org/DiaperDermatitis



## **Erythema Key**

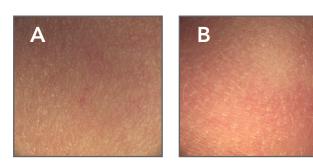
| Area   | Severity                           | Score |  |  |
|--------|------------------------------------|-------|--|--|
| 0      | None                               | 0.0   |  |  |
| <2%    | Faint–definite pink                | 0.5   |  |  |
| <2%    | Definite redness                   | 1.0   |  |  |
| <2%    | Very intense redness               | 1.5   |  |  |
| >2%    | Very intense redness               | 2.0   |  |  |
| 2–10%  | Faint–definite pink                | 1.0   |  |  |
| 2–10%  | Definite redness                   | 1.5   |  |  |
| 2–10%  | Very intense redness with edema    | 2.5   |  |  |
| >10%   | Faint–definite pink                | 1.5   |  |  |
| >10%   | Very intense redness with edema    | 3.0   |  |  |
| >10%   | Very intense redness with bleeding | 3.5   |  |  |
| 10–50% | Definite redness                   | 2.0   |  |  |
| >50%   | Faint–definite pink                | 2.0   |  |  |
| >50%   | Definite redness                   | 2.5   |  |  |
| >50%   | Very intense redness with bleeding | 4.0   |  |  |

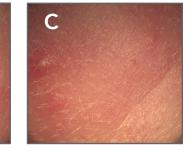
## **Rash Key**

| _ |   |                         |       |  |
|---|---|-------------------------|-------|--|
|   | Area  | Severity                | Score |  |
|   | 0   | None                    | 0.0   |  |
|   | n/a   | 1 papule                | 0.5   |  |
|   | n/a   | 2–5 papules             | 1.0   |  |
|   | <10%  | Papules                 | 1.5   |  |
|   | 10–50%                                      | Papules                 | 2.0   |  |
|   | >50%  | Papules                 | 2.5   |  |
|   | n/a   | 1–5 Pustules            | 2.0   |  |
|   | n/a   | >5 pustules             | 2.5   |  |
|   | n/a   | Papules & pustules      | 2.5   |  |
|   | >50%  | Many, confluent papules | 3.0   |  |
|   | Note: Pustules automatically grade $\geq 2$ |                         |       |  |

#### Skin close-ups:

- A: Normal, non-diapered skin
- B: Visually normal diaper skin
- **C:** Rash site where papules and a pustule are visible





## Candida/Yeast:

These two images show Candida, characterized by discrete bright red areas and scaling. They can be seen anywhere in the diaper area. Consult a practitioner or physician to develop a treatment plan.





## Example:

Erythema Area >50% Definite Redness Score = 2.5 No Rash





Made possible by a grant from Pampers. The warmest welcome to the world.