

Let your Birthday
shine bright
at The Lights

Package 1

\$16.50 per guest (minimum 15 children)

Prefer to cater your own party?

With this package, you can bring your own food for the occasion. There's a small fridge for your use to keep things fresh. You can also order optional platters ahead of the party.

Package 3

\$9 per head (minimum 15 children)

Want us to take care of everything?

Package 3 includes even more food to keep even the hungriest children satisfied:

- Sandwiches
- Sliders
- Nuggets
- Hot chips
- Lolly bags
- Jugs of cordial and water



Our 2-hour birthday party package includes:

- E-invitations to your guests
- A dedicated party host and party room
- 40 minutes playing a fun sport or team game of your choice
- 40 minutes of disco, giant games, video games, or free time
- 25 minutes to enjoy your delicious food and cake

Package 2

\$6 per head (minimum 15 children)

Want us to provide some treats and snacks?

Package 2 has a selection of freshly made hot and cold snacks and drinks, including:

- Assorted sandwiches
- Mini hot dogs
- Hot chips
- Lolly bags
- Jugs of cordial and water

Optional Platters

\$35 each

Want more? Choose from:

- Seasoned wedges with sour cream and sweet chilli
- Assorted sandwiches
- Mixture of spring rolls, samosas and spinach and ricotta puffs with dipping sauce
- Assorted cakes
- Dip platter
- Fruit salad platter

Ice cream cake is also available for just \$25

the LIGHTS

COMMUNITY AND SPORTS CENTRE



The Lights

Internal Programs

Ready to book? Speak with one of our friendly staff at The Lights on 8405 6670

Internal Programs

Health and Wellbeing Programs

TIME	WHAT	WHEN	PRICE
9:30 – 10:30 and 10:30 – 11:30am	Strength for Life The Strength for Life program is a low cost strength and fitness training for Over 50s, aimed to improve your overall strength and fitness and quality of life.	Mondays and Wednesdays Returning June 15	\$8
6am – 7am	We Run the Lights Enjoy expert coaching in a fun group environment with a focus on improving fitness, health and connecting the community. We run the lights is open to beginners, intermediate and advanced runners. The FREE 8 week program runs 25th June until 13th August, Start Anytime!	Thursday Starting June 25	FREE

Casual Sports

TIME	WHAT	WHEN	PRICE
Tuesday 10am – 2pm Wednesday , Friday and Saturday 5pm – 8pm	The Lights Social Badminton All sessions are maximum 60 minutes on-court. Sessions are hourly Pre – booking over the phone is essential. Please bring your own equipment and drink bottle.	Returning June 9	\$5.50
Mon-Sun 9:15am -8:15pm	Casual Basketball All sessions are maximum 60 minutes on-court. Sessions are hourly Pre – booking over the phone is essential. Please bring your own basketball and drink bottle.	Mon-Sun Returning June 9	\$5.50
10am - 12pm	Pickleball Pickleball is a paddleball sport that combines elements of tennis, badminton, and table tennis. Suitable for all ages.	Thursdays Returning June 11	\$5.00 To Book Ph: 0449264843

For all bookings contact our team at The Lights on 8405 6670
or via Email: thelights@cityofpae.sa.gov.au

* Please note that this program may change due to changing COVID-19 restrictions

Active Children Programs

TIME	WHAT	WHEN	PRICE
9:45am - 10:30am	GlowGym - Active Playgroup The GlowGym has a focus on physical play through structured games, activities and free time. To book please contact us on 8405 6670	Wednesdays Returning Term 3	\$5.50

Group Fitness Classes

TIME	WHAT	WHEN	PRICE
7pm – 8pm	BoxFit BoxFit is a high-intensity, high-energy but mostly high-rewarding boxing class that builds cardiovascular fitness while improving muscular strength and endurance.	Tuesdays Returning June 9	\$10 per session
6:30pm – 7:30pm (Adults)	Yoga Experience new energy and calmness in mind and body! A non-impact class great for strength, flexibility and relaxation.	Wednesdays Returning June 17	\$10 per session
10:30 – 11:15am *NEW*	CoreFit Functional focused stability, strength and endurance program designed to promote increased muscle tone and functional mobility through the abdominals, glutes and hamstrings.	Fridays Starting June 12	\$10 per session

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