Investing in energy efficiency delivers substantial financial and environmental benefits. Energy efficiency can also improve resident health. Improvements to insulation, air sealing, heating equipment, and ventilation can improve indoor air quality by reducing contaminants like mold and protect residents from extreme temperatures. Indoor air contaminants have been linked to chronic respiratory illnesses such as asthma. Exposure to extreme temperatures can result in cardiac failure, stroke, and respiratory infections.

Energy Efficiency for All (EEFA) unites people from diverse sectors and backgrounds, including housing, energy efficiency, environmental, health, and community leaders, to collectively make multifamily homes healthy and affordable through energy and water efficiency.

**Priorities**

1. Increase awareness about the health benefits of energy efficiency.
2. Improve indoor air quality and resident health through use of non-toxic building materials.
3. Ensure that utility regulators understand and properly value health benefits when evaluating the cost-effectiveness of energy efficiency interventions.
4. Increase the amount of utility energy efficiency funding that supports health and safety improvements to housing.
5. Encourage healthcare providers and payers to invest in energy efficiency improvements.

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