

# The Journey of Your Baby's Development



Check off the milestones your child has reached and share your child's progress with the doctor at every visit.

## 6 Months

- ☐ Turns their head when you call their name, smiles back at you.
- ☐ Responds to sound by making sounds, sits without support for a short time.
- ☐ Likes social play (games like peek-a-boo)

## 12 Months (1 Year)

- ☐ Simple gestures such as shaking head for "no" and waving "bye-bye"
- ☐ Pulls up to stand
- ☐ Copies during play, claps when you clap
- ☐ Responds when told "no"
- ☐ Says 'mama' and 'dada'

## 18 Months (1.5 Years)

- ☐ Plays pretend, points when wants thing
- ☐ Uses several single words when needs something
- ☐ Walks without help
- ☐ Looks at something when you point and say "look"

## 24 Months (2 Years)

- ☐ Uses 2-4 word phrases
- ☐ Shows more interest in other children
- ☐ Follows simple instructions, kicks a ball
- ☐ Points to something when you name it

## 36 Months (3 Years)

- ☐ Shows affection to playmates
- ☐ Copies adults and playmates
- ☐ Plays make-believe with dolls, animals, and people
- ☐ Uses 4-5 word sentences, climbs

## 48 Months (4 Years)

- ☐ Follows commands
- ☐ Can hop and stand on one foot for more than 9 seconds
- ☐ Uses 5-6 word sentences, draws shapes
- ☐ Shares and takes turns with other children