

Did you know

Walking can help you reduce your stress levels, improve your mood and keep your bones healthy and strong. For example, a 25 minute brisk walk every day can add up to seven years on your life, and walking for just 20 minutes can burn off around 100 calories.

Transport for Greater Manchester is committed to promoting walking, encouraging people of all age groups and fitness levels to get out and walk. Whether you are exploring your local area, walking as part of your daily commute or taking in some fresh air during your lunch break we are here to help!

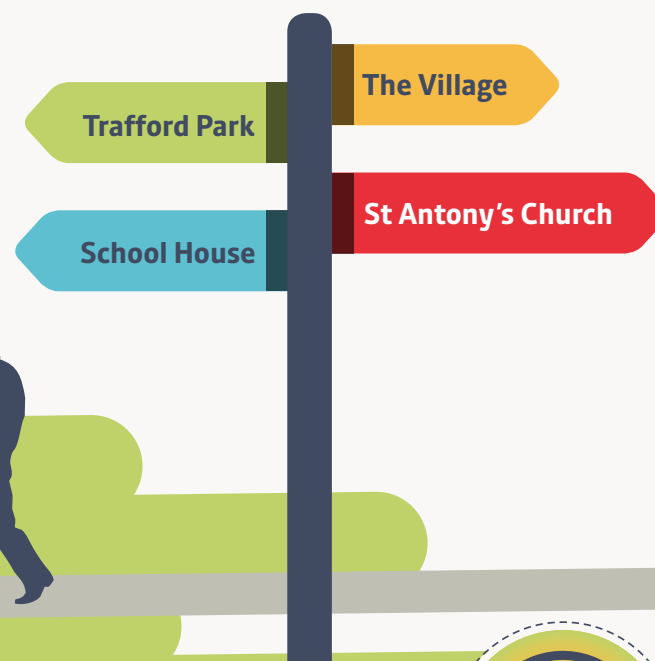
This self-led walk is part of a wider series of walks in and around Greater Manchester. For more information on the other walks in this series, or on how we can help you, head to our walking pages www.tfgm.com/walking



Transport for
Greater Manchester

All in your stride...

Trafford Park self-led walk



A step-by-step guide of discovery



Created for Transport for Greater Manchester by Pauline Lloyd, Manchester Tour Guide

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All in your stride... Trafford Park area

3 Turn right and walk along Village Way to the next street on the right, 5th Avenue.

Village Way was originally called Ashburton Road after Lord Ashburton, a major investor in Trafford Park Estates and one of its first company directors.

The modern name, Village Way, reflects the fact that this part of Trafford Park was built in the early 1900s as a residential area for the expected influx of workers at the new Westinghouse factory. Officially called Trafford Park Village, it soon became known quite simply as The Village.

The Village was laid out US-style on a grid pattern of numbered avenues and streets.

In 1907 it was estimated that there were more than 700 houses accommodating over 3,000 people. Almost all the houses were demolished in slum clearances in the 1970-1980s.

2 Turn into Praed Road and walk the full length of the road to Village Way.

Praed Road is named after Mackworth Praed, a prominent banker involved in the sale of the Trafford Park estate to Ernest Hooley.

One of the commercial units on Praed Road is The Hive, a reference to buildings of the same name that Trafford Park Estates constructed for rent pre-WW1 at the north end of Mosley Road.

START/FINISH 1 Westinghouse Road at the junction with Praed Road.

Trafford Park is the world's first planned industrial estate. Before 1896, Trafford Park was for centuries the ancestral estate of local landowners, the De Trafford family. Their home, Trafford Hall, stood in beautiful gardens and wooded grounds with a lake and deer park.

When the Manchester Ship Canal opened in 1894, the De Traffords were concerned at the industrial pollution and in 1896 they sold the estate to Ernest Hooley, who initiated the development of the new industrial Trafford Park.

4 Turn right along 5th Avenue, then turn first left and walk along 11th Street.

The Village had its own shops, post office, police station, schools – and even a recreation hall and cinema in the former Trafford Hall conservatory. There were also three churches – a Methodist chapel, St Cuthbert's (Anglican) Church and St Antony of Padua (Catholic) Church. The Catholic church, school and priest's house (presbytery) were all on 11th Street and still exist today, though the church and presbytery are now closed. The presbytery is the red-brick house with a garden at the corner of 5th Avenue and 11th Street.

Just past the garden stands the church, built in 1904. It is clad in green corrugated iron, a style known as 'tin tabernacle'. The altar and a stained-glass window were donated by the De Trafford family from their private chapel in Trafford Hall. In the grounds at the back of the church stands Trafford Park War Memorial.

The school building, at the corner of 11th Street and 3rd Avenue, has been converted into Trafford Park Heritage Centre and St Antony's Centre for conferences and skills training.

The Welsh granite monument on the opposite corner to the former school commemorates Marshall Stevens, who was General Manager of the Ship Canal Company before being headhunted by Ernest Hooley to become the first Managing Director of Trafford Park Estates. He was also Conservative MP for Eccles 1918-1922.

5 Turn left onto 3rd Avenue and walk to Village Way. Turn right and walk along Village Way to the next street on the right, 2nd Avenue.

Trafford Park Hotel (now closed), at the corner of Village Way and 3rd Avenue, is a Grade II listed Edwardian building dating from 1902. At that time it was not the only hotel in Trafford Park. In the early years of the industrial estate, Trafford Hall itself became a hotel for businessmen (ladies not allowed) but was finally demolished after World War II. The lake also remained in use for a time, as a public boating lake; we know it now as Trafford Ecology Park.

6 Turn right into 2nd Avenue and walk to 8th Street. Turn right into 8th Street and walk to 3rd Avenue. Turn left into 3rd Avenue.

Schoolhouse, the red-brick building at the corner of 8th Street and 3rd Avenue first opened in 1914 as the Village School. Property developers Urban Splash have converted it to modern offices. Notice the stone 'Infants' signs above two of the entrances. In 1996 the project won Urban Splash one of their first awards from RIBA, the Royal Institute of British Architects.

Opposite Schoolhouse stands St Cuthbert's Anglican Church. Now closed, it is one of the three churches opened in The Village in the early 1900s.

7 Continue along 3rd Avenue, turn right into 5th Street and walk to 5th Avenue. Turn left into 5th Avenue and walk to Westinghouse Road.

Immediately facing 5th Avenue on the opposite side of Westinghouse Road, Commerce Way marks the site of the entrance to Westinghouse, the first major company to move into Trafford Park. Later known as Metropolitan-Vickers ('Metrovicks'), AEI and GEC, this was one of Britain's and the world's biggest engineering plants. Metrovicks was also one of six large firms that formed the BBC in 1922. In November 1922 one of the UK's and the BBC's first radio stations, 2ZY, was broadcast from Metrovicks.

Turn right and walk along Westinghouse Road to the junction with Praed Road, to the junction with Oxford Road/Oxford Street.

