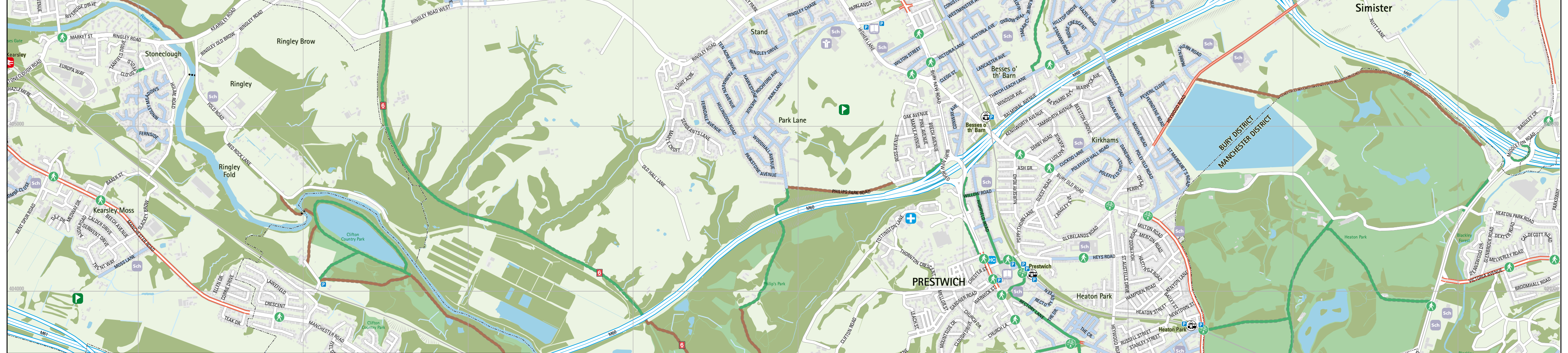




Why cycle?

- To save money**
Cycling costs 85% less than driving.
- To save time**
For journeys from 3 to 5 km cycling is often the quickest form of transport.
- For health and fitness**
Cycling helps to reduce high blood pressure and your chance of having a stroke.
- For enjoyment**
Cycling is an easy and enjoyable activity with friends and family.
- For the environment**
Cycling produces virtually no atmospheric pollution or noise.

Cycle Training

Whatever your level, we can help you get the best from riding your bike. We offer a range of courses across Greater Manchester, led by expert instructors to get you up-to-speed whether that be learning to ride, building skills and confidence, looking after your bike or becoming a ride leader.

Visit the website beenenetwork.com/cycle-training to find out more.

Please note that this mapping shows location and type of infrastructure. It is not an indication of any particular standard of infrastructure, or for whom the infrastructure may be suitable (beginner cyclist, experienced cyclist etc). In Greater Manchester we have now adopted a clear standard of route provision for which all new active travel infrastructure in GM must comply, as articulated through our Design Guide. This standard is intended that it is suitable for an unaccompanied 12 year old, following completion of level 2 Bikeability, which is offered in most Greater Manchester schools during Year 6. Future versions of this mapping, to be published during 2023, will include an indication of where infrastructure comes up to this adopted standard.

Useful Contacts

For public transport information
0161 244 1000
7am – 8pm Monday to Friday
8am – 8pm Saturday, Sunday & public holidays.
beenenetwork.com

For cycling Information

British Cycling
The governing body for cycle sport in the UK.
britishcycling.org.uk

Cycling UK
The national cycling charity.
cyclinguk.org

Trans Pennine Trail
A multi-user route, coast-to-coast across the north of England.

transpenninetrail.org.uk

Canal and River Trust

The charity entrusted with the care of 2000 miles of inland waterway network in England.

canalrivertrust.org.uk

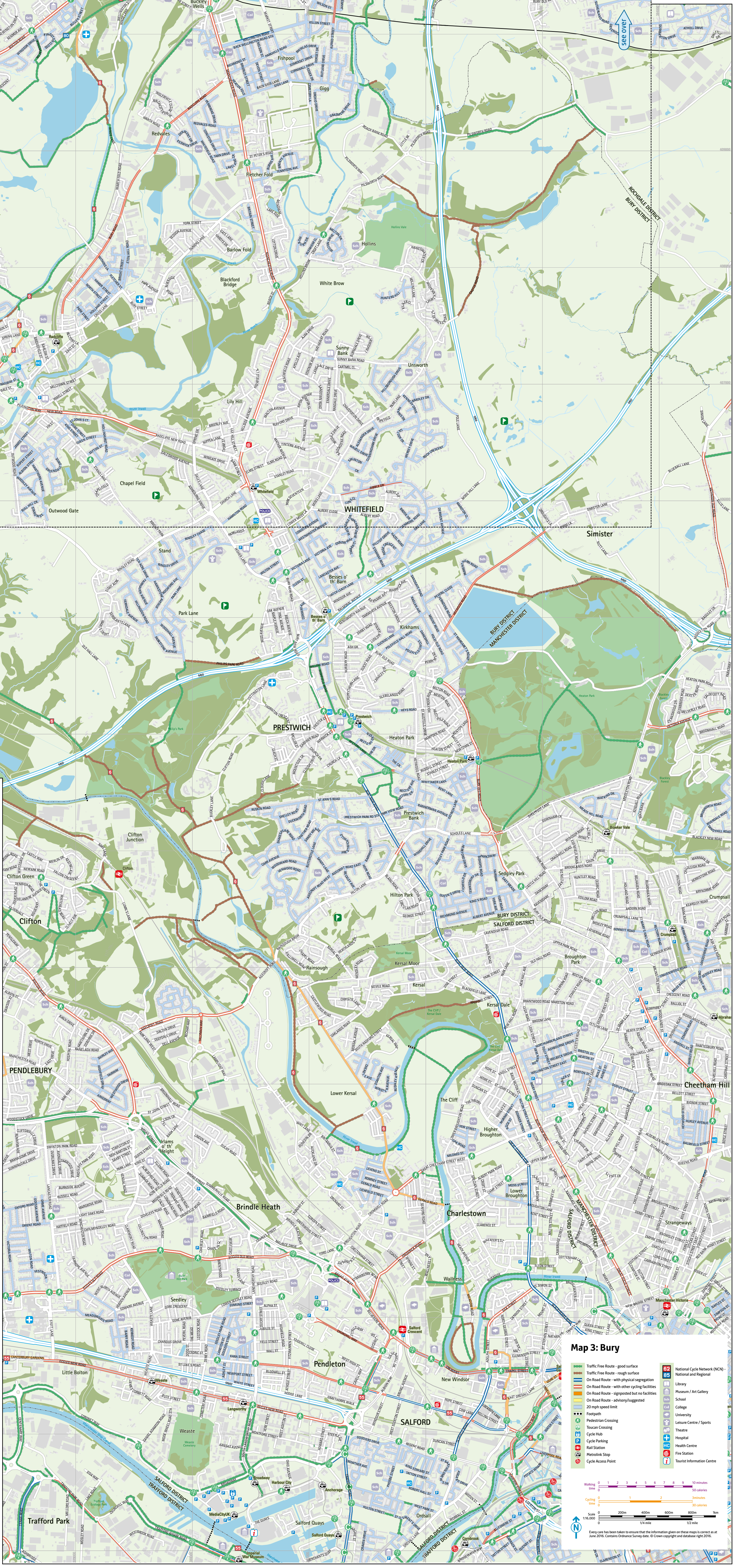
Sustrans

The charity enabling people to travel on foot, by bike or public transport for more everyday journeys.
sustrans.org.uk

To find out more information about cycling, including courses, guides and other routes, visit:
beenenetwork.com/cycling

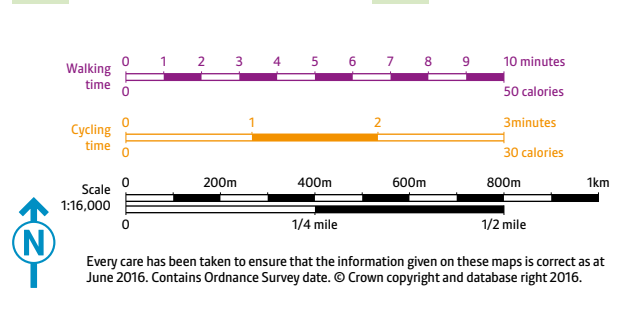
Highway defects

To report potholes or any other surface problems that are a hazard to cyclists please contact your Local Highway Authority
0161 234 5000 / contact@manchester.gov.uk

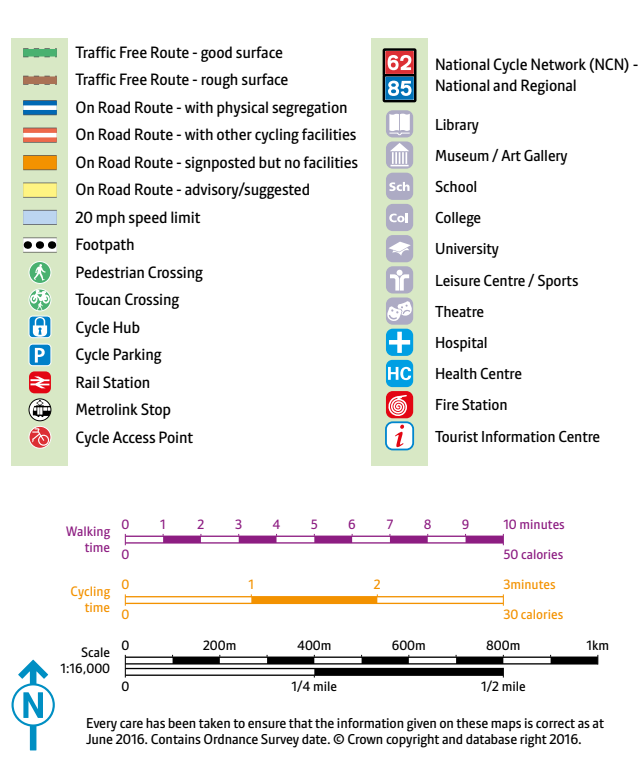


Map 3: Bury

- Traffic Free Route - good surface
- Traffic Free Route - rough surface
- On Road Route - with physical segregation
- On Road Route - with other cycling facilities
- On Road Route - signposted but no facilities
- Cycle Parking
- 20 mph speed limit
- Footpath
- Pedestrian Crossing
- Toucan Crossing
- Cycle Hub
- Rail Station
- Metrolink Stop
- Cycle Access Point
- National Cycle Network (NCN) - National and Regional
- Library
- Museum / Art Gallery
- School
- College
- University
- Leisure Centre / Sports
- Theatre
- Hospital
- Health Centre
- Fire Station
- Tourist Information Centre



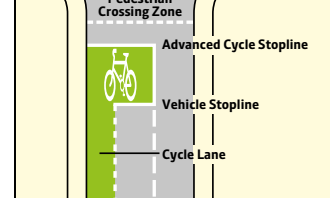
Map 3: Bury



Road signs

-  Route for cycles only
 -  Route shared with pedestrians (no separation)
 -  Route shared with pedestrians (cycle track & footpath are separate)
 -  Mandatory cycle lane (motor vehicles must not enter the lane during hours of operation)
 -  Advisory cycle lane (motor vehicles should not enter this lane unless it is unavoidable)
 -  Bus and cycle lane
 -  Tram and cycles only
 -   Directions on recommended route
 -  National Cycle Network (NCN) Route number
 -  National Cycle Network Regional Route number
 -  Cycle parking
 -  No motor vehicles (cycling permitted)
 -  No cycling

Advanced



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The information shown on this map has been collated from a number of different sources by Transport for Greater Manchester and cannot be guaranteed to be fully correct.

see over