MAXIS
GLOBAL BENEFITS NETWORK

WORKPLACE **OPTIONS**

WORKPLACE OPTIONS

Your global partner for tailored return-to-work solutions



MetLife and **AXA** in partnership

Employee absences continue to rise worldwide due to mental health conditions, chronic illness, disability and other health-related challenges.[1]

In the UK alone, it was reported that employees were off sick for an average of nearly two full working weeks in 2024/25, with mental ill health (41%), musculoskeletal conditions or injuries (31%) and other long-term health conditions, such as cancer (30%), being the top three causes of long-term absence.[2]

And the longer that employees are away from work, the more daunting it can be to return. These absences can have huge impacts for business too, resulting in decreased productivity and increased medical claims costs for employers.

But all hope is not lost. Research shows that employees on sick leave would prefer to return to work than exit the workforce entirely.[3] So, how can employers make the transition as seamless and comfortable as possible?

We've partnered with Workplace Options to help you do just that.[4] Workplace Options provides return-to-work solutions that ease the mental burden on employees as they take this potentially overwhelming step back into the workforce. Their programmes are tailored to the individual, taking into account their unique circumstances and providing the support that works for them, no matter what challenge they're facing, or where they are in the world.

Introducing Workplace Options

Workplace Options, part of TELUS Health, is a global wellbeing organisation that aims to support people through life's moments – both at work and beyond – delivering solutions that extend beyond traditional employee assistance programmes (EAPs).

Workplace Options partners with employers, healthcare providers and insurers to design flexible, scalable solutions that evolve with the global workforce and the world around it. Whether through consulting, training, or direct care, Workplace Options helps organisations build a healthier, more resilient culture to support their employees' overall wellbeing.

Workplace Options provides:

- Support for more than 88 million people from 127,000 organisations globally
- Coverage in more than 200 countries and territories worldwide
- Services that are available 24/7, 365 days a year, in 100+ languages[5]

1 Emily Fournier (April 26, 2023) Workplace Options. Absenteeism in the Workplace https://www.workplaceoptions.com/blog/absenteeism-in-the-workplace/ (Sourced: February 2026)

2 Anon, CIPD, Workplace absence levels soar to nearly two working weeks per employee each year https://www.cipd.org/uk/about/press-releases/workplace-absence-soars-nearly-two-working-weeks-each-year/ (Sourced: February 2026)

3 Anon, BVA, Aside from ordinary illnesses, employee mental health is the leading cause of sick leave in France – BVA People Consulting / Workplace Options (June 22, 2023) https://www.bva-xsight.com/sondages/absenteisme-salaries-sante-mentale/ (Sourced: February 2026)

4 Workplace Options LLC incorporated and registered in the state of Delaware (registration number 3957474) whose registered office is at 160 Mine Lake Ct Ste 200, Raleigh, NC 27615 having its principal place of business at 2912 Highwoods Boulevard, Suite 100, Raleigh, NC 27604.

5 Anon, Workplace Options, Global Reach https://www.workplaceoptions.com/about-us/global-impact/ (Sourced: February 2026)



What services do Workplace Options provide?

- **Return to work: cancer care compass** – is designed to help cancer patients navigate their recovery and prepare for a confident return to work. The programme includes dedicated support from a cancer care coordinator who will develop a bespoke support plan for the individual, plus counselling support, vocational reintegration coaching and work life assistance. It also includes manager support and educational materials.
- **New parent return to work** – focuses on creating strategies that help make the transition to parental leave – and then back to work – more successful for all parents, not just those welcoming their first child. Coaches are on hand to provide practical support for parents before, during and after their parental leave.
- **Return to work after sick leave** – helps employees return sustainably after a prolonged absence. This programme tailors support to meet the needs of the employee, whether they have been absent due to mental health issues, musculoskeletal conditions, chronic disease or another condition. Case managers coordinate support to deliver a successful return to work plan for the individual.

What sets Workplace Options apart?

A period of absence – either as a result of a serious illness or the challenge of becoming a parent – is something that can come with a great deal of stress for individual employees. And their return to work should be managed as sensitively as possible to ease the burden on their mental wellbeing.

So, why should you work with Workplace Options?

- Easily accessible global wellness solutions that can match your footprint and support your people, no matter where they are.
- Consistent, high-quality services that address the emotional, physical, vocational and social factors that influence employees' readiness to return – ultimately resulting in healthier employees and more resilient organisations.
- Through its Global Delivery Platform (GDP), Workplace Options combines culturally responsive, clinician-led care with smart technology to create meaningful connection, wherever and whenever support is needed. From real-time emotional support, therapy, life and executive coaching and mindfulness, to family support and specialised wellbeing programmes – the services are designed to adapt to the unique needs of employees.

Why MAXIS Global Wellness?

MAXIS GBN's wellness technology marketplace[6] offers multinationals a dedicated and unique suite of digital-led health and wellness services from innovative providers all around the world.

We've done the leg work: our claims data analytics ensure your key cost drivers are addressed. We've scoured the market and selected the vendor that best meets your criteria – they're able to scale the world with you, matching your global footprint. And by working with MAXIS, we can help secure preferential rates with these vendors that might not be available elsewhere in the market, allowing you to offer your people better services with your wellness budget.

You'll also be given a dedicated MAXIS manager to monitor the performance on your behalf. So, what are you waiting for?

 MAXIS GBN may receive fees, commissions and/or other remuneration from third parties in connection with the services we carry out for you.



MAXIS GLOBAL
WELLNESS
POWERED BY HEALTH DATA

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