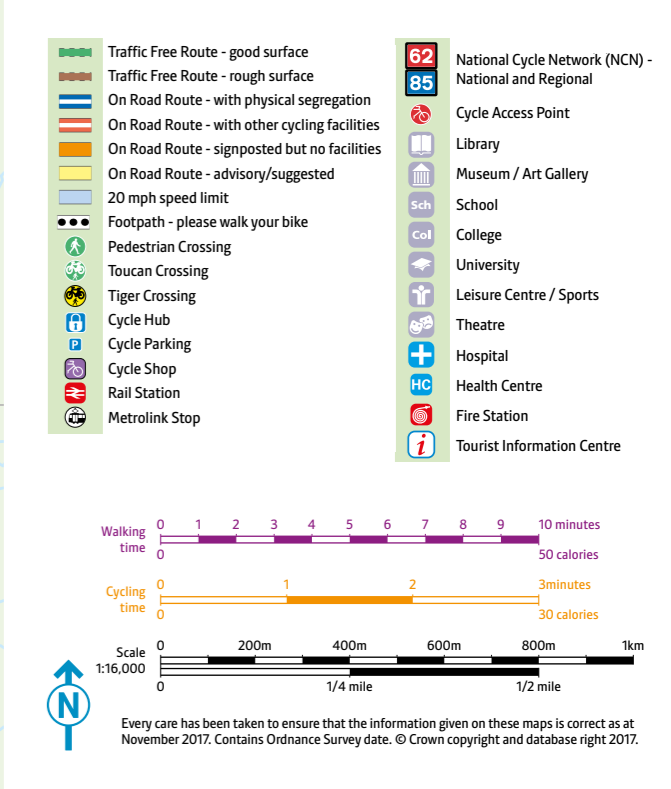




Map 6: Tameside



## Why cycle?

- To save money**  
Cycling costs 85% less than driving.
- To save time**  
For journeys from 3 to 5 km cycling is often the quickest form of transport.
- For health and fitness**  
Cycling can improve and maintain physical and emotional health.
- For enjoyment**  
Cycling is an easy and enjoyable activity with friends and family.
- For the environment**  
Cycling produces virtually no atmospheric pollution or noise.

## Helping more people cycle

### Cycle training and practical support

Whatever your level, we can help you get the best from riding your bike. We offer a range of courses, led by expert instructors, to get you up-to-speed whether that be learning to ride, building skills and confidence, looking after your bike or becoming a ride leader.

Visit the website [tfgm.com/cycling](https://www.tfgm.com/cycling) to find out more about cycle training, lots of useful information and practical support, plus details of cycle parking facilities around Greater Manchester.

**Please note** that this mapping shows location and type of infrastructure. It is not an indication of any particular standard of infrastructure, or for whom the infrastructure may be suitable (beginner cyclist, experienced cyclist etc). In Greater Manchester we have now adopted a clear standard of route provision for which all new active travel infrastructure in GM must comply, as articulated through our Design Guide. This standard is intended that it is suitable for an unaccompanied 12 year old, following completion of level 2 Bikeability, which is offered in most Greater Manchester schools during Year 6. Future versions of this mapping, to be published during 2023, will include an indication of where infrastructure comes up to this adopted standard.

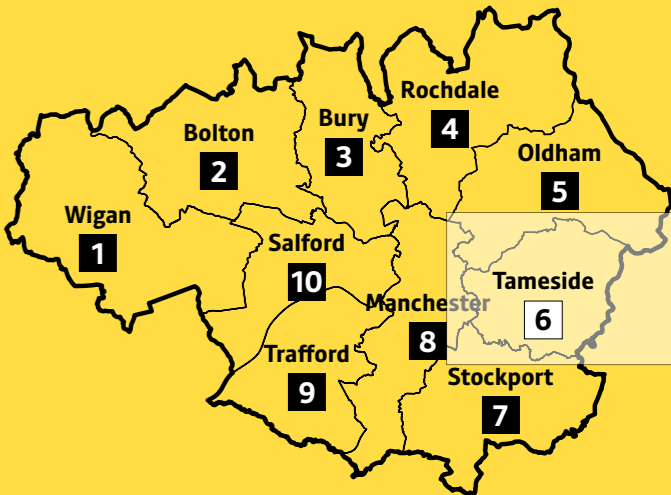


One of a series of 10 maps covering the whole of Greater Manchester



Transport for Greater Manchester

## Cycle network maps



Transport for Greater Manchester's cycle network is divided into 10 areas with a map for each.

All maps available to download from [tfgm.com/cycling](https://www.tfgm.com/cycling) or collect from your local Travelshop



## Useful Contacts

**For public transport information**  
**0161 244 1000**  
7am – 8pm Monday to Friday  
8am – 8pm Saturday, Sunday & public holidays.  
[tfgm.com](https://www.tfgm.com)

**British Cycling**  
The governing body for cycle sport in the UK.  
[britishcycling.org.uk](https://www.britishcycling.org.uk)

**Trans Pennine Trail**  
A multi-user route, coast-to-coast across the north of England.  
[transpenninetrail.org.uk](https://www.transpenninetrail.org.uk)

**Canal and River Trust**  
The charity entrusted with the care of 2000 miles of inland waterway network in England.  
[canalrivertrust.org.uk](https://www.canalrivertrust.org.uk)

**Cycling UK**  
The national cycling charity.  
[cyclinguk.org](https://www.cyclinguk.org)

**Sustrans**  
The charity enabling people to travel on foot, by bike or public transport for more everyday journeys.  
[sustrans.org.uk](https://www.sustrans.org.uk)

Details of other local groups, forums and organisations that support cycling initiatives can be found at: [tfgm.com/cycling](https://www.tfgm.com/cycling)

**Highway defects**  
To report potholes or any other surface problems that are a hazard to cyclists please contact your Local Highway Authority  
**0161 342 8355**



**Map 6: Tameside**

**Legend:**

- Green:** Traffic Free Route - good surface
- Blue:** Traffic Free Route - rough surface
- Red:** On Road Route - with physical segregation
- Yellow:** On Road Route - with other cycling facilities
- Grey:** On Road Route - signposted but no facilities
- Light Blue:** On Road Route - advisory/junctions
- Light Green:** 20 mph speed limit
- Black Dashed:** Footpath - please walk your bike
- Black Dotted:** Potential Crossing
- Green:** Toucan Crossing
- Yellow:** Tiger Crossing
- Blue:** Cycle Hub
- Blue:** Cycle Parking
- Blue:** Cycle Shop
- Blue:** Rail Station
- Blue:** Metrolink Stop
- Blue:** GP

**Facilities:**

- National Cycle Network (NCN)
- National and Regional Cycle Access Points
- Library
- Museum / Art Gallery
- School
- College
- University
- Leisure Centre / Sports Centre
- Theatre
- Hospital
- Health Centre
- Fire Station
- Tourist Information Centre

**Scale:** 0 200m 400m 600m 800m 1000m

**Distances:**

- Walking time: 0 1 2 3 4 5 6 7 8 9 10 minutes
- Cycling time: 0 1 2 3 4 5 6 7 8 9 10 minutes
- 30 calories
- 50 calories
- 100 calories

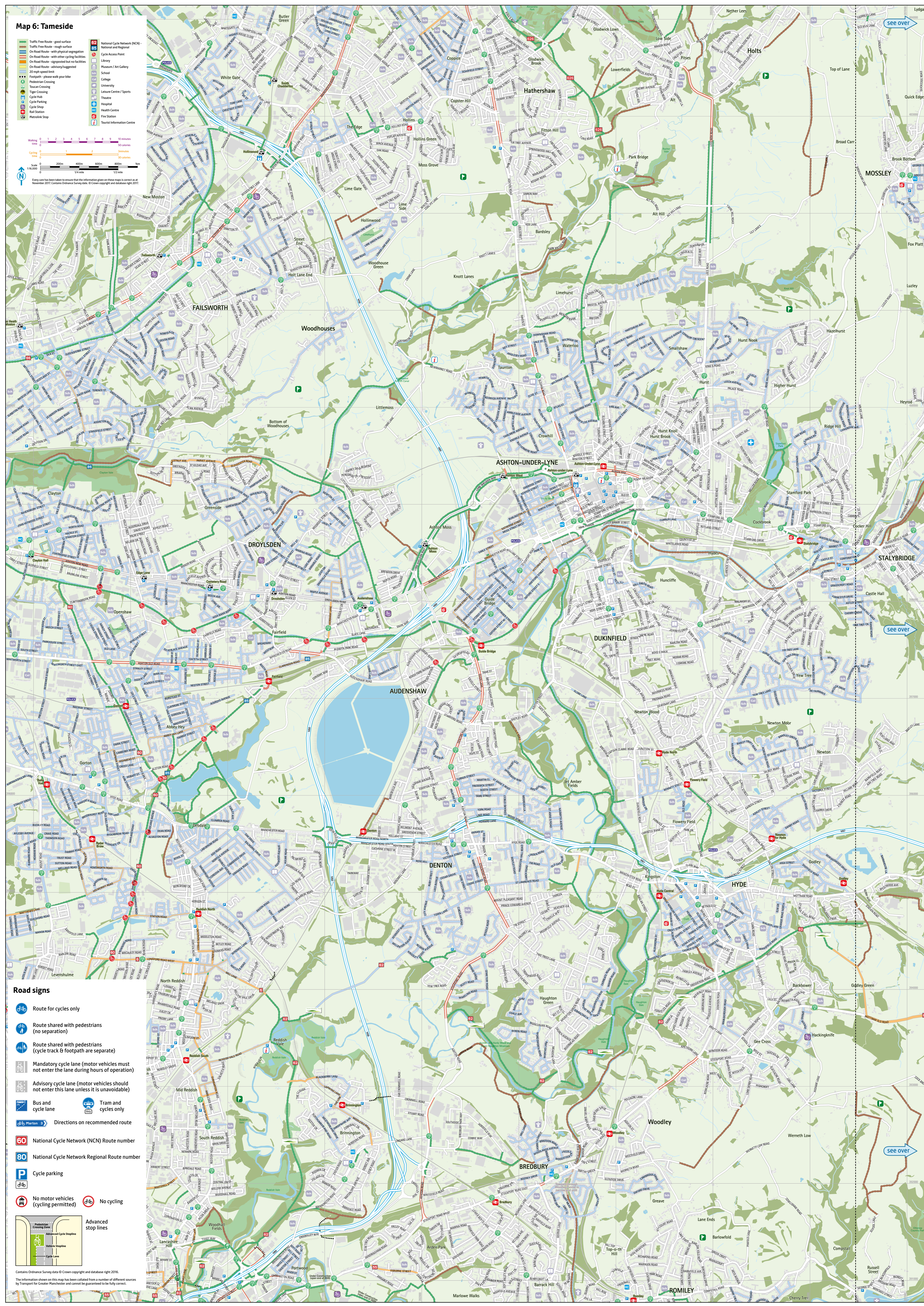
**Scale Bar:** 0 200m 400m 600m 800m 1000m

**Scale:** 0 1/4 mile 1/2 mile

**Compass Rose:** N

**Scale:** 1:50,000

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-  Route for cycles only
-  Route shared with pedestrians (no separation)
-  Route shared with pedestrians (cycle track & footpath are separate)
-  Mandatory cycle lane (motor vehicles must not enter the lane during hours of operation)
-  Advisory cycle lane (motor vehicles should not enter this lane unless it is unavoidable)
-  Bus and cycle lane
-  Tram and cycles only
-   Directions on recommended route
-  National Cycle Network (NCN) Route number
-  National Cycle Network Regional Route number
-  Cycle parking
-  No motor vehicles (cycling permitted)
-  No cycling



Advanced stop lines

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The information shown on this map has been collated from a number of different sources by Transport for Greater Manchester and cannot be guaranteed to be fully correct.

