

MAXIS GBN LOCAL NETWORK MEMBER WELLNESS CAPABILITIES

2025/2026



Our network of local insurance partners offer solutions that help you improve employee health and reap the rewards of a positive, productive workforce

We work with local member insurers to provide wellness solutions designed to help your employee thrive in more than 100 markets globally. Our local member insurers work closely with your local human resources teams to consider and drive practical health and wellness programmes, targeting specific health cost drivers.

We understand that physical, mental and social health determinants can all impact your employees and their productivity. To help keep your employees happy, healthy and productive, you need solutions tailored to their needs. At MAXIS GBN, we devise wellness solutions aimed at tackling these three pillars of wellness.



Delivering wellness locally

Our network of local insurers can help you deliver wellness solutions to your people. Their solutions address the full spectrum of health and wellness needs through one or more of these three determinants. Of course, there can be crossover between each of these pillars and they often impact each other, for example physical health can impact mental and social health.

Physical health determinants

Physical determinants of health cover how well the body functions from illness to fitness. Physical health is maintained by getting the right quality and quantity of sleep, eating a nutritious diet, moving regularly, limiting alcohol consumption and avoiding smoking and drug use. Looking after physical health also means reducing the risk of injury or illness, such as using contraception to prevent sexually transmitted infection or a helmet to prevent head injury, practising good hygiene, and minimising your exposure to hazards.

Mental health determinants

Mental health is a “state of wellbeing in which every individual realises his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community.”¹ Mental health isn’t just the absence of mental illness such as depression or anxiety, it’s how we think, feel and act. There are ways to maintain mental wellbeing and build resilience to cope with life’s unexpected challenges. These include regular physical activity, good sleep, creating strong connections, drinking sensibly and limiting other drugs, eating well, making time to do things you enjoy, being open and honest about how one is feeling, and seeking help when needed.

1. Source: World Health Organization

Social health determinants

Social health is based on our ability to form and maintain strong, meaningful relationships with others and is critical for people to live a long, happy life. Dimensions of social health also include inclusion and participation in society, well-functioning social networks, and expression of sexuality, and can be influenced by things like unemployment, injury, illness, accessibility and major life changes.

The tables in this brochure show the wellness capabilities of our network partners in their local market. The table is split by each of these determinants so you know exactly the support each of our members can provide.

If you would like more information about the global wellness services we can provide, please visit maxis-gbn.com/health-wellness.



Factors that determine physical health include:

- lifestyle and behaviours
- physical activity
- nutrition
- genetics
- ageing
- presence/absence of disease
- work environment
- ergonomics
- quality of healthcare
- access to wellness resources.

These services/solutions can help tackle physical health issues:

- telemedicine platforms
- home-based exercise and musculoskeletal (MSK) programmes
- family building or reproductive health
- health risk assessments (HRA)
- chronic disease management
- second medical opinion
- disability management platform.

Factors that determine mental health include:

- workplace dynamics
- company ethos and culture around mental health
- changing behaviours
- stress and time management
- financial wellbeing
- affordability of healthcare
- access to mental health resources

These services/solutions can help tackle physical health issues:

- telemedicine platforms
- mental health helpline and counselling
- home-based exercise and MSK programmes
- HRAs
- access to financial coaches and legal advisors.

Factors that determine social health include:

- diversity and inclusion
- social integration
- community engagement
- family/community dynamics
- family assistive services
- flexible work schedule/hybrid work model.

These services/solutions can help tackle physical health issues:

- mental health helpline and counselling
- chronic disease management solution
- access to financial coaches and legal advisors.



Wellness capabilities of our network partners

● Offered ● Offered for an additional fee ▲ Varies by local pharmacy

		Algeria*	Australia*	Austria	Bahrain*	Bangladesh*	Belgium*	Brazil	Bulgaria*	Canada	Chile*
Local insurance company:		AXA Algeria	MetLife Australia	UNIQA Austria	MetLife Bahrain	MetLife Bangladesh	AXA Belgium	Metlife Brasil	Metlife Bulgaria	Desjardins	Metlife Chile
Physical health	Wellness newsletters, flyers, information packs, video campaigns, webinars		●	●	●	●				●	
	Health risk assessment (HRA) surveys			●	●					●	
	On-site vaccination campaigns			●	●					●	
	Health fairs or health days	●	●	●	●	●		●			
	Telemedicine	●	●		●		●	●	●	●	●
	Prescription drug home delivery programme									●	●
	Cancer prevention initiatives				●				●		
	Partner with medical provider								●		
	Diabetes screening and awareness events									●	
	Events or programmes that promote physical activity		●		●		●		●	●	●
	Worksite ergonomic training programmes				●	●					
	A web-based wellness engagement platform		●	●					●	●	
	Gamification (employees can win rewards, cash vouchers, discounts at stores)		●						●		
	Services of a wellness or lifestyle coach				●					●	
	Partnership with chronic disease management vendor to offer programmes that assist employees with lifestyle-related disease				●		●				●
	Family-building or reproductive health services (separate from medical plan)										
	Nutrition programmes		●		●		●	●		●	●
	A disability (long term/short term) wellness programme		●							●	
Mental health	EAP or mental health service provider who provides psychological/psychiatric counselling and assistance as a part of wellness offering (separate from medical plan)			●	●		●	●		●	●
	Web/app based mental health services			●	●						
	Financial wellness services		●							●	
Social health	Opportunities for home care visits by nurses/physicians										
	Any supplementary coverage opportunities or programmes that incorporate diversity, equity and inclusion (DE&I)		●					●			

Search by country

Algeria	Jordan
Australia	Kuwait
Austria	Lebanon
Bahrain	Liechtenstein
Bangladesh	Luxembourg
Belgium	Malaysia
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Bulgaria	Morocco
Canada	Nepal
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Wellness capabilities of our network partners

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		China*	Colombia	Colombia	Costa Rica*	Côte D'Ivoire (Ivory Coast)*	Croatia*	Cyprus	Czech Republic	Ecuador	Egypt*
Local insurance company:		ICBC AXA Life	AXA Colpatría	Metlife Colombia	PALIG Costa Rica	AXA Cote D'Ivoire	UNIQA Croatia	MetLife Cyprus	MetLife Czech Republic	PALIG Ecuador	AXA Egypt
Physical health	Wellness newsletters, flyers, information packs, video campaigns, webinars	●	●		●			●		●	
	Health risk assessment (HRA) surveys		●		●					●	
	On-site vaccination campaigns	●			●						
	Health fairs or health days	●	●		●					●	
	Telemedicine				●			●	●	●	
	Prescription drug home delivery programme			●							
	Cancer prevention initiatives		●		●					●	
	Partner with medical provider									●	
	Diabetes screening and awareness events									●	
	Events or programmes that promote physical activity										
	Worksite ergonomic training programmes									●	
	A web-based wellness engagement platform										
	Gamification (employees can win rewards, cash vouchers, discounts at stores)										
	Services of a wellness or lifestyle coach			●							
	Partnership with chronic disease management vendor to offer programmes that assist employees with lifestyle-related disease		●		●					●	
	Family-building or reproductive health services (separate from medical plan)										
	Nutrition programmes							●			
	A disability (long term/short term) wellness programme										
Mental health	EAP or mental health service provider who provides psychological/psychiatric counselling and assistance as a part of wellness offering (separate from medical plan)		●		●			●		●	
	Web/app based mental health services		●		●						
	Financial wellness services										
Social health	Opportunities for home care visits by nurses/physicians							●		●	
	Any supplementary coverage opportunities or programmes that incorporate diversity, equity and inclusion (DE&I)									●	

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		Egypt*	El Salvador*	France	Germany*	Greece*	Guatemala*	Honduras*	Hong Kong	Hungary*	Hungary*
Local insurance company:		MetLife Egypt	PALIG El Salvador	AXA France	AXA Germany	NN Hellas	PALIG Guatemala	PALIG Honduras	AXA Hong Kong	MetLife Hungary	Union Hungary
Physical health	Wellness newsletters, flyers, information packs, video campaigns, webinars	●	●	●	●	●	●	●	●		
	Health risk assessment (HRA) surveys		●	●	●		●	●			
	On-site vaccination campaigns		●	●			●	●	●		
	Health fairs or health days	●	●	●	●		●	●	●		
	Telemedicine	●	●	●	●	●	●	●	●	●	●
	Prescription drug home delivery programme	●		●					●		
	Cancer prevention initiatives		●	●			●	●			
	Partner with medical provider			●							
	Diabetes screening and awareness events				●			●	●		
	Events or programmes that promote physical activity			●	●	●			●		
	Worksite ergonomic training programmes			●		●					
	A web-based wellness engagement platform			●	●						
	Gamification (employees can win rewards, cash vouchers, discounts at stores)			●							
	Services of a wellness or lifestyle coach			●	●						
	Partnership with chronic disease management vendor to offer programmes that assist employees with lifestyle-related disease	●	●		●		●	●	●		
	Family-building or reproductive health services (separate from medical plan)										
	Nutrition programmes			●					●		
	A disability (long term/short term) wellness programme			●							
Mental health	EAP or mental health service provider who provides psychological/psychiatric counselling and assistance as a part of wellness offering (separate from medical plan)		●	●	●		●	●	●	●	
	Web/app based mental health services		●	●	●		●	●			
	Financial wellness services			●							
Social health	Opportunities for home care visits by nurses/physicians								●		
	Any supplementary coverage opportunities or programmes that incorporate diversity, equity and inclusion (DE&I)										

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Wellness capabilities of our network partners

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		India	Indonesia*	Ireland*	Italy*	Jamaica*	Japan	Jordan	Kuwait*	Lebanon	Lebanon
Local insurance company:		PNB MetLife India	Astra Life	Aviva Life	AXA Assicurazioni	Sagicor Life Jamaica	MetLife Japan	MetLife Jordan	MetLife Kuwait	AXA Gulf - Lebanon	MetLife Lebanon
Physical health	Wellness newsletters, flyers, information packs, video campaigns, webinars										
	Health risk assessment (HRA) surveys										
	On-site vaccination campaigns										
	Health fairs or health days										
	Telemedicine										
	Prescription drug home delivery programme										
	Cancer prevention initiatives										
	Partner with medical provider										
	Diabetes screening and awareness events										
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	Services of a wellness or lifestyle coach										
	Partnership with chronic disease management vendor to offer programmes that assist employees with lifestyle-related disease										
	Family-building or reproductive health services (separate from medical plan)										
	Nutrition programmes										
	A disability (long term/short term) wellness programme										
Mental health	EAP or mental health service provider who provides psychological/psychiatric counselling and assistance as a part of wellness offering (separate from medical plan)										
	Web/app based mental health services										
	Financial wellness services										
Social health	Opportunities for home care visits by nurses/physicians										
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Local insurance company:		AXA Switzerland	AXA Luxembourg	AmMetLife	AXA Mexico	MetLife Mexico	AXA Morocco	MetLife Nepal	Achmea	Seguros America (PALIG)	Gjensidige
Physical health	Wellness newsletters, flyers, information packs, video campaigns, webinars	●			●	●			●	●	●
	Health risk assessment (HRA) surveys	●			●	●			●	●	
	On-site vaccination campaigns			●		●				●	
	Health fairs or health days				●	●			●		
	Telemedicine	●	●	●		●			●		●
	Prescription drug home delivery programme					●					
	Cancer prevention initiatives					●			●	●	
	Partner with medical provider					●			●		
	Diabetes screening and awareness events					●					
	Events or programmes that promote physical activity	●				●			●		
	Worksite ergonomic training programmes	●				●					
	A web-based wellness engagement platform	●			●	●			●		
	Gamification (employees can win rewards, cash vouchers, discounts at stores)	●							●		
	Services of a wellness or lifestyle coach				●				●		
	Partnership with chronic disease management vendor to offer programmes that assist employees with lifestyle-related disease	●	●			●					
	Family-building or reproductive health services (separate from medical plan)								●		
	Nutrition programmes					●			●	●	
	A disability (long term/short term) wellness programme										
Mental health	EAP or mental health service provider who provides psychological/psychiatric counselling and assistance as a part of wellness offering (separate from medical plan)	●				●			●		●
	Web/app based mental health services								●		
	Financial wellness services					●			●		
Social health	Opportunities for home care visits by nurses/physicians					●			●		
	Any supplementary coverage opportunities or programmes that incorporate diversity, equity and inclusion (DE&I)										

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		Oman*	Pakistan*	Panama	Peru*	Phillipines	Philippines*	Poland*	Portugal	Qatar*	Romania*
Local insurance company:		MetLife Oman	IGI Life Insurance	PALIG Panama	RIMAC SEGUROS	AXA Philippines	Pioneer Life	UNIQA Poland	MetLife Portugal	MetLife Qatar	MetLife Romania
Physical health	Wellness newsletters, flyers, information packs, video campaigns, webinars	Offered	Offered for an additional fee	Offered for an additional fee			Offered	Offered		Offered	
	Health risk assessment (HRA) surveys	Offered for an additional fee		Offered				Offered for an additional fee		Offered for an additional fee	
	On-site vaccination campaigns	Offered for an additional fee					Offered for an additional fee	Offered for an additional fee	Offered	Offered for an additional fee	
	Health fairs or health days	Offered		Offered			Offered for an additional fee	Offered for an additional fee		Offered	
	Telemedicine	Offered	Offered for an additional fee	Offered for an additional fee			Offered	Offered		Offered	Offered for an additional fee
	Prescription drug home delivery programme		Offered for an additional fee	Offered							
	Cancer prevention initiatives	Offered for an additional fee		Offered				Offered		Offered	
	Partner with medical provider		Offered	Offered				Offered			
	Diabetes screening and awareness events						Offered	Offered			
	Events or programmes that promote physical activity	Offered for an additional fee	Offered for an additional fee	Offered			Offered	Offered for an additional fee		Offered	
	Worksite ergonomic training programmes	Offered for an additional fee						Offered		Offered	
	A web-based wellness engagement platform		Offered for an additional fee				Offered	Offered for an additional fee			
	Gamification (employees can win rewards, cash vouchers, discounts at stores)		Offered				Offered	Offered for an additional fee			
	Services of a wellness or lifestyle coach	Offered for an additional fee					Offered	Offered for an additional fee	Offered	Offered for an additional fee	
	Partnership with chronic disease management vendor to offer programmes that assist employees with lifestyle-related disease	Offered for an additional fee	Offered for an additional fee	Offered				Offered for an additional fee		Offered for an additional fee	
	Family-building or reproductive health services (separate from medical plan)		Offered								
	Nutrition programmes	Offered for an additional fee	Offered for an additional fee	Offered			Offered	Offered		Offered for an additional fee	
	A disability (long term/short term) wellness programme						Offered	Offered for an additional fee			
Mental health	EAP or mental health service provider who provides psychological/psychiatric counselling and assistance as a part of wellness offering (separate from medical plan)	Offered for an additional fee	Offered for an additional fee				Offered for an additional fee	Offered for an additional fee		Offered for an additional fee	
	Web/app based mental health services	Offered for an additional fee					Offered for an additional fee			Offered for an additional fee	
	Financial wellness services		Offered for an additional fee				Offered for an additional fee				
Social health	Opportunities for home care visits by nurses/physicians						Offered	Offered for an additional fee	Offered		
	Any supplementary coverage opportunities or programmes that incorporate diversity, equity and inclusion (DE&I)							Offered for an additional fee			

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		Saudi Arabia*	Senegal	Singapore*	South Africa	Spain*	Spain*	Switzerland	Taiwan*	Thailand	Tunisia*
Local insurance company:		Gulf Insurance Group Saudi	AXA Senegal	Tokio Marine Life Insurance Singapore	Capital Alliance / Liberty Group	AXA Spain	MetLife Spain	AXA Switzerland	Nan Shan Life	Tokio Marine Life Thailand	Comar
Physical health	Wellness newsletters, flyers, information packs, video campaigns, webinars			●				●	●	●	
	Health risk assessment (HRA) surveys			●				●			
	On-site vaccination campaigns			●				●		●	
	Health fairs or health days	●		●				●		●	
	Telemedicine	●		●						●	
	Prescription drug home delivery programme			●							
	Cancer prevention initiatives									●	
	Partner with medical provider			●							
	Diabetes screening and awareness events										
	Events or programmes that promote physical activity			●				●			
	Worksite ergonomic training programmes			●				●		●	
	A web-based wellness engagement platform							●			
	Gamification (employees can win rewards, cash vouchers, discounts at stores)							●			
	Services of a wellness or lifestyle coach							●			
	Partnership with chronic disease management vendor to offer programmes that assist employees with lifestyle-related disease			●							
	Family-building or reproductive health services (separate from medical plan)										
	Nutrition programmes			●						●	
	A disability (long term/short term) wellness programme										
Mental health	EAP or mental health service provider who provides psychological/psychiatric counselling and assistance as a part of wellness offering (separate from medical plan)			●							
	Web/app based mental health services			●							
	Financial wellness services			●						●	
Social health	Opportunities for home care visits by nurses/physicians			●							
	Any supplementary coverage opportunities or programmes that incorporate diversity, equity and inclusion (DE&I)			●							

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		Turkey*	Turkey*	Ukraine	UAE	United Kingdom*	United Kingdom	United Kingdom	Vietnam
Local insurance company:		AXA Turkey	MetLife Turkey	ARX	MetLife UAE	MetLife UK	AXA Health	AVIVA UK	Bao Viet
Physical health	Wellness newsletters, flyers, information packs, video campaigns, webinars				●	●	●	●	
	Health risk assessment (HRA) surveys				●	●	●		
	On-site vaccination campaigns			●	●				
	Health fairs or health days	●			●		●		
	Telemedicine			●	●		●	●	●
	Prescription drug home delivery programme			●	●		●		●
	Cancer prevention initiatives				●		●		
	Partner with medical provider				●		●		
	Diabetes screening and awareness events				●				
	Events or programmes that promote physical activity				●		●	●	●
	Worksite ergonomic training programmes				●				
	A web-based wellness engagement platform	●			●	●	●	●	
	Gamification (employees can win rewards, cash vouchers, discounts at stores)								
	Services of a wellness or lifestyle coach						●	●	
	Partnership with chronic disease management vendor to offer programmes that assist employees with lifestyle-related disease				●			●	
	Family-building or reproductive health services (separate from medical plan)						●		
	Nutrition programmes				●		●	●	
	A disability (long term/short term) wellness programme							●	
Mental health	EAP or mental health service provider who provides psychological/psychiatric counselling and assistance as a part of wellness offering (separate from medical plan)				●	●	●		
	Web/app based mental health services					●	●	●	
	Financial wellness services				●	●	●	●	
Social health	Opportunities for home care visits by nurses/physicians				●				●
	Any supplementary coverage opportunities or programmes that incorporate diversity, equity and inclusion (DE&I)								

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Ecuador	Portugal
Egypt	Qatar
El Salvador	Romania
France	Saudi Arabia
Germany	Senegal
Greece	Singapore
Guatemala	South Africa
Honduras	Spain
Hong Kong	Switzerland
Hungary	Taiwan
India	Thailand
Indonesia	Tunisia
Ireland	Turkey
Italy	Ukraine
Jamaica	UAE
Japan	United Kingdom
	Vietnam

* Data accurate as of our 2023 local capabilities brochure



● To learn more about how our global health and wellness capabilities can address the health issues affecting your employees, contact your MAXIS representative today or send an enquiry via maxis-gbn.com. We're here to help make your employees healthier and more productive.

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