To confirm (and as by way of a disclaimer):
The information within this file is correct at the point of sending.

	Dietary Choices		Cereals Containing Gluten				Allergens Present														Nutrition Per 100ml												Nutrition Per Portion										
Product Description	Suitable for Vegetarians	Suitable for Vegans	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	Tree Nut Source (if present)	Energy - kJ per 100ml	Energy - kCal per 100ml	Fat per 100ml	Sats per 100ml	Carb per 100ml	Sugar per 100ml	Protein per 100ml	Salt per 100ml	Zinc (mg) per 100ml	Vitamin C (mg) per 100g	Vitamin B6 (mg) per 100g	Portion Weight (ml)	Energy - kJ per portion	Energy - kCal per portion	Fat per portion	Sats per portion	Carb per portion	Sugar per portion	Protein per portion	Salt per portion	Zinc (mg) per portion	Vitamin C (mg) per portion	Vitamin B6 (mg) per portion
HOT COFFEE																																											
Mocha Italia espresso																																											
Mocha Italia Espresso - Single	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		81	19	0.2	0.1	3.1	0.1	1.3	0.10				30	24	6	0.1	0.0	0.9	0.0	0.4	0.03			
Mocha Italia Espresso - Double	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		81	19	0.2	0.1	3.1	0.1	1.3	0.10				60	49	12	0.1	0.1	1.9	0.1	0.8	0.06			
Espresso Macchiato																																											
Espresso Macchiato - Semi-Skimmed Milk - Single	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		110	26	0.6	0.3	3.5	1.3	1.9	0.10				40	44	10	0.2	0.1	1.4	0.5	0.7	0.04			
Espresso Macchiato - Semi-Skimmed Milk - Double	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		110	26	0.6	0.3	3.5	1.3	1.9	0.10				80	88	21	0.5	0.3	2.8	1.0	1.5	0.08			
Espresso Macchiato - Skimmed Milk - Single	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		95	22	0.2	0.1	3.4	1.2	1.8	0.10				40	38	9	0.1	0.0	1.4	0.5	0.7	0.04			
Espresso Macchiato - Skimmed Milk - Double	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		95	22	0.2	0.1	3.4	1.2	1.8	0.10				80	76	18	0.2	0.1	2.7	0.9	1.5	0.08			
Espresso Macchiato - Whole Milk - Single	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		129	31	1.1	0.7	3.5	1.2	1.8	0.10				40	52	12	0.5	0.3	1.4	0.5	0.7	0.04			
Espresso Macchiato - Whole Milk - Double	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		129	31	1.1	0.7	3.5	1.2	1.8	0.10				80	104	25	0.9	0.6	2.8	1.0	1.4	0.08			
Espresso Macchiato - Soya Drink - Single	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		105	25	0.6	0.2	3.0	0.7	1.8	0.10				40	42	10	0.3	0.1	1.2	0.3	0.7	0.04			
Espresso Macchiato - Soya Drink - Double	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		105	25	0.6	0.2	3.0	0.7	1.8	0.10				80	84	20	0.5	0.1	2.4	0.6	1.4	0.08			
Espresso Macchiato - Coconut Drink - Single	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS		95	22	0.5	0.3	3.2	0.9	1.4	0.10				40	38	9	0.2	0.1	1.3	0.4	0.5	0.04			
Espresso Macchiato - Coconut Drink - Double	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS		95	22	0.5	0.3	3.2	0.9	1.4	0.10				80	76	18	0.4	0.2	2.5	0.7	1.1	0.08			
Espresso Macchiato - Oat Drink - Single	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		123	29	0.9	0.2	4.0	0.9	1.2	0.11				40	49	12	0.4	0.1	1.6	0.4	0.5	0.04			
Espresso Macchiato - Oat Drink - Double	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		123	29	0.9	0.2	4.0	0.9	1.2	0.11				80	98	23	0.7	0.1	3.2	0.7	0.9	0.09			
Cortado																																											
Cortado - Whole Milk - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		257	62	3.4	2.2	4.7	3.9	3.2	0.10				145	373	90	5.0	3.2	6.8	5.6	4.6	0.15			
Cortado - Whole Milk - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		261	63	3.5	2.2	4.7	4.0	3.2	0.10				180	469	113	6.3	4.0	8.4	7.2	5.8	0.18			
Cortado - Semi-Skimmed Milk - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		189	45	1.5	1.0	4.9	4.1	3.4	0.11				145	275	65	2.2	1.4	7.1	5.9	4.9	0.15			
Cortado - Semi-Skimmed Milk - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		190	45	1.6	1.0	4.9	4.2	3.4	0.11				180	343	81	2.8	1.8	8.7	7.5	6.1	0.19			
Cortado - Skimmed Milk - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		139	33	0.2	0.1	4.6	3.8	3.3	0.10				145	201	47	0.4	0.2	6.7	5.5	4.8	0.15			
Cortado - Skimmed Milk - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		138	33	0.2	0.1	4.6	3.9	3.3	0.10				180	248	59	0.4	0.2	8.3	7.1	5.9	0.18			
Cortado - Soya Drink - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		174	41	1.7	0.3	3.2	2.2	3.2	0.10				145	252	60	2.5	0.4	4.6	3.1	4.6	0.15			
Cortado - Soya Drink - Take away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		174	41	1.7	0.3	3.1	2.2	3.2	0.10				180	314	75	3.1	0.5	5.5	4.0	5.8	0.18			
Cortado - Coconut Drink - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS		139	33	1.3	0.6	3.7	2.9	1.6	0.10				145	201	47	1.9	0.9	5.3	4.1	2.4	0.15			
Cortado - Coconut Drink - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS		138	33	1.3	0.6	3.6	2.9	1.6	0.10				180	248	59	2.3	1.2	6.5	5.3	2.9	0.18			
Cortado - Oat Drink - In Store	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		235	56	2.7	0.3	6.6	2.9	1.0	0.13				145	341	81	3.9	0.4	9.6	4.1	1.5	0.18			
Cortado - Oat Drink - Take Away	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		238	57	2.7	0.3	6.6	2.9	1.0	0.13				180	428	102	4.9	0.5	11.9	5.3	1.8	0.23			
Americano																																											
Americano - Small	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		19	4	0.0	0.0	0.7	0.0	0.3	0.02				260	49	12	0.1	0.1	1.9	0.1	0.8	0.06			
Americano - Medium	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		22	5	0.0	0.0	0.9	0.0	0.4	0.02				340	74	18	0.2	0.1	3.0	0.1	1.2	0.08			
Americano - Large	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		22	5	0.1	0.0	0.8	0.0	0.3	0.03				450	97	23	0.2	0.1	3.7	0.1	1.6	0.12			
Flat White																																											
Flat White - Whole Milk - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		262	63	3.6	2.3	4.7	4.1	3.2	0.10				300	787	189	10.7	6.8	14.1	12.2	9.6	0.30			
Flat White - Semi-Skimmed Milk - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		191	45	1.6	1.0	4.9	4.2	3.4	0.11				300	574	135	4.7	2.9	14.6	12.7	10.2	0.32			
Flat White - Skimmed Milk - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		138	33	0.2	0.1	4.6	4.0	3.3	0.10				300	415	98	0.7	0.3	13.8	11.9	9.9	0.30			
Flat White - Soya Drink - Small	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		175	42	1.8	0.3	3.1	2.3	3.2	0.10				300	525	125	5.3	0.9	9.2	6.8	9.6	0.30			
Flat White - Coconut Drink - Small	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS		138	33	1.3	0.7	3.6	3.0	1.6	0.10				300	415	98	3.9	2.0	10.9	8.9	4.8	0.30			
Flat White - Oat Drink - Small	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		239	57	2.7	0.3	6.7	3.0	1.0	0.13				300	717	171	8.2	0.9	20.0	8.9	2.9	0.38			
Latte																																											
Latte - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		180	42	1.5	0.9	4.5	4.1	3.2	0.11				226	407	96	3.4	2.1	10.1	9.2	7.3	0.24			
Latte - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		170	40	1.4	0.9	4.4	3.7	3.0	0.11				276	470	111	3.8	2.4	12.0	10.2	8.3	0.29			
Latte - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		176	42	1.5	0.9	4.4	3.9	3.1	0.11				364	642	151	5.3	3.3	16.1	14.3	11.4	0.39			
Latte - Semi-Skimmed Milk - Large - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		178	42	1.4	0.9	4.5	3.9	3.2	0.11				472	839	198	6.8	4.3	21.4	18.5	14.9	0.50			
Latte - Semi-Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		179	42	1.5	0.9	4.5	4.0	3.2	0.11				496	885	209	7.2	4.5	22.5	19.6	15.8	0.53			
Latte - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		129	30	0.2	0.1	4.2	3.8	3.1	0.10				226	291	68	0.5	0.2	9.6	8.7	7.1	0.23			
Latte - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		124	29	0.2	0.1	4.1	3.5	2.9	0.10				276	342	81	0.6	0.3	11.4	9.6	8.1	0.28			
Latte - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		127	30	0.2	0.1	4.2	3.7	3.1	0.10				364	462	109	0.7	0.4	15.2	13.4	11.1	0.36			
Latte - Skimmed Milk - Large - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		129	30	0.2	0.1	4.3	3.7	3.1	0.10				472	607	143	0.9	0.5	20.2	17.3	14.5	0.47			
Latte - Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		129	30	0.2	0.1	4.3	3.7	3.1	0.10				496	640	151	1.0	0.5	21.3	18.4	15.3	0.50			
Latte - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		248	60	3.4	2.2	4.3	3.9	3.0	0.10				226	561	135	7.7	4.9	9.8	8.9	6.9	0.23			
Latte - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		232	56	3.1	2.0	4.2	3.5	2.9	0.10				276	641	154	8.5	5.5	11.6	9.8	7.9	0.28			
Latte - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		242	58	3.3	2.1	4.3	3.8	3.0	0.10				364	882	212	12.0	7.7	15.5	13.7	10.8	0.36			
Latte - Whole Milk - Large - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		243	59	3.3	2.1	4.4	3.8	3.0	0.10				472	1148	276	15.4	9.9	20.6	17.7	14.1	0.47			
Latte - Whole Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		245	59	3.3	2.1	4.4	3.8	3.0	0.10				496	1214	292	16.4	10.5	21.7	18.8	14.9	0.50			
Latte - Soya Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		164	39	1.7	0.3	2.8	2.2	3.0	0.10				226	371	88	3.8	0.6	6.2	4.9	6.9	0.23			
Latte - Soya Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		156	37	1.5	0.3	2.8	2.0	2.9	0.10				276	431	102	4.2	0.7	7.7	5.5	7.9	0.28			
Latte - Soya Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		161	38	1.6	0.3	2.8	2.1	3.0	0.10				364	587	139	5.9	1.0	10.1	7.7	10.8	0.36			
Latte - Soya Drink - Large - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		163	39	1.6	0.3	2.9	2.1	3.0	0.10				472	768	182	7.6	1.3	13.5	9.9	14.1	0.47			
Latte - Soya Drink - Large - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		163	39	1.6	0.3	2.9	2.1	3.0	0.10				496	810	192	8.1	1.3	14.2	10.5	14.9	0.50			
Latte - Coconut Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS		129	30	1.2	0.6	3.3	2.9	1.5	0.10				226	291	68	2.8	1.4	7.4	6.5	3.3	0.23			
Latte - Coconut Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS		124	29	1.1	0.6	3.3	2.6	1.5	0.10				276	342	81	3.1	1.6	9.0	7.2	4.0	0.28			
Latte - Coconut Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS		127	30	1.2	0.6	3.3	2.8	1.5	0.10				364	462	109	4.4	2.2	11.9	10.1	5.3	0.36			

Latte - Coconut Drink - Large - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS		129	30	1.2	0.6	3.4	2.8	1.5	0.10				472	607	143	5.6	2.8	15.9	13.0	7.1	0.47			
Latte - Coconut Drink - Large - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS		129	30	1.2	0.6	3.4	2.8	1.5	0.10				496	640	151	6.0	3.0	16.7	13.8	7.4	0.50			
Latte - Oat Drink - Small - In Store	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		226	54	2.6	0.3	6.2	2.9	0.9	0.13				226	510	121	5.9	0.6	14.1	6.5	2.0	0.28			
Latte - Oat Drink - Small - Take Away	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		212	50	2.4	0.3	5.9	2.6	0.9	0.12				276	584	139	6.6	0.7	16.3	7.2	2.5	0.34			
Latte - Oat Drink - Medium	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		221	52	2.5	0.3	6.1	2.8	0.9	0.13				364	803	191	9.2	1.0	22.2	10.1	3.2	0.46			
Latte - Oat Drink - Large - In Store	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		222	53	2.5	0.3	6.2	2.8	0.9	0.12				472	1046	249	11.9	1.3	29.2	13.0	4.3	0.59			
Latte - Oat Drink - Large - Take Away	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		223	53	2.5	0.3	6.2	2.8	0.9	0.13				496	1106	263	12.6	1.3	30.8	13.8	4.5	0.62			
Cappuccino (Proud to Serve Recipe)																																							
Cappuccino - Semi-Skimmed Drink - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		181	43	1.4	0.9	4.8	4.1	3.1	0.11				287	520	123	4.1	2.5	13.8	11.9	8.9	0.31			
Cappuccino - Semi-Skimmed Drink - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		180	43	1.4	0.9	4.8	4.0	3.1	0.11				362	653	154	5.0	3.1	17.5	14.5	11.2	0.39			
Cappuccino - Semi-Skimmed Drink - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		169	40	1.3	0.8	4.6	3.7	2.9	0.11				422	715	169	5.5	3.4	19.2	15.4	12.3	0.45			
Cappuccino - Skimmed Drink - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		135	32	0.2	0.1	4.6	3.9	3.0	0.10				287	387	91	0.7	0.4	13.2	11.2	8.7	0.29			
Cappuccino - Skimmed Drink - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		135	32	0.2	0.1	4.6	3.8	3.0	0.10				362	488	115	0.8	0.4	16.7	13.6	11.0	0.37			
Cappuccino - Skimmed Drink - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		127	30	0.2	0.1	4.3	3.4	2.8	0.10				422	538	127	1.0	0.5	18.3	14.5	12.0	0.43			
Cappuccino - Whole Drink - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		243	58	3.1	2.0	4.7	4.0	2.9	0.10				287	698	168	9.0	5.8	13.4	11.4	8.4	0.29			
Cappuccino - Whole Drink - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		241	58	3.1	2.0	4.7	3.8	3.0	0.10				362	874	210	11.2	7.1	17.0	13.9	10.7	0.37			
Cappuccino - Whole Drink - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		226	54	2.9	1.8	4.4	3.5	2.8	0.10				422	952	229	12.1	7.7	18.6	14.8	11.7	0.43			
Cappuccino - Soya Drink - Small	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		167	40	1.6	0.3	3.3	2.4	2.9	0.10				287	480	114	4.5	0.8	9.3	6.9	8.4	0.29			
Cappuccino - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		166	39	1.5	0.3	3.3	2.3	3.0	0.10				362	602	143	5.6	1.0	11.9	8.3	10.7	0.37			
Cappuccino - Soya Drink - Large	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		157	37	1.4	0.3	3.1	2.1	2.8	0.10				422	661	157	6.1	1.1	13.2	8.8	11.7	0.43			
Cappuccino - Coconut Drink - Small	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS		135	32	1.2	0.6	3.7	3.0	1.5	0.10				287	387	91	3.4	1.7	10.7	8.7	4.4	0.29			
Cappuccino - Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS		135	32	1.2	0.6	3.8	2.9	1.6	0.10				362	488	115	4.2	2.1	13.6	10.5	5.6	0.37			
Cappuccino - Coconut Drink - Large	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS		127	30	1.1	0.5	3.6	2.7	1.5	0.10				422	538	127	4.6	2.3	15.0	11.2	6.3	0.43			
Cappuccino - Oat Drink - Small	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		223	53	2.4	0.3	6.4	3.0	1.0	0.13				287	639	152	7.0	0.8	18.3	8.7	2.8	0.36			
Cappuccino - Oat Drink - Medium	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		221	53	2.4	0.3	6.4	2.9	1.0	0.13				362	801	190	8.7	1.0	23.1	10.5	3.7	0.45			
Cappuccino - Oat Drink - Large	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		207	49	2.2	0.3	6.0	2.7	1.0	0.12				422	874	208	9.4	1.1	25.2	11.2	4.2	0.52			
Mocha																																							
Mocha - Semi-Skimmed Milk - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		277	66	1.7	1.1	9.3	7.6	3.2	0.14				277	767	182	4.8	2.9	25.8	21.1	8.9	0.38			
Mocha - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		293	70	1.7	1.1	10.2	8.1	3.2	0.14				332	974	231	5.8	3.6	33.7	26.8	10.8	0.48			
Mocha - Semi-Skimmed Milk - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		277	66	1.6	1.0	9.6	7.5	3.1	0.14				422	1171	278	6.9	4.3	40.3	31.8	13.0	0.59			
Mocha - Skimmed Milk - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		235	56	0.7	0.4	9.1	7.4	3.1	0.13				277	651	154	1.8	1.0	25.2	20.5	8.7	0.37			
Mocha - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		254	60	0.7	0.4	9.9	7.9	3.2	0.14				332	842	200	2.4	1.4	33.0	26.1	10.5	0.46			
Mocha - Skimmed Milk - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		240	57	0.7	0.4	9.4	7.4	3.0	0.14				422	1012	240	2.9	1.7	39.5	31.0	12.7	0.57			
Mocha - Whole Milk - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		333	80	3.3	2.1	9.2	7.5	3.1	0.13				277	922	221	9.1	5.7	25.4	20.7	8.5	0.37			
Mocha - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		346	83	3.2	2.0	10.0	7.9	3.1	0.14				332	1150	276	10.7	6.7	33.3	26.3	10.3	0.46			
Mocha - Whole Milk - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		328	79	3.0	1.9	9.4	7.4	3.0	0.14				422	1382	331	12.8	8.1	39.8	31.3	12.5	0.57			
Mocha - Soya Drink - Small	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		264	63	1.9	0.5	7.9	6.1	3.1	0.13				277	732	174	5.1	1.4	21.8	16.8	8.5	0.37			
Mocha - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		281	67	1.9	0.6	8.8	6.6	3.1	0.14				332	933	222	6.2	1.8	29.2	21.9	10.3	0.46			
Mocha - Soya Drink - Large	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		266	63	1.8	0.5	8.3	6.2	3.0	0.14				422	1122	267	7.5	2.2	35.0	26.0	12.5	0.57			
Mocha - Coconut Drink - Small	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS		235	56	1.5	0.8	8.3	6.6	1.8	0.13				277	651	154	4.2	2.2	23.0	18.4	5.0	0.37			
Mocha - Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS		254	60	1.5	0.8	9.2	7.1	1.9	0.14				332	842	200	5.1	2.7	30.6	23.6	6.3	0.46			
Mocha - Coconut Drink - Large	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS		240	57	1.5	0.8	8.7	6.7	1.8	0.14				422	1012	240	6.1	3.3	36.6	28.1	7.6	0.57			
Mocha - Oat Drink - Small	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		314	75	2.6	0.5	10.7	6.6	1.3	0.15				277	871	207	7.3	1.4	29.7	18.4	3.6	0.42			
Mocha - Oat Drink - Medium	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		329	78	2.6	0.6	11.5	7.1	1.4	0.16				332	1092	260	8.7	1.8	38.2	23.6	4.7	0.53			
Mocha - Oat Drink - Large	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		311	74	2.5	0.5	10.8	6.7	1.4	0.16				422	1312	313	10.4	2.2	45.7	28.1	5.8	0.65			
Mocha (Proud to Serve Recipe)																																							
Mocha - Semi-Skimmed Milk - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		278	66	1.7	1.0	9.3	7.9	3.7	0.13				277	770	182	4.6	2.9	25.7	22.0	10.1	0.37			
Mocha - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		295	69	1.7	1.0	10.1	8.5	3.8	0.14				332	978	231	5.6	3.4	33.6	28.1	12.5	0.46			
Mocha - Semi-Skimmed Milk - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		292	69	1.6	1.0	10.2	8.5	3.6	0.14				422	1233	291	6.9	4.2	42.8	35.8	15.4	0.59			
Mocha - Skimmed Milk - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		236	56	0.6	0.3	9.1	7.7	3.6	0.13				277	654	154	1.7	1.0	25.1	21.4	9.9	0.36			
Mocha - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		255	60	0.7	0.4	9.9	8.3	3.7	0.13				332	846	199	2.2	1.3	32.9	27.5	12.2	0.44			
Mocha - Skimmed Milk - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		255	60	0.7	0.4	10.0	8.3	3.6	0.14				422	1077	254	2.9	1.7	42.1	35.0	15.1	0.57			
Mocha - Whole Milk - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		334	80	3.2	2.0	9.1	7.8	3.5	0.13				277	925	221	8.9	5.7	25.3	21.6	9.8	0.36			
Mocha - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		348	83	3.2	2.0	10.0	8.3	3.6	0.13				332	1154	275	10.5	6.6	33.2	27.7	12.0	0.44			
Mocha - Whole Milk - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		342	81	3.0	1.9	10.0	8.4	3.5	0.14				422	1442	344	12.7	8.0	42.3	35.3	14.8	0.57			
Mocha - Soya Drink - Small	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		265	63	1.8	0.5	7.8	6.4	3.5	0.13				277	735	174	5.0	1.4	21.7	17.7	9.8	0.36			
Mocha - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		282	67	1.8	0.5	8.8	7.0	3.6	0.13				332	938	222	6.0	1.7	29.1	23.2	12.0	0.44			
Mocha - Soya Drink - Large	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		281	66	1.8	0.5	8.9	7.1	3.5	0.14				422	1186	280	7.4	2.2	37.6	30.0	14.8	0.57			
Mocha - Coconut Drink - Small	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS		236	56	1.5	0.8	8.3	6.9	2.2	0.13				277	654	154	4.0	2.1	22.9	19.2	6.2	0.36			
Mocha - Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS		255	60	1.5	0.8	9.2	7.5	2.4	0.13				332	846	199	4.9	2.6	30.5	25.0	8.0	0.44			
Mocha - Coconut Drink - Large	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS		255	60	1.4	0.8	9.3	7.6	2.4	0.14				422	1077	254	6.1	3.3	39.2	32.1	10.1	0.57			
Mocha - Oat Drink - Small	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		316	75	2.6	0.5	10.7	6.9	1.8	0.15				277	874	207	7.2	1.4	29.6	19.2	4.8	0.42			
Mocha - Oat Drink - Medium	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		330	78	2.6	0.5	11.5	7.5	1.9	0.15				332	1096	260	8.5	1.7	38.1	25.0	6.4	0.51			
Mocha - Oat Drink - Large	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		325	77	2.4	0.5	11.4	7.6	2.0	0.15				422	1373	325	10.3	2.2	48.1	32.1	8.3	0.65			
TEAS AND INFUSIONS (NO MILK)																																							
Mint Infusion	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		2	0	0.0	0.0	0.0	0.0	0.0	0.00				275	6	1	0.0	0.0	0.0	0.0	0.0	0.03			
Berry Infusion	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		7	2	0.0	0.0	0.0	0.0	0.0	0.00				275	19	5	0.0	0.0	1.2	0.0	0.0	0.02			
Decaffinated Tea	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		9	2	0.0	0.0	0.0	0.0	0.0	0.00				275	25	6	0.0	0.0	1.4	0.0	0.0	0.02			
Green Tea	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		0	0	0.0	0.0	0.0	0.0	0.0	0.00				275	0	0	0.0	0.0	0.0	0.0	0.0	0.02			
Earl Grey Tea	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		2	0	0.0	0.0	0.0	0.0	0.0	0.00				275	6	1	0.0	0.0	0.0	0.0	0.0	0.02			
English Breakfast Tea	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		2	0	0.0	0.0	0.0	0.0	0.0	0.00				275	6	1	0.0	0.0	0.0	0.0	0.0	0.02			
Chai Latte																																							
Chai Latte - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		255	60	1.6	1.0	8.6	8.2	3.3	0.11				237	604	143	3.8	2.4	20.3	19.5	7.9	0.26			
Chai Latte - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		245	58	1.6	1.0	7.9	7.6	3.4	0.11				287	702	166	4.7	2.9	22.6	21.8	9.6	0.31			
Chai Latte - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		247	58	1.6	1.0	8.0	7.7	3.3	0.11				366	903	213	6.0	3.7	29.4	28.3	12.3	0.40			

Chai Latte - Semi-Skimmed Milk - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	245	58	1.6	1.0	7.9	7.6	3.4	0.11				470	1154	272	7.7	4.8	37.4	36.0	15.8	0.51			
Chai Latte - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	199	47	0.2	0.1	8.3	7.9	3.2	0.10				237	472	111	0.5	0.2	19.6	18.8	7.7	0.24			
Chai Latte - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	188	44	0.2	0.1	7.6	7.3	3.3	0.10				287	540	127	0.6	0.3	21.8	21.0	9.4	0.29			
Chai Latte - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	190	45	0.2	0.1	7.7	7.4	3.3	0.10				366	697	164	0.7	0.4	28.4	27.2	11.9	0.37			
Chai Latte - Skimmed Milk - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	189	44	0.2	0.1	7.7	7.4	3.3	0.10				470	888	209	0.9	0.5	36.0	34.6	15.3	0.47			
Chai Latte - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	330	79	3.7	2.4	8.4	8.0	3.1	0.10				237	782	188	8.8	5.6	19.8	19.0	7.4	0.24			
Chai Latte - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	320	77	3.7	2.4	7.7	7.4	3.2	0.10				287	919	221	10.7	6.9	22.1	21.3	9.1	0.29			
Chai Latte - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	322	77	3.7	2.4	7.8	7.5	3.2	0.10				366	1180	283	13.7	8.8	28.7	27.6	11.6	0.37			
Chai Latte - Whole Milk - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	321	77	3.7	2.4	7.8	7.5	3.2	0.10				470	1509	362	17.6	11.3	36.5	35.1	14.9	0.47			
Chai Latte - Soya Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	238	56	1.8	0.3	6.7	6.1	3.1	0.10				237	564	134	4.3	0.7	15.8	14.5	7.4	0.24			
Chai Latte - Soya Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	227	54	1.8	0.3	6.0	5.5	3.2	0.10				287	652	155	5.2	0.8	17.1	15.8	9.1	0.29			
Chai Latte - Soya Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	230	54	1.8	0.3	6.1	5.6	3.2	0.10				366	840	199	6.7	1.1	22.4	20.6	11.6	0.37			
Chai Latte - Soya Drink - Large	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	228	54	1.8	0.3	6.0	5.5	3.2	0.10				470	1073	254	8.6	1.4	28.4	26.1	14.9	0.47			
Chai Latte - Coconut Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS	199	47	1.3	0.7	7.2	6.9	1.4	0.10				237	472	111	3.2	1.6	17.1	16.3	3.4	0.24			
Chai Latte - Coconut Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS	188	44	1.3	0.7	6.5	6.3	1.4	0.10				287	540	127	3.9	1.9	18.8	18.0	4.1	0.29			
Chai Latte - Coconut Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS	190	45	1.3	0.7	6.7	6.4	1.4	0.10				366	697	164	4.9	2.5	24.5	23.4	5.3	0.37			
Chai Latte - Coconut Drink - Large	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS	189	44	1.3	0.7	6.6	6.3	1.4	0.10				470	888	209	6.3	3.2	31.1	29.7	6.8	0.47			
Chai Latte - Oat Drink - Small - In Store	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	305	72	2.8	0.3	10.5	6.9	0.8	0.13				237	724	172	6.8	0.7	24.8	16.3	1.8	0.31			
Chai Latte - Oat Drink - Small - Take Away	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	295	70	2.9	0.3	9.8	6.3	0.8	0.13				287	848	201	8.3	0.8	28.1	18.0	2.2	0.37			
Chai Latte - Oat Drink - Medium	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	297	71	2.9	0.3	9.9	6.4	0.8	0.13				366	1089	259	10.5	1.1	36.4	23.4	2.8	0.47			
Chai Latte - Oat Drink - Large	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	296	70	2.9	0.3	9.9	6.3	0.8	0.13				470	1392	331	13.5	1.4	46.4	29.7	3.6	0.61			
Milk Babyccino																																							
Milk Babyccino - Whole Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	274	66	3.9	2.5	4.5	4.5	3.3	0.10				90	247	59	3.5	2.3	4.1	4.1	3.0	0.09			
Milk Babyccino - Semi-Skimmed Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	195	46	1.7	1.1	4.7	4.7	3.5	0.11				90	176	41	1.5	1.0	4.2	4.2	3.2	0.10			
Milk Babyccino - Skimmed Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	136	32	0.2	0.1	4.4	4.4	3.4	0.10				90	122	29	0.2	0.1	4.0	4.0	3.1	0.09			
Milk Babyccino - Soya Drink	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	177	42	1.9	0.3	2.7	2.5	3.3	0.10				90	159	38	1.7	0.3	2.4	2.3	3.0	0.09			
Milk Babyccino - Coconut Drink	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS	136	32	1.4	0.7	3.3	3.3	1.5	0.10				90	122	29	1.3	0.6	3.0	3.0	1.4	0.09			
Milk Babyccino - Oat Drink	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	248	59	3.0	0.3	6.7	3.3	0.8	0.13				90	223	53	2.7	0.3	6.0	3.0	0.7	0.12			
Hot Chocolate																																							
Hot Chocolate - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	330	78	2.1	1.3	11.0	9.7	3.7	0.15				232	766	182	5.0	3.1	25.5	22.4	8.7	0.34			
Hot Chocolate - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	328	78	2.1	1.3	10.9	9.5	3.7	0.15				297	974	231	6.3	3.9	32.2	28.3	11.1	0.44			
Hot Chocolate - Semi-Skimmed Milk - Medium - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	354	84	2.2	1.4	12.1	10.4	3.8	0.16				355	1257	298	7.9	4.9	42.8	37.1	13.4	0.56			
Hot Chocolate - Semi-Skimmed Milk - Medium - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	354	84	2.2	1.4	12.0	10.4	3.8	0.16				387	1368	325	8.6	5.3	46.5	40.3	14.7	0.61			
Hot Chocolate - Semi-Skimmed Milk - Large - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	372	88	2.3	1.4	12.8	11.0	3.8	0.16				463	1720	409	10.5	6.5	59.5	51.1	17.7	0.76			
Hot Chocolate - Semi-Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	371	88	2.3	1.4	12.8	11.0	3.8	0.16				497	1845	438	11.3	7.0	63.7	54.8	19.0	0.81			
Hot Chocolate - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	277	66	0.8	0.4	10.7	9.4	3.7	0.14				232	642	152	1.8	1.0	24.8	21.8	8.5	0.33			
Hot Chocolate - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	274	65	0.8	0.4	10.6	9.3	3.6	0.14				297	815	193	2.3	1.3	31.4	27.5	10.8	0.42			
Hot Chocolate - Skimmed Milk - Medium - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	302	72	0.9	0.5	11.8	10.2	3.7	0.15				355	1071	254	3.1	1.8	41.8	36.1	13.1	0.53			
Hot Chocolate - Skimmed Milk - Medium - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	301	72	0.9	0.5	11.8	10.1	3.7	0.15				387	1165	277	3.4	2.0	45.5	39.3	14.3	0.58			
Hot Chocolate - Skimmed Milk - Large - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	320	76	1.0	0.6	12.6	10.8	3.7	0.16				463	1481	352	4.4	2.6	58.3	49.9	17.3	0.73			
Hot Chocolate - Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	319	76	1.0	0.6	12.6	10.8	3.7	0.16				497	1588	377	4.7	2.8	62.4	53.4	18.5	0.78			
Hot Chocolate - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	402	96	4.1	2.6	10.8	9.5	3.6	0.14				232	932	224	9.6	6.1	25.0	22.0	8.3	0.33			
Hot Chocolate - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	399	96	4.1	2.6	10.7	9.4	3.6	0.14				297	1186	285	12.2	7.8	31.7	27.8	10.6	0.42			
Hot Chocolate - Whole Milk - Medium - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	424	102	4.2	2.6	11.9	10.3	3.6	0.15				355	1506	361	14.8	9.4	42.2	36.4	12.8	0.53			
Hot Chocolate - Whole Milk - Medium - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	424	102	4.2	2.6	11.8	10.2	3.6	0.15				387	1640	394	16.1	10.2	45.8	39.6	14.0	0.58			
Hot Chocolate - Whole Milk - Large - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	441	106	4.2	2.7	12.7	10.9	3.6	0.16				463	2040	490	19.4	12.3	58.7	50.3	16.9	0.73			
Hot Chocolate - Whole Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	440	106	4.2	2.7	12.7	10.8	3.6	0.16				497	2189	525	20.9	13.2	62.9	53.9	18.1	0.78			
Hot Chocolate - Soya Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	314	75	2.3	0.6	9.2	7.7	3.6	0.14				232	728	173	5.4	1.5	21.3	17.8	8.3	0.33			
Hot Chocolate - Soya Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	312	74	2.3	0.6	9.0	7.5	3.6	0.14				297	925	220	6.9	1.9	26.9	22.4	10.6	0.42			
Hot Chocolate - Soya Drink - Medium - In Store	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	338	81	2.4	0.7	10.3	8.5	3.6	0.15				355	1200	286	8.5	2.5	36.5	30.1	12.8	0.53			
Hot Chocolate - Soya Drink - Medium - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	338	80	2.4	0.7	10.2	8.5	3.6	0.15				387	1306	311	9.2	2.7	39.7	32.7	14.0	0.58			
Hot Chocolate - Soya Drink - Large - In Store	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	356	85	2.4	0.7	11.1	9.1	3.6	0.16				463	1647	392	11.3	3.4	51.4	42.2	16.9	0.73			
Hot Chocolate - Soya Drink - Large - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	355	85	2.4	0.7	11.1	9.1	3.6	0.16				497	1766	421	12.1	3.6	55.0	45.2	18.1	0.78			
Hot Chocolate - Coconut Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS	277	66	1.9	1.0	9.7	8.4	1.9	0.14				232	642	152	4.3	2.3	22.5	19.5	4.5	0.33			
Hot Chocolate - Coconut Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS	274	65	1.9	1.0	9.6	8.3	1.9	0.14				297	815	193	5.5	2.9	28.5	24.6	5.7	0.42			
Hot Chocolate - Coconut Drink - Medium - In Store	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS	302	72	1.9	1.0	10.8	9.2	2.0	0.15				355	1071	254	6.9	3.7	38.4	32.7	7.1	0.53			
Hot Chocolate - Coconut Drink - Medium - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS	301	72	1.9	1.0	10.8	9.2	2.0	0.15				387	1165	277	7.5	4.0	41.7	35.5	7.8	0.58			
Hot Chocolate - Coconut Drink - Large - In Store	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS	320	76	2.0	1.1	11.6	9.8	2.1	0.16				463	1481	352	9.3	5.0	53.8	45.4	9.6	0.73			
Hot Chocolate - Coconut Drink - Large - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS	319	76	2.0	1.1	11.6	9.8	2.1	0.16				497	1588	377	10.0	5.4	57.7	48.7	10.3	0.78			
Hot Chocolate - Oat Drink - Small - In Store	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	378	90	3.3	0.6	12.8	8.4	1.3	0.17				232	877	209	7.7	1.5	29.7	19.5	3.0	0.39			
Hot Chocolate - Oat Drink - Small - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	376	90	3.3	0.6	12.7	8.3	1.3	0.17				297	1116	266	9.8	1.9	37.6	24.6	3.8	0.50			
Hot Chocolate - Oat Drink - Medium - In Store	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	401	96	3.4	0.7	13.8	9.2	1.4	0.18				355	1424	339	12.0	2.5	49.1	32.7	4.9	0.63			
Hot Chocolate - Oat Drink - Medium - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	401	95	3.4	0.7	13.8	9.2	1.4	0.18				387	1550	370	13.0	2.7	53.4	35.5	5.4	0.69			
Hot Chocolate - Oat Drink - Large - In Store	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	418	100	3.4	0.7	14.6	9.8	1.5	0.18				463	1935	461	15.8	3.4	67.6	45.4	6.7	0.85			
Hot Chocolate - Oat Drink - Large - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	418	100	3.4	0.7	14.6	9.8	1.5	0.18				497	2075	495	16.9	3.6	72.5	48.7	7.2	0.91			
Hot Chocolate (Proud to Serve Recipe)																																							
Hot Chocolate - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	332	78	2.1	1.3	10.9	10.1	4.3	0.14				232	770	182	4.8	3.0	25.4	23.4	10.0	0.33			
Hot Chocolate - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	329	78	2.1	1.3	10.8	10.0	4.3	0.14				297	978	231	6.1	3.8	32.1	29.6	12.8	0.43			
Hot Chocolate - Semi-Skimmed Milk - Medium - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	356	84	2.1	1.3	12.0	11.0	4.5	0.15				355	1262	298	7.6	4.7	42.7	39.1	15.8	0.53			
Hot Chocolate - Semi-Skimmed Milk - Medium - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	355	84	2.1	1.3	12.0	11.0	4.4	0.15				387	1374	324	8.3	5.1	46.4	42.5	17.2	0.58			
Hot Chocolate - Semi-Skimmed Milk - Large - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	373	88	2.2	1.4	12.8	11.7	4.6	0.16				463	1728	408	10.1	6.3	59.4	54.2	21.1	0.72			
Hot Chocolate - Semi-Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	373	88	2.2	1.4	12.8	11.7	4.6	0.15				497	1853	437	10.9	6.8	63.6	58.1	22.6	0.77			
Hot Chocolate - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	278	66	0.7	0.4	10.7	9.8	4.2	0.14				232	646	152	1.7	1.0	24.7	22.7	9.8	0.32			
Hot Chocolate - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	276	65	0.7	0.4	10.5	9.7	4.2	0.14				297	819	193	2.1	1.2	31.3	28.8	12.5	0.41			
Hot Chocolate - Skimmed Milk - Medium - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	303	71	0.8	0.5	11.8	10.7	4.4	0.14				355	1077	254	2.9	1.7	41.7	38.2	15.5	0.51			

Hot Chocolate - Skimmed Milk - Medium - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	303	71	0.8	0.5	11.7	10.7	4.4	0.14				387	1171	276	3.1	1.8	45.4	41.5	16.9	0.56			
Hot Chocolate - Skimmed Milk - Large - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	321	76	0.9	0.5	12.6	11.4	4.5	0.15				463	1488	351	4.0	2.4	58.2	53.0	20.7	0.69			
Hot Chocolate - Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	321	76	0.9	0.5	12.5	11.4	4.5	0.15				497	1596	376	4.3	2.5	62.3	56.8	22.2	0.74			
Hot Chocolate - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	403	96	4.1	2.6	10.8	9.9	4.1	0.14				232	935	224	9.4	6.0	24.9	23.0	9.6	0.32			
Hot Chocolate - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	401	96	4.1	2.6	10.6	9.8	4.1	0.14				297	1190	285	12.1	7.7	31.6	29.1	12.2	0.41			
Hot Chocolate - Whole Milk - Medium - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	426	102	4.1	2.6	11.8	10.8	4.3	0.14				355	1511	361	14.5	9.2	42.1	38.5	15.2	0.51			
Hot Chocolate - Whole Milk - Medium - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	425	102	4.1	2.6	11.8	10.8	4.3	0.14				387	1646	393	15.8	10.1	45.7	41.9	16.5	0.56			
Hot Chocolate - Whole Milk - Large - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	442	106	4.1	2.6	12.6	11.5	4.4	0.15				463	2048	489	19.0	12.1	58.6	53.4	20.3	0.69			
Hot Chocolate - Whole Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	442	105	4.1	2.6	12.6	11.5	4.4	0.15				497	2197	524	20.4	13.0	62.8	57.2	21.8	0.74			
Hot Chocolate - Soya Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	315	75	2.3	0.6	9.1	8.1	4.1	0.14				232	732	173	5.2	1.4	21.2	18.8	9.6	0.32			
Hot Chocolate - Soya Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	313	74	2.2	0.6	9.0	8.0	4.1	0.14				297	929	220	6.7	1.8	26.8	23.7	12.2	0.41			
Hot Chocolate - Soya Drink - Medium - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	340	80	2.3	0.6	10.2	9.1	4.3	0.14				355	1206	285	8.2	2.3	36.4	32.2	15.2	0.51			
Hot Chocolate - Soya Drink - Medium - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	339	80	2.3	0.6	10.2	9.0	4.3	0.14				387	1312	310	9.0	2.5	39.6	35.0	16.5	0.56			
Hot Chocolate - Soya Drink - Large - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	357	85	2.4	0.7	11.1	9.8	4.4	0.15				463	1655	391	10.9	3.2	51.3	45.3	20.3	0.69			
Hot Chocolate - Soya Drink - Large - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	357	84	2.4	0.7	11.1	9.8	4.4	0.15				497	1774	420	11.7	3.4	54.9	48.5	21.8	0.74			
Hot Chocolate - Coconut Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS	278	66	1.8	1.0	9.7	8.8	2.5	0.14				232	646	152	4.2	2.2	22.4	20.4	5.8	0.32			
Hot Chocolate - Coconut Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS	276	65	1.8	1.0	9.6	8.7	2.5	0.14				297	819	193	5.3	2.8	28.4	25.9	7.4	0.41			
Hot Chocolate - Coconut Drink - Medium - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS	303	71	1.9	1.0	10.8	9.8	2.7	0.14				355	1077	254	6.6	3.6	38.3	34.7	9.5	0.51			
Hot Chocolate - Coconut Drink - Medium - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS	303	71	1.9	1.0	10.8	9.7	2.7	0.14				387	1171	276	7.2	3.9	41.6	37.7	10.3	0.56			
Hot Chocolate - Coconut Drink - Large - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS	321	76	1.9	1.0	11.6	10.5	2.8	0.15				463	1488	351	8.9	4.8	53.7	48.5	13.0	0.69			
Hot Chocolate - Coconut Drink - Large - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS	321	76	1.9	1.0	11.6	10.5	2.8	0.15				497	1596	376	9.5	5.1	57.6	52.0	13.9	0.74			
Hot Chocolate - Oat Drink - Small - In Store	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	380	90	3.2	0.6	12.7	8.8	1.9	0.16				232	881	209	7.5	1.4	29.6	20.4	4.3	0.38			
Hot Chocolate - Oat Drink - Small - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	377	89	3.2	0.6	12.6	8.7	1.8	0.16				297	1120	266	9.6	1.8	37.5	25.9	5.5	0.49			
Hot Chocolate - Oat Drink - Medium - In Store	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	403	95	3.3	0.6	13.8	9.8	2.1	0.17				355	1430	339	11.7	2.3	49.0	34.7	7.3	0.60			
Hot Chocolate - Oat Drink - Medium - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	402	95	3.3	0.6	13.8	9.7	2.1	0.17				387	1556	369	12.7	2.5	53.3	37.7	7.9	0.66			
Hot Chocolate - Oat Drink - Large - In Store	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	420	99	3.3	0.7	14.6	10.5	2.2	0.17				463	1943	460	15.4	3.2	67.5	48.5	10.2	0.81			
Hot Chocolate - Oat Drink - Large - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	419	99	3.3	0.7	14.6	10.5	2.2	0.17				497	2083	494	16.5	3.4	72.4	52.0	10.9	0.87			
Hot Chocolate Babycino (Proud to Serve Recipe)																																									
Hot Chocolate Babycino - Whole Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	393	94	4.0	2.6	10.2	9.4	4.1	0.13				90	353	84	3.6	2.3	9.2	8.5	3.7	0.12			
Hot Chocolate Babycino - Semi-Skimmed Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	320	76	2.0	1.3	10.4	9.6	4.2	0.14				90	288	68	1.8	1.1	9.4	8.7	3.8	0.13			
Hot Chocolate Babycino - Skimmed Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	267	63	0.7	0.4	10.1	9.4	4.2	0.13				90	240	57	0.6	0.4	9.1	8.4	3.7	0.12			
Hot Chocolate Babycino - Soya Drink	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	304	72	2.2	0.6	8.6	7.6	4.1	0.13				90	274	65	2.0	0.5	7.7	6.9	3.7	0.12			
Hot Chocolate Babycino - Coconut Drink	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS	267	63	1.8	0.9	9.1	8.4	2.4	0.13				90	240	57	1.6	0.8	8.2	7.5	2.2	0.12			
Hot Chocolate Babycino - Oat Drink	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	369	87	3.2	0.6	12.2	8.4	1.8	0.16				90	332	79	2.9	0.5	11.0	7.5	1.6	0.15			
COFFEE OVER ICE																																									
Iced Espresso																																									
Iced Espresso - Single	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	26	6	0.1	0.0	1.0	0.0	0.4	0.03				95	24	6	0.1	0.0	0.9	0.0	0.4	0.03			
Iced Espresso - Double	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	39	9	0.1	0.0	1.5	0.0	0.6	0.05				125	49	12	0.1	0.1	1.9	0.1	0.8	0.06			
Iced Americano Black																																									
Iced Americano Black - Small - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	20	5	0.0	0.0	0.8	0.0	0.3	0.02				245	49	12	0.1	0.1	1.9	0.1	0.8	0.06			
Iced Americano Black - Small - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	19	5	0.0	0.0	0.7	0.0	0.3	0.02				255	49	12	0.1	0.1	1.9	0.1	0.8	0.06			
Iced Americano Black - Medium	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	21	5	0.0	0.0	0.8	0.0	0.3	0.02				350	74	18	0.2	0.1	3.0	0.1	1.2	0.08			
Iced Americano Black - Large - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	19	5	0.0	0.0	0.7	0.0	0.3	0.02				500	97	23	0.2	0.1	3.7	0.1	1.6	0.12			
Iced Latte (Standard)																																									
Iced Latte (Standard) - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	135	32	1.1	0.7	3.5	2.8	2.4	0.09				275	370	87	2.9	1.8	9.6	7.8	6.6	0.24			
Iced Latte (Standard) - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	133	31	1.1	0.7	3.5	2.8	2.4	0.09				285	380	90	3.0	1.9	9.9	8.1	6.7	0.24			
Iced Latte (Standard) - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	131	31	1.1	0.7	3.3	2.8	2.3	0.08				365	478	113	3.9	2.4	12.2	10.4	8.5	0.30			
Iced Latte (Standard) - Semi-Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	140	33	1.1	0.7	3.6	3.0	2.5	0.09				472	659	156	5.3	3.3	17.1	14.2	11.7	0.40			
Iced Latte (Standard) - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	99	23	0.2	0.1	3.3	2.7	2.3	0.08				275	273	64	0.5	0.2	9.1	7.3	6.4	0.23			
Iced Latte (Standard) - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	98	23	0.2	0.1	3.3	2.6	2.3	0.08				285	280	66	0.5	0.2	9.3	7.5	6.6	0.23			
Iced Latte (Standard) - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	95	22	0.2	0.1	3.2	2.7	2.3	0.08				365	348	82	0.6	0.3	11.5	9.7	8.3	0.28			
Iced Latte (Standard) - Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	102	24	0.2	0.1	3.4	2.8	2.4	0.08				472	482	114	0.8	0.4	16.2	13.3	11.4	0.38			
Iced Latte (Standard) - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	182	44	2.4	1.5	3.4	2.7	2.3	0.08				275	501	120	6.6	4.2	9.3	7.5	6.2	0.23			
Iced Latte (Standard) - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	181	43	2.4	1.5	3.3	2.7	2.2	0.08				285	515	124	6.8	4.3	9.5	7.7	6.4	0.23			
Iced Latte (Standard) - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	178	43	2.4	1.5	3.2	2.7	2.2	0.08				365	652	157	8.7	5.6	11.8	10.0	8.0	0.28			
Iced Latte (Standard) - Whole Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	190	46	2.5	1.6	3.5	2.9	2.4	0.08				472	896	216	11.9	7.6	16.5	13.6	11.1	0.38			
Iced Latte (Standard) - Soya Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	124	29	1.2	0.2	2.3	1.5	2.3	0.08				275	341	81	3.3	0.6	6.3	4.2	6.2	0.23			
Iced Latte (Standard) - Soya Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	123	29	1.2	0.2	2.3	1.5	2.2	0.08				285	350	83	3.4	0.6	6.5	4.3	6.4	0.23			
Iced Latte (Standard) - Soya Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	120	28	1.2	0.2	2.1	1.5	2.2	0.08				365	438	104	4.3	0.7	7.8	5.6	8.0	0.28			
Iced Latte (Standard) - Soya Drink - Large - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	128	30	1.2	0.2	2.3	1.6	2.4	0.08				472	605	144	5.9	1.0	11.1	7.6	11.1	0.38			
Iced Latte (Standard) - Coconut Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS	99	23	0.9	0.4	2.7	2.0	1.2	0.08				275	273	64	2.4	1.2	7.3	5.5	3.3	0.23			
Iced Latte (Standard) - Coconut Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS	98	23	0.9	0.4	2.6	2.0	1.2	0.08				285	280	66	2.5	1.3	7.5	5.7	3.3	0.23			
Iced Latte (Standard) - Coconut Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS	95	22	0.9	0.4	2.5	2.0	1.1	0.08				365	348	82	3.2	1.6	9.1	7.3	4.1	0.28			
Iced Latte (Standard) - Coconut Drink - Large - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROUS	102	24	0.9	0.5	2.7	2.1	1.2	0.08				472	482	114	4.4	2.2	12.9	10.0	5.7	0.38			
Iced Latte (Standard) - Oat Drink - Small - In Store	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	167	40	1.8	0.2	4.7	2.0	0.8	0.10				275	458	109	5.1	0.6	12.9	5.5	2.1	0.27			
Iced Latte (Standard) - Oat Drink - Small - Take Away	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	165	39	1.8	0.2	4.6	2.0	0.8	0.10				285	470	112	5.2	0.6	13.3	5.7	2.1	0.28			
Iced Latte (Standard) - Oat Drink - Medium	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	163	39	1.8	0.2	4.5	2.0	0.7	0.09				365	594	141	6.7	0.7	16.6	7.3	2.5	0.35			
Iced Latte (Standard) - Oat Drink - Large - Take Away	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	173	41	1.9	0.2	4.9	2.1	0.8	0.10				472	818	195	9.2	1.0	23.1	10.0	3.6	0.47			
Iced Cappuccino (Proud to Serve Recipe)																																									
Iced Cappuccino - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	100	23	0.5	0.3	3.1	2.2	1.8	0.07				211	210	50	1.1	0.7	6.5	4.6	3.8	0.15			
Iced Cappuccino - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	101	24	0.5	0.3	3.1	2.3	1.9	0.07				241	243	57	1.3	0.8	7.4	5.5	4.5	0.17			
Iced Cappuccino - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	95	22	0.5	0.3	2.9	2.1	1.8	0.07				331	313	74	1.5	0.9	9.6	7.1	6.0	0.23			
Iced Cappuccino - Semi-Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	95	23	0.5	0.3	2.9	2.0	1.8	0.07				413	394	93	2.0	1.2	12.1	8.4	7.5	0.30			
Iced Cappuccino - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	86	20	0.2	0.1	3.0	2.1	1.8	0.07				211	181	43	0.3	0.2	6.3	4.4	3.8	0.15			
Iced Cappuccino - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	86	20	0.2	0.1	3.0	2.2	1.9	0.07				241	208	49	0.4	0.2	7.2	5.3	4.5	0.17			

Iced Cappuccino - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	82	19	0.1	0.1	2.8	2.1	1.8	0.07				331	272	64	0.5	0.3	9.3	6.9	5.9	0.22			
Iced Cappuccino - Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	83	20	0.2	0.1	2.9	2.0	1.8	0.07				413	342	81	0.6	0.3	11.8	8.1	7.4	0.29			
Iced Cappuccino - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	118	28	1.0	0.7	3.0	2.1	1.8	0.07				211	250	60	2.2	1.4	6.4	4.5	3.7	0.15			
Iced Cappuccino - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	121	29	1.1	0.7	3.0	2.2	1.8	0.07				241	291	69	2.6	1.6	7.2	5.4	4.4	0.17			
Iced Cappuccino - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	111	27	0.9	0.6	2.8	2.1	1.8	0.07				331	368	88	3.1	1.9	9.4	6.9	5.9	0.22			
Iced Cappuccino - Whole Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	112	27	0.9	0.6	2.9	2.0	1.8	0.07				413	464	111	3.9	2.4	11.9	8.2	7.3	0.29			
Iced Cappuccino - Soya Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	95	23	0.6	0.1	2.6	1.6	1.8	0.07				211	201	48	1.2	0.3	5.5	3.5	3.7	0.15			
Iced Cappuccino - Soya Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	96	23	0.6	0.1	2.6	1.7	1.8	0.07				241	232	55	1.4	0.3	6.2	4.2	4.4	0.17			
Iced Cappuccino - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	91	21	0.5	0.1	2.5	1.7	1.8	0.07				331	300	71	1.7	0.4	8.2	5.5	5.9	0.22			
Iced Cappuccino - Soya Drink - Large - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	92	22	0.5	0.1	2.5	1.6	1.8	0.07				413	378	89	2.1	0.5	10.3	6.5	7.3	0.29			
Iced Cappuccino - Coconut Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS	86	20	0.4	0.2	2.7	1.8	1.3	0.07				211	181	43	0.9	0.5	5.8	3.9	2.8	0.15			
Iced Cappuccino - Coconut Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS	86	20	0.5	0.2	2.7	1.9	1.4	0.07				241	208	49	1.1	0.6	6.5	4.6	3.3	0.17			
Iced Cappuccino - Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS	82	19	0.4	0.2	2.6	1.8	1.4	0.07				331	272	64	1.3	0.7	8.6	6.1	4.6	0.22			
Iced Cappuccino - Coconut Drink - Large - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS	83	20	0.4	0.2	2.6	1.7	1.4	0.07				413	342	81	1.7	0.9	10.8	7.2	5.7	0.29			
Iced Cappuccino - Oat Drink - Small - In Store	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	112	27	0.8	0.1	3.5	1.8	1.2	0.08				211	237	56	1.7	0.3	7.5	3.9	2.5	0.16			
Iced Cappuccino - Oat Drink - Small - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	114	27	0.9	0.1	3.6	1.9	1.2	0.08				241	275	65	2.1	0.3	8.6	4.6	2.9	0.19			
Iced Cappuccino - Oat Drink - Medium	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	106	25	0.7	0.1	3.3	1.8	1.2	0.07				331	350	83	2.5	0.4	11.0	6.1	4.1	0.25			
Iced Cappuccino - Oat Drink - Large - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	107	25	0.7	0.1	3.4	1.7	1.2	0.08				413	441	104	3.1	0.5	13.8	7.2	5.1	0.32			
Iced Mocha																																									
Iced Mocha Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	194	46	1.2	0.8	6.2	5.2	2.7	0.10				292	566	134	3.6	2.2	18.0	15.1	8.0	0.30			
Iced Mocha Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	194	46	1.2	0.8	6.1	5.2	2.8	0.10				297	575	136	3.7	2.3	18.3	15.4	8.2	0.30			
Iced Mocha Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	219	52	1.3	0.8	7.3	6.2	2.9	0.11				404	884	209	5.2	3.3	29.6	25.1	11.6	0.43			
Iced Mocha Semi-Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	220	52	1.3	0.8	7.5	6.3	2.8	0.11				576	1268	299	7.4	4.6	43.0	36.2	16.4	0.62			
Iced Mocha Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	160	38	0.4	0.2	6.0	5.0	2.7	0.10				292	468	110	1.1	0.6	17.5	14.6	7.8	0.28			
Iced Mocha Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	66	16	0.2	0.1	2.8	2.5	0.5	0.02				297	195	46	0.7	0.4	8.4	7.3	1.4	0.06			
Iced Mocha Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	187	44	0.5	0.3	7.2	6.0	2.8	0.10				404	755	178	1.9	1.1	29.0	24.4	11.4	0.42			
Iced Mocha Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	189	45	0.5	0.3	7.3	6.1	2.8	0.10				576	1091	257	2.9	1.6	42.1	35.3	16.1	0.60			
Iced Mocha Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	238	57	2.5	1.6	6.1	5.1	2.6	0.10				292	696	167	7.2	4.6	17.7	14.8	7.7	0.28			
Iced Mocha Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	239	57	2.5	1.6	6.0	5.1	2.6	0.10				297	710	170	7.4	4.7	17.9	15.0	7.8	0.29			
Iced Mocha Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	262	63	2.5	1.6	7.2	6.1	2.8	0.10				404	1058	253	10.1	6.4	29.2	24.6	11.2	0.42			
Iced Mocha Whole Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	261	62	2.4	1.5	7.4	6.2	2.7	0.10				576	1505	359	14.0	8.8	42.4	35.6	15.8	0.60			
Iced Mocha Soya Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	184	43	1.3	0.3	5.0	3.9	2.6	0.10				292	536	127	3.9	1.0	14.7	11.5	7.7	0.28			
Iced Mocha Soya Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	183	43	1.4	0.3	5.0	3.9	2.6	0.10				297	545	129	4.0	1.0	14.9	11.6	7.8	0.29			
Iced Mocha Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	209	49	1.4	0.4	6.2	5.0	2.8	0.10				404	845	200	5.7	1.6	25.2	20.2	11.2	0.42			
Iced Mocha Soya Drink - Large - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	211	50	1.4	0.4	6.4	5.1	2.7	0.10				576	1214	287	8.0	2.2	37.0	29.6	15.8	0.60			
Iced Mocha Coconut Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS	160	38	1.1	0.6	5.4	4.4	1.6	0.10				292	468	110	3.1	1.6	15.7	12.8	4.7	0.28			
Iced Mocha Coconut Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS	160	38	1.1	0.6	5.3	4.4	1.6	0.10				297	475	112	3.2	1.7	15.9	13.0	4.8	0.29			
Iced Mocha Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS	187	44	1.1	0.6	6.6	5.4	1.8	0.10				404	755	178	4.6	2.4	26.5	22.0	7.2	0.42			
Iced Mocha Coconut Drink - Large - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS	189	45	1.1	0.6	6.7	5.6	1.8	0.10				576	1091	257	6.5	3.4	38.8	32.0	10.4	0.60			
Iced Mocha Oat Drink - Small - In Store	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	224	53	2.0	0.3	7.3	4.4	1.2	0.11				292	653	155	5.7	1.0	21.3	12.8	3.5	0.33			
Iced Mocha Oat Drink - Small - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	224	53	2.0	0.3	7.3	4.4	1.2	0.11				297	666	158	5.9	1.0	21.7	13.0	3.6	0.34			
Iced Mocha Oat Drink - Medium	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	248	59	2.0	0.4	8.4	5.4	1.4	0.12				404	1001	237	8.1	1.6	34.0	22.0	5.7	0.48			
Iced Mocha Oat Drink - Large - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	248	59	2.0	0.4	8.5	5.6	1.4	0.12				576	1427	338	11.3	2.2	49.0	32.0	8.3	0.69			
COOLERS																																									
Red Summer Berries Fruit Cooler (No added sugar)****																																									
Red Summer Berries Fruit Cooler (No added sugar)**** - Small	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	203	47	0.0	0.0	11.9	11.4	0.0	0.11				350	711	165	0.0	0.0	41.8	39.9	0.0	0.38			
Red Summer Berries Fruit Cooler (No added sugar)**** - Medium	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	199	46	0.0	0.0	11.7	11.2	0.0	0.11				470	935	218	0.0	0.0	55.0	52.5	0.0	0.50			
Mango And Passionfruit Fruit Cooler (No added sugar)****																																									
Mango And Passionfruit Fruit Cooler (No added sugar)**** - Small - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	151	36	0.0	0.0	8.1	7.6	0.4	0.00				350	530	125	0.0	0.0	28.5	26.6	1.3	0.00			
Mango And Passionfruit Fruit Cooler (No added sugar)**** - Medium	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	148	35	0.0	0.0	8.0	7.4	0.4	0.00				470	698	165	0.0	0.0	37.5	35.0	1.8	0.00			
**** Contains naturally ocurring sugars																																									
SuperFuzion TEA																																									
Citrus Zing with Vitamin C*																																									
Citrus Zing with Vitamin C* - Medium	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	5	1	0.0	0.0	0.0	0.0	0.0	0.00	0.0	4.4	0.0	275	14	3	0.0	0.0	0.0	0.0	0.0	0.00	0.0	12.0	0.0
*Source of vitamin C																																									
Mellow Mango with Zinc***																																									
Mellow Mango with Zinc*** - Medium	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	7	2	0.0	0.0	0.0	0.0	0.0	0.00	0.5	0.0	0.0	275	19	6	0.0	0.0	0.0	0.0	0.0	0.00	1.5	0.0	0.0
*** Source of Zinc																																									
ICED TEA																																									
Peach Iced Tea																																									
Peach Iced Tea - Small - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	103	25	0.0	0.0	6.1	6.0	0.0	0.00				325	335	80	0.0	0.0	19.9	19.4	0.0	0.01			
Peach Iced Tea - Small - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	97	23	0.0	0.0	5.8	5.6	0.0	0.00				345	335	80	0.0	0.0	19.9	19.4	0.0	0.01			
Peach Iced Tea - Medium	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	103	25	0.0	0.0	6.1	6.0	0.0	0.00				433	447	107	0.0	0.0	26.6	25.9	0.0	0.01			
Mango Berry Bubble Tea																																									
Mango Berry Bubble Tea - Small - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	96	23	0.0	0.0	5.3	4.5	0.0	0.01				318	306	73	0.0	0.0	16.9	14.3	0.0	0.04			
Mango Berry Bubble Tea - Small - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	86	20	0.0	0.0	4.7	4.0	0.0	0.01				358	307	73	0.0	0.0	16.9	14.3	0.0	0.04			
Mango Berry Bubble Tea - Medium - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	117	28	0.0	0.0	6.5	5.5	0.0	0.02				408	479	114	0.0	0.0	26.6	22.4	0.1	0.06			
Mango Berry Bubble Tea - Medium - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	112	27	0.0	0.0	6.2	5.2	0.0	0.02				428	479	114	0.0	0.0	26.6	22.4	0.1	0.06			
LEMONADES																																									
Still Lemonade																																									
Still Lemonade - Small - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	74	18	0.0	0.0	4.0	4.0	0.0	0.00				227	168	40	0.0	0.0	9.1	9.1	0.0	0.01			
Still Lemonade - Small - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	58	14	0.0	0.0	3.1	3.1	0.0	0.00				291	168	40	0.0	0.0	9.1	9.1	0.0	0.01			
Still Lemonade - Medium - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	71	17	0.0	0.0	3.8	3.8	0.0	0.00				317	224	54	0.0	0.0	12.2	12.2	0.0	0.01			
Still Lemonade - Medium - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	63	15	0.0	0.0	3.4	3.4	0.0	0.00				357	224	54	0.0	0.0	12.2	12.2	0.0	0.01			
Pink Lemonade (Strawberry Lemonade)																																									

Strawberry Lemonade - Small - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		138	33	0.1	0.1	7.6	6.9	0.0	0.01				247	341	81	0.3	0.2	18.7	16.9	0.0	0.03			
Strawberry Lemonade - Small - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		110	26	0.1	0.1	6.0	5.4	0.0	0.01				311	341	81	0.3	0.2	18.7	16.9	0.0	0.03			
Strawberry Lemonade - Medium - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		139	33	0.1	0.1	7.7	6.9	0.0	0.01				347	484	114	0.4	0.4	26.6	23.9	0.0	0.04			
Strawberry Lemonade - Medium - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		125	29	0.1	0.1	6.9	6.2	0.0	0.01				387	484	114	0.4	0.4	26.6	23.9	0.0	0.04			
FUZE ICED TEA																																								
Peach Hibiscus Iced Tea (Proud to Serve Recipe)																																								
Peach Hibiscus Iced Tea - Small - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		49	11	0.0	0.0	2.7	2.5	0.0	0.01				309	150	35	0.0	0.0	8.2	7.7	0.0	0.04			
Peach Hibiscus Iced Tea - Small - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		41	10	0.0	0.0	2.2	2.1	0.0	0.01				369	150	35	0.0	0.0	8.2	7.7	0.0	0.04			
Peach Hibiscus Iced Tea - Medium - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		53	12	0.0	0.0	2.9	2.7	0.0	0.02				378	200	47	0.0	0.0	10.9	10.3	0.0	0.06			
Peach Hibiscus Iced Tea - Medium - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		46	11	0.0	0.0	2.5	2.3	0.0	0.01				438	200	47	0.0	0.0	10.9	10.3	0.0	0.06			
COFFEE Frappés																																								
Coffee Frappé & Cream (Proud to Serve Recipe) Espresso Coffee																																								
Coffee Frappé & Cream - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		314	76	5.4	3.4	5.3	4.2	1.5	0.06				363	1138	274	19.5	12.4	19.4	15.4	5.4	0.21			
Coffee Frappé & Cream - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		312	75	5.3	3.4	5.3	4.2	1.6	0.06				378	1179	284	20.1	12.7	20.0	16.0	5.9	0.22			
Coffee Frappé & Cream - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		275	66	4.3	2.7	5.5	4.3	1.4	0.06				499	1375	331	21.3	13.6	27.7	21.3	7.2	0.28			
Coffee Frappé & Cream - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		286	69	4.6	2.9	5.4	4.3	1.6	0.06				363	1039	249	16.8	10.6	19.6	15.6	5.7	0.22			
Coffee Frappé & Cream - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		283	68	4.5	2.8	5.4	4.3	1.6	0.06				378	1069	256	17.0	10.7	20.3	16.3	6.2	0.23			
Coffee Frappé & Cream - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		249	60	3.5	2.2	5.6	4.3	1.5	0.06				499	1244	298	17.7	11.2	28.0	21.6	7.5	0.30			
Coffee Frappé & Cream - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		266	64	4.1	2.6	5.3	4.2	1.5	0.06				363	966	232	14.9	9.4	19.2	15.2	5.6	0.21			
Coffee Frappé & Cream - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		261	63	3.9	2.5	5.3	4.2	1.6	0.06				378	986	237	14.9	9.4	19.9	15.9	6.1	0.22			
Coffee Frappé & Cream - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		230	55	3.1	1.9	5.5	4.2	1.5	0.06				499	1147	275	15.2	9.6	27.5	21.1	7.4	0.28			
Coffee Frappé & Cream - Soya Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		280	67	4.7	2.6	4.7	3.5	1.5	0.06				363	1017	244	17.0	9.6	17.1	12.9	5.4	0.21			
Coffee Frappé & Cream - Soya Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		276	66	4.6	2.6	4.6	3.5	1.6	0.06				378	1043	251	17.3	9.7	17.5	13.2	5.9	0.22			
Coffee Frappé & Cream - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		243	58	3.6	2.0	4.9	3.6	1.4	0.06				499	1215	291	18.0	9.9	24.7	18.0	7.2	0.28			
Coffee Frappé & Cream - Coconut Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS		266	64	4.5	2.8	4.9	3.8	0.9	0.06				363	966	232	16.4	10.1	17.9	13.9	3.2	0.21			
Coffee Frappé & Cream - Coconut Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS		261	63	4.4	2.7	4.9	3.8	0.9	0.06				378	986	237	16.6	10.2	18.4	14.4	3.4	0.22			
Coffee Frappé & Cream - Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS		230	55	3.4	2.1	5.1	3.9	0.8	0.06				499	1147	275	17.2	10.6	25.7	19.3	4.2	0.28			
Coffee Frappé & Cream - Oat Drink - Small - In Store	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		305	73	5.1	2.6	6.1	3.8	0.6	0.07				363	1106	266	18.4	9.6	22.1	13.9	2.3	0.24			
Coffee Frappé & Cream - Oat Drink - Small - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		302	73	5.0	2.6	6.1	3.8	0.6	0.07				378	1143	274	18.8	9.7	23.1	14.4	2.4	0.26			
Coffee Frappé & Cream - Oat Drink - Medium	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		267	64	4.0	2.0	6.3	3.9	0.6	0.07				499	1332	319	19.8	9.9	31.3	19.3	3.1	0.33			
Coffee Frappé & Cream (Proud to Serve Recipe) Instant Coffee																																								
Coffee Frappé & Cream - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		340	82	5.8	3.7	5.9	4.6	1.6	0.05				335	1139	275	19.4	12.3	19.8	15.4	5.5	0.18			
Coffee Frappé & Cream - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		337	81	5.7	3.6	5.9	4.6	1.7	0.06				350	1180	284	20.0	12.7	20.5	16.0	6.0	0.19			
Coffee Frappé & Cream - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		311	75	4.8	3.1	6.4	4.8	1.6	0.05				443	1376	331	21.2	13.5	28.6	21.2	7.3	0.22			
Coffee Frappé & Cream - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		311	74	5.0	3.2	6.0	4.7	1.7	0.06				335	1040	250	16.7	10.6	20.1	15.6	5.7	0.19			
Coffee Frappé & Cream - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		306	73	4.8	3.1	5.9	4.7	1.8	0.06				350	1069	256	17.0	10.7	20.8	16.3	6.3	0.20			
Coffee Frappé & Cream - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		281	67	4.0	2.5	6.5	4.9	1.7	0.05				443	1246	298	17.6	11.2	28.9	21.6	7.6	0.24			
Coffee Frappé & Cream - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		289	69	4.4	2.8	5.9	4.5	1.7	0.05				335	966	232	14.8	9.3	19.7	15.2	5.6	0.18			
Coffee Frappé & Cream - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		282	68	4.2	2.7	5.8	4.5	1.7	0.06				350	987	237	14.9	9.4	20.3	15.9	6.1	0.19			
Coffee Frappé & Cream - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		259	62	3.4	2.2	6.4	4.8	1.7	0.05				443	1149	275	15.1	9.6	28.4	21.1	7.5	0.22			
Coffee Frappé & Cream - Soya Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		304	73	5.1	2.9	5.2	3.8	1.6	0.05				335	1018	245	16.9	9.6	17.6	12.9	5.5	0.18			
Coffee Frappé & Cream - Soya Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		298	72	4.9	2.8	5.1	3.8	1.7	0.06				350	1044	251	17.2	9.6	18.0	13.2	6.0	0.19			
Coffee Frappé & Cream - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		275	66	4.0	2.2	5.8	4.0	1.6	0.05				443	1216	292	17.9	9.9	25.6	17.9	7.3	0.22			
Coffee Frappé & Cream - Coconut Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS		289	69	4.9	3.0	5.5	4.1	1.0	0.05				335	966	232	16.3	10.1	18.3	13.9	3.2	0.18			
Coffee Frappé & Cream - Coconut Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS		282	68	4.7	2.9	5.4	4.1	1.0	0.06				350	987	237	16.5	10.2	18.8	14.3	3.5	0.19			
Coffee Frappé & Cream - Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS		259	62	3.9	2.4	6.0	4.3	1.0	0.05				443	1149	275	17.1	10.6	26.6	19.3	4.3	0.22			
Coffee Frappé & Cream - Oat Drink - Small - In Store	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		330	79	5.5	2.9	6.7	4.1	0.7	0.06				335	1106	266	18.3	9.6	22.6	13.9	2.4	0.22			
Coffee Frappé & Cream - Oat Drink - Small - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		327	78	5.4	2.8	6.7	4.1	0.7	0.07				350	1144	275	18.8	9.6	23.6	14.3	2.5	0.23			
Coffee Frappé & Cream - Oat Drink - Medium	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		301	72	4.5	2.2	7.3	4.3	0.7	0.06				443	1333	320	19.7	9.9	32.2	19.3	3.2	0.27			
Chocolate Fudge Brownie Frappé Mocha & Light Whip Espresso Coffee																																								
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Whole Milk - Small - In S	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		336	80	3.5	2.8	10.4	8.4	1.5	0.14				367	1234	293	12.7	10.2	38.1	30.9	5.7	0.52			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Whole Milk - Small - Tak	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		338	80	3.5	2.8	10.5	8.5	1.5	0.14				357	1207	287	12.3	10.0	37.7	30.5	5.3	0.51			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Whole Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		338	80	2.9	2.3	11.6	9.3	1.6	0.15				495	1673	397	14.4	11.4	57.4	46.0	8.1	0.75			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Semi-Skimmed Milk - Sr	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		316	75	2.9	2.4	10.4	8.5	1.6	0.14				367	1159	274	10.6	8.9	38.3	31.1	5.8	0.53			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Semi-Skimmed Milk - Sr	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		319	76	2.9	2.5	10.6	8.6	1.5	0.14				357	1139	270	10.5	8.8	37.8	30.7	5.5	0.52			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Semi-Skimmed Milk - Me	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		321	76	2.4	2.0	11.6	9.3	1.7	0.15				495	1590	376	12.1	9.9	57.6	46.2	8.3	0.76			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Skimmed Milk - Small - I	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		301	71	2.5	2.2	10.4	8.4	1.6	0.14				367	1103	261	9.2	8.0	38.0	30.9	5.8	0.52			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Skimmed Milk - Small - T	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		305	72	2.6	2.2	10.5	8.5	1.5	0.14				357	1089	258	9.2	7.9	37.6	30.4	5.4	0.51			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Skimmed Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		309	73	2.1	1.8	11.6	9.3	1.7	0.15				495	1528	361	10.5	8.9	57.3	45.9	8.2	0.75			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Soya Drink - Small - In S	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		311	74	2.9	2.2	9.9	7.9	1.5	0.14				367	1142	271	10.8	8.1	36.4	29.0	5.7	0.52			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Soya Drink - Small - Tak	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		315	75	3.0	2.3	10.1	8.1	1.5	0.14				357	1124	266	10.6	8.1	36.1	28.8	5.3	0.51			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Soya Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		317	75	2.5	1.8	11.2	8.9	1.6	0.15				495	1571	371	12.3	9.1	55.5	43.9	8.1	0.75			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Coconut Drink - Small - I	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS		301	71	2.8	2.3	10.1	8.1	1.1	0.14				367	1103	261	10.4	8.5	37.0	29.8	3.9	0.52			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Coconut Drink - Small -	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS		305	72	2.9	2.4	10.3	8.3	1.1	0.14				357	1089	258	10.2	8.5	36.6	29.5	3.8	0.51			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Coconut Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS		309	73	2.4	1.9	11.3	9.0	1.2	0.15				495	1528	361	11.8	9.5	56.1	44.8	6.2	0.75			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Oat Drink - Small - In St	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO		330	78	3.2	2.2	11.0	8.1	0.9	0.15				367	1209	287	11.9	8.1	40.2	29.8	3.3	0.55			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Oat Drink - Small - Take	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO		332	79	3.2	2.3	11.1	8.3	0.9	0.15				357	1184	281	11.6	8.1	39.5	29.5	3.2	0.53			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Oat Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO		332	79	2.7	1.8	12.1	9.0	1.1	0.16				495	1645	389	13.4	9.1	59.7	44.8	5.4	0.79			
Chocolate Fudge Brownie Frappé Mocha & Light Whip (Proud to Serve Recipe) Instant Coffee																																								
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Whole Milk - Small - In S	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		364	87	3.7	3.0	11.4	9.1	1.7	0.14				339	1235	294	12.7	10.2	38.6	30.9	5.7	0.49			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Whole Milk - Small - Tak	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		367	87	3.7	3.0	11.6	9.3	1.6	0.15				329	1207	287	12.3	10.0	38.1	30.5	5.4	0.48			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Whole Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		381	90	3.2	2.6	13.3	10.5	1.9	0.16				439	1674	397	14.3	11.3	58.3	46.0	8.2	0.70			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Semi-Skimmed Milk - Sr	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		342	81	3.1	2.6	11.4	9.2	1.7	0.15				339	1160	275	10.6	8.9	38.7	31.1	5.9	0.50			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Semi-Skimmed Milk - Sr	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		347	82	3.2	2.7	11.6	9.3	1.7	0.15				329	1140	270	10.4	8.7	38.3	30.6	5.5	0.49			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Semi-Skimmed Milk - Me	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		362	86	2.7	2.2	13.3	10.5	1.9	0.16				439	1591	376	12.0	9.8	58.5	46.2	8.4	0.70			

Chocolate Fudge Brownie Frappé Mocha & Light Whip - Skimmed Milk - Small - I	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		326	77	2.7	2.3	11.3	9.1	1.7	0.14				339	1104	261	9.2	7.9	38.5	30.8	5.8	0.49			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Skimmed Milk - Small - T	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		331	78	2.8	2.4	11.6	9.2	1.7	0.15				329	1090	258	9.1	7.9	38.0	30.4	5.5	0.48			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Skimmed Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		348	82	2.4	2.0	13.2	10.5	1.9	0.16				439	1529	361	10.4	8.8	58.2	45.9	8.3	0.70			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Soya Drink - Small - In S	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		337	80	3.2	2.4	10.9	8.6	1.7	0.14				339	1143	271	10.8	8.1	36.8	29.0	5.7	0.49			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Soya Drink - Small - Tak	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		342	81	3.2	2.5	11.1	8.7	1.6	0.15				329	1125	267	10.6	8.1	36.6	28.8	5.4	0.48			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Soya Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		358	85	2.8	2.1	12.8	10.0	1.9	0.16				439	1572	372	12.2	9.0	56.4	43.9	8.2	0.70			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Coconut Drink - Small -	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		326	77	3.0	2.5	11.0	8.8	1.2	0.14				339	1104	261	10.3	8.5	37.4	29.8	4.0	0.49			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Coconut Drink - Small -	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		331	78	3.1	2.6	11.3	9.0	1.2	0.15				329	1090	258	10.2	8.4	37.1	29.5	3.8	0.48			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Coconut Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		348	82	2.7	2.2	13.0	10.2	1.4	0.16				439	1529	361	11.6	9.5	57.0	44.7	6.3	0.70			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Oat Drink - Small - In St	YES	NO	YES	NTAMIN	NTAMIN	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		357	85	3.5	2.4	12.0	8.8	1.0	0.15				339	1210	287	11.8	8.1	40.6	29.8	3.3	0.52			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Oat Drink - Small - Take	YES	NO	YES	NTAMIN	NTAMIN	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		360	85	3.5	2.5	12.2	9.0	1.0	0.15				329	1185	281	11.5	8.1	40.0	29.5	3.3	0.51			
Chocolate Fudge Brownie Frappé Mocha & Light Whip - Oat Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		375	89	3.0	2.1	13.8	10.2	1.3	0.17				439	1647	390	13.3	9.0	60.6	44.7	5.5	0.73			
Salted Caramel Frappé with Coffee & Light Whip (Proud to Serve Recipe) Espresso Coffee																																								
Salted Caramel Frappé with Coffee & Light Whip - Whole Milk - Small - in Store	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		281	67	3.3	2.7	8.1	6.8	1.1	0.05				365	1026	245	12.2	9.9	29.7	24.8	4.1	0.19			
Salted Caramel Frappé with Coffee & Light Whip - Whole Milk - Small - Take Awa	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		295	71	3.4	2.8	8.8	7.4	1.1	0.05				355	1048	250	12.2	9.9	31.3	26.3	3.8	0.17			
Salted Caramel Frappé with Coffee & Light Whip - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		257	61	2.8	2.2	8.1	6.5	1.1	0.05				481	1238	296	13.3	10.7	39.0	31.3	5.1	0.24			
Salted Caramel Frappé with Coffee & Light Whip - Semi-Skimmed Milk - Small - i	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		260	62	2.8	2.3	8.2	6.8	1.2	0.05				365	951	226	10.1	8.6	29.9	25.0	4.3	0.20			
Salted Caramel Frappé with Coffee & Light Whip - Semi-Skimmed Milk - Small - T	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		276	66	2.9	2.5	8.9	7.5	1.1	0.05				355	981	233	10.3	8.7	31.4	26.5	4.0	0.18			
Salted Caramel Frappé with Coffee & Light Whip - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		240	57	2.3	1.9	8.1	6.6	1.1	0.05				481	1155	275	10.9	9.2	39.2	31.5	5.3	0.25			
Salted Caramel Frappé with Coffee & Light Whip - Skimmed Milk - Small - in Stor	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		245	58	2.4	2.1	8.1	6.8	1.2	0.05				365	895	213	8.6	7.6	29.6	24.7	4.2	0.19			
Salted Caramel Frappé with Coffee & Light Whip - Skimmed Milk - Small - Take A	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		262	62	2.5	2.2	8.8	7.4	1.1	0.05				355	930	221	9.0	7.9	31.2	26.2	3.9	0.17			
Salted Caramel Frappé with Coffee & Light Whip - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		227	54	1.9	1.7	8.1	6.5	1.1	0.05				481	1093	260	9.4	8.1	38.9	31.2	5.2	0.24			
Salted Caramel Frappé with Coffee & Light Whip - Soya Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		256	61	2.8	2.1	7.7	6.3	1.1	0.05				365	934	223	10.3	7.8	28.0	22.9	4.1	0.19			
Salted Caramel Frappé with Coffee & Light Whip - Soya Drink - Small - Take Awa	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		272	65	3.0	2.3	8.4	6.9	1.1	0.05				355	965	230	10.5	8.1	29.7	24.6	3.8	0.17			
Salted Caramel Frappé with Coffee & Light Whip - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		236	56	2.3	1.7	7.7	6.1	1.1	0.05				481	1136	270	11.2	8.4	37.1	29.2	5.1	0.24			
Salted Caramel Frappé with Coffee & Light Whip - Coconut Drink - Small - In Sto	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		245	58	2.7	2.2	7.8	6.5	0.7	0.05				365	895	213	9.8	8.2	28.6	23.6	2.4	0.19			
Salted Caramel Frappé with Coffee & Light Whip - Coconut Drink - Small - Take A	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		262	62	2.8	2.4	8.5	7.1	0.7	0.05				355	930	221	10.1	8.4	30.2	25.3	2.3	0.17			
Salted Caramel Frappé with Coffee & Light Whip - Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		227	54	2.2	1.8	7.8	6.3	0.7	0.05				481	1093	260	10.6	8.8	37.7	30.1	3.2	0.24			
Salted Caramel Frappé with Coffee & Light Whip - Oat Drink - Small - In Store	YES	NO	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO		274	65	3.1	2.1	8.7	6.5	0.5	0.06				365	1001	239	11.3	7.8	31.8	23.6	1.8	0.22			
Salted Caramel Frappé with Coffee & Light Whip - Oat Drink - Small - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO		289	69	3.2	2.3	9.3	7.1	0.5	0.06				355	1026	244	11.4	8.1	33.1	25.3	1.7	0.20			
Salted Caramel Frappé with Coffee & Light Whip - Oat Drink - Medium	YES	NO	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO		252	60	2.6	1.7	8.6	6.3	0.5	0.06				481	1210	288	12.3	8.4	41.3	30.1	2.4	0.27			
Salted Caramel Frappé with Coffee & Light Whip (Proud to Serve Recipe) Instant Coffee																																								
Salted Caramel Frappé with Coffee & Light Whip - Whole Milk - Small - in Store	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		305	73	3.6	2.9	9.0	7.3	1.2	0.05				337	1027	246	12.1	9.9	30.2	24.8	4.2	0.16			
Salted Caramel Frappé with Coffee & Light Whip - Whole Milk - Small - Take Awa	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		314	75	3.6	2.9	9.5	7.8	1.2	0.05				337	1057	253	12.2	9.9	32.0	26.3	4.0	0.16			
Salted Caramel Frappé with Coffee & Light Whip - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		292	70	3.1	2.5	9.4	7.4	1.2	0.04				425	1239	296	13.1	10.6	39.9	31.3	5.2	0.18			
Salted Caramel Frappé with Coffee & Light Whip - Semi-Skimmed Milk - Small - i	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		282	67	3.0	2.5	9.0	7.4	1.3	0.05				337	952	227	10.0	8.5	30.4	24.9	4.4	0.17			
Salted Caramel Frappé with Coffee & Light Whip - Semi-Skimmed Milk - Small - T	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		294	70	3.1	2.6	9.6	7.9	1.2	0.05				337	989	236	10.3	8.7	32.2	26.5	4.2	0.16			
Salted Caramel Frappé with Coffee & Light Whip - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		272	65	2.5	2.1	9.4	7.4	1.3	0.04				425	1156	275	10.8	9.1	40.1	31.5	5.4	0.19			
Salted Caramel Frappé with Coffee & Light Whip - Skimmed Milk - Small - in Stor	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		266	63	2.5	2.3	8.9	7.3	1.3	0.05				337	896	213	8.6	7.6	30.1	24.7	4.3	0.16			
Salted Caramel Frappé with Coffee & Light Whip - Skimmed Milk - Small - Take A	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		279	66	2.7	2.3	9.5	7.8	1.2	0.05				337	939	224	9.0	7.9	31.9	26.2	4.1	0.16			
Salted Caramel Frappé with Coffee & Light Whip - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		257	61	2.2	1.9	9.4	7.3	1.2	0.04				425	1094	260	9.3	8.1	39.8	31.2	5.3	0.18			
Salted Caramel Frappé with Coffee & Light Whip - Soya Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		277	66	3.0	2.3	8.4	6.8	1.2	0.05				337	934	223	10.2	7.8	28.5	22.9	4.2	0.16			
Salted Caramel Frappé with Coffee & Light Whip - Soya Drink - Small - Take Awa	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		289	69	3.1	2.4	9.0	7.3	1.2	0.05				337	974	232	10.5	8.1	30.5	24.6	4.0	0.16			
Salted Caramel Frappé with Coffee & Light Whip - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		268	64	2.6	2.0	8.9	6.9	1.2	0.04				425	1137	271	11.0	8.3	38.0	29.2	5.2	0.18			
Salted Caramel Frappé with Coffee & Light Whip - Coconut Drink - Small - In Sto	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		266	63	2.9	2.4	8.6	7.0	0.7	0.05				337	896	213	9.7	8.2	29.0	23.6	2.5	0.16			
Salted Caramel Frappé with Coffee & Light Whip - Coconut Drink - Small - Take A	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		279	66	3.0	2.5	9.2	7.5	0.7	0.05				337	939	224	10.0	8.4	31.0	25.3	2.5	0.16			
Salted Caramel Frappé with Coffee & Light Whip - Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		257	61	2.5	2.1	9.1	7.1	0.8	0.04				425	1094	260	10.5	8.7	38.6	30.0	3.3	0.18			
Salted Caramel Frappé with Coffee & Light Whip - Oat Drink - Small - In Store	YES	NO	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO		297	71	3.3	2.3	9.6	7.0	0.5	0.06				337	1002	239	11.2	7.8	32.3	23.6	1.8	0.19			
Salted Caramel Frappé with Coffee & Light Whip - Oat Drink - Small - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO		307	73	3.4	2.4	10.1	7.5	0.6	0.05				337	1035	247	11.4	8.1	33.9	25.3	1.9	0.18			
Salted Caramel Frappé with Coffee & Light Whip - Oat Drink - Medium	YES	NO	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO		285	68	2.9	2.0	9.9	7.1	0.6	0.05				425	1212	289	12.2	8.3	42.2	30.0	2.5	0.21			
NON-COFFEE Frappés																																								
Strawberry & Cream Frappé (Proud to Serve Recipe)																																								
Strawberry & Cream Frappé - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		378	90	5.5	3.5	9.0	7.4	1.4	0.06				363	1370	328	19.8	12.7	32.7	27.0	5.0	0.20			
Strawberry & Cream Frappé - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		373	89	5.4	3.5	8.8	7.3	1.5	0.06				378	1412	338	20.4	13.0	33.3	27.6	5.5	0.22			
Strawberry & Cream Frappé - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		348	83	4.5	2.9	9.4	7.7	1.3	0.05				479	1669	399	21.7	14.0	44.9	36.8	6.4	0.26			
Strawberry & Cream Frappé - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		350	84	4.7	3.0	9.1	7.5	1.4	0.06				363	1272	303	17.1	10.9	32.9	27.2	5.3	0.21			
Strawberry & Cream Frappé - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		344	82	4.6	2.9	8.9	7.4	1.5	0.06				378	1301	310	17.3	11.0	33.6	27.9	5.8	0.23			
Strawberry & Cream Frappé - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		321	76	3.8	2.4	9.4	7.7	1.4	0.06				479	1539	366	18.1	11.6	45.2	37.1	6.7	0.27			
Strawberry & Cream Frappé - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		330	79	4.2	2.7	9.0	7.4	1.4	0.06				363	1198	286	15.2	9.7	32.5	26.8	5.1	0.20			
Strawberry & Cream Frappé - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		322	77	4.0	2.6	8.8	7.3	1.5	0.06				378	1218	290	15.2	9.7	33.2	27.5	5.6	0.22			
Strawberry & Cream Frappé - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		301	72	3.3	2.1	9.3	7.6	1.4	0.05				479	1441	343	15.6	10.0	44.7	36.6	6.5	0.26			
Strawberry & Cream Frappé - Soya Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		344	82	4.8	2.7	8.4	6.7	1.4	0.06				363	1249	298	17.3	9.9	30.4	24.5	5.0	0.20			
Strawberry & Cream Frappé - Soya Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		337	81	4.7	2.6	8.2	6.6	1.5	0.06				378	1276	304	17.6	10.0	30.8	24.8	5.5	0.22			
Strawberry & Cream Frappé - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		315	75	3.8	2.2	8.7	7.0	1.3	0.05				479	1509	359	18.4	10.3	41.9	33.5	6.4	0.26			
Strawberry & Cream Frappé - Coconut Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		330	79	4.6	2.9	8.6	7.0	0.8	0.06				363	1198	286	16.7	10.4	31.2	25.5	2.8	0.20			
Strawberry & Cream Frappé - Coconut Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		322	77	4.5	2.8	8.4	6.9	0.8	0.06				378	1218	290	16.9	10.5	31.7	26.0	3.0	0.22			
Strawberry & Cream Frappé - Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		301	72	3.7	2.3	8.9	7.3	0.7	0.05				479	1441	343	17.6	11.0	42.9	34.8	3.4	0.26			
Strawberry & Cream Frappé - Oat Drink - Small - In Store	YES	NO	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO		369	88	5.1	2.7	9.8	7.0	0.5	0.07				363	1338	319	18.7	9.9	35.4	25.5	1.9	0.24			
Strawberry & Cream Frappé - Oat Drink - Small - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO		364	87	5.1	2.6	9.6	6.9	0.5	0.07				378	1375	328	19.1	10.0	36.4	26.0	2.0	0.26			
Strawberry & Cream Frappé - Oat Drink - Medium	YES	NO	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO		339	81	4.2	2.2	10.1	7.3	0.5	0.06				479	1626	387	20.2	10.3	48.5	34.8	2.2	0.31			
Chocolate Fudge Brownie Frappé & Light Whip																																								
Chocolate Fudge Brownie Frappé & Light Whip - Whole Milk - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		352	84	3.8	3.0	10.5	8.8	1.7	0.14				367	1292	307	13.8	11.0	38.5	32.3	6.3	0.52			
Chocolate Fudge Brownie Frappé & Light Whip - Whole Milk - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		349	83	3.8	3.0	10.3	8.6	1.8	0.14				382	1333	317	14.4	11.3	39.2	32.9	6.8	0.53			
Chocolate Fudge Brownie Frappé & Light Whip - Whole Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		361	86	3.4	2.6	11.8	9.8	1.9	0.15				495	1788	425	16.6	12.8	58.2	48.7	9.3	0.75			
Chocolate Fudge Brownie Frappé & Light Whip - Semi-Skimmed Milk - Small - In	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		325	77	3.0	2.5	10.6	8.9	1.8	0.14				367	1193	282	11.1	9.2	38.8	32.5	6.5	0.53			

Chocolate Fudge Brownie Frappé & Light Whip - Semi-Skimmed Milk - Small - Ta	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		320	76	3.0	2.4	10.3	8.7	1.8	0.14				382	1222	289	11.3	9.3	39.5	33.2	7.0	0.54			
Chocolate Fudge Brownie Frappé & Light Whip - Semi-Skimmed Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		335	79	2.6	2.1	11.8	9.9	1.9	0.15				495	1658	392	13.0	10.5	58.5	49.0	9.6	0.77			
Chocolate Fudge Brownie Frappé & Light Whip - Skimmed Milk - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		305	72	2.5	2.2	10.5	8.8	1.7	0.14				367	1119	265	9.2	8.0	38.4	32.1	6.4	0.52			
Chocolate Fudge Brownie Frappé & Light Whip - Skimmed Milk - Small - Take Av	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		298	71	2.4	2.1	10.2	8.6	1.8	0.14				382	1140	270	9.2	8.0	39.1	32.8	6.9	0.53			
Chocolate Fudge Brownie Frappé & Light Whip - Skimmed Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		315	74	2.1	1.8	11.7	9.8	1.9	0.15				495	1561	369	10.5	8.9	58.0	48.5	9.4	0.75			
Chocolate Fudge Brownie Frappé & Light Whip - Soya Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		319	76	3.1	2.2	9.9	8.1	1.7	0.14				367	1171	277	11.3	8.2	36.3	29.8	6.3	0.52			
Chocolate Fudge Brownie Frappé & Light Whip - Soya Drink - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		313	74	3.0	2.2	9.6	7.9	1.8	0.14				382	1197	284	11.6	8.3	36.7	30.1	6.8	0.53			
Chocolate Fudge Brownie Frappé & Light Whip - Soya Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		329	78	2.7	1.9	11.2	9.2	1.9	0.15				495	1628	385	13.3	9.2	55.2	45.4	9.3	0.75			
Chocolate Fudge Brownie Frappé & Light Whip - Coconut Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS		305	72	2.9	2.4	10.1	8.4	1.1	0.14				367	1119	265	10.7	8.7	37.0	30.8	4.0	0.52			
Chocolate Fudge Brownie Frappé & Light Whip - Coconut Drink - Small - Take Av	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS		298	71	2.9	2.3	9.8	8.2	1.1	0.14				382	1140	270	10.9	8.8	37.5	31.3	4.2	0.53			
Chocolate Fudge Brownie Frappé & Light Whip - Coconut Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROS		315	74	2.5	2.0	11.4	9.4	1.3	0.15				495	1561	369	12.5	9.9	56.2	46.7	6.3	0.75			
Chocolate Fudge Brownie Frappé & Light Whip - Oat Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		343	81	3.5	2.2	11.2	8.4	0.9	0.15				367	1259	299	12.7	8.2	41.3	30.8	3.1	0.56			
Chocolate Fudge Brownie Frappé & Light Whip - Oat Drink - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		339	81	3.4	2.2	11.1	8.2	0.9	0.15				382	1297	308	13.2	8.3	42.3	31.3	3.3	0.58			
Chocolate Fudge Brownie Frappé & Light Whip - Oat Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		353	83	3.1	1.9	12.5	9.4	1.0	0.16				495	1745	413	15.1	9.2	61.8	46.7	5.1	0.80			
Salted Caramel Frappé & Light Whip																																								
Salted Caramel Frappé & Light Whip - Whole Milk - Small - in Store	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		297	71	3.6	2.9	8.3	7.1	1.3	0.05				365	1084	259	13.3	10.6	30.1	26.1	4.7	0.19			
Salted Caramel Frappé & Light Whip - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		296	71	3.6	2.9	8.1	7.0	1.4	0.05				380	1125	269	13.9	11.0	30.8	26.8	5.2	0.21			
Salted Caramel Frappé & Light Whip - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		281	67	3.2	2.5	8.3	7.1	1.3	0.05				481	1353	324	15.5	12.1	39.8	34.0	6.3	0.24			
Salted Caramel Frappé & Light Whip - Semi-Skimmed Milk - Small - in Store	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		270	64	2.9	2.4	8.3	7.2	1.4	0.05				365	985	234	10.5	8.9	30.4	26.3	5.0	0.20			
Salted Caramel Frappé & Light Whip - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		267	63	2.8	2.4	8.2	7.1	1.4	0.06				380	1014	241	10.8	9.0	31.1	27.0	5.5	0.22			
Salted Caramel Frappé & Light Whip - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		254	60	2.5	2.0	8.3	7.1	1.4	0.05				481	1223	291	11.8	9.7	40.1	34.3	6.6	0.25			
Salted Caramel Frappé & Light Whip - Skimmed Milk - Small - in Store	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		250	59	2.4	2.1	8.2	7.1	1.3	0.05				365	911	217	8.6	7.6	30.0	26.0	4.9	0.19			
Salted Caramel Frappé & Light Whip - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		245	58	2.3	2.0	8.1	7.0	1.4	0.05				380	932	222	8.7	7.7	30.7	26.6	5.4	0.21			
Salted Caramel Frappé & Light Whip - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		234	56	1.9	1.7	8.2	7.0	1.3	0.05				481	1126	267	9.4	8.1	39.6	33.8	6.4	0.24			
Salted Caramel Frappé & Light Whip - Soya Drink - Small - in Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		264	63	3.0	2.2	7.6	6.5	1.3	0.05				365	962	229	10.8	7.9	27.9	23.6	4.7	0.19			
Salted Caramel Frappé & Light Whip - Soya Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		260	62	2.9	2.1	7.4	6.3	1.4	0.05				380	989	236	11.1	7.9	28.3	24.0	5.2	0.21			
Salted Caramel Frappé & Light Whip - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		248	59	2.5	1.8	7.7	6.4	1.3	0.05				481	1193	284	12.2	8.5	36.8	30.7	6.3	0.24			
Salted Caramel Frappé & Light Whip - Coconut Drink - Small - in Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		250	59	2.8	2.3	7.8	6.7	0.7	0.05				365	911	217	10.1	8.4	28.6	24.6	2.5	0.19			
Salted Caramel Frappé & Light Whip - Coconut Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		245	58	2.7	2.2	7.7	6.6	0.7	0.05				380	932	222	10.4	8.5	29.1	25.1	2.7	0.21			
Salted Caramel Frappé & Light Whip - Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		234	56	2.4	1.9	7.9	6.7	0.7	0.05				481	1126	267	11.4	9.1	37.8	32.0	3.3	0.24			
Salted Caramel Frappé & Light Whip - Oat Drink - Small - in Store	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		288	69	3.3	2.2	9.0	6.7	0.4	0.06				365	1051	251	12.1	7.9	32.9	24.6	1.6	0.23			
Salted Caramel Frappé & Light Whip - Oat Drink - Small - Take Away	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		286	68	3.3	2.1	8.9	6.6	0.5	0.07				380	1088	259	12.6	7.9	33.9	25.1	1.7	0.25			
Salted Caramel Frappé & Light Whip - Oat Drink - Medium	YES	NO	NTAMIN	NTAMIN	NTAMIN	YES	NTAMIN	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		272	65	2.9	1.8	9.0	6.7	0.4	0.06				481	1310	312	14.0	8.5	43.4	32.0	2.1	0.29			
Tropical Mango Bubble Frappé & Light Whip																																								
Tropical Mango Bubble Frappé & Light Whip - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		311	74	3.1	2.6	10.3	8.3	1.1	0.06				384	1196	286	12.0	9.8	39.4	31.8	4.3	0.24			
Tropical Mango Bubble Frappé & Light Whip - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		310	74	3.2	2.5	10.0	8.1	1.2	0.06				399	1237	296	12.6	10.2	40.1	32.5	4.8	0.25			
Tropical Mango Bubble Frappé & Light Whip - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		298	71	2.7	2.1	10.4	8.4	1.1	0.06				512	1523	364	13.8	11.0	53.5	42.8	5.7	0.30			
Tropical Mango Bubble Frappé & Light Whip - Semi-Skimmed Milk - Small - In St	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		286	68	2.4	2.1	10.3	8.4	1.2	0.06				384	1097	261	9.2	8.0	39.7	32.1	4.5	0.24			
Tropical Mango Bubble Frappé & Light Whip - Semi-Skimmed Milk - Small - Take	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		282	67	2.4	2.0	10.1	8.2	1.3	0.07				399	1126	268	9.5	8.2	40.4	32.8	5.1	0.26			
Tropical Mango Bubble Frappé & Light Whip - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		272	65	2.0	1.7	10.5	8.4	1.2	0.06				512	1393	331	10.1	8.6	53.8	43.1	6.0	0.32			
Tropical Mango Bubble Frappé & Light Whip - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		266	63	1.9	1.8	10.2	8.3	1.2	0.06				384	1023	243	7.4	6.8	39.3	31.7	4.4	0.24			
Tropical Mango Bubble Frappé & Light Whip - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		262	62	1.9	1.7	10.0	8.1	1.2	0.06				399	1044	248	7.4	6.8	39.9	32.4	4.9	0.25			
Tropical Mango Bubble Frappé & Light Whip - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		253	60	1.5	1.4	10.4	8.3	1.1	0.06				512	1296	308	7.7	7.0	53.3	42.6	5.8	0.30			
Tropical Mango Bubble Frappé & Light Whip - Soya Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		280	67	2.5	1.8	9.7	7.6	1.1	0.06				384	1074	256	9.5	7.0	37.2	29.3	4.3	0.24			
Tropical Mango Bubble Frappé & Light Whip - Soya Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		276	66	2.4	1.8	9.4	7.4	1.2	0.06				399	1101	262	9.8	7.1	37.6	29.7	4.8	0.25			
Tropical Mango Bubble Frappé & Light Whip - Soya Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		266	63	2.0	1.4	9.9	7.7	1.1	0.06				512	1363	324	10.5	7.3	50.5	39.5	5.7	0.30			
Tropical Mango Bubble Frappé & Light Whip - Coconut Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		266	63	2.3	2.0	9.9	7.9	0.5	0.06				384	1023	243	8.9	7.5	37.9	30.3	2.0	0.24			
Tropical Mango Bubble Frappé & Light Whip - Coconut Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		262	62	2.3	1.9	9.6	7.7	0.6	0.06				399	1044	248	9.1	7.6	38.4	30.8	2.3	0.25			
Tropical Mango Bubble Frappé & Light Whip - Coconut Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		253	60	1.9	1.6	10.1	8.0	0.5	0.06				512	1296	308	9.6	8.0	51.5	40.8	2.7	0.30			
Tropical Mango Bubble Frappé & Light Whip - Oat Drink - Small - In Store	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		303	72	2.8	1.8	11.0	7.9	0.3	0.07				384	1163	277	10.9	7.0	42.2	30.3	1.2	0.27			
Tropical Mango Bubble Frappé & Light Whip - Oat Drink - Small - Take Away	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		301	72	2.8	1.8	10.8	7.7	0.3	0.07				399	1200	286	11.3	7.1	43.2	30.8	1.3	0.29			
Tropical Mango Bubble Frappé & Light Whip - Oat Drink - Medium	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		289	69	2.4	1.4	11.2	8.0	0.3	0.07				512	1480	352	12.3	7.3	57.1	40.8	1.6	0.35			
Cookie Dough Frappé & Light Whip																																								
Cookie Dough Frappé - Whole Milk - Small - In Store	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		329	79	4.3	3.3	8.9	6.6	1.3	0.10				369	1213	291	15.9	12.2	32.8	24.2	4.9	0.36			
Cookie Dough Frappé - Whole Milk - Small - Take Away	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		327	78	4.3	3.3	8.7	6.5	1.4	0.10				384	1254	300	16.5	12.6	33.5	24.9	5.4	0.38			
Cookie Dough Frappé - Whole Milk - Medium	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		318	76	3.9	2.9	9.2	6.6	1.3	0.10				491	1558	373	19.2	14.4	44.9	32.3	6.6	0.48			
Cookie Dough Frappé - Semi-Skimmed Milk - Small - In Store	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		302	72	3.6	2.8	9.0	6.6	1.4	0.10				369	1114	266	13.2	10.5	33.0	24.5	5.2	0.37			
Cookie Dough Frappé - Semi-Skimmed Milk - Small - Take Away	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		298	71	3.5	2.8	8.8	6.6	1.5	0.10				384	1143	272	13.4	10.6	33.7	25.2	5.7	0.39			
Cookie Dough Frappé - Semi-Skimmed Milk - Medium	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		291	69	3.2	2.5	9.2	6.7	1.4	0.10				491	1428	340	15.6	12.0	45.3	32.6	6.9	0.49			
Cookie Dough Frappé - Skimmed Milk - Small - In Store	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		282	67	3.1	2.5	8.9	6.5	1.4	0.10				369	1040	248	11.3	9.2	32.7	24.1	5.1	0.36			
Cookie Dough Frappé - Skimmed Milk - Small - Take Away	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		277	66	3.0	2.4	8.7	6.5	1.5	0.10				384	1061	253	11.3	9.3	33.3	24.8	5.6	0.38			
Cookie Dough Frappé - Skimmed Milk - Medium	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		271	65	2.7	2.1	9.1	6.6	1.4	0.10				491	1330	317	13.1	10.4	44.8	32.2	6.8	0.48			
Cookie Dough Frappé - Soya Drink - Small - In Store	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		296	71	3.6	2.6	8.3	5.9	1.3	0.10				369	1092	261	13.4	9.5	30.5	21.7	4.9	0.36			
Cookie Dough Frappé - Soya Drink - Small - Take Away	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		292	70	3.6	2.5	8.1	5.8	1.4	0.10				384	1118	267	13.7	9.5	30.9	22.1	5.4	0.38			
Cookie Dough Frappé - Soya Drink - Medium	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		285	68	3.3	2.2	8.6	5.9	1.3	0.10				491	1398	333	15.9	10.8	42.0	29.0	6.6	0.48			
Cookie Dough Frappé - Coconut Drink - Small - In Store	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		282	67	3.5	2.7	8.5	6.2	0.7	0.10				369	1040	248	12.8	10.0	31.3	22.7	2.7	0.36			
Cookie Dough Frappé - Coconut Drink - Small - Take Away	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		277	66	3.4	2.6	8.3	6.1	0.8	0.10				384	1061	253	13.0	10.1	31.8	23.2	2.9	0.38			
Cookie Dough Frappé - Coconut Drink - Medium	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		271	65	3.1	2.3	8.8	6.2	0.7	0.10				491	1330	317	15.1	11.4	43.0	30.3	3.6	0.48			
Cookie Dough Frappé - Oat Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	YES	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		320	76	4.0	2.6	9.6	6.2	0.5	0.11				369	1180	282	14.8	9.5	35.5	22.7	1.8	0.40			
Cookie Dough Frappé - Oat Drink - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	YES	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		317	76	4.0	2.5	9.5	6.1	0.5	0.11				384	1218	291	15.2	9.5	36.5	23.2	1.9	0.42			
Cookie Dough Frappé - Oat Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	YES	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		309	74	3.6	2.2	9.9	6.2	0.5	0.11				491	1515	361	17.8	10.8	48.6	30.3	2.5	0.53			
Maple Hazel Iced Latte																																								
Maple Hazel Iced Latte - Semi-Skimmed Milk - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		347	83	3.9	3.3	10.2	8.1	2.0	0.10				265	919	219	10.2	8.7	26.9	21.5	5.4	0.26			
Maple Hazel Iced Latte - Semi-Skimmed Milk - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		281	67	3.1	2.6	8.3	6.4	1.8	0.09				340	953	228	10.4	8.7	28.1	21.7	6.0	0.30			
Maple Hazel Iced Latte - Semi-Skimmed Milk - Medium - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		315	75	3.1	2.5	9.9	7.9	2.0	0.10				374	1176	280	11.5	9.4	37.1	29.5	7.6	0.36			

Maple Hazel Iced Latte - Semi-Skimmed Milk - Medium - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		268	64	2.6	2.1	8.5	6.7	1.7	0.08				439	1176	280	11.5	9.4	37.1	29.5	7.6	0.36			
Maple Hazel Iced Latte - Skimmed Milk - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		321	76	3.2	2.8	10.0	8.0	2.0	0.10				265	848	202	8.4	7.5	26.6	21.1	5.3	0.25			
Maple Hazel Iced Latte - Skimmed Milk - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		259	62	2.5	2.2	8.2	6.3	1.7	0.08				340	879	210	8.5	7.5	27.7	21.3	5.8	0.29			
Maple Hazel Iced Latte - Skimmed Milk - Medium - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		289	69	2.4	2.1	9.8	7.8	2.0	0.09				374	1079	257	9.0	7.8	36.6	29.0	7.5	0.35			
Maple Hazel Iced Latte - Skimmed Milk - Medium - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		246	59	2.1	1.8	8.3	6.6	1.7	0.08				439	1079	257	9.0	7.8	36.6	29.0	7.5	0.35			
Maple Hazel Iced Latte - Whole Milk - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		383	92	4.9	3.9	10.1	8.0	1.9	0.10				265	1014	243	12.9	10.4	26.7	21.2	5.2	0.25			
Maple Hazel Iced Latte - Whole Milk - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		310	74	3.9	3.1	8.2	6.3	1.7	0.08				340	1052	252	13.1	10.5	27.9	21.5	5.7	0.29			
Maple Hazel Iced Latte - Whole Milk - Medium - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		350	84	4.1	3.1	9.8	7.8	2.0	0.09				374	1307	313	15.2	11.7	36.8	29.1	7.3	0.35			
Maple Hazel Iced Latte - Whole Milk - Medium - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		298	71	3.5	2.7	8.4	6.6	1.7	0.08				439	1307	313	15.2	11.7	36.8	29.1	7.3	0.35			
Maple Hazel Iced Latte - Soya Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		339	81	4.0	2.9	9.3	7.1	1.9	0.10				265	897	214	10.5	7.7	24.5	18.8	5.2	0.25			
Maple Hazel Iced Latte - Soya Drink - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		274	65	3.1	2.3	7.5	5.6	1.7	0.08				340	931	222	10.6	7.8	25.6	19.0	5.7	0.29			
Maple Hazel Iced Latte - Soya Drink - Medium - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		307	73	3.2	2.2	9.0	6.9	2.0	0.09				374	1146	273	11.9	8.1	33.8	25.8	7.3	0.35			
Maple Hazel Iced Latte - Soya Drink - Medium - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		261	62	2.7	1.9	7.7	5.9	1.7	0.08				439	1146	273	11.9	8.1	33.8	25.8	7.3	0.35			
Maple Hazel Iced Latte - Coconut Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		321	76	3.7	3.1	9.5	7.5	1.1	0.10				265	848	202	9.9	8.2	25.3	19.8	3.0	0.25			
Maple Hazel Iced Latte - Coconut Drink - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		259	62	2.9	2.4	7.8	5.9	1.0	0.08				340	879	210	10.0	8.3	26.4	20.0	3.5	0.29			
Maple Hazel Iced Latte - Coconut Drink - Medium - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		289	69	3.0	2.4	9.3	7.3	1.2	0.09				374	1079	257	11.0	8.8	34.8	27.2	4.3	0.35			
Maple Hazel Iced Latte - Coconut Drink - Medium - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		246	59	2.5	2.0	7.9	6.2	1.0	0.08				439	1079	257	11.0	8.8	34.8	27.2	4.3	0.35			
Maple Hazel Iced Latte - Oat Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	YES	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		371	89	4.5	2.9	11.1	7.5	0.8	0.11				265	983	235	11.8	7.7	29.3	19.8	2.2	0.29			
Maple Hazel Iced Latte - Oat Drink - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	YES	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		300	72	3.5	2.3	9.0	5.9	0.8	0.10				340	1019	243	12.0	7.8	30.6	20.0	2.6	0.33			
Maple Hazel Iced Latte - Oat Drink - Medium - In Store	YES	NO	YES	NTAMIN	NTAMIN	YES	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		338	81	3.7	2.2	10.8	7.3	0.8	0.11				374	1264	302	13.7	8.1	40.4	27.2	3.2	0.40			
Maple Hazel Iced Latte - Oat Drink - Medium - Take Away	YES	NO	YES	NTAMIN	NTAMIN	YES	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		288	69	3.1	1.9	9.2	6.2	0.7	0.09				439	1264	302	13.7	8.1	40.4	27.2	3.2	0.40			
Maple Hazel Latte																																									
Maple Hazel Latte - Semi-Skimmed Milk - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		392	93	4.3	3.6	11.4	9.2	2.6	0.12				250	977	233	10.7	9.0	28.3	22.9	6.4	0.29			
Maple Hazel Latte - Semi-Skimmed Milk - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		334	79	3.5	2.9	9.6	7.7	2.6	0.11				330	1099	262	11.6	9.5	31.6	25.2	8.6	0.38			
Maple Hazel Latte - Semi-Skimmed Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		341	81	3.3	2.6	10.4	8.5	2.7	0.11				394	1342	320	13.0	10.3	41.1	33.5	10.6	0.45			
Maple Hazel Latte - Skimmed Milk - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		356	85	3.4	3.0	11.2	9.0	2.5	0.11				250	889	212	8.5	7.5	27.9	22.4	6.3	0.28			
Maple Hazel Latte - Skimmed Milk - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		298	71	2.6	2.3	9.4	7.5	2.5	0.11				330	981	234	8.6	7.6	31.0	24.6	8.4	0.36			
Maple Hazel Latte - Skimmed Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		304	72	2.3	2.0	10.2	8.3	2.6	0.11				394	1194	284	9.2	7.9	40.3	32.7	10.3	0.43			
Maple Hazel Latte - Whole Milk - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		439	105	5.6	4.5	11.2	9.0	2.5	0.11				250	1096	263	14.0	11.1	28.0	22.6	6.1	0.28			
Maple Hazel Latte - Whole Milk - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		382	92	4.9	3.8	9.5	7.5	2.5	0.11				330	1257	302	16.0	12.4	31.2	24.8	8.2	0.36			
Maple Hazel Latte - Whole Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		391	94	4.7	3.5	10.3	8.4	2.6	0.11				394	1539	369	18.5	13.9	40.6	33.0	10.1	0.43			
Maple Hazel Latte - Soya Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		381	91	4.4	3.1	10.2	7.8	2.5	0.11				250	950	227	11.0	7.8	25.3	19.6	6.1	0.28			
Maple Hazel Latte - Soya Drink - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		323	77	3.7	2.4	8.4	6.3	2.5	0.11				330	1063	254	12.0	8.0	27.6	20.8	8.2	0.36			
Maple Hazel Latte - Soya Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		330	79	3.4	2.1	9.2	7.1	2.6	0.11				394	1297	309	13.5	8.4	36.1	28.0	10.1	0.43			
Maple Hazel Latte - Coconut Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		356	85	4.1	3.4	10.5	8.3	1.4	0.11				250	889	212	10.3	8.4	26.2	20.8	3.4	0.28			
Maple Hazel Latte - Coconut Drink - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		298	71	3.4	2.7	8.7	6.8	1.4	0.11				330	981	234	11.0	8.8	28.8	22.4	4.6	0.36			
Maple Hazel Latte - Coconut Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		304	72	3.1	2.4	9.5	7.6	1.4	0.11				394	1194	284	12.2	9.4	37.6	30.0	5.6	0.43			
Maple Hazel Latte - Oat Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	YES	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		424	101	5.1	3.1	12.6	8.3	1.0	0.13				250	1057	252	12.7	7.8	31.3	20.8	2.4	0.33			
Maple Hazel Latte - Oat Drink - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	YES	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		366	87	4.3	2.4	10.8	6.8	1.0	0.13				330	1205	288	14.2	8.0	35.6	22.4	3.2	0.42			
Maple Hazel Latte - Oat Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	YES	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		375	89	4.1	2.1	11.7	7.6	1.0	0.13				394	1474	352	16.2	8.4	46.1	30.0	3.8	0.51			
Maple Hazel Hot Chocolate																																									
Maple Hazel Hot Chocolate - Semi-Skimmed Milk - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		483	115	4.5	3.7	15.3	13.0	3.4	0.14				270	1301	309	12.2	9.9	41.2	35.0	9.3	0.39			
Maple Hazel Hot Chocolate - Semi-Skimmed Milk - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		457	109	4.1	3.3	14.5	12.5	3.6	0.14				320	1462	347	13.2	10.5	46.4	39.9	11.4	0.46			
Maple Hazel Hot Chocolate - Semi-Skimmed Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		492	117	4.0	3.1	16.6	14.3	3.7	0.15				359	1764	419	14.4	11.2	59.6	51.2	13.2	0.53			
Maple Hazel Hot Chocolate - Skimmed Milk - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		443	105	3.5	3.0	15.1	12.8	3.4	0.14				270	1194	284	9.5	8.1	40.7	34.5	9.1	0.37			
Maple Hazel Hot Chocolate - Skimmed Milk - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		415	99	3.1	2.6	14.3	12.3	3.5	0.14				320	1327	315	9.8	8.3	45.7	39.2	11.2	0.44			
Maple Hazel Hot Chocolate - Skimmed Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		452	107	3.0	2.5	16.4	14.1	3.6	0.14				359	1619	384	10.7	8.8	58.9	50.4	12.9	0.51			
Maple Hazel Hot Chocolate - Whole Milk - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		536	128	6.0	4.6	15.2	12.9	3.3	0.14				270	1446	346	16.2	12.5	40.8	34.7	8.9	0.37			
Maple Hazel Hot Chocolate - Whole Milk - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		514	123	5.7	4.3	14.4	12.3	3.4	0.14				320	1642	393	18.2	13.8	46.0	39.4	11.0	0.44			
Maple Hazel Hot Chocolate - Whole Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		546	131	5.5	4.1	16.5	14.1	3.5	0.14				359	1958	468	19.8	14.7	59.1	50.7	12.7	0.51			
Maple Hazel Hot Chocolate - Soya Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		471	112	4.7	3.1	13.9	11.5	3.3	0.14				270	1269	302	12.6	8.5	37.6	31.0	8.9	0.37			
Maple Hazel Hot Chocolate - Soya Drink - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		445	106	4.3	2.7	13.1	10.9	3.4	0.14				320	1421	338	13.7	8.8	41.9	34.8	11.0	0.44			
Maple Hazel Hot Chocolate - Soya Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		480	114	4.2	2.6	15.3	12.8	3.5	0.14				359	1720	409	14.9	9.3	54.7	45.8	12.7	0.51			
Maple Hazel Hot Chocolate - Coconut Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		443	105	4.3	3.4	14.3	12.1	2.1	0.14				270	1194	284	11.7	9.2	38.6	32.5	5.6	0.37			
Maple Hazel Hot Chocolate - Coconut Drink - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		415	99	3.9	3.0	13.5	11.5	2.1	0.14				320	1327	315	12.5	9.7	43.2	36.7	6.9	0.44			
Maple Hazel Hot Chocolate - Coconut Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		452	107	3.8	2.9	15.7	13.3	2.3	0.14				359	1619	384	13.7	10.3	56.2	47.7	8.3	0.51			
Maple Hazel Hot Chocolate - Oat Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	YES	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		519	124	5.4	3.1	16.6	12.1	1.6	0.16				270	1398	333	14.6	8.5	44.9	32.5	4.4	0.43			
Maple Hazel Hot Chocolate - Oat Drink - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	YES	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		495	118	5.1	2.7	16.0	11.5	1.6	0.16				320	1583	377	16.2	8.8	51.0	36.7	5.3	0.51			
Maple Hazel Hot Chocolate - Oat Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	YES	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		528	126	4.9	2.6	18.0	13.3	1.8	0.16				359	1894	451	17.6	9.3	64.5	47.7	6.6	0.59			
Maple Hazel Frappé																																									
Maple Hazel Frappé - Whole Milk - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		330	79	3.7	3.0	10.1	8.1	1.4	0.07				367	1208	290	13.4	10.8	37.2	29.6	5.0	0.24			
Maple Hazel Frappé - Whole Milk - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		328	78	3.7	2.9	9.9	7.9	1.4	0.07				382	1249	299	14.0	11.2	37.8	30.2	5.5	0.26			
Maple Hazel Frappé - Whole Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		322	77	3.2	2.5	10.6	8.5	1.4	0.06				487	1566	375	15.6	12.2	51.6	41.3	6.7	0.31			
Maple Hazel Frappé - Semi-Skimmed Milk - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		303	72	2.9	2.5	10.2	8.1	1.4	0.07				367	1110	264	10.7	9.0	37.4	29.8	5.3	0.25			
Maple Hazel Frappé - Semi-Skimmed Milk - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		299	71	2.9	2.4	10.0	8.0	1.5	0.07				382	1139	271	10.9	9.2	38.1	30.5	5.8	0.27			
Maple Hazel Frappé - Semi-Skimmed Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		295	70	2.5	2.0	10.7	8.6	1.4	0.07				487	1435	341	12.0	9.9	52.0	41.6	7.0	0.32			
Maple Hazel Frappé - Skimmed Milk - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		283	67	2.4	2.1	10.1	8.0	1.4	0.07				367	1036	247	8.8	7.8	37.0	29.4	5.1	0.24			
Maple Hazel Frappé - Skimmed Milk - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		277	66	2.3	2.1	9.9	7.9	1.5	0.07				382	1056	251	8.8	7.8	37.7	30.1	5.7	0.26			
Maple Hazel Frappé - Skimmed Milk - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		275	65	2.0	1.7	10.6	8.5	1.4	0.06				487	1338	318	9.5	8.3	51.5	41.1	6.8	0.31			
Maple Hazel Frappé - Soya Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		297	71	3.0	2.2	9.5	7.4	1.4	0.07				367	1087	259	10.9	8.1	34.9	27.1	5.0	0.24			
Maple Hazel Frappé - Soya Drink - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		292	70	2.9	2.1	9.3	7.2	1.4	0.07				382	1114	265	11.2	8.1	35.3	27.4	5.5	0.26			
Maple Hazel Frappé - Soya Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		289	69	2.5	1.8	10.0	7.8	1.4	0.06				487	1406	335	12.3	8.6	48.7	38.0	6.7	0.31			
Maple Hazel Frappé - Coconut Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		283	67	2.8	2.3	9.7	7.7	0.8	0.07				367	1036	247	10.3	8.6	35.7	28.1	2.8	0.24			
Maple Hazel Frappé - Coconut Drink - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		277	66	2.8	2.3	9.5	7.5	0.8	0.07				382	1056	251	10.5	8.7	36.1	28.6	3.0	0.26			
Maple Hazel Frappé - Coconut Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMIN		275	65	2.4	1.9	10.2	8.1	0.8	0.06				487	1338	318	11.5	9.3	49.7	39.3	3.7	0.31			

Maple Hazel Frappé - Oat Drink - Small - In Store	YES	NO	YES	NTAMIN	NTAMIN	YES	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		321	77	3.4	2.2	10.9	7.7	0.5	0.08				367	1176	280	12.3	8.1	39.9	28.1	1.9	0.28			
Maple Hazel Frappé - Oat Drink - Small - Take Away	YES	NO	YES	NTAMIN	NTAMIN	YES	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		318	76	3.3	2.1	10.7	7.5	0.5	0.08				382	1213	289	12.7	8.1	40.9	28.6	2.0	0.30			
Maple Hazel Frappé - Oat Drink - Medium	YES	NO	YES	NTAMIN	NTAMIN	YES	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		313	75	2.9	1.8	11.4	8.1	0.5	0.07				487	1523	363	14.2	8.6	55.3	39.3	2.5	0.36			

Adults need around 2000 kcal a day.

To confirm (and as by way of a disclaimer):
The information within this file is correct at the point of sending.
At the point of editing, this file will no longer be considered a Technical controlled document.

	Dietary Choices		Cereals Containing Gluten				Allergens Present														Nutrition Per 100g/ml													Nutrition Per Portion										
Product Description	Suitable for Vegetarians	Suitable for Vegans	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	Tree Nut Source (if present)	Energy - kJ per 100ml	Energy - kCal per 100ml	Fat per 100ml	Sats per 100ml	Carb per 100ml	Sugar per 100ml	Protein per 100ml	Salt per 100ml	Zinc (mg) per 100ml	Vitamin C (mg) per 100g	Vitamin B6 (mg) per 100g	Portion Weight (ml)	Energy - kJ per portion	Energy - kCal per portion	Fat per portion	Sats per portion	Carb per portion	Sugar per portion	Protein per portion	Salt per portion	Zinc (mg) per portion	Vitamin C (mg) per portion	Vitamin B6 (mg) per portion
Core Ingredients																																											
Hot Chocolate Powder	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1627	384	5.6	3.4	70.0	61.0	12.0	0.49															
Coffee																																											
MOCHA ITALIA BEANS ESPRESSO SHOT	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		81	19	0.2	0.1	3.1	0.1	1.3	0.10				30	24	6	0.1	0.0	0.9	0.0	0.4	0.03			
DECAFFEINATED BEANS ESPRESSO SHOT	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		40	10	0.1	0.1	1.8	0.1	0.4	0.10				30	12	3	0.0	0.0	0.5	0.0	0.1	0.03			
COSTA DECAF SACHETS ESPRESSO SHOT	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		40	10	0.1	0.1	1.8	0.1	0.4	0.10				30	12	3	0.0	0.0	0.5	0.0	0.1	0.03			
DECAF PODS ESPRESSO SHOT	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		40	10	0.1	0.1	1.8	0.1	0.4	0.10				30	12	3	0.0	0.0	0.5	0.0	0.1	0.03			
INSTANT COFFEE	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1258	301	0.1	0.1	69.0	0.5	22.0	0.05				2	25	6	0.0	0.0	1.4	0.0	0.4	0.00			
Drinks Extras																																											
Vanilla syrup	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1264	313	0.0	0.0	76.0	75.0	0.0	0.00				4	51	13	0.0	0.0	3.0	3.0	0.0	0.00			
Vanilla syrup (Sugar Free)	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		56	13	0.0	0.0	10.0	0.4	0.0	0.20				4	2	1	0.0	0.0	0.4	0.0	0.0	0.01			
Costa CC000383 Roasted Hazelnut Flavour Syrup (PTS CC000457)	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1190	285	0.0	0.0	69.0	69.0	0.0	0.00				4	48	11	0.0	0.0	2.8	2.8	0.0	0.00			
Caramel Syrup FDL	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1166	279	0.0	0.0	69.0	68.0	0.0	0.00				4	47	11	0.0	0.0	2.8	2.7	0.0	0.00			
10% Reduced Sugar Caramel Syrup (PTS 40809)	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1176	277	0.0	0.0	69.2	69.2	0.0	0.00				4	47	11	0.0	0.0	2.8	2.8	0.0	0.00			
Caramel Syrup (Sugar Free) BO	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		80	19	0.0	0.0	10.0	0.4	0.0	0.20				4	3	1	0.0	0.0	0.4	0.0	0.0	0.01			
Gingerbread Syrup (Sugar Free)	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		58	14	0.0	0.0	9.3	0.5	0.0	0.20				4	2	1	0.0	0.0	0.4	0.0	0.0	0.01			
Cinnamon Bun Syrup	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		62	15	0.0	0.0	10.1	0.0	0.0	0.16				4	2	1	0.0	0.0	0.4	0.0	0.0	0.01			
Light Whip	YES	YES	NO	NO	NO	NO	NO	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		894	216	19.0	18.0	10.0	10.0	0.0	0.12				35	313	76	6.7	6.3	3.5	3.5	0.0	0.04			
Whipping Cream	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1557	378	40.0	25.0	2.6	2.6	1.9	0.10				40	623	151	16.0	10.0	1.0	1.0	0.8	0.04			
Semi Skimmed Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		195	46	1.7	1.1	4.7	4.7	3.5	0.11				100	195	46	1.7	1.1	4.7	4.7	3.5	0.11			
Skimmed Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		136	32	0.2	0.1	4.4	4.4	3.4	0.10				100	136	32	0.2	0.1	4.4	4.4	3.4	0.10			
Whole Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		274	66	3.9	2.5	4.5	4.5	3.3	0.10				100	274	66	3.9	2.5	4.5	4.5	3.3	0.10			
Alpro Plant Alternative - Soya	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		177	42	1.9	0.3	2.7	2.5	3.3	0.10				200	0	0	0.0	0.0	0.0	0.0	0.0	0.00			
Alpro Plant Alternative - Coconut	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NTAMINATION RIS		136	32	1.4	0.7	3.3	3.3	1.5	0.10				100	136	32	1.4	0.7	3.3	3.3	1.5	0.10			
Alpro Plant Alternative - Oat	YES	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		248	59	3.0	0.3	6.7	3.3	0.8	0.13				200	0	0	0.0	0.0	0.0	0.0	0.0	0.00			
Other Ingredients																																											
Chai Syrup	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1380	325	0.0	0.0	81.2	74.2	0.0	0.12				4	55	13	0.0	0.0	3.2	3.0	0.0	0.00			
Salted Caramel sauce	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		574	136	4.4	2.8	22.5	19.5	1.7	0.03				10	57	14	0.4	0.3	2.3	2.0	0.2	0.00			
Strawberry Sauce	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		865	201	1.3	1.2	48.0	39.0	0.4	0.07				10	87	20	0.1	0.1	4.8	3.9	0.0	0.01			
Caramel Vermicelli	YES	YES	NO	NO	NO	NO	NTAMIN	NO	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	S		1694	399	0.6	0.5	98.3	93.5	0.1	0.03				3	51	12	0.0	0.0	2.9	2.8	0.0	0.00			
Golden Twinkle Sprinkle	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1615	380	0.0	0.0	95.0	3.0	0.0	0.10				1	16	4	0.0	0.0	1.0	0.0	0.0	0.00			
Strawberry sprinkle	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1335	317	4.0	0.4	54.0	54.0	8.0	0.00				1	13	3	0.0	0.0	0.5	0.5	0.1	0.00			
WHITE COSTA SUGAR	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1700	400	0.0	0.0	100.0	100.0	0.0	0.00				2	34	8	0.0	0.0	2.0	2.0	0.0	0.00			
BROWN COSTA SUGAR	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1700	400	0.0	0.0	100.0	100.0	0.0	0.00				2	34	8	0.0	0.0	2.0	2.0	0.0	0.00			
Peach-Hibiscus Syrup	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1239	291	0.0	0.0	68.0	64.0	0.0	0.37				4	50	12	0.0	0.0	2.7	2.6	0.0	0.01			
Frappe Powder	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1710	404	3.4	3.0	93.0	68.0	0.8	0.10				6	103	24	0.2	0.2	5.6	4.1	0.0	0.01			
Mango Flavour Juicy Pearls with Intense Sweetener	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		352	84	0.0	0.0	21.0	16.0	0.0	0.10				12	42	10	0.0	0.0	2.5	1.9	0.0	0.01			
Chocolate Flavoured Brownie Crumb	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1933	461	19.0	6.2	68.0	42.0	6.5	0.70				3	58	14	0.6	0.2	2.0	1.3	0.2	0.02			
Mango Sauce	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		732	173	0.1	0.0	41.5	31.6	0.2	0.11				20	146	35	0.0	0.0	8.3	6.3	0.0	0.02			
Caramel Chocolate Flavour Sauce	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		890	205	3.3	2.9	39.4	31.7	2.0	1.30				10	89	21	0.3	0.3	3.9	3.2	0.2	0.13			
Mini Gingerbread Person	YES	NO	YES	NO	NO	NO	NTAMIN	YES	NTAMIN	NO	NO	NO	NO	NO	NO	NO	NO	NO	S		1865	443	14.0	6.0	72.0	27.0	6.2	0.60				4	73	17	0.5	0.2	2.8	1.1	0.2	0.02			
Lemon Slices	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		131	31	0.0	0.2	4.3	1.1	0.0	0.04															
Orange Slices	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		153	37	0.3	0.1	5.4	4.7	0.6	0.03															
Chocolate Milk sauce (CC000451)	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		881	192	2.6	1.9	43.0	41.0	3.7	0.18				10	88	19	0.3	0.2	4.3	4.1	0.4	0.02			
Watermelon & Mint Flavour Concentrate with Sweeteners	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		371	87	0.0	0.2	21.0	19.0	0.0	0.12				10	37	9	0.0	0.0	2.1	1.9	0.0	0.01			
Sticky Toffee Flavoured Sauce	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1249	295	5.5	3.7	60.0	40.0	1.4	0.15				30	375	89	1.7	1.1	18.0	12.0	0.4	0.05			
Bronze Shimmer (Pixie Dust)	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1683	396	0.0	0.0	99.0	99.0	0.0	0.01				1	17	4	0.0	0.0	1.0	1.0	0.0	0.00			
Sovereign Gold Mini Stars	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1763	417	6.9	3.9	88.0	83.0	0.0	0.04				1	18	4	0.1	0.0	0.9	0.8	0.0	0.00			
Cherry Sauce	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		639	150	0.0	0.0	37.0	33.0	0.0	0.00				4	26	6	0.0	0.0	1.5	1.3	0.0	0.0			
White Peach Syrup	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1397	334	0.0	0.0	83	81	0.0	0.03				8	112	27	0.0	0.0	6.6	6.5	0.0	0.0			
Choc Chip Cookie Pieces	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		2122	507	26.0	16.0	63.0	37.0	4.7	0.92				14	286	68	3.5	2.2	8.5	5.0	0.6	0.1			
Cookie Dough Fudge Sprinkle	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1818	432	15.9	9.9	66.3	64.5	3.0	0.90				3	55	13	0.5	0.3	2.0	1.9	0.1	0.0			
Cloudy Lemonade	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		700	168	0.0	0.0	38.0	38.0	0.0	0.03				16	112	27	0.0	0.0	6.1	6.1	0.0	0.0			
Costa 63092 Berry Infusion	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		7	2	0.0	0.0	0.0	0.0	0.0	0.00				70	5	1	0.0	0.0	0.0	0.0	0.0	0.0			
Costa 63090 Green Tea	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		0	0	0.0	0.0	0.0	0.0	0.0	0.00					0	0	0.0	0.0	0.0	0.0	0.0	0.0			
Maple Flavoured Sauce CC000025	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		975	231	4.7	2.2	43.4	31.0	2.6	0.20				10	0	0	0.0	0.0	0.0	0.0	0.0	0.0			
Costa CC000024 Crunchy Biscuit Crumb	YES	NO	YES	NTAMIN	NTAMIN	NTAMIN	NTAMIN	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1874	445	13.0	6.8	77.0	45.0	4.7	0.20				1	0	0	0.0	0.0	0.0	0.0	0.0	0.0			

*Zinc contributes to the normal function of the immune system. Not recommended for consumers taking supplements that contain Zinc. Enjoy as part of a varied and balanced diet and a healthy lifestyle.

Adults need around 2000 kcal a day.

	Dietary Choices		Cereals Containing Gluten				Allergens Present														Nutrition Per 100g									Nutrition Per Portion								
Product Description	Suitable for Vegetarians	Suitable for Vegans	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	Tree Nut Source (if present)	Energy - kJ per 100g	Energy - kCal per 100g	Fat per 100g	Sats per 100g	Carb per 100g	Sugar per 100g	Protein per 100g	Salt per 100g	Portion Weight (g)	Energy - kJ per portion	Energy - kCal per portion	Fat per portion	Sats per portion	Carb per portion	Sugar per portion	Protein per portion	Salt per portion	Ingredient Declaration
Impulse																																						
Caramel Waffles	YES	NO	YES	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1953	465	17.0	8.8	72.0	37.0	3.9	0.73	78	1523	363	14.0	6.9	56.0	28.0	3.0	0.57	Glucose-Fructose Syrup, WHEAT Flour, Sugar, Palm Fat, Butter
Fruit & Oat Biscuits	YES	NO	YES	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1989	475	19.9	6.8	65.5	27.2	5.5	0.80	48	955	228	9.6	3.3	31.4	13.1	2.6	0.40	Rolled OATS (27%), Wheat Flour (WHEAT Flour, Calcium
Fruity Flapjack*	YES	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	CROSS CONTAM		1780	424	16.0	5.6	62.0	35.0	5.3	0.19	58	1032	246	9.2	3.2	36.0	20.0	3.1	0.11	Gluten Free OATS (32%), Golden Syrup, vegetable Fat (Palm Oil,
All Butter Jammy Shortbread	YES	NO	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1995	475	21.0	13.0	69.0	28.0	3.5	0.53	50	997	238	10.0	6.6	35.0	14.0	1.8	0.27	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin,
Mini All Butter Shortbreads	YES	NO	YES	NO	NTAMINA	NTAMINA	NTAMINA	NTAMINA	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS CONTAM		2209	528	29.0	22.0	61.0	21.0	5.3	0.17	10	220	53	2.9	2.2	6.1	2.1	0.0	0.02	Thiamin), Butter (MILK) (29%), Sugar, Cornflour, Salt.
Ginger Biscuits	YES	NO	YES	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		2047	488	21.0	6.6	68.0	28.0	5.4	0.50	48	983	234	9.8	3.2	33.0	13.0	2.6	0.24	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin,
Triple Chocolate Biscuits	YES	NO	YES	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		2119	507	26.5	16.1	58.4	32.6	6.6	0.80	50	1059	253	13.3	8.1	29.2	16.3	3.3	0.40	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin,
Belgian Chocolate Brownie (Gluten Free)	YES	NO	NO	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	ALMOND	2148	516	35.0	19.0	42.0	37.0	8.1	0.36	60	1289	310	21.0	11.0	25.0	22.0	4.9	0.22	Free Range Eggs, Belgian Dark Chocolate (16%) (Cocoa Mass,
Gluten Free Vegan Mince Tart	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	ALMOND	1660	394	13.0	4.6	67.0	43.0	2.2	0.23	85	1441	335	11.0	3.9	57.0	36.0	1.9	0.20	Mincemeat (51%) (Sugar, Apple Puree, Sultanas, Raisins, Glucose
Sunny Shortcake Biscuit	YES	NO	YES	NO	NO	NO	NTAMINA	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	CROSS CONTAM		1825	434	14	7.2	71	30	6.2	0.35	44	803	191	6.3	3.2	31	13	2.7	0.15	Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron,

*The oats in this product are gluten free. Oats contain a protein called avenin which is similar to gluten. It is recommended to add gluten free oats to your diet slowly, especially if newly diagnosed