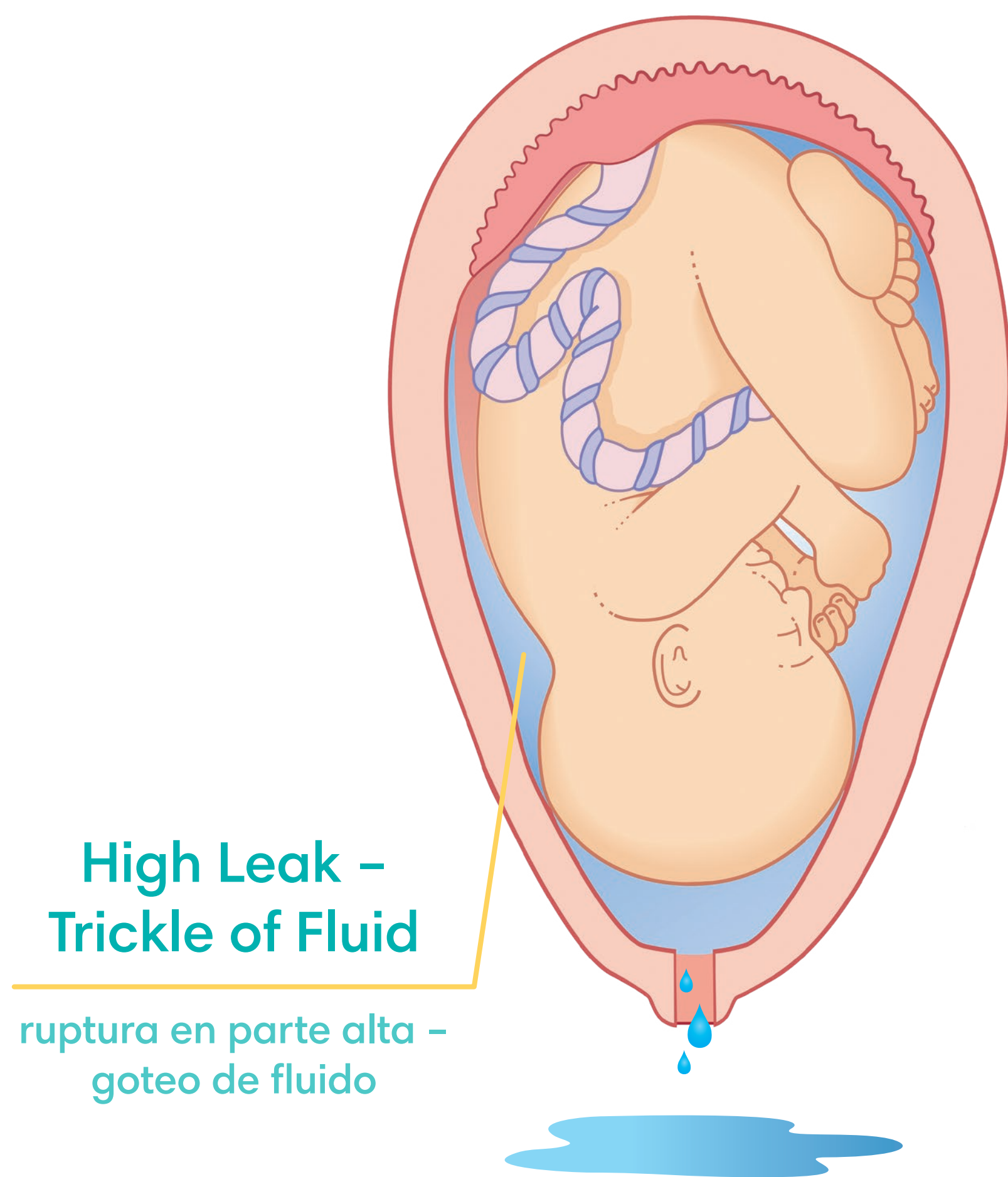
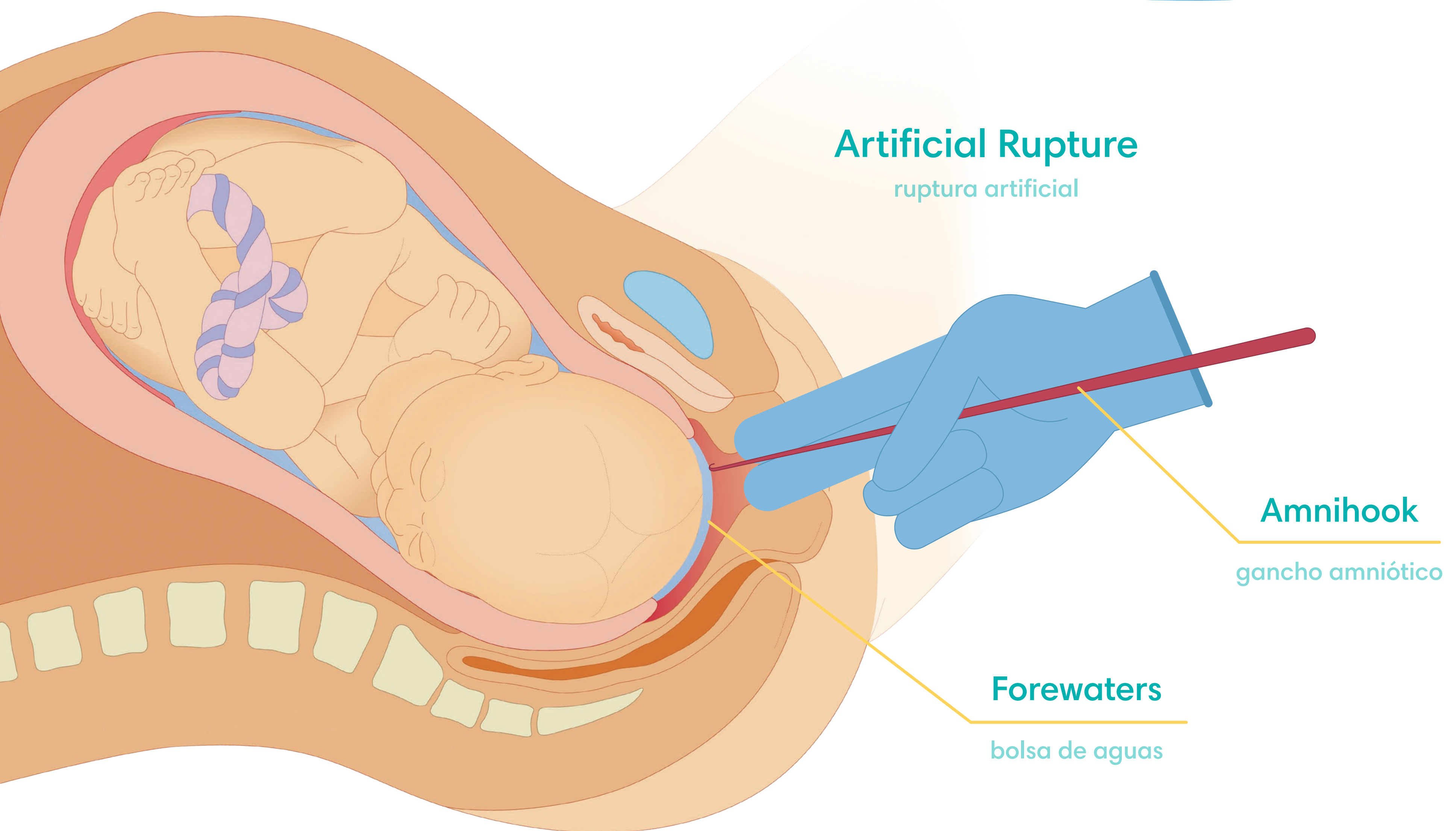
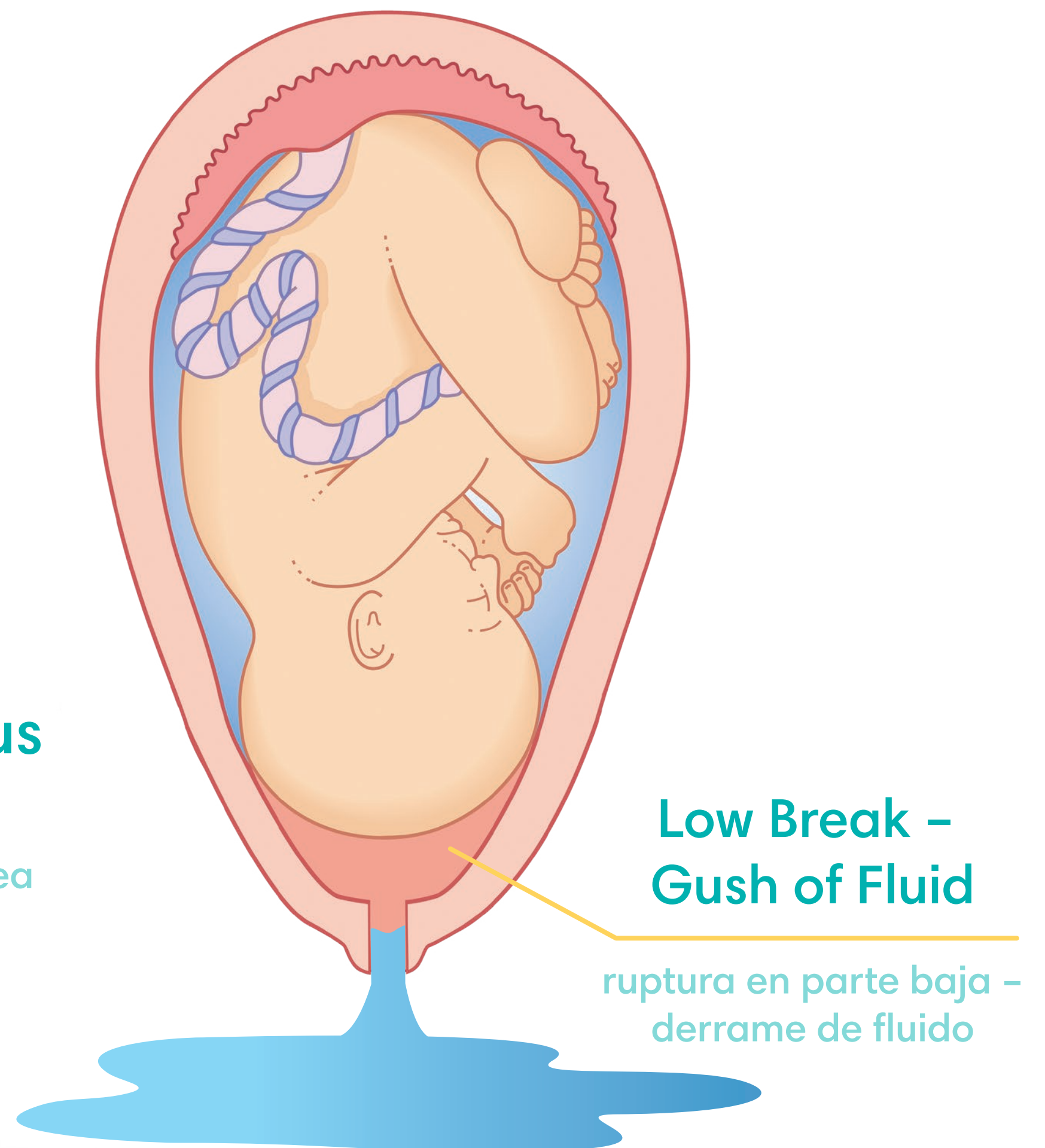


Amniotic Membrane Rupture

Ruptura de la membrana amniótica

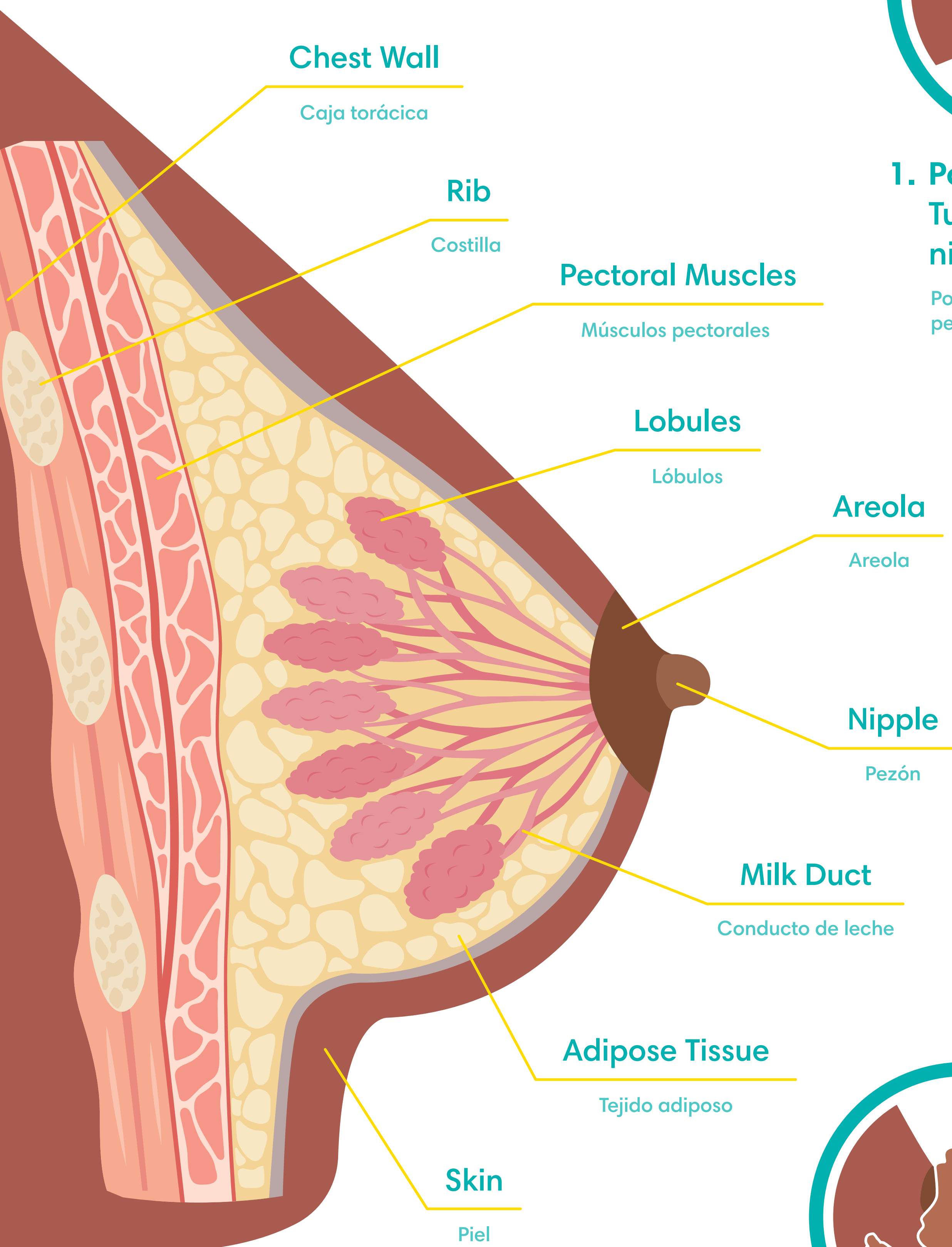


**Spontaneous
Rupture**
ruptura espontánea



Breastfeeding

Lactancia



1. Positioning — Tummy to tummy, nipple to nose

Posición: barriga con barriga,
pezón hacia la nariz



2. Rooting reflex — Mouth open wide

Reflejo de búsqueda:
boca bien abierta



3. Latching on — Bring baby to breast chin first

Prenderse: acercar primero el
mentón del bebé hacia el pecho

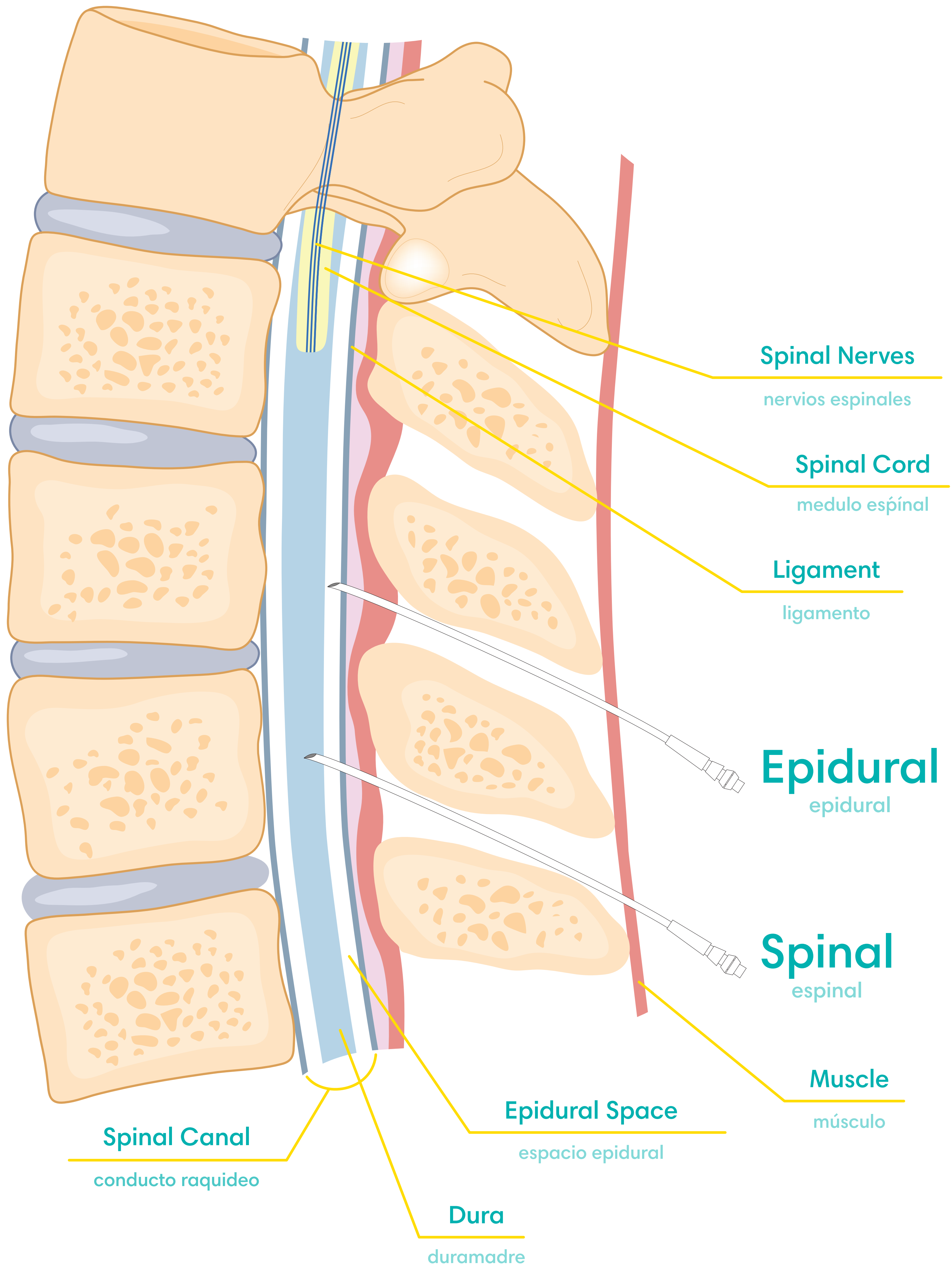


4. Latched on — Nipple and mouthful of breast in baby's mouth

Prendido: el pezón y el pecho están
en la boca del bebé

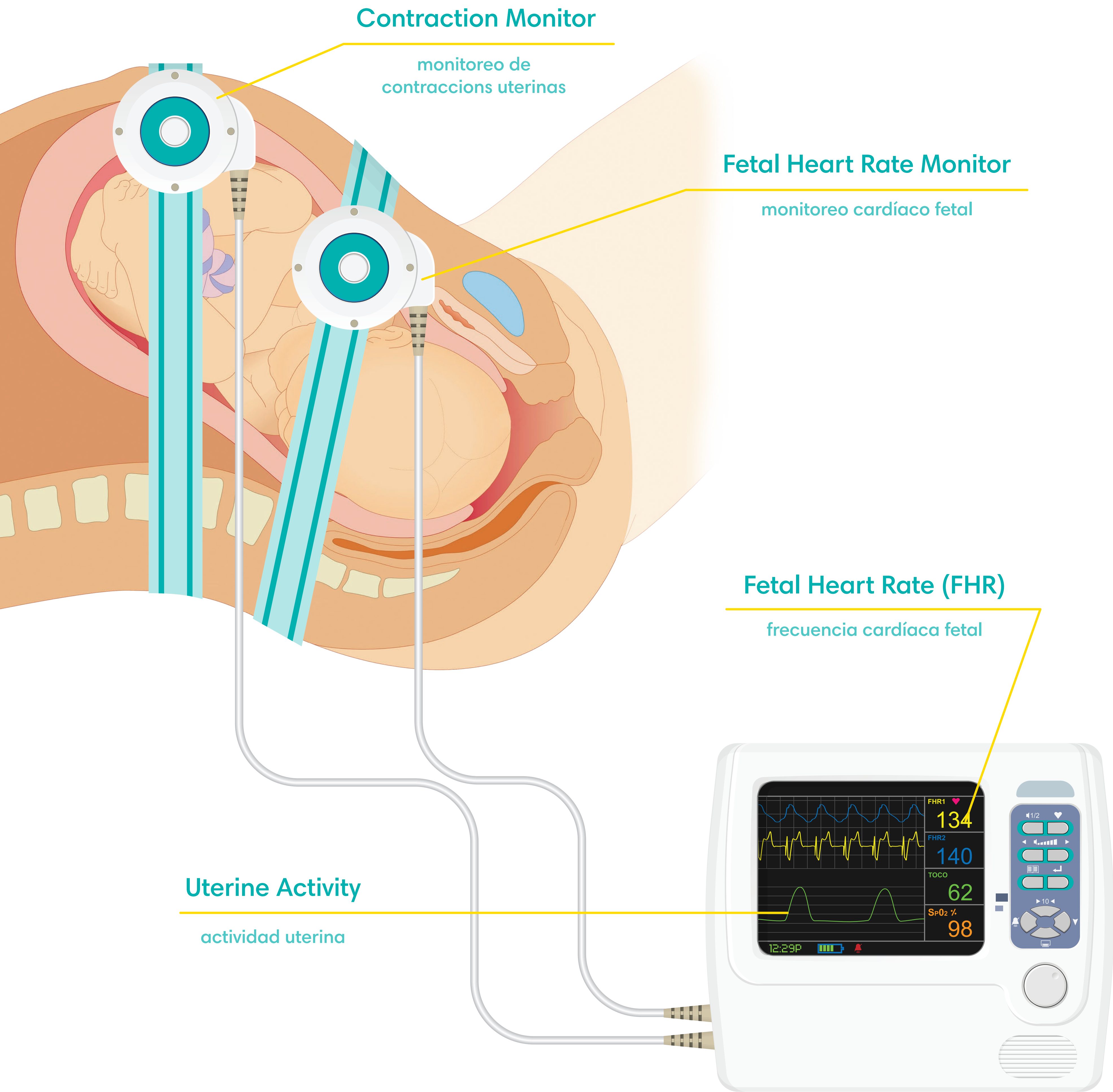
Epidural & Spinal Anesthesia

Anestesia epidural y espinal



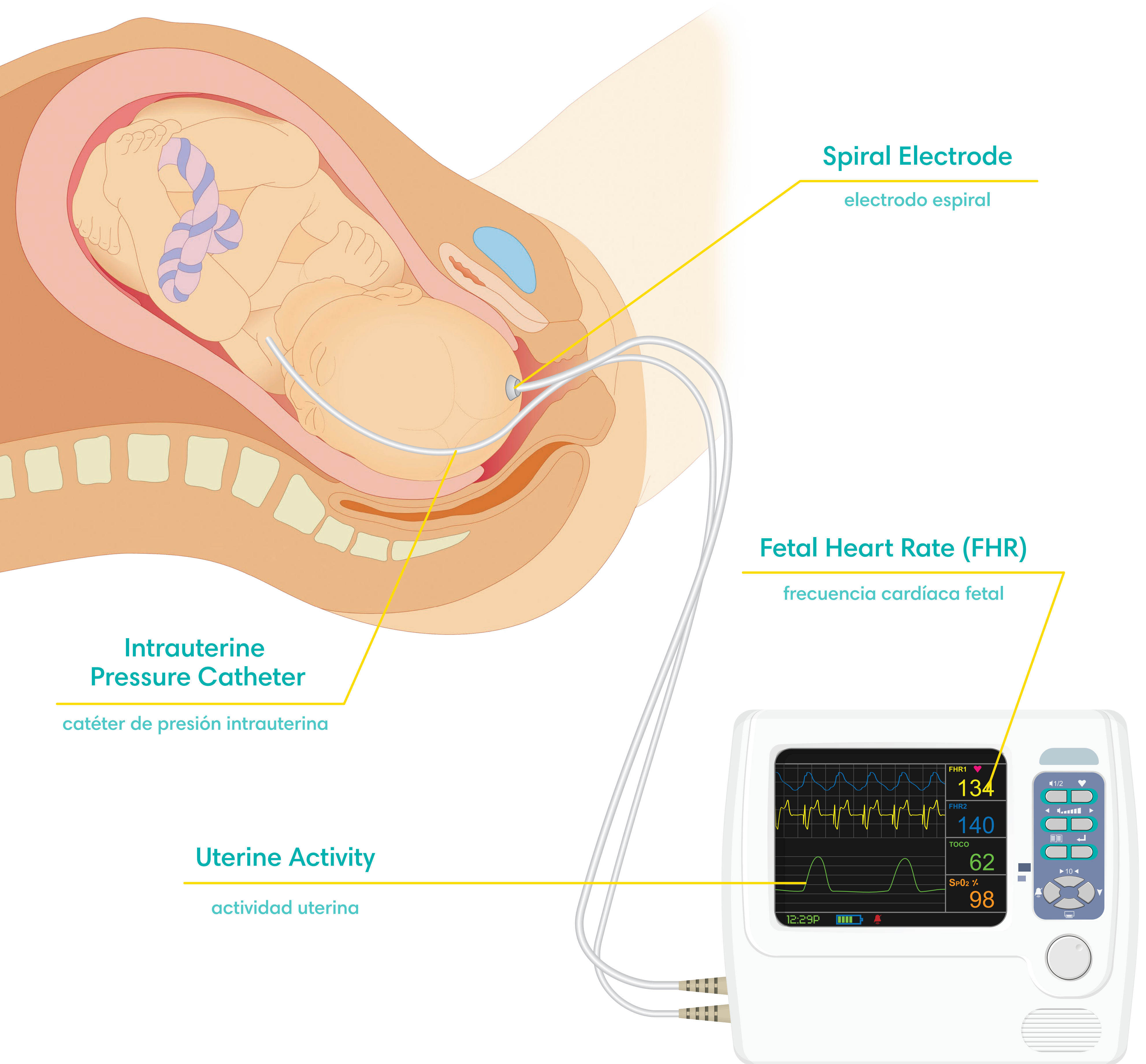
External Monitoring

Monitoreo externo



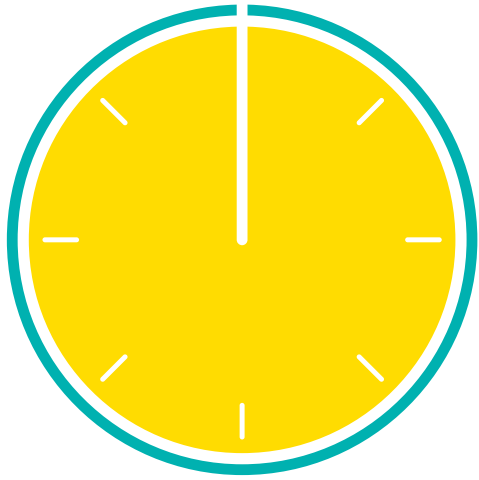
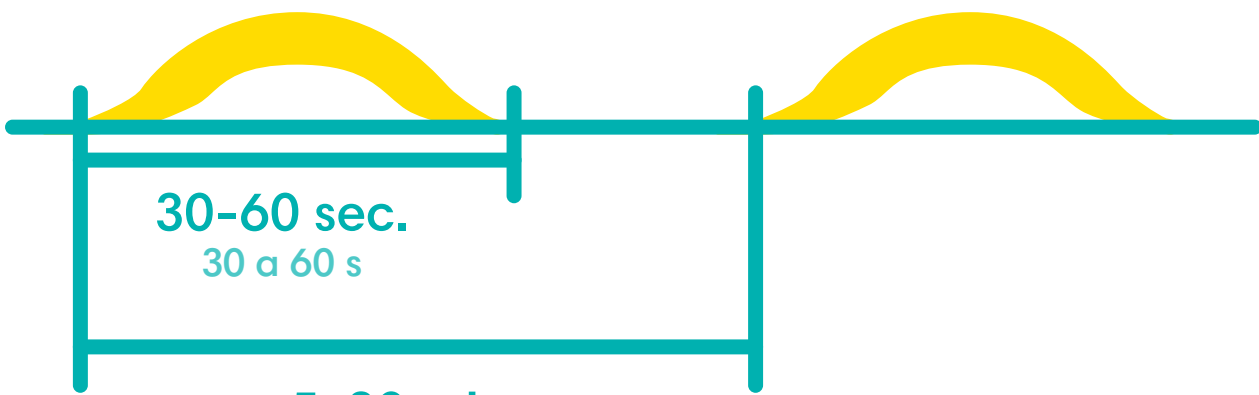
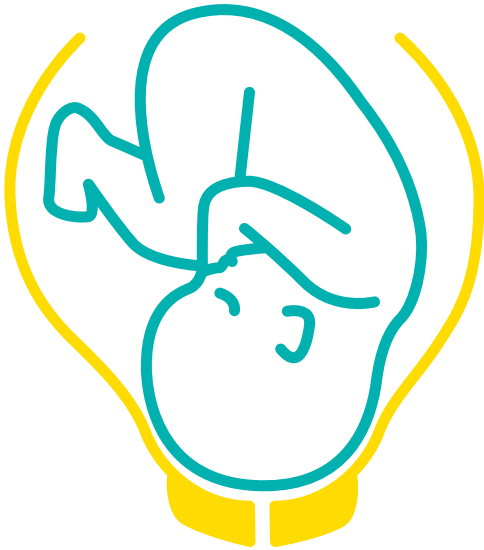
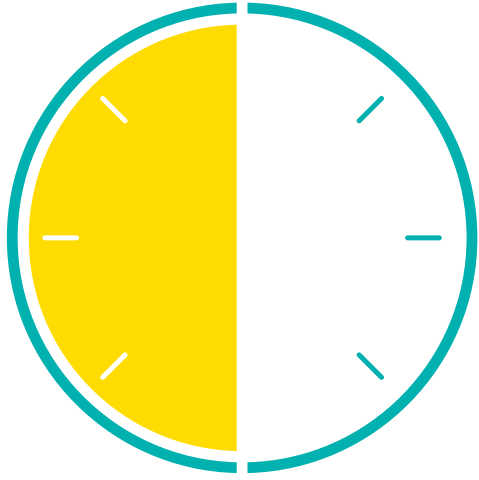
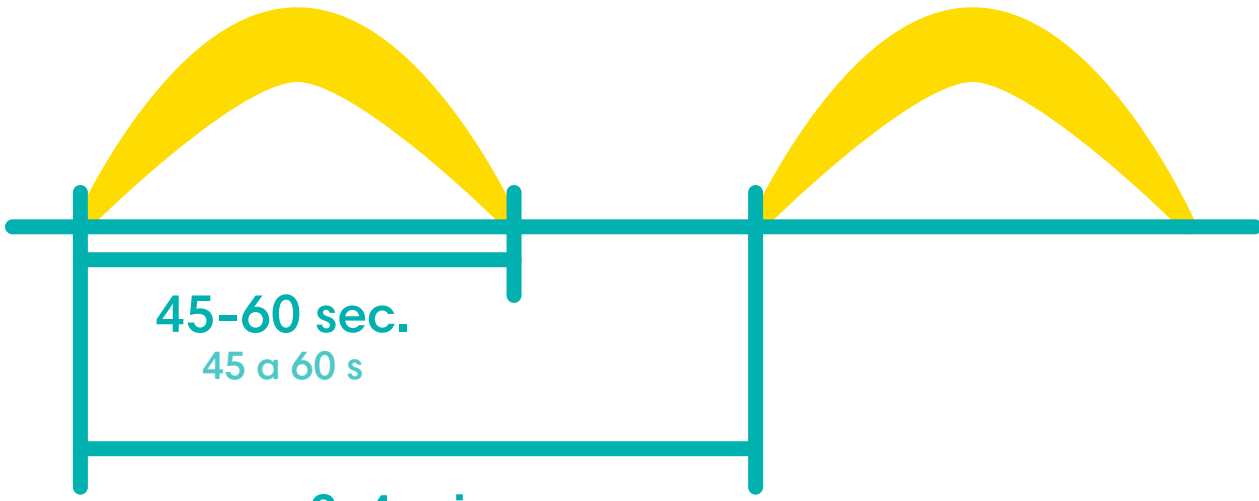
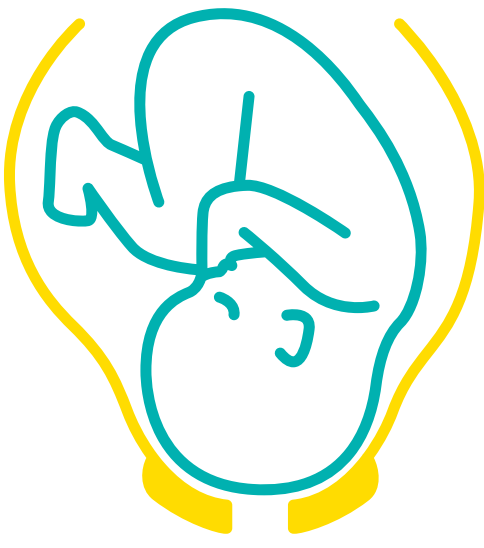
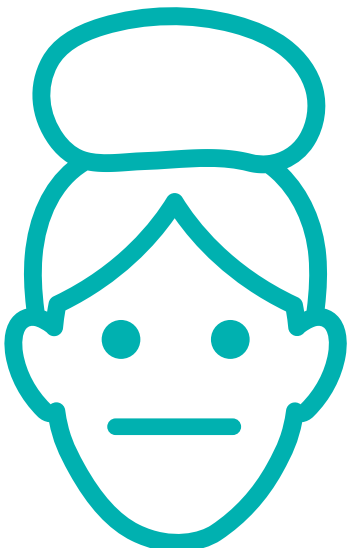
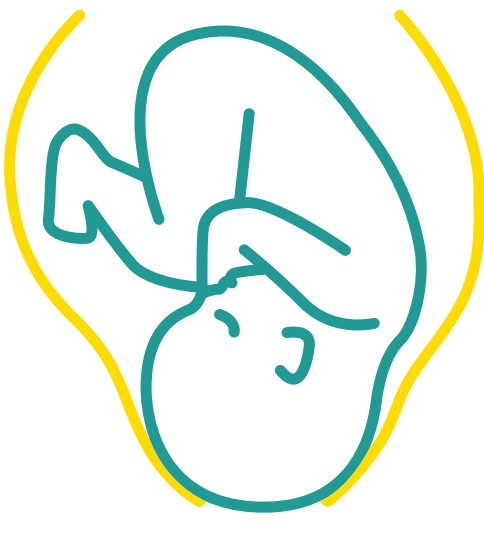
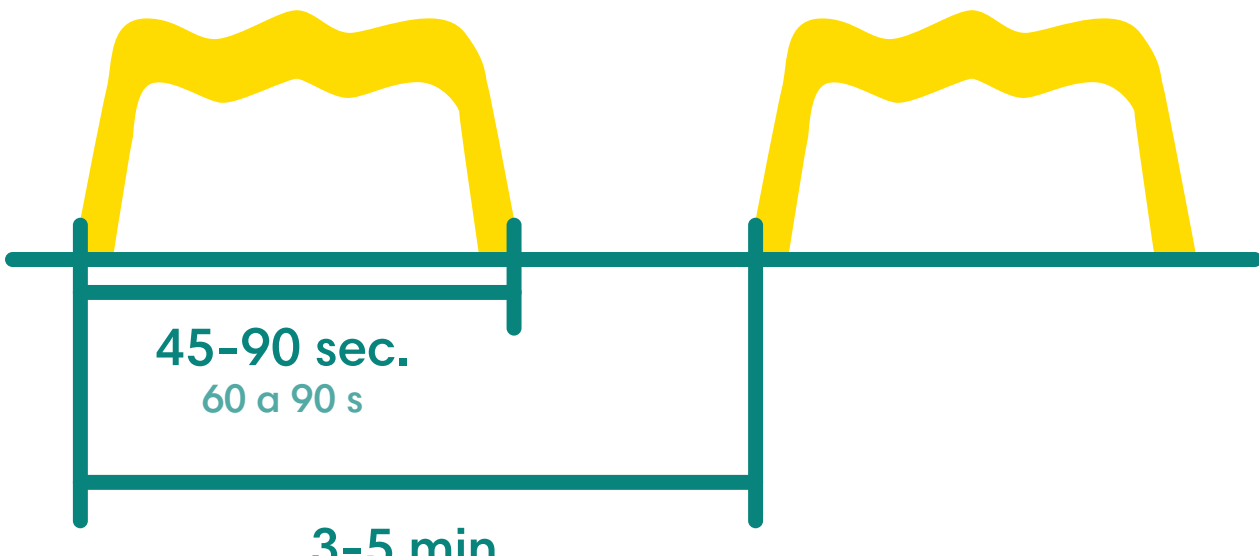
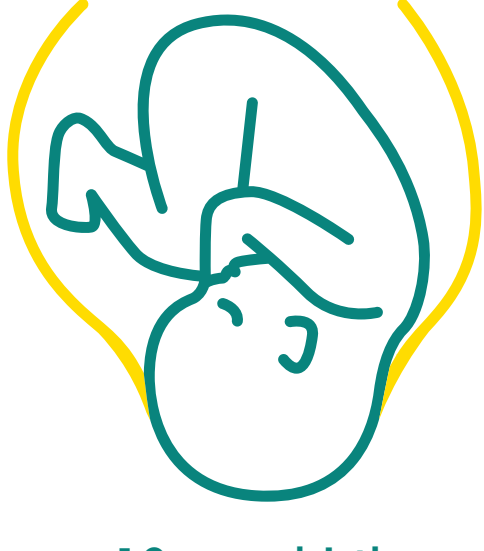
Internal Monitoring

Monitoreo interno



Stages of Labor

Etapas del trabajo de parto

Stage One: Labor Primera etapa: trabajo de parto	Latent (Early) Labor Parto latente (temprano)	 May last 12 hours or more Puede durar 12 horas o más	 30-60 sec. 30 a 60 s 5-20 min. 5 a 20 min	 0-6 cm 0 a 6 cm	
	Active Labor Parto activo	 May last 6 hours or more Puede durar 6 horas o más	 45-60 sec. 45 a 60 s 2-4 min. 2 a 4 min	 6-8 cm 6 a 8 cm	
	Transition Transición	 May last a few minutes to a few hours Puede durar desde unos minutos a unas horas	 60-90 sec. 60 a 90 s 2-3 min. 2 a 3 min	 8-10 cm 8 a 10 cm	
	Stage Two: Birth Segunda etapa: parto	 May last several hours Puede durar varias horas	 45-90 sec. 60 a 90 s 3-5 min. 2 a 3 min	 10 cm - birth 10 cm: parto	
	Stage Three: Delivery of the Placenta Tercera etapa: expulsión de la placenta	 5-20 minutes after birth 5 a 20 minutos después del parto			

Tools for Labor

Herramientas para el trabajo de parto

