SimpleTherapy®

TAKE CHARGE OF MUSCULOSKELETAL HEALTH

With the SimpleTherapy Risk Assessment Pack[1]



The SimpleTherapy Risk Assessment Pack combines advanced technology, clinical oversight, and accessible tools to proactively identify and address musculoskeletal (MSK) challenges. Designed to diagnose root causes of joint and muscle tension, limited mobility and functional challenges, its virtual assessments using just a smartphone can deliver insights comparable to in-person evaluations.

This streamlined approach strengthens care pathways, personalises recovery plans and simplifies the patient experience.

What's included:

Semi-annual MSK risk assessment

- Comprehensive aggregate reports
- Care team support
- Hyper-personalised recovery plans
- Skill-building tips for better MSK health

Virtual ergonomic assessment

- 1:1 virtual consultations with certified ergonomic specialists
- Actionable steps to reduce strain, prevent injuries, improve posture and boost productivity

Unlimited functional movement assessments powered by PreciseVision AI

- Motion analysis to identify deficiencies and guide treatment
- Detailed muscle and joint mobility reports

Educational resources

- Ergonomics tips, skills guides and a library of pre-recorded webinars

Employer reporting

- Insights into high-risk job types, common conditions, and potential cost and time-off implications

MAXIS GLOBAL BENEFITS NETWORK

SimpleTherapy®



Caring for MSK health means more than treating pain – it's about prevention, early action and ongoing support to keep your team strong and active. Addressing minor discomforts early can help prevent them from escalating into complex, costly issues.

Ready to see the difference?

Contact your MAXIS representative for a demo of SimpleTherapy.[2]

1 SIMPLETHERAPY, INC. incorporated and registered in DELAWARE, USA whose registered office is at 1080 W Shaw Ave., Suite 101, Fresno, CA 93711

2 MAXIS GBN may receive fees, commissions and/or other remuneration from third parties in connection with the services we carry out for you.

SimpleTherapy® does not offer medical advice, diagnosis, or treatment, and is not a replacement for a physical therapist or doctor. Please consult with your physical therapist or doctor if you have any questions about incorporating the SimpleTherapy sessions into your health and well-being program. Your information is confidential. SimpleTherapy will not share it with your employer.

This document has been prepared by MAXIS GBN S.A.S and is for informational purposes only – it does not constitute advice. MAXIS GBN S.A.S has made every effort to ensure that the information contained in this document has been obtained from reliable sources but cannot guarantee accuracy or completeness.

The information contained in this document may be subject to change at any time without notice. Any reliance you place on this information is therefore strictly at your own risk. Not all services are available from all MAXIS member insurance companies or to all clients. The services are subject to local market practices, and compliance with all applicable legal and regulatory requirements.

If you have any questions in relation to this document or otherwise, please contact marketing@maxis-gbn.com

The MAXIS Global Benefits Network ("Network") is a network of locally licensed MAXIS member insurance companies ("Members") founded by AXA France Vie, Paris, France ("AXA") and Metropolitan Life Insurance Company, New York, NY ("MLIC"). MAXIS GBN S.A.S, a Private Limited Company with a share capital of €4,650,000, registered with ORIAS under number 16000513, and with its registered office at 313, Terrasses de l'Arche – 92727 Nanterre Cedex, France, is an insurance and reinsurance intermediary that promotes the Network. MAXIS GBN S.A.S is jointly owned by affiliates of AXA and MLIC and does not issue policies or provide insurance; such activities are carried out by the Members. MAXIS GBN S.A.S operates in the UK through its UK establishment with its registered address at 1st Floor, The Monument Building, 11 Monument Street, London EC3R 8AF, Establishment Number BR018216 and in other European countries on a services basis. MAXIS GBN S.A.S operates in the U.S. through MAXIS Insurance Brokerage Services, Inc., with its registered office located in New York, USA, a New York licensed insurance broker. MLIC is the only Member licensed to transact insurance business in New York. The other Members are not licensed or authorised to do business in New York and the policies and contracts they issue have not been approved by the New York Superintendent of Financial Services, are not protected by the New York state guaranty fund, and are not subject to all of the laws of New York. MAR01624 05/2025

For more information, please contact your MAXIS GBN representative.

MAXIS GLOBAL BENEFITS NETWORK