

INFORMATION FOR CUSTOMERS

We cannot guarantee that our food or drinks are allergen free.





Due to the use of shared equipment in the display, preparation and service of our products there is a risk of cross contamination.

This guide is designed to provide customers who suffer from an allergy or intolerance with accurate information about our food and drinks, so that they can make an informed choice about the suitability of our products for them:

- For drinks made in store allergen information is contained in this guide
- For pre-packed food and drinks, allergen information is provided on the packaging labels
- All open/opened drink products may unavoidably be exposed to other allergens in store

INFORMATION CONTAINED IN THIS GUIDE

Product Description	Dietary Choices	Allergens																			
		Cereals Containing Gluten											Other Allergens								
	Suitable for Vegetarians	Suitable for Vegans	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	Tree Nut Source (if present)	
MOCHA CORTADO																					
MOCHA CORTADO - WHOLE MILK - IN STORE	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	
MOCHA CORTADO - WHOLE MILK - TAKE AWAY	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	
CARAMEL CORTADO																					
CARAMEL CORTADO - WHOLE MILK - IN STORE	YES	NO	N	N	N	N	C	N	YES	N	N	N	N	N	N	N	N	N	N	C	
CARAMEL CORTADO - WHOLE MILK - TAKE AWAY	YES	NO	N	N	N	N	C	N	YES	N	N	N	N	N	N	N	N	N	N	C	

CONTENTS KEY	
	The allergen is present in the product
	Although this allergen is not an ingredient of the product, it is present in the manufacturing site / factory / supply-chain and therefore there is a risk of cross-contamination
	The allergen is not an ingredient of this product
	The column entitled 'Dietary Choices' details information supplied by the product manufacturer. It does not take into account the in-store storage / preparation methods where there is a risk of cross-contamination

The allergens listed in this guide are those we are required to declare in accordance with EU Food Information Regulations

NOTES

- Some of the ingredients used in our drinks may contain sugar and sweeteners
- If you wish to customise your drink by adding a different milk or dairy alternative, adding syrups, changing a topping, etc, please use Ingredients' section at the end of the guide
- If you require additional information please ask a member of the team
- The drinks in the document show the allergy and nutrition for the drink as served, made to the standard recipe, using semi-skimmed milk, unless otherwise stated

NUTRITION INFORMATION

- Please note that all our drinks nutrition information has been calculated using published nutrition data and that dairy-based drinks may be subject to some natural seasonal variation
- Nutrition is calculated for Signature Roast Blend (caffeinated) made to brand standard. Information for decaffeinated coffee will be the same

To confirm (and as by way of a disclaimer):
 The information within this file is correct at the point of sending.
 At the point of editing, this file will no longer be considered a Technical controlled document.
 Please be mindful to maintain the accuracy of the data through any editing process.

Product Description	Dietary Choices		Allergens Present																	Nutrition Per 100g							Nutrition Per Portion							Ingredient Declaration					
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	Free Nut Source (if present)	Energy - kJ per 100g	Energy - kcal per 100g	Fat per 100g	Sate per 100g	Carb per 100g	Sugar per 100g	Protein per 100g	Salt per 100g	Portion Weight (g)	Energy - kJ per portion	Energy - kcal per portion	Fat per portion	Sats per portion		Carb per portion	Sugar per portion	Protein per portion	Salt per portion	
			Wheat	Rye	Barley	Oat																																	
Impulse																																							
Caramel Waffles	YES	NO	YES	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1953	465	17.0	8.8	72.0	37.0	3.9	0.73	78	1523	363	14.0	6.9	56.0	28.0	3.0	0.57	Glucose-Fructose Syrup, WHEAT Flour, Sugar, Palm Fat, Butter (MILK), Sugar Syrup, SOYA Flour, Rapeseed Oil, Salt, Emulsifiers (SOYA Lecithin, E471), Raising Agent (Sodium carbonates), Cinnamon, Acid (Citric Acid), Bourbon Vanilla.	
Fruit & Oat Biscuits	YES	NO	YES	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1989	475	19.9	6.8	65.5	27.2	5.5	0.80	48	955	228	9.6	3.3	31.4	13.1	2.6	0.40	Rolled OATS (27%), Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Raisins (12%), Palm Oil, Invert Sugar Syrup, Rapeseed Oil, Salt, Raising Agents (E500(ii), E501(iii)), Skimmed MILK Powder, Colours (Annatto Bixin, Curcumin), Natural Flavouring.	
Fruity Flapjack*	YES	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	C		1780	424	16.0	5.6	62.0	35.0	5.3	0.19	58	1032	246	9.2	3.2	36.0	20.0	3.1	0.11	Gluten Free OATS (32%), Golden Syrup, Vegetable Fat (Palm Oil, Rapeseed Oil, Water, Emulsifier (E471)), Sultanas (8% (Sultanas, Sunflower Oil), Brown Sugar, Dried Apricots (5% (Apricots, Rice Flour, Preservative (SULPHUR DIOXIDE))), Glucose Syrup, Sweetened Dried Cranberries (4% (Cranberries, Cane Sugar, Sunflower Oil)), Gluten Free OAT Flour, Coconut Flakes (Coconut Flakes, Preservative (SULPHUR DIOXIDE)), Natural Flavourings, Salt.	
All Butter Jammy Shortbread	YES	NO	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1995	475	21.0	13.0	69.0	28.0	3.5	0.53	50	997	238	10.0	6.6	35.0	14.0	1.8	0.27	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salted Butter (25% (Butter (MILK), Salt), Strawberry Jam (20% (Fructose, Glycerine, Dried Glucose Syrup, Strawberry Puree Concentrate, Acidity Regulators (Citric Acid, E 331), Gelling Agent (Pectins), Colours (Anthocyanins, Paprika Extract), Natural Flavouring), Sugar.	
Mini All Butter Shortbreads	YES	NO	YES	NO	C	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		2209	528	29.0	22.0	61.0	21.0	5.3	0.17	10	220	53	2.9	2.2	6.1	2.1	0.0	0.02	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Butter (MILK) (29%), Sugar, Cornflour, Salt.	
Ginger Biscuits	YES	NO	YES	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		2047	488	21.0	6.6	68.0	28.0	5.4	0.50	48	983	234	9.8	3.2	33.0	13.0	2.6	0.24	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, OATMEAL, Palm Oil, Rapeseed Oil, Stem Ginger (8% (Ginger, Sugar), Ground Ginger (1%), Salt, Raising Agents (E500(ii), E501(iii))), Skimmed MILK Powder, Colours (Annatto Bixin, Curcumin), Natural Flavouring.	
Triple Chocolate Biscuits	YES	NO	YES	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		2119	507	26.5	16.1	58.4	32.6	6.6	0.80	50	1059	253	13.3	8.1	29.2	16.3	3.3	0.40	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salted Butter (23% (Butter (MILK), Salt), White Chocolate Chips (14% (Sugar, Whole MILK Powder, Cocoa Butter, Skimmed MILK Powder, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Sugar, Dark Chocolate Chips (8% (Cocoa Mass, Sugar, Dextrose, Emulsifier (SOYA Lecithin))), Fat Reduced Cocoa Powder (6%), Invert Sugar Syrup, Milk Chocolate Chips (4%) (Sugar, Whole MILK Powder, Cocoa Butter, Cocoa Mass, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Raising Agents (E500(ii), E501(iii))), Green Tea Extract, Natural Flavouring.	
Belgian Chocolate Brownie (Gluten Free)	YES	NO	NO	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	ALMOND	2148	516	35.0	19.0	42.0	37.0	8.1	0.36	60	1289	310	21.0	11.0	25.0	22.0	4.9	0.22	Free Range EGG, Belgian Dark Chocolate (16% (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Flavouring), Sugar, Butter (MILK), Belgian Milk Chocolate Chunks (13% (Sugar, Dried Whole MILK, Cocoa Butter, Cocoa Mass, Emulsifier (SOYA Lecithin), Flavouring), ALMOND Flour, Chocolate Coating (Sugar, Palm Oil, Fat Reduced Cocoa Powder, Emulsifier (SOYA Lecithin), Flavouring), Flavouring, Salt, Preservative (E 202)	

Gluten Free Vegan Mince Tart	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	ALMOND	1660	394	13.0	4.6	67.0	43.0	2.2	0.23	85	1411	335	11.0	3.9	57.0	36.0	1.9	0.20	Mincemeat (51%) (Sugar, Apple Purée, Sultanas, Raisins, Glucose Syrup, Candied Mixed Peel (Orange Peel, Glucose-Fructose Syrup, Lemon Peel, Sugar, Acidity Regulator (Citric Acid)), Vegetable Suet (Palm Oil, Rice Flour, Sunflower Oil), Currants, Water, Acidity Regulator (Acetic Acid), Mixed Spice, Colour (Plain Carmel)), Pastry (48%) (Tapioca Starch, Brown Rice Flour, Vegetable Fat (Palm Oil, Rapeseed Oil, Water, Emulsifier (E471)), Sugar, Brown Sugar, Ground ALMONDS, Water, Salt, Stabiliser (Xanthan Gum)), Sugar Dusting (1%) (Dextrose, Cornflour, Palm Oil).
Sunny Shortcake Biscuit	YES	NO	YES	NO	NO	NO	C	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		1825	434	14	7.2	71	30	6.2	0.35	44	803	191	6.3	3.2	31	13	2.7	0.15	Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Glucose Syrup, Palm Oil, Butter (MILK), Rapeseed Oil, Dried Free Range EGG White, Palm Stearin, Raising Agent (Sodium Hydrogen Carbonate), Salt, Stabiliser (Disodium Diphosphate), Cornflour, Colours (Vegetable Carbon, Curcumin), Concentrated Lemon Juice, Acidity Regulator (Acetic Acid), Flavourings.
Iced Snowman Gingerbread Biscuit	YES	NO	YES	NO	NO	NO	C	YES	C	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		1760	418	11.0	5.0	73.0	36.0	5.4	0.41	44	775	184	5.0	2.2	32.0	16.0	2.4	0.18	Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Partially Inverted Sugar Syrup, Palm Oil, Glucose Syrup, Invert Sugar Syrup, Rapeseed Oil, Pasteurised Free Range EGG, Palm Stearin, Ginger Powder, Raising Agent (Sodium Hydrogen Carbonate), Dried Free Range EGG White, Cornflour, Stabiliser (Disodium Diphosphate), Concentrated Lemon Juice, Colours (Vegetable Carbon, Beetroot Red, Paprika Extract, Curcumin), Acidity Regulator (Acetic Acid).

*The oats in this product are gluten free. Oats contain a protein called avenin which is similar to gluten. It is recommended to add gluten free oats to your diet slowly, especially if newly diagnosed
 Adults need around 2000 kcal a day.

Terry's Chocolate Orange® Hot Chocolate - Coconut Drink - Medium	YES	NO	C	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		378	90	3.5	2.7	12.2	11.1	2.2	0.13			352	1329	315	12.2	9.6	43.1	39.0	7.9	0.47			
Terry's Chocolate Orange® Hot Chocolate - Oat Drink - Small	YES	NO	C	C	C	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		448	107	4.9	2.7	13.6	10.0	1.5	0.15			298	1333	317	14.7	8.1	40.6	29.7	4.5	0.45			
Terry's Chocolate Orange® Hot Chocolate - Oat Drink - Medium	YES	NO	C	C	C	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		463	110	4.7	2.4	14.8	11.1	1.7	0.16			352	1629	387	16.5	8.5	52.2	39.0	6.0	0.55			

Adults need around 2000 kcal a day.

CC003365 Festive Spice Syrup	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	847	199	0.0	0.0	50.0	48.0	0.0	0.00	4	34	8	0.0	0.0	2.0	1.9	0.0	0.00
CC002907 SF Gingerbread syrup	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	59	14	0.0	0.0	9.3	0.5	0.0	0.16	4	2	1	0.0	0.0	0.4	0.0	0.0	0.01
Gingerbread Man	YES	NO	YES	NO	NO	NO	C	YES	C	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	1804	428	12.0	5.7	71.0	26.0	6.7	0.62	4	72	17	0.5	0.2	2.8	1.0	0.3	0.02
CC003364 Carmel nut syrup	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	1089	256	0.0	0.0	64.0	64.0	0.0	0.19	4	44	10	0.0	0.0	2.6	2.6	0.0	0.01
CC003363 Red & Green Sprinkle	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	1615	380	0.0	0.0	95.0	3.0	0.0	0.00	1	16	4	0.0	0.0	1.0	0.0	0.0	0.00
CC003362 Orange syrup	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	763	180	0.0	0.0	44.0	44.0	0.0	0.00	4	31	7	0.0	0.0	1.8	1.8	0.0	0.00
63096 Terrys chocolate piece	YES	NO	C	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	2188	524	29.0	17.0	59.0	59.0	5.8	0.27	7	153	37	2.0	1.2	4.1	4.1	0.4	0.02

*Zinc contributes to the normal function of the immune system. Not recommended for consumers taking supplements that contain Zinc. Enjoy as part of a varied and balanced diet and a healthy lifestyle.

Adults need around 2000 kcal a day.

Hot Chocolate - Skimmed Milk - Large - In Store

Change Date	First Campaign	Drink(s)	Summary of Change	By	File
11/07/2024	Sep-24	Iced Amer	Sizes updated, large size TA added		
11/07/2024	Sep-24	MH Drinks	MH Drinks added		
04/09/2024	Sep-24	n/a	sunny shortcake biscuit added on. Requested by KF		
16/09/2024	Nov-24	Seasonal	Gfestive drinks added		