

INFORMATION FOR CUSTOMERS

We cannot guarantee that our food or drinks are allergen free.

Due to the use of shared equipment in the display, preparation and service of our products there is a risk of cross contamination.

This guide is designed to provide customers who suffer from an allergy or intolerance with accurate information about our food and drinks, so that they can make an informed choice about the suitability of our products for them:

- For drinks made in store allergen information is contained in this guide
- For pre-packed food and drinks, allergen information is provided on the packaging labels
- All open/opened drink products may unavoidably be exposed to other allergens in store

INFORMATION CONTAINED IN THIS GUIDE

Product Description	Dietary Choices		Allergens																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten																		
			Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Molluscs	Shellfish	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	Tree Nut Source (if present)	
MOCHA CORTADO																					
MOCHA CORTADO - WHOLE MILK - IN STORE	YES	NO	N	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	
MOCHA CORTADO - WHOLE MILK - TAKE AWAY	YES	NO	N	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	
CARAMEL CORTADO																					
CARAMEL CORTADO - WHOLE MILK - IN STORE	YES	NO	N	N	N	N	N	C	N	YES	N	N	N	N	N	N	N	N	N	C	
CARAMEL CORTADO - WHOLE MILK - TAKE AWAY	YES	NO	N	N	N	N	N	C	N	YES	N	N	N	N	N	N	N	N	N	C	

CONTENTS KEY	
YES	The allergen is present in the product
C	Although this allergen is not an ingredient of the product, it is present in the manufacturing site / factory / supply-chain and therefore there is a risk of cross-contamination
N	The allergen is not an ingredient of this product
YES NO	The column entitled 'Dietary Choices' details information supplied by the product manufacturer. It does not take into account the in-store storage / preparation methods where there is a risk of cross-contamination
The allergens listed in this guide are those we are required to declare in accordance with EU Food Information Regulations	

NOTES

- Some of the ingredients used in our drinks may contain sugar and sweeteners
- If you wish to customise your drink by using a different milk or dairy alternative, adding syrups, changing a topping, etc, please use Ingredients' section at the end of the guide
- If you require additional information please ask a member of the team
- The drinks in the document show the allergy and nutrition for the drink as served, made to the standard recipe, using semi-skimmed milk, unless otherwise stated

NUTRITION INFORMATION

- Please note that all our drinks nutrition information has been calculated using published nutrition data and that dairy-based drinks may be subject to some natural seasonal variation
- Nutrition is calculated for Signature Roast Blend (caffeinated) made to brand standard. Information for decaffeinated coffee will be the same

To confirm (and as by way of a disclaimer):
The information within this file is correct at the point of sending.
At the point of editing, this file will no longer be considered a Technical controlled document.
Please be mindful to maintain the accuracy of the data through any editing process.

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present																Nutrition Per 100g									Nutrition Per Portion								Ingredient Declaration
	Suitable for Vegetarians	Suitable for Vegans	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	Tree Nut Source (if present)	Energy - kJ per 100g	Energy - kCal per 100g	Fat per 100g	Sats per 100g	Carb per 100g	Sugar per 100g	Protein per 100g	Salt per 100g	Portion Weight (g)	Energy - kJ per portion	Energy - kCal per portion	Fat per portion	Sats per portion	Carb per portion	Sugar per portion	Protein per portion	Salt per portion			
Impulse																																								
Caramel Waffles	YES	NO	YES	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1953	465	17.0	8.8	72.0	37.0	3.9	0.73	78	1523	363	14.0	6.9	56.0	28.0	3.0	0.57	Glucose-Fructose Syrup, WHEAT Flour, Sugar, Palm Fat, Butter (MILK), Sugar Syrup, SOYA Flour, Rapeseed Oil, Salt, Emulsifiers (SOYA Lecithin, E471), Raising Agent (Sodium carbonates), Cinnamon, Acid (Citric Acid), Bourbon Vanilla.		
Fruit & Oat Biscuits	YES	NO	YES	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1989	475	19.9	6.8	65.5	27.2	5.5	0.80	48	955	228	9.6	3.3	31.4	13.1	2.6	0.40	Rollled OATS (27%), Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Raisins (12%), Palm Oil, Invert Sugar Syrup, Rapeseed Oil, Salt, Raising Agents (E500(ii), E501(iii)), Skimmed MILK Powder, Colours (Annatto Bixin, Curcumin), Natural Flavouring.		
Fruity Flapjack*	YES	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	C		1780	424	16.0	5.6	62.0	35.0	5.3	0.19	58	1032	246	9.2	3.2	36.0	20.0	3.1	0.11	Gluten Free OATS (32%), Golden Syrup, Vegetable Fat (Palm Oil, Rapeseed Oil, Water, Emulsifier (E471)), Sultanas (8%) (Sultanas, Sunflower Oil), Brown Sugar, Dried Apricots (5%) (Apricots, Rice Flour, Preservative (SULPHUR DIOXIDE)), Glucose Syrup, Sweetened Dried Cranberries (4%) (Cranberries, Cane Sugar, Sunflower Oil), Gluten Free OAT Flour, Coconut Flakes (Coconut Flakes, Preservative (SULPHUR DIOXIDE)), Natural Flavourings, Salt.		
All Butter Jammy Shortbread	YES	NO	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1995	475	21.0	13.0	69.0	28.0	3.5	0.53	50	997	238	10.0	6.6	35.0	14.0	1.8	0.27	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salted Butter (25%) (Butter (MILK), Salt), Strawberry Jam (20%) (Fructose, Glycerine, Dried Glucose Syrup, Strawberry Puree Concentrate, Acidity Regulators (Citric Acid, E 331), Gelling Agent (Pectins), Colours (Anthocyanins, Paprika Extract), Natural Flavouring), Sugar.		
Mini All Butter Shortbreads	YES	NO	YES	NO	C	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		2209	528	29.0	22.0	61.0	21.0	5.3	0.17	10	220	53	2.9	2.2	6.1	2.1	0.0	0.02	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Butter (MILK) (29%), Sugar, Cornflour, Salt.		
Ginger Biscuits	YES	NO	YES	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		2047	488	21.0	6.6	68.0	28.0	5.4	0.50	48	983	234	9.8	3.2	33.0	13.0	2.6	0.24	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, OATMEAL, Palm Oil, Rapeseed Oil, Stem Ginger (8%) (Ginger, Sugar), Ground Ginger (1%), Salt, Raising Agents (E500(ii), E501(iii)), Skimmed MILK Powder, Colours (Annatto Bixin, Curcumin), Natural Flavouring.		
Triple Chocolate Biscuits	YES	NO	YES	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		2119	507	26.5	16.1	58.4	32.6	6.6	0.80	50	1059	253	13.3	8.1	29.2	16.3	3.3	0.40	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salted Butter (23%) (Butter (MILK), Salt), White Chocolate Chips (14%) (Sugar, Whole MILK Powder, Cocoa Butter, Skimmed MILK Powder, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Sugar, Dark Chocolate Chips (8%) (Cocoa Mass, Sugar, Dextrose, Emulsifier (SOYA Lecithin)), Fat Reduced Cocoa Powder (6%), Invert Sugar Syrup, Milk Chocolate Chips (4%) (Sugar, Whole MILK Powder, Cocoa Butter, Cocoa Mass, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Raising Agents (E500(ii), E501(iii)), Green Tea Extract, Natural Flavouring.		
Belgian Chocolate Brownie (Gluten Free)	YES	NO	NO	NO	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	ALMOND	2148	516	35.0	19.0	42.0	37.0	8.1	0.36	60	1289	310	21.0	11.0	25.0	22.0	4.9	0.22	Free Range EGG, Belgian Dark Chocolate (16%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Flavouring), Sugar, Butter (MILK), Belgian Milk Chocolate Chunks (13%) (Sugar, Dried Whole MILK, Cocoa Butter, Cocoa Mass, Emulsifier (SOYA Lecithin), Flavouring), Belgian Milk Chocolate (11%) (Sugar, Cocoa Butter, Dried Whole MILK, Cocoa Mass, Emulsifier (SOYA Lecithin), Flavouring), ALMOND Flour, Chocolate Coating (Sugar, Palm Oil, Fat Reduced Cocoa Powder, Emulsifier (SOYA Lecithin), Flavouring), Flavouring, Salt, Preservative (E 202)		
Bubble Frappe Gingerbread Biscuit	YES	NO	YES	NO	NO	NO	C	YES	C	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		1771	421	13.0	5.5	70.0	34.0	5.6	0.45	45	797	189	5.7	2.5	32.0	15.0	2.5	0.20	Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Partially Inverted Sugar Syrup, Palm Oil, Glucose Syrup, Invert Sugar Syrup, Pasteurised Free Range EGG, Palm Stearin, Rapeseed Oil, Sunflower Oil, Ginger Powder, Raising Agent (Sodium Hydrogen Carbonate), Colours (Beetroot Red, Paprika Extract, Curcumin), Dried Free Range EGG White, Acidity Regulator (Acetic Acid), Cornflour, Stabiliser (Disodium Diphosphate), Lemon Juice from Concentrate.		
Instant Wholegrain Porridge	YES	NO	C	NO	C	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	C	C		1551	367	4.9	0.8	62.0	21.0	16.0	0.30	290	1240	294	3.9	0.6	49.0	17.0	13.0	0.24	Wholegrain OATFLAKES (67%), Dried Skimmed MILK, Sugar		

*The oats in this product are gluten free. Oats contain a protein called avenin which is similar to gluten. It is recommended to add gluten free oats to your diet slowly, especially if newly diagnosed
Adults need around 2000 kcal a day.

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Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present																Tree Nut Source (if present)	Nutrition Per 100ml										Portion Weight (ml)	Nutrition Per Portion								
	Suitable for Vegetarians	Suitable for Vegans	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	Energy - kJ per 100ml	Energy - kCal per 100ml	Fat per 100ml	Sats per 100ml	Carb per 100ml	Sugar per 100ml	Protein per 100ml	Salt per 100ml	Vitamin C (mg) per 100g	Energy - kJ per portion	Energy - kCal per portion	Fat per portion	Sats per portion	Carb per portion	Sugar per portion	Protein per portion	Salt per portion	Vitamin C (mg) per portion						
HOT COFFEE																																											
Mocha Italia espresso																																											
Mocha Italia Espresso - Single	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		81	19	0.2	0.1	3.1	0.1	1.3	0.10		30	24	6	0.1	0.0	0.9	0.0	0.4	0.03					
Mocha Italia Espresso - Double	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		81	19	0.2	0.1	3.1	0.1	1.3	0.10		60	49	12	0.1	0.1	1.9	0.1	0.8	0.06					
Espresso Macchiato																																											
Espresso Macchiato - Semi-Skimmed Milk - Single	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		110	26	0.6	0.3	3.5	1.3	1.9	0.10		40	44	10	0.2	0.1	1.4	0.5	0.7	0.04					
Espresso Macchiato - Semi-Skimmed Milk - Double	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		110	26	0.6	0.3	3.5	1.3	1.9	0.10		80	88	21	0.5	0.3	2.8	1.0	1.5	0.08					
Espresso Macchiato - Skimmed Milk - Single	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		95	22	0.2	0.1	3.4	1.2	1.8	0.10		40	38	9	0.1	0.0	1.4	0.5	0.7	0.04					
Espresso Macchiato - Skimmed Milk - Double	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		95	22	0.2	0.1	3.4	1.2	1.8	0.10		80	76	18	0.2	0.1	2.7	0.9	1.5	0.08					
Espresso Macchiato - Whole Milk - Single	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		129	31	1.1	0.7	3.5	1.2	1.8	0.10		40	52	12	0.5	0.3	1.4	0.5	0.7	0.04					
Espresso Macchiato - Whole Milk - Double	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		129	31	1.1	0.7	3.5	1.2	1.8	0.10		80	104	25	0.9	0.6	2.8	1.0	1.4	0.08					
Espresso Macchiato - Soya Drink - Single	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		105	25	0.6	0.2	3.0	0.7	1.8	0.10		40	42	10	0.3	0.1	1.2	0.3	0.7	0.04					
Espresso Macchiato - Soya Drink - Double	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		105	25	0.6	0.2	3.0	0.7	1.8	0.10		80	84	20	0.5	0.1	2.4	0.6	1.4	0.08					
Espresso Macchiato - Coconut Drink - Single	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		95	22	0.5	0.3	3.2	0.9	1.4	0.10		40	38	9	0.2	0.1	1.3	0.4	0.5	0.04					
Espresso Macchiato - Coconut Drink - Double	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		95	22	0.5	0.3	3.2	0.9	1.4	0.10		80	76	18	0.4	0.2	2.5	0.7	1.1	0.08					
Espresso Macchiato - Oat Drink - Single	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		123	29	0.9	0.2	4.0	0.9	1.2	0.11		40	49	12	0.4	0.1	1.6	0.4	0.5	0.04					
Espresso Macchiato - Oat Drink - Double	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		123	29	0.9	0.2	4.0	0.9	1.2	0.11		80	98	23	0.7	0.1	3.2	0.7	0.9	0.09					
Cortado																																											
Cortado - Whole Milk - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		257	62	3.4	2.2	4.7	3.9	3.2	0.10		145	373	90	5.0	3.2	6.8	5.6	4.6	0.15					
Cortado - Whole Milk - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		261	63	3.5	2.2	4.7	4.0	3.2	0.10		180	469	113	6.3	4.0	8.4	7.2	5.8	0.18					
Cortado - Semi-Skimmed Milk - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		190	45	1.6	1.0	4.9	4.2	3.4	0.11		180	343	81	2.8	1.8	8.7	7.5	6.1	0.19					
Cortado - Skimmed Milk - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		139	33	0.2	0.1	4.6	3.8	3.3	0.10		145	201	47	0.4	0.2	6.7	5.5	4.8	0.15					
Cortado - Skimmed Milk - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		138	33	0.2	0.1	4.6	3.9	3.3	0.10		180	248	59	0.4	0.2	8.3	7.1	5.9	0.18					
Cortado - Soya Drink - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		174	41	1.7	0.3	3.2	2.2	3.2	0.10		145	252	60	2.5	0.4	4.6	3.1	4.6	0.15					
Cortado - Soya Drink - Take away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		174	41	1.7	0.3	3.1	2.2	3.2	0.10		180	314	75	3.1	0.5	5.5	4.0	5.8	0.18					
Cortado - Coconut Drink - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		139	33	1.3	0.6	3.7	2.9	1.6	0.10		145	201	47	1.9	0.9	5.3	4.1	2.4	0.15					
Cortado - Coconut Drink - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		138	33	1.3	0.6	3.6	2.9	1.6	0.10		180	248	59	2.3	1.2	6.5	5.3	2.9	0.18					
Cortado - Oat Drink - In Store	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		235	56	2.7	0.3	6.6	2.9	1.0	0.13		145	341	81	3.9	0.4	9.6	4.1	1.5	0.18					
Cortado - Oat Drink - Take Away	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		238	57	2.7	0.3	6.6	2.9	1.0	0.13		180	428	102	4.9	0.5	11.9	5.3	1.8	0.23					
Americano																																											
Americano - Small	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		19	4	0.0	0.0	0.7	0.0	0.3	0.02		260	49	12	0.1	0.1	1.9	0.1	0.8	0.06					
Americano - Medium	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		22	5	0.0	0.0	0.9	0.0	0.4	0.02		340	74	18	0.2	0.1	3.0	0.1	1.2	0.08					
Americano - Large	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		22	5	0.1	0.0	0.8	0.0	0.3	0.03		450	97	23	0.2	0.1	3.7	0.1	1.6	0.12					
Flat White																																											
Flat White - Whole Milk - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		262	63	3.6	2.3	4.7	4.1	3.2	0.10		300	787	189	10.7	6.8	14.1	12.2	9.6	0.30					
Flat White - Semi-Skimmed Milk - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		191	45	1.6	1.0	4.9	4.2	3.4	0.11		300	574	135	4.7	2.9	14.6	12.7	10.2	0.32					
Flat White - Skimmed Milk - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		138	33	0.2	0.1	4.6	4.0	3.3	0.10		300	415	98	0.7	0.3	13.8	11.9	9.9	0.30					
Flat White - Soya Drink - Small	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		175	42	1.8	0.3	3.1	2.3	3.2	0.10		300	525	125	5.3	0.9	9.2	6.8	9.6	0.30					
Flat White - Coconut Drink - Small	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		138	33	1.3	0.7	3.6	3.0	1.6	0.10		300	415	98	3.9	2.0	10.9	8.9	4.8	0.30					
Flat White - Oat Drink - Small	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		239	57	2.7	0.3	6.7	3.0	1.0	0.13		300	717	171	8.2	0.9	20.0	8.9	2.9	0.38					
Latte																																											

Product Description	Suitable for Vegetarians	Suitable for Vegans	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Salpidae	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	Tree Nut Source (if present)	Energy - kJ per 100ml	Energy - kCal per 100ml	Fat per 100ml	Sats per 100ml	Carb per 100ml	Sugar per 100ml	Protein per 100ml	Salt per 100ml	Vitamin C (mg per 100g)	Portion Weight (ml)	Energy - kJ per portion	Energy - kCal per portion	Fat per portion	Sats per portion	Carb per portion	Sugar per portion	Protein per portion	Salt per portion	Vitamin C (mg) per portion	
Latte - Soya Drink - Large - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	163	39	1.6	0.3	2.9	2.1	3.0	0.10	472	768	182	7.6	1.3	13.5	9.9	14.1	0.47			
Latte - Soya Drink - Large - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	163	39	1.6	0.3	2.9	2.1	3.0	0.10	496	810	192	8.1	1.3	14.2	10.5	14.9	0.50			
Latte - Coconut Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C	129	30	1.2	0.6	3.3	2.9	1.5	0.10	226	291	68	2.8	1.4	7.4	6.5	3.3	0.23			
Latte - Coconut Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C	124	29	1.1	0.6	3.3	2.6	1.5	0.10	276	342	81	3.1	1.6	9.0	7.2	4.0	0.28			
Latte - Coconut Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C	127	30	1.2	0.6	3.3	2.8	1.5	0.10	364	462	109	4.4	2.2	11.9	10.1	5.3	0.36			
Latte - Coconut Drink - Large - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C	129	30	1.2	0.6	3.4	2.8	1.5	0.10	472	607	143	5.6	2.8	15.9	13.0	7.1	0.47			
Latte - Coconut Drink - Large - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C	129	30	1.2	0.6	3.4	2.8	1.5	0.10	496	640	151	6.0	3.0	16.7	13.8	7.4	0.50			
Latte - Oat Drink - Small - In Store	YES	YES	C	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	226	54	2.6	0.3	6.2	2.9	0.9	0.13	226	510	121	5.9	0.6	14.1	6.5	2.0	0.28			
Latte - Oat Drink - Small - Take Away	YES	YES	C	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	212	50	2.4	0.3	5.9	2.6	0.9	0.12	276	584	139	6.6	0.7	16.3	7.2	2.5	0.34			
Latte - Oat Drink - Medium	YES	YES	C	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	221	52	2.5	0.3	6.1	2.8	0.9	0.13	364	803	191	9.2	1.0	22.2	10.1	3.2	0.46			
Latte - Oat Drink - Large - In Store	YES	YES	C	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	222	53	2.5	0.3	6.2	2.8	0.9	0.12	472	1046	249	11.9	1.3	29.2	13.0	4.3	0.59			
Latte - Oat Drink - Large - Take Away	YES	YES	C	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	223	53	2.5	0.3	6.2	2.8	0.9	0.13	496	1106	263	12.6	1.3	30.8	13.8	4.5	0.62			
Cappuccino (We're Serving Recipe)																																								
Cappuccino - Semi-Skimmed Drink - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	181	43	1.4	0.9	4.8	4.1	3.1	0.11	287	520	123	4.1	2.5	13.8	11.9	8.9	0.31			
Cappuccino - Semi-Skimmed Drink - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	180	43	1.4	0.9	4.8	4.0	3.1	0.11	362	653	154	5.0	3.1	17.5	14.5	11.2	0.39			
Cappuccino - Semi-Skimmed Drink - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	169	40	1.3	0.8	4.6	3.7	2.9	0.11	422	715	169	5.5	3.4	19.2	15.4	12.3	0.45			
Cappuccino - Skimmed Drink - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	135	32	0.2	0.1	4.6	3.9	3.0	0.10	287	387	91	0.7	0.4	13.2	11.2	8.7	0.29			
Cappuccino - Skimmed Drink - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	135	32	0.2	0.1	4.6	3.8	3.0	0.10	362	488	115	0.8	0.4	16.7	13.6	11.0	0.37			
Cappuccino - Skimmed Drink - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	127	30	0.2	0.1	4.3	3.4	2.8	0.10	422	538	127	1.0	0.5	18.3	14.5	12.0	0.43			
Cappuccino - Whole Drink - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	243	58	3.1	2.0	4.7	4.0	2.9	0.10	287	698	168	9.0	5.8	13.4	11.4	8.4	0.29			
Cappuccino - Whole Drink - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	241	58	3.1	2.0	4.7	3.8	3.0	0.10	362	874	210	11.2	7.1	17.0	13.9	10.7	0.37			
Cappuccino - Whole Drink - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	226	54	2.9	1.8	4.4	3.5	2.8	0.10	422	952	229	12.1	7.7	18.6	14.8	11.7	0.43			
Cappuccino - Soya Drink - Small	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	167	40	1.6	0.3	3.3	2.4	2.9	0.10	287	480	114	4.5	0.8	9.3	6.9	8.4	0.29			
Cappuccino - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	166	39	1.5	0.3	3.3	2.3	3.0	0.10	362	602	143	5.6	1.0	11.9	8.3	10.7	0.37			
Cappuccino - Soya Drink - Large	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	157	37	1.4	0.3	3.1	2.1	2.8	0.10	422	661	157	6.1	1.1	13.2	8.8	11.7	0.43			
Cappuccino - Coconut Drink - Small	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C	135	32	1.2	0.6	3.7	3.0	1.5	0.10	287	387	91	3.4	1.7	10.7	8.7	14.4	0.29			
Cappuccino - Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C	135	32	1.2	0.6	3.8	2.9	1.6	0.10	362	488	115	4.2	2.1	13.6	10.5	5.6	0.37			
Cappuccino - Coconut Drink - Large	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C	127	30	1.1	0.5	3.6	2.7	1.5	0.10	422	538	127	4.6	2.3	15.0	11.2	6.3	0.43			
Cappuccino - Oat Drink - Small	YES	NO	C	C	C	C	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	223	53	2.4	0.3	6.4	3.0	1.0	0.13	287	639	152	7.0	0.8	18.3	8.7	2.8	0.36			
Cappuccino - Oat Drink - Medium	YES	NO	C	C	C	C	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	221	53	2.4	0.3	6.4	2.9	1.0	0.13	362	801	190	8.7	1.0	23.1	10.5	3.7	0.45			
Cappuccino - Oat Drink - Large	YES	NO	C	C	C	C	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	207	49	2.2	0.3	6.0	2.7	1.0	0.12	422	874	208	9.4	1.1	25.2	11.2	4.2	0.52			
Mocha (We're Serving Recipe)																																								
Mocha - Semi-Skimmed Milk - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	278	66	1.7	1.0	9.3	7.9	3.7	0.13	277	770	182	4.6	2.9	25.7	22.0	10.1	0.37			
Mocha - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	295	69	1.7	1.0	10.1	8.5	3.8	0.14	332	978	231	5.6	3.4	33.6	28.1	12.5	0.46			
Mocha - Semi-Skimmed Milk - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	292	69	1.6	1.0	10.2	8.5	3.6	0.14	422	1233	291	6.9	4.2	42.8	35.8	15.4	0.59			
Mocha - Skimmed Milk - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	236	56	0.6	0.3	9.1	7.7	3.6	0.13	277	654	154	1.7	1.0	25.1	21.4	9.9	0.36			
Mocha - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	255	60	0.7	0.4	9.9	8.3	3.7	0.13	332	846	199	2.2	1.3	32.9	27.5	12.2	0.44			
Mocha - Skimmed Milk - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	255	60	0.7	0.4	10.0	8.3	3.6	0.14	422	1077	254	2.9	1.7	42.1	35.0	15.1	0.57			
Mocha - Whole Milk - Small	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	334	80	3.2	2.0	9.1	7.8	3.5	0.13	277	925	221	8.9	5.7	25.3	21.6	9.8	0.36			
Mocha - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	348	83	3.2	2.0	10.0	8.3	3.6	0.13	332	1154	275	10.5	6.6	33.2	27.7	12.0	0.44			
Mocha - Whole Milk - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	342	81	3.0	1.9	10.0	8.4	3.5	0.14	422	1442	344	12.7	8.0	42.3	35.3	14.8	0.57			
Mocha - Soya Drink - Small	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	265	63	1.8	0.5	7.8	6.4	3.5	0.13	277	735	174	5.0	1.4	21.7	17.7	9.8	0.36			
Mocha - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	282	67	1.8	0.5	8.8	7.0	3.6	0.13	332											

Product Description	Suitable for Vegetarians	Suitable for Vegans	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Salpidae	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	Tree Nut Source (if present)	Energy - kJ per 100ml	Energy - kCal per 100ml	Fat per 100ml	Sats per 100ml	Carb per 100ml	Sugar per 100ml	Protein per 100ml	Salt per 100ml	Vitamin C (mg) per 100g	Portion Weight (ml)	Energy - kJ per portion	Energy - kCal per portion	Fat per portion	Sats per portion	Carb per portion	Sugar per portion	Protein per portion	Salt per portion	Vitamin C (mg) per portion
Chai Latte - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	190	45	0.2	0.1	7.7	7.4	3.3	0.10	366	697	164	0.7	0.4	28.4	27.2	11.9	0.37		
Chai Latte - Skimmed Milk - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	189	44	0.2	0.1	7.7	7.4	3.3	0.10	470	888	209	0.9	0.5	36.0	34.6	15.3	0.47		
Chai Latte - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	330	79	3.7	2.4	8.4	8.0	3.1	0.10	237	782	188	8.8	5.6	19.8	19.0	7.4	0.24		
Chai Latte - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	320	77	3.7	2.4	7.7	7.4	3.2	0.10	287	919	221	10.7	6.9	22.1	21.3	9.1	0.29		
Chai Latte - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	322	77	3.7	2.4	7.8	7.5	3.2	0.10	366	1180	283	13.7	8.8	28.7	27.6	11.6	0.37		
Chai Latte - Whole Milk - Large	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	321	77	3.7	2.4	7.8	7.5	3.2	0.10	470	1509	362	17.6	11.3	36.5	35.1	14.9	0.47		
Chai Latte - Soya Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	238	56	1.8	0.3	6.7	6.1	3.1	0.10	237	564	134	4.3	0.7	15.8	14.5	7.4	0.24		
Chai Latte - Soya Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	227	54	1.8	0.3	6.0	5.5	3.2	0.10	287	652	155	5.2	0.8	17.1	15.8	9.1	0.29		
Chai Latte - Soya Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	230	54	1.8	0.3	6.1	5.6	3.2	0.10	366	840	199	6.7	1.1	22.4	20.6	11.6	0.37		
Chai Latte - Soya Drink - Large	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	228	54	1.8	0.3	6.0	5.5	3.2	0.10	470	1073	254	8.6	1.4	28.4	26.1	14.9	0.47		
Chai Latte - Coconut Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	199	47	1.3	0.7	7.2	6.9	1.4	0.10	237	472	111	3.2	1.6	17.1	16.3	3.4	0.24		
Chai Latte - Coconut Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	188	44	1.3	0.7	6.5	6.3	1.4	0.10	287	540	127	3.9	1.9	18.8	18.0	4.1	0.29		
Chai Latte - Coconut Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	190	45	1.3	0.7	6.7	6.4	1.4	0.10	366	697	164	4.9	2.5	24.5	23.4	5.3	0.37		
Chai Latte - Coconut Drink - Large	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	189	44	1.3	0.7	6.6	6.3	1.4	0.10	470	888	209	6.3	3.2	31.1	29.7	6.8	0.47		
Chai Latte - Oat Drink - Small - In Store	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	305	72	2.8	0.3	10.5	6.9	0.8	0.13	237	724	172	6.8	0.7	24.8	16.3	1.8	0.31		
Chai Latte - Oat Drink - Small - Take Away	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	295	70	2.9	0.3	9.8	6.3	0.8	0.13	287	848	201	8.3	0.8	28.1	18.0	2.2	0.37		
Chai Latte - Oat Drink - Medium	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	297	71	2.9	0.3	9.9	6.4	0.8	0.13	366	1089	259	10.5	1.1	36.4	23.4	2.8	0.47		
Chai Latte - Oat Drink - Large	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	296	70	2.9	0.3	9.9	6.3	0.8	0.13	470	1392	331	13.5	1.4	46.4	29.7	3.6	0.61		
Milk Babyccino																																							
Milk Babyccino - Whole Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	274	66	3.9	2.5	4.5	4.5	3.3	0.10	90	247	59	3.5	2.3	4.1	4.1	3.0	0.09		
Milk Babyccino - Semi-Skimmed Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	195	46	1.7	1.1	4.7	4.7	3.5	0.11	90	176	41	1.5	1.0	4.2	4.2	3.0	0.10		
Milk Babyccino - Skimmed Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	136	32	0.2	0.1	4.4	4.4	3.4	0.10	90	122	29	0.2	0.1	4.0	4.0	3.1	0.09		
Milk Babyccino - Soya Drink	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	177	42	1.9	0.3	2.7	2.5	3.3	0.10	90	159	38	1.7	0.3	2.4	2.3	3.0	0.09		
Milk Babyccino - Coconut Drink	YES	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	136	32	1.4	0.7	3.3	3.3	1.5	0.10	90	122	29	1.3	0.6	3.0	3.0	1.4	0.09		
Milk Babyccino - Oat Drink	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	248	59	3.0	0.3	6.7	3.3	0.8	0.13	90	223	53	2.7	0.3	6.0	3.0	0.7	0.12		
Hot Chocolate (We're Serving Recipe)																																							
Hot Chocolate - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	332	78	2.1	1.3	10.9	10.1	4.3	0.14	232	770	182	4.8	3.0	25.4	23.4	10.0	0.33		
Hot Chocolate - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	329	78	2.1	1.3	10.8	10.0	4.3	0.14	297	978	231	6.1	3.8	32.1	29.6	12.8	0.43		
Hot Chocolate - Semi-Skimmed Milk - Medium - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	356	84	2.1	1.3	12.0	11.0	4.5	0.15	355	1262	298	7.6	4.7	42.7	39.1	15.8	0.53		
Hot Chocolate - Semi-Skimmed Milk - Medium - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	355	84	2.1	1.3	12.0	11.0	4.4	0.15	387	1374	324	8.3	5.1	46.4	42.5	17.2	0.58		
Hot Chocolate - Semi-Skimmed Milk - Large - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	373	88	2.2	1.4	12.8	11.7	4.6	0.16	463	1728	408	10.1	6.3	59.4	54.2	21.1	0.72		
Hot Chocolate - Semi-Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	373	88	2.2	1.4	12.8	11.7	4.6	0.15	497	1853	437	10.9	6.8	63.6	58.1	22.6	0.77		
Hot Chocolate - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	278	66	0.7	0.4	10.7	9.8	4.2	0.14	232	646	152	1.7	1.0	24.7	22.7	9.8	0.32		
Hot Chocolate - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	276	65	0.7	0.4	10.5	9.7	4.2	0.14	297	819	193	2.1	1.2	31.3	28.8	12.5	0.41		
Hot Chocolate - Skimmed Milk - Medium - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	303	71	0.8	0.5	11.8	10.7	4.4	0.14	355	1077	254	2.9	1.7	41.7	38.2	15.5	0.51		
Hot Chocolate - Skimmed Milk - Medium - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	303	71	0.8	0.5	11.7	10.7	4.4	0.14	387	1171	276	3.1	1.8	45.4	41.5	16.9	0.56		
Hot Chocolate - Skimmed Milk - Large - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	321	76	0.9	0.5	12.6	11.4	4.5	0.15	463	1488	351	4.0	2.4	58.2	53.0	20.7	0.69		
Hot Chocolate - Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	321	76	0.9	0.5	12.5	11.4	4.5	0.15	497	1596	376	4.3	2.5	62.3	56.8	22.2	0.74		
Hot Chocolate - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	403	96	4.1	2.6	10.8	9.9	4.1	0.14	232	935	224	9.4	6.0	24.9	23.0	9.6	0.32		
Hot Chocolate - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	401	96	4.1	2.6	10.6	9.8	4.1	0.14	297	1190	285	12.1	7.7	31.6	29.1	12.2	0.41		
Hot Chocolate - Whole Milk - Medium - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	426	102	4.1	2.6	11.8	10.8	4.3	0.14	355	1511	361	14.5	9.2	42.1	38.5	15.2	0.51		
Hot Chocolate - Whole Milk - Medium - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	425	102	4.1	2.6	11.8	10.8	4.3	0.14	387	1646	393	15.8	10.1	45.7	41				

Product Description	Suitable for Vegetarians	Suitable for Vegans	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Salpidae	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	Tree Nut Source (if present)	Energy - kJ per 100ml	Energy - kCal per 100ml	Fat per 100ml	Sats per 100ml	Carb per 100ml	Sugar per 100ml	Protein per 100ml	Salt per 100ml	Vitamin C (mg) per 100g	Portion Weight (ml)	Energy - kJ per portion	Energy - kCal per portion	Fat per portion	Sats per portion	Carb per portion	Sugar per portion	Protein per portion	Salt per portion	Vitamin C (mg) per portion
Hot Chocolate Babycino - Skimmed Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		267	63	0.7	0.4	10.1	9.4	4.2	0.13		90	240	57	0.6	0.4	9.1	8.4	3.7	0.12	
Hot Chocolate Babycino - Soya Drink	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		304	72	2.2	0.6	8.6	7.6	4.1	0.13		90	274	65	2.0	0.5	7.7	6.9	3.7	0.12	
Hot Chocolate Babycino - Coconut Drink	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		267	63	1.8	0.9	9.1	8.4	2.4	0.13		90	240	57	1.6	0.8	8.2	7.5	2.2	0.12	
Hot Chocolate Babycino - Oat Drink	YES	NO	C	C	C	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		369	87	3.2	0.6	12.2	8.4	1.8	0.16		90	332	79	2.9	0.5	11.0	7.5	1.6	0.15	
COFFEE OVER ICE																																							
Iced Americano Black																																							
Iced Americano Black - Small - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		20	5	0.0	0.0	0.8	0.0	0.3	0.02		245	49	12	0.1	0.1	1.9	0.1	0.8	0.06	
Iced Americano Black - Small - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		19	5	0.0	0.0	0.7	0.0	0.3	0.02		255	49	12	0.1	0.1	1.9	0.1	0.8	0.06	
Iced Americano Black - Medium	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		21	5	0.0	0.0	0.8	0.0	0.3	0.02		350	74	18	0.2	0.1	3.0	0.1	1.2	0.08	
Iced Americano Black - Large - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		19	5	0.0	0.0	0.7	0.0	0.3	0.02		500	97	23	0.2	0.1	3.7	0.1	1.6	0.12	
Iced Latte (Standard)																																							
Iced Latte (Standard) - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		135	32	1.1	0.7	3.5	2.8	2.4	0.09		275	370	87	2.9	1.8	9.6	7.8	6.6	0.24	
Iced Latte (Standard) - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		133	31	1.1	0.7	3.5	2.8	2.4	0.09		285	380	90	3.0	1.9	9.9	8.1	6.7	0.24	
Iced Latte (Standard) - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		131	31	1.1	0.7	3.3	2.8	2.3	0.08		365	478	113	3.9	2.4	12.2	10.4	8.5	0.30	
Iced Latte (Standard) - Semi-Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		140	33	1.1	0.7	3.6	3.0	2.5	0.09		472	659	156	5.3	3.3	17.1	14.2	11.7	0.40	
Iced Latte (Standard) - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		99	23	0.2	0.1	3.3	2.7	2.3	0.08		275	273	64	0.5	0.2	9.1	7.3	6.4	0.23	
Iced Latte (Standard) - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		98	23	0.2	0.1	3.3	2.6	2.3	0.08		285	280	66	0.5	0.2	9.3	7.5	6.6	0.23	
Iced Latte (Standard) - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		95	22	0.2	0.1	3.2	2.7	2.3	0.08		365	348	82	0.6	0.3	11.5	9.7	8.3	0.28	
Iced Latte (Standard) - Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		102	24	0.2	0.1	3.4	2.8	2.4	0.08		472	482	114	0.8	0.4	16.2	13.3	11.4	0.38	
Iced Latte (Standard) - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		182	44	2.4	1.5	3.4	2.7	2.3	0.08		275	501	120	6.6	4.2	9.3	7.5	6.2	0.23	
Iced Latte (Standard) - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		181	43	2.4	1.5	3.3	2.7	2.2	0.08		285	515	124	6.8	4.3	9.5	7.7	6.4	0.23	
Iced Latte (Standard) - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		178	43	2.4	1.5	3.2	2.7	2.2	0.08		365	652	157	8.7	5.6	11.8	10.0	8.0	0.28	
Iced Latte (Standard) - Whole Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		190	46	2.5	1.6	3.5	2.9	2.4	0.08		472	896	216	11.9	7.6	16.5	13.6	11.1	0.38	
Iced Latte (Standard) - Soya Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		124	29	1.2	0.2	2.3	1.5	2.3	0.08		275	341	81	3.3	0.6	6.3	4.2	6.2	0.23	
Iced Latte (Standard) - Soya Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		123	29	1.2	0.2	2.3	1.5	2.2	0.08		285	350	83	3.4	0.6	6.5	4.3	6.4	0.23	
Iced Latte (Standard) - Soya Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		120	28	1.2	0.2	2.1	1.5	2.2	0.08		365	438	104	4.3	0.7	7.8	5.6	8.0	0.28	
Iced Latte (Standard) - Soya Drink - Large - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		128	30	1.2	0.2	2.3	1.6	2.4	0.08		472	605	144	5.9	1.0	11.1	7.6	11.1	0.38	
Iced Latte (Standard) - Coconut Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		99	23	0.9	0.4	2.7	2.0	1.2	0.08		275	273	64	2.4	1.2	7.3	5.5	3.3	0.23	
Iced Latte (Standard) - Coconut Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		98	23	0.9	0.4	2.6	2.0	1.2	0.08		285	280	66	2.5	1.3	7.5	5.7	3.3	0.23	
Iced Latte (Standard) - Coconut Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		95	22	0.9	0.4	2.5	2.0	1.1	0.08		365	348	82	3.2	1.6	9.1	7.3	4.1	0.28	
Iced Latte (Standard) - Coconut Drink - Large - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		102	24	0.9	0.5	2.7	2.1	1.2	0.08		472	482	114	4.4	2.2	12.9	10.0	5.7	0.38	
Iced Latte (Standard) - Oat Drink - Small - In Store	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		167	40	1.8	0.2	4.7	2.0	0.8	0.10		275	458	109	5.1	0.6	12.9	5.5	2.1	0.27	
Iced Latte (Standard) - Oat Drink - Small - Take Away	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		165	39	1.8	0.2	4.6	2.0	0.8	0.10		285	470	112	5.2	0.6	13.3	5.7	2.1	0.28	
Iced Latte (Standard) - Oat Drink - Medium	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		163	39	1.8	0.2	4.5	2.0	0.7	0.09		365	594	141	6.7	0.7	16.6	7.3	2.5	0.35	
Iced Latte (Standard) - Oat Drink - Large - Take Away	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		173	41	1.9	0.2	4.9	2.1	0.8	0.10		472	618	195	9.2	1.0	23.1	10.0	3.6	0.47	
Iced Cappuccino (We're Serving Recipe)																																							
Iced Cappuccino - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		100	23	0.5	0.3	3.1	2.2	1.8	0.07		211	210	50	1.1	0.7	6.5	4.6	3.8	0.15	
Iced Cappuccino - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		101	24	0.5	0.3	3.1	2.3	1.9	0.07		241	243	57	1.3	0.8	7.4	5.5	4.5	0.17	
Iced Cappuccino - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		95	22	0.5	0.3	2.9	2.1	1.8	0.07		331	313	74	1.5	0.9	9.6	7.1	6.0	0.23	
Iced Cappuccino - Semi-Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		95	23	0.5	0.3	2.9	2.0	1.8	0.07		413	394	93	2.0	1.2	12.1	8.4	7.5	0.30	
Iced Cappuccino - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		86	20	0.2	0.1	3.0	2.1	1.8	0.07		211	181	43	0.3	0.2	6.3	4.4	3.8	0.15	
Iced Cappuccino - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		86	20	0.2	0.1	3.0	2.2	1.9	0.07		241	208	49	0.4	0.2	7.2	5.3	4.5	0.17	
Iced Cappuccino - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO																																	

Product Description	Suitable for Vegetarians	Suitable for Vegans	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Suplute	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	Tree Nut Source (if present)	Energy - kJ per 100ml	Energy - kCal per 100ml	Fat per 100ml	Sats per 100ml	Carb per 100ml	Sugar per 100ml	Protein per 100ml	Salt per 100ml	Vitamin C (mg) per 100g	Portion Weight (ml)	Energy - kJ per portion	Energy - kCal per portion	Fib per portion	Sats per portion	Carb per portion	Sugar per portion	Protein per portion	Salt per portion	Vitamin C (mg) per portion
Iced Mocha Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		160	38	0.4	0.2	6.0	5.0	2.7	0.10		292	468	110	1.1	0.6	17.5	14.6	7.8	0.28	
Iced Mocha Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		66	16	0.2	0.1	2.8	2.5	0.5	0.02		297	195	46	0.7	0.4	8.4	7.3	1.4	0.06	
Iced Mocha Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		187	44	0.5	0.3	7.2	6.0	2.8	0.10		404	755	178	1.9	1.1	29.0	24.4	11.4	0.42	
Iced Mocha Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		189	45	0.5	0.3	7.3	6.1	2.8	0.10		576	1091	257	2.9	1.6	42.1	35.3	16.1	0.60	
Iced Mocha Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		238	57	2.5	1.6	6.1	5.1	2.6	0.10		292	696	167	7.2	4.6	17.7	14.8	7.7	0.28	
Iced Mocha Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		239	57	2.5	1.6	6.0	5.1	2.6	0.10		297	710	170	7.4	4.7	17.9	15.0	7.8	0.29	
Iced Mocha Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		262	63	2.5	1.6	7.2	6.1	2.8	0.10		404	1058	253	10.1	6.4	29.2	24.6	11.2	0.42	
Iced Mocha Whole Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		261	62	2.4	1.5	7.4	6.2	2.7	0.10		576	1505	359	14.0	8.8	42.4	35.6	15.8	0.60	
Iced Mocha Soya Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		184	43	1.3	0.3	5.0	3.9	2.6	0.10		292	536	127	3.9	1.0	14.7	11.5	7.7	0.28	
Iced Mocha Soya Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		183	43	1.4	0.3	5.0	3.9	2.6	0.10		297	545	129	4.0	1.0	14.9	11.6	7.8	0.29	
Iced Mocha Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		209	49	1.4	0.4	6.2	5.0	2.8	0.10		404	845	200	5.7	1.6	25.2	20.2	11.2	0.42	
Iced Mocha Soya Drink - Large - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		211	50	1.4	0.4	6.4	5.1	2.7	0.10		576	1214	287	8.0	2.2	37.0	29.6	15.8	0.60	
Iced Mocha Coconut Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		160	38	1.1	0.6	5.4	4.4	1.6	0.10		292	468	110	3.1	1.6	15.7	12.7	4.7	0.28	
Iced Mocha Coconut Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		160	38	1.1	0.6	5.3	4.4	1.6	0.10		297	475	112	3.2	1.7	15.9	13.0	4.8	0.29	
Iced Mocha Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		187	44	1.1	0.6	6.6	5.4	1.8	0.10		404	755	178	4.6	2.4	26.5	22.0	7.2	0.42	
Iced Mocha Coconut Drink - Large - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		189	45	1.1	0.6	6.7	5.6	1.8	0.10		576	1091	257	6.5	3.4	38.8	32.0	10.4	0.60	
Iced Mocha Oat Drink - Small - In Store	YES	NO	C	C	C	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		224	53	2.0	0.3	7.3	4.4	1.2	0.11		292	653	155	5.7	1.0	21.3	12.8	3.5	0.33	
Iced Mocha Oat Drink - Small - Take Away	YES	NO	C	C	C	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		224	53	2.0	0.3	7.3	4.4	1.2	0.11		297	666	158	5.9	1.0	21.7	13.0	3.6	0.34	
Iced Mocha Oat Drink - Medium	YES	NO	C	C	C	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		248	59	2.0	0.4	8.4	5.4	1.4	0.12		404	1001	237	8.1	1.6	34.0	22.0	5.7	0.48	
Iced Mocha Oat Drink - Large - Take Away	YES	NO	C	C	C	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		248	59	2.0	0.4	8.5	5.6	1.4	0.12		576	1427	338	11.3	2.2	49.0	32.0	8.3	0.69	
COOLERS																																							
Red Summer Berries Fruit Cooler (No added sugar)****																																							
Red Summer Berries Fruit Cooler (No added sugar)**** - Small	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		203	47	0.0	0.0	11.9	11.4	0.0	0.11		350	1421	215	0.0	0.0	41.8	39.9	0.0	0.38	
Red Summer Berries Fruit Cooler (No added sugar)**** - Medium	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		199	46	0.0	0.0	11.7	11.2	0.0	0.11		470	935	168	0.0	0.0	55.0	52.5	0.0	0.50	
Mango And Passionfruit Fruit Cooler (No added sugar)****																																							
Mango And Passionfruit Fruit Cooler (No added sugar)**** - Small - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		151	36	0.0	0.0	8.1	7.6	0.4	0.00		350	530	125	0.0	0.0	28.5	26.6	1.3	0.00	
Mango And Passionfruit Fruit Cooler (No added sugar)**** - Medium	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		148	35	0.0	0.0	8.0	7.4	0.4	0.00		470	698	165	0.0	0.0	37.5	35.0	1.8	0.00	
**** Contains naturally occurring sugars																																							
SuperFuzion TEA																																							
Citrus Zing with Vitamin C*																																							
Citrus Zing with Vitamin C* - Medium	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		5	1	0.0	0.0	0.0	0.0	0.00	4.4	275	14	3	0.0	0.0	0.0	0.0	0.0	0.00	12	
*Source of vitamin C																																							
ICED TEA																																							
Peach Iced Tea																																							
Peach Iced Tea - Small - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		103	25	0.0	0.0	6.1	6.0	0.0	0.00		325	335	80	0.0	0.0	19.9	19.4	0.0	0.01	
Peach Iced Tea - Small - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		97	23	0.0	0.0	5.8	5.6	0.0	0.00		345	335	80	0.0	0.0	19.9	19.4	0.0	0.01	
Peach Iced Tea - Medium	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		103	25	0.0	0.0	6.1	6.0	0.0	0.00		433	447	107	0.0	0.0	26.6	25.9	0.0	0.01	
LEMONADES																																							
Still Lemonade																																							
Still Lemonade - Small - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		74	18	0.0	0.0	4.0	4.0	0.0	0.00		227	168	40	0.0	0.0	9.1	9.1	0.0	0.01	
Still Lemonade - Small - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		58	14	0.0	0.0	3.1	3.1	0.0	0.00		291	168	40	0.0	0.0	9.1	9.1	0.0	0.01	
Still Lemonade - Medium - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		71	17	0.0	0.0	3.8	3.8	0.0	0.00		317	224	54	0.0	0.0	12.2	12.2	0.0	0.01	
Still Lemonade - Medium - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		63	15	0.0	0.0	3.4	3.4	0.0	0.00		357	224	54	0.0	0.0	12.2	12.2	0.0	0.01	
Pink Lemonade (Strawberry Lemonade)																																							
Strawberry Lemonade - Small - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		138	33	0.1	0.1	7.6	6.9	0.0	0.01		247	341	81	0.3	0.2	18.7	16.9	0.0	0.03	
Strawberry Lemonade - Small - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		110	26	0.1	0.1	6.0	5.4	0.0	0.01		311	341	81	0.3	0.2	18.7	16.9	0.0	0.03	
Strawberry Lemonade - Medium - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		139	33	0.1	0.1	7.7	6.9	0.0	0.01		347	484	114	0.4	0.4	26.6	23.9	0.0	0.04	
Strawberry Lemonade - Medium - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		125	29	0.1	0.1	6.9	6.2	0.0	0.01		387	484	114	0.4	0.4	26.6	23.9	0.0	0.04	
Mango Berry Bubble Tea																																							
Mango Berry Bubble Tea - Small - In Store	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		131	31	0.0	0.0	7.4	6.5	0.0	0.01		253	332	79	0.0	0.0	18.6	16.5	0.0	0.04	
Mango Berry Bubble Tea - Small - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		121	29	0.0	0.0	6.8	6.0	0.0	0.01		273	332	79	0.0	0.0	18.6	16.5	0.0	0.04	
Mango Berry Bubble Tea - Medium	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		166	39	0.0	0.0	9.4	8.3	0.0	0.02		316	526	125	0.0	0.0	29.6	26.3	0.1	0.06	
FUZE ICED TEA																																							
COFFEE Frappés																																							
Coffee Frappé (We're Serving Recipe) Espresso Coffee																																							
Coffee Frappé - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		248	59	3.3	2.8	6.2	4.9	1.3	0.06		363	899	216	12.0	10.2	22.6	17.9	4.7	0.21	
Coffee Frappé - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		249	60	3.3	2.8	6.2	4.9	1.4	0											

Product Description	Suitable for Vegetarians	Suitable for Vegans	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Suplute	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	Tree Nut Source (if present)	Energy - kJ per 100ml	Energy - kCal per 100ml	Fat per 100ml	Sats per 100ml	Carb per 100ml	Sugar per 100ml	Protein per 100ml	Salt per 100ml	Vitamin C (mg) per 100g	Portion Weight (ml)	Energy - kJ per portion	Energy - kCal per portion	Fat per portion	Sats per portion	Carb per portion	Sugar per portion	Protein per portion	Salt per portion	Vitamin C (mg) per portion
Salted Caramel Frappé with Coffee & Light Whip (We're Serving Recipe) Espresso Coffee																																							
Salted Caramel Frappé with Coffee & Light Whip - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		269	64	3.4	2.8	7.5	6.0	1.1	0.05		362	973	233	12.1	10.3	27.3	21.8	4.1	0.19	
Salted Caramel Frappé with Coffee & Light Whip - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		283	68	3.5	2.9	8.2	6.6	1.1	0.05		352	995	238	12.2	10.3	28.8	23.3	3.8	0.17	
Salted Caramel Frappé with Coffee & Light Whip - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		248	59	2.8	2.3	7.6	5.9	1.1	0.05		478	1185	283	13.2	11.0	36.5	28.3	5.1	0.24	
Salted Caramel Frappé with Coffee & Light Whip - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		248	59	2.8	2.5	7.6	6.1	1.2	0.05		362	898	214	10.1	8.9	27.5	22.0	4.3	0.20	
Salted Caramel Frappé with Coffee & Light Whip - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		264	63	2.9	2.6	8.2	6.7	1.1	0.05		352	928	221	10.3	9.1	29.0	23.5	4.0	0.18	
Salted Caramel Frappé with Coffee & Light Whip - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		231	55	2.3	2.0	7.7	6.0	1.1	0.05		478	1102	262	10.9	9.5	36.7	28.5	5.3	0.24	
Salted Caramel Frappé with Coffee & Light Whip - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		233	55	2.4	2.2	7.5	6.0	1.2	0.05		362	842	201	8.6	8.0	27.2	21.7	4.2	0.19	
Salted Caramel Frappé with Coffee & Light Whip - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		249	59	2.6	2.3	8.2	6.6	1.1	0.05		352	878	209	9.0	8.2	28.7	23.2	3.9	0.17	
Salted Caramel Frappé with Coffee & Light Whip - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		218	52	2.0	1.8	7.6	5.9	1.1	0.05		478	1040	247	9.4	8.5	36.4	28.2	5.2	0.24	
Salted Caramel Frappé with Coffee & Light Whip - Soya Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		243	58	2.8	2.3	7.1	5.5	1.1	0.05		362	881	210	10.2	8.2	25.6	19.9	4.1	0.19	
Salted Caramel Frappé with Coffee & Light Whip - Soya Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		259	62	3.0	2.4	7.7	6.1	1.1	0.05		352	913	218	10.5	8.4	27.3	21.6	3.8	0.17	
Salted Caramel Frappé with Coffee & Light Whip - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		227	54	2.3	1.8	7.2	5.5	1.1	0.05		478	1083	256	11.1	8.7	34.6	26.2	5.1	0.24	
Salted Caramel Frappé with Coffee & Light Whip - Coconut Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		233	55	2.7	2.4	7.2	5.7	0.7	0.05		362	842	201	9.8	8.5	26.2	20.7	2.4	0.19	
Salted Caramel Frappé with Coffee & Light Whip - Coconut Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		249	59	2.9	2.5	7.9	6.3	0.7	0.05		352	878	209	10.0	8.7	27.8	22.3	2.3	0.17	
Salted Caramel Frappé with Coffee & Light Whip - Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		218	52	2.2	1.9	7.4	5.7	0.7	0.05		478	1040	247	10.6	9.1	35.3	27.1	3.2	0.24	
Salted Caramel Frappé with Coffee & Light Whip - Oat Drink - Small - In Store	YES	NO	C	C	C	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		262	63	3.1	2.3	8.1	5.7	0.5	0.06		362	949	226	11.3	8.2	29.4	20.7	1.8	0.22	
Salted Caramel Frappé with Coffee & Light Whip - Oat Drink - Small - Take Away	YES	NO	C	C	C	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		276	66	3.2	2.4	8.7	6.3	0.5	0.06		352	973	232	11.4	8.4	30.7	22.3	1.7	0.20	
Salted Caramel Frappé with Coffee & Light Whip - Oat Drink - Medium	YES	NO	C	C	C	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		242	58	2.6	1.8	8.1	5.7	0.5	0.06		478	1158	276	12.3	8.7	38.8	27.1	2.4	0.27	
Salted Caramel Frappé with Coffee & Light Whip (We're Serving Recipe) Instant Coffee																																							
Salted Caramel Frappé with Coffee & Light Whip - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		292	70	3.6	3.1	8.3	6.5	1.3	0.05		334	974	233	12.1	10.2	27.8	21.8	4.2	0.16	
Salted Caramel Frappé with Coffee & Light Whip - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		301	72	3.6	3.1	8.9	7.0	1.2	0.05		334	1004	240	12.1	10.3	29.6	23.3	4.0	0.15	
Salted Caramel Frappé with Coffee & Light Whip - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		281	67	3.1	2.6	8.9	6.7	1.2	0.04		422	1187	284	13.1	10.9	37.4	28.3	5.2	0.18	
Salted Caramel Frappé with Coffee & Light Whip - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		269	64	3.0	2.7	8.4	6.6	1.3	0.05		334	899	214	10.0	8.9	28.0	22.0	4.4	0.17	
Salted Caramel Frappé with Coffee & Light Whip - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		280	67	3.1	2.7	8.9	7.0	1.3	0.05		334	937	223	10.3	9.0	29.7	23.5	4.2	0.16	
Salted Caramel Frappé with Coffee & Light Whip - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		262	62	2.6	2.2	8.9	6.8	1.3	0.04		422	1104	263	10.8	9.4	37.6	28.5	5.4	0.19	
Salted Caramel Frappé with Coffee & Light Whip - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		252	60	2.6	2.4	8.3	6.5	1.3	0.05		334	843	201	8.6	7.9	27.7	21.7	4.3	0.16	
Salted Caramel Frappé with Coffee & Light Whip - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		265	63	2.7	2.5	8.8	6.9	1.2	0.05		334	887	211	9.0	8.2	29.5	23.2	4.1	0.15	
Salted Caramel Frappé with Coffee & Light Whip - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		247	59	2.2	2.0	8.8	6.7	1.2	0.04		422	1042	248	9.2	8.4	37.3	28.2	5.3	0.18	
Salted Caramel Frappé with Coffee & Light Whip - Soya Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		264	63	3.0	2.4	7.8	6.0	1.3	0.05		334	882	210	10.2	8.1	26.1	19.9	4.2	0.16	
Salted Caramel Frappé with Coffee & Light Whip - Soya Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		276	66	3.1	2.5	8.4	6.5	1.2	0.05		334	922	220	10.4	8.4	28.0	21.6	4.0	0.15	
Salted Caramel Frappé with Coffee & Light Whip - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		257	61	2.6	2.0	8.4	6.2	1.2	0.04		422	1085	259	11.0	8.6	35.5	26.2	5.2	0.18	
Salted Caramel Frappé with Coffee & Light Whip - Coconut Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		252	60	2.9	2.6	8.0	6.2	0.7	0.05		334	843	201	9.7	8.5	26.6	20.7	2.5	0.16	
Salted Caramel Frappé with Coffee & Light Whip - Coconut Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		265	63	3.0	2.6	8.5	6.7	0.7	0.05		334	887	211	10.0	8.7	28.5	22.3	2.5	0.15	
Salted Caramel Frappé with Coffee & Light Whip - Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		247	59	2.5	2.1	8.6	6.4	0.8	0.04		422	1042	248	10.5	9.0	36.2	27.0	3.3	0.18	
Salted Caramel Frappé with Coffee & Light Whip - Oat Drink - Small - In Store	YES	NO	C	C	C	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		284	68	3.4	2.4	8.9	6.2	0.5	0.06		334	949	227	11.2	8.1	29.9	20.7	1.8	0.19	
Salted Caramel Frappé with Coffee & Light Whip - Oat Drink - Small - Take Away	YES	NO	C	C	C	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		294	70	3.4	2.5	9.4	6.7	0.6	0.05		334	982	234	11.4	8.4	31.4	22.3	1.9	0.18	
Salted Caramel Frappé with Coffee & Light Whip - Oat Drink - Medium	YES	NO	C	C	C	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		275	65	2.9	2.0	9.4	6.4	0.6	0.05		422	1159	276	12.2	8.6	39.7	27.0	2.5	0.21	
NON-COFFEE Frappés																																							
Strawberry Drizzle Frappé																																							
Strawberry Drizzle Frappé - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		309	74	3.4	2.9	9.8	8.0	1.2	0.06		362	1118	267	12.3	10.5	35.4	29.0	4.2	0.21	
Strawberry Drizzle Frappé - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		308	73	3.4	2.9	9.6	7.9	1.3	0.06		377	1159	276	12.9	10.9	36.1	29.7	4.7	0.22	
Strawberry Drizzle Frappé - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		296	71	3.0	2.5	10.0	8.1	1.2	0.06		478	1417	337	14.2	11.8	47.6	38.8	5.6	0.27	
Strawberry Drizzle Frappé - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		282	67	2.6	2.4	9.8	8.1	1.2	0.06		362	1020	242	9.6	8.7	35.6	29.2	4.5	0.22	
Strawberry Drizzle Frappé - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		278	66	2.6	2.4	9.6	7.9	1.3	0.06		377	1049	248	9.						

Product Description	Suitable for Vegetarians	Suitable for Vegans	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Shellfish	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	True Nut Source (if present)	Energy - kJ per 100ml	Energy - kCal per 100ml	Fat per 100ml	Sats per 100ml	Carb per 100ml	Sugar per 100ml	Protein per 100ml	Salt per 100ml	Vitamin C (mg) per 100g	Portion Weight (ml)	Energy - kJ per portion	Energy - kCal per portion	Fat per portion	Sats per portion	Carb per portion	Sugar per portion	Protein per portion	Salt per portion	Vitamin C (mg) per portion	
Chocolate Fudge Frappé & Light Whip - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	291	69	2.4	2.2	10.2	8.5	1.7	0.14		364	1060	251	8.6	8.1	37.1	30.9	6.2	0.50		
Chocolate Fudge Frappé & Light Whip - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	285	67	2.3	2.1	10.0	8.3	1.8	0.14		379	1080	256	8.7	8.1	37.7	31.5	6.7	0.51		
Chocolate Fudge Frappé & Light Whip - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	305	72	2.0	1.8	11.5	9.6	1.9	0.15		492	1501	354	9.9	9.0	56.7	47.2	9.2	0.73		
Chocolate Fudge Frappé & Light Whip - Soya Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	305	72	3.0	2.3	9.6	7.8	1.7	0.14		364	1111	263	10.8	8.4	34.9	28.5	6.1	0.50		
Chocolate Fudge Frappé & Light Whip - Soya Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	300	71	2.9	2.2	9.3	7.6	1.7	0.14		379	1137	270	11.1	8.4	35.3	28.9	6.6	0.51		
Chocolate Fudge Frappé & Light Whip - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	319	75	2.6	1.9	11.0	9.0	1.8	0.15		492	1568	371	12.7	9.4	53.9	44.1	9.1	0.73		
Chocolate Fudge Frappé & Light Whip - Coconut Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	291	69	2.8	2.4	9.8	8.1	1.0	0.14		364	1060	251	10.1	8.9	35.7	29.5	3.8	0.50		
Chocolate Fudge Frappé & Light Whip - Coconut Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	285	67	2.7	2.4	9.5	7.9	1.1	0.14		379	1080	256	10.4	9.0	36.2	30.0	4.0	0.51		
Chocolate Fudge Frappé & Light Whip - Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	305	72	2.4	2.0	11.2	9.2	1.2	0.15		492	1501	354	11.9	10.0	54.9	45.4	6.1	0.73		
Chocolate Fudge Frappé & Light Whip - Oat Drink - Small - In Store	YES	NO	C	C	C	C	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	330	78	3.3	2.3	11.0	8.1	0.8	0.15		364	1200	285	12.1	8.4	39.9	29.5	2.9	0.54		
Chocolate Fudge Frappé & Light Whip - Oat Drink - Small - Take Away	YES	NO	C	C	C	C	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	326	77	3.3	2.2	10.8	7.9	0.8	0.15		379	1237	293	12.6	8.4	40.9	30.0	3.1	0.55		
Chocolate Fudge Frappé & Light Whip - Oat Drink - Medium	YES	NO	C	C	C	C	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	343	81	3.0	1.9	12.3	9.2	1.0	0.16		492	1686	399	14.5	9.4	60.5	45.4	4.9	0.78		
Salted Caramel Frappé & Light Whip																																								
Salted Caramel Frappé & Light Whip - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	285	68	3.7	3.0	7.7	6.4	1.3	0.05		362	1031	247	13.3	11.0	27.7	23.1	4.7	0.19		
Salted Caramel Frappé & Light Whip - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	284	68	3.7	3.0	7.5	6.3	1.4	0.05		377	1072	257	13.8	11.4	28.4	23.8	5.2	0.20		
Salted Caramel Frappé & Light Whip - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	272	65	3.2	2.6	7.8	6.5	1.3	0.05		478	1301	311	15.5	12.4	37.4	31.0	6.3	0.24		
Salted Caramel Frappé & Light Whip - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	258	61	2.9	2.5	7.7	6.5	1.4	0.05		362	932	222	10.5	9.2	28.0	23.4	5.0	0.20		
Salted Caramel Frappé & Light Whip - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	255	61	2.9	2.5	7.6	6.4	1.5	0.06		377	962	229	10.8	9.3	28.7	24.1	5.5	0.21		
Salted Caramel Frappé & Light Whip - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	245	58	2.5	2.1	7.9	6.5	1.4	0.05		478	1170	278	11.8	10.1	37.7	31.3	6.6	0.25		
Salted Caramel Frappé & Light Whip - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	237	57	2.4	2.2	7.6	6.4	1.3	0.05		362	859	205	8.6	8.0	27.6	23.0	4.9	0.19		
Salted Caramel Frappé & Light Whip - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	233	56	2.3	2.1	7.5	6.3	1.4	0.05		377	879	209	8.7	8.0	28.3	23.7	5.4	0.20		
Salted Caramel Frappé & Light Whip - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	224	53	2.0	1.8	7.8	6.4	1.3	0.05		478	1073	255	9.4	8.5	37.2	30.8	6.4	0.24		
Salted Caramel Frappé & Light Whip - Soya Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	251	60	3.0	2.3	7.0	5.7	1.3	0.05		362	910	217	10.8	8.2	25.5	20.6	4.7	0.19		
Salted Caramel Frappé & Light Whip - Soya Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	248	59	2.9	2.2	6.9	5.6	1.4	0.05		377	936	223	11.0	8.3	25.9	21.0	5.2	0.20		
Salted Caramel Frappé & Light Whip - Soya Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	239	57	2.5	1.8	7.2	5.8	1.3	0.05		478	1141	272	12.2	8.8	34.4	27.7	6.3	0.24		
Salted Caramel Frappé & Light Whip - Coconut Drink - Small - In Store	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	237	57	2.8	2.4	7.2	6.0	0.7	0.05		362	859	205	10.1	8.7	26.2	21.6	2.5	0.19		
Salted Caramel Frappé & Light Whip - Coconut Drink - Small - Take Away	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	233	56	2.7	2.3	7.1	5.9	0.7	0.05		377	879	209	10.3	8.8	26.7	22.1	2.7	0.20		
Salted Caramel Frappé & Light Whip - Coconut Drink - Medium	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C	224	53	2.4	2.0	7.4	6.1	0.7	0.05		478	1073	255	11.3	9.5	35.4	29.0	3.3	0.24		
Salted Caramel Frappé & Light Whip - Oat Drink - Small - In Store	YES	NO	C	C	C	C	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	276	66	3.4	2.3	8.4	6.0	0.4	0.06		362	999	238	12.1	8.2	30.5	21.6	1.6	0.23		
Salted Caramel Frappé & Light Whip - Oat Drink - Small - Take Away	YES	NO	C	C	C	C	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	275	66	3.3	2.2	8.4	5.9	0.5	0.06		377	1036	247	12.6	8.3	31.5	22.1	1.7	0.25		
Salted Caramel Frappé & Light Whip - Oat Drink - Medium	YES	NO	C	C	C	C	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	263	63	2.9	1.8	8.6	6.1	0.4	0.06		478	1258	300	14.0	8.8	41.0	29.0	2.1	0.29		
Tropical Mango Bubble Frappé & Light Whip																																								
Tropical Mango Bubble Frappé & Light Whip - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	311	74	3.1	2.6	10.3	8.3	1.1	0.06		384	1196	286	12.0	9.8	39.4	31.8	4.3	0.24		
Tropical Mango Bubble Frappé & Light Whip - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	310	74	3.2	2.5	10.0	8.1	1.2	0.06		399	1237	296	12.6	10.2	40.1	32.5	4.8	0.25		
Tropical Mango Bubble Frappé & Light Whip - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	298	71	2.7	2.1	10.4	8.4	1.1	0.06		512	1523	364	13.8	11.0	53.5	42.8	5.7	0.30		
Tropical Mango Bubble Frappé & Light Whip - Semi-Skimmed Milk - Small - In Store	YES	NO																																						

Product Description	Suitable for Vegetarians	Suitable for Vegans	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Salpidae	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	Tree Nut Source (If present)	Energy - kJ per 100ml	Energy - kCal per 100ml	Fat per 100ml	Sats per 100ml	Carb per 100ml	Sugar per 100ml	Protein per 100ml	Salt per 100ml	Vitamin C (mg) per 100g	Portion Weight (ml)	Energy - kJ per portion	Energy - kCal per portion	Fat per portion	Sats per portion	Carb per portion	Sugar per portion	Protein per portion	Salt per portion	Vitamin C (mg) per portion
Cinnamon Bun Latte - Soya Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		154	36	1.5	0.2	3.1	1.9	2.8	0.10		326	501	119	4.9	0.8	10.2	6.3	9.0	0.34	
Cinnamon Bun Latte - Soya Drink - Large - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		155	37	1.5	0.3	3.1	2.0	2.8	0.10		450	697	165	6.8	1.1	14.0	8.8	12.6	0.46	
Cinnamon Bun Latte - Coconut Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		123	29	1.1	0.6	3.7	2.6	1.4	0.10		192	236	56	2.2	1.1	7.1	5.0	2.6	0.20	
Cinnamon Bun Latte - Coconut Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		121	28	1.1	0.5	3.6	2.4	1.4	0.10		272	328	77	2.9	1.5	9.7	6.7	3.8	0.28	
Cinnamon Bun Latte - Coconut Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		122	29	1.1	0.6	3.6	2.5	1.4	0.10		326	399	94	3.6	1.8	11.7	8.3	4.5	0.34	
Cinnamon Bun Latte - Coconut Drink - Large - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		123	29	1.1	0.6	3.6	2.6	1.4	0.10		450	553	130	5.1	2.5	16.1	11.6	6.3	0.46	
Cinnamon Bun Latte - Oat Drink - Small - In Store	YES	YES	C	C	C		YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		210	50	2.4	0.3	6.4	2.6	0.8	0.13		192	404	96	4.6	0.5	12.2	5.0	1.6	0.24	
Cinnamon Bun Latte - Oat Drink - Small - Take Away	YES	YES	C	C	C		YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		203	48	2.3	0.2	6.1	2.4	0.9	0.12		272	552	131	6.1	0.7	16.5	6.7	2.4	0.34	
Cinnamon Bun Latte - Oat Drink - Medium	YES	YES	C	C	C		YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		208	50	2.3	0.2	6.2	2.5	0.9	0.13		326	679	161	7.6	0.8	20.2	8.3	2.8	0.41	
Cinnamon Bun Latte - Oat Drink - Large - Take Away	YES	YES	C	C	C		YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		210	50	2.4	0.3	6.2	2.6	0.9	0.13		450	945	225	10.7	1.1	28.0	11.6	3.8	0.57	
Cinnamon Bun Iced Latte																																							
Iced Cinnamon Bun Latte - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		132	31	1.0	0.6	3.8	2.7	2.3	0.09		287	378	89	2.9	1.8	10.8	7.8	6.6	0.26	
Iced Cinnamon Bun Latte - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		133	31	1.0	0.6	3.8	2.8	2.3	0.09		292	388	92	3.0	1.9	11.1	8.1	6.7	0.26	
Iced Cinnamon Bun Latte - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		128	30	1.0	0.6	3.6	2.7	2.2	0.08		381	488	115	3.9	2.4	13.8	10.4	8.5	0.32	
Iced Cinnamon Bun Latte - Semi-Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		131	31	1.0	0.6	3.7	2.8	2.3	0.09		475	623	147	4.9	3.1	17.7	13.2	10.8	0.41	
Iced Cinnamon Bun Latte - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		98	23	0.2	0.1	3.6	2.6	2.2	0.09		287	281	66	0.5	0.2	10.3	7.3	6.4	0.24	
Iced Cinnamon Bun Latte - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		98	23	0.2	0.1	3.6	2.6	2.2	0.09		292	287	68	0.5	0.2	10.6	7.5	6.6	0.25	
Iced Cinnamon Bun Latte - Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		94	22	0.1	0.1	3.5	2.6	2.2	0.08		381	358	84	0.6	0.3	13.2	9.7	8.3	0.31	
Iced Cinnamon Bun Latte - Skimmed Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		96	23	0.2	0.1	3.5	2.6	2.2	0.08		475	458	108	0.7	0.4	16.8	12.4	10.6	0.39	
Iced Cinnamon Bun Latte - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		177	43	2.3	1.5	3.7	2.6	2.2	0.09		287	508	122	6.6	4.2	10.5	7.5	6.2	0.24	
Iced Cinnamon Bun Latte - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		179	43	2.3	1.5	3.7	2.6	2.2	0.09		292	522	126	6.8	4.3	10.7	7.7	6.4	0.25	
Iced Cinnamon Bun Latte - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		174	42	2.3	1.5	3.5	2.6	2.1	0.08		381	661	159	8.7	5.6	13.4	10.0	8.0	0.31	
Iced Cinnamon Bun Latte - Whole Milk - Large - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		178	43	2.3	1.5	3.6	2.7	2.2	0.08		475	845	203	11.1	7.1	17.1	12.7	10.3	0.39	
Iced Cinnamon Bun Latte - Soya Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		121	29	1.1	0.2	2.6	1.5	2.2	0.09		287	348	83	3.3	0.6	7.5	4.2	6.2	0.24	
Iced Cinnamon Bun Latte - Soya Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		122	29	1.1	0.2	2.6	1.5	2.2	0.09		292	357	85	3.4	0.6	7.7	4.3	6.4	0.25	
Iced Cinnamon Bun Latte - Soya Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		118	28	1.1	0.2	2.5	1.5	2.1	0.08		381	448	106	4.3	0.7	9.4	5.6	8.0	0.31	
Iced Cinnamon Bun Latte - Soya Drink - Large - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		121	29	1.2	0.2	2.5	1.5	2.2	0.08		475	573	136	5.5	0.9	12.1	7.1	10.3	0.39	
Iced Cinnamon Bun Latte - Coconut Drink - Small - In Store	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		98	23	0.8	0.4	3.0	1.9	1.1	0.09		287	281	66	2.4	1.2	8.5	5.5	3.3	0.24	
Iced Cinnamon Bun Latte - Coconut Drink - Small - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		98	23	0.9	0.4	3.0	1.9	1.1	0.09		292	287	68	2.5	1.3	8.7	5.7	3.3	0.25	
Iced Cinnamon Bun Latte - Coconut Drink - Medium	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		94	22	0.8	0.4	2.8	1.9	1.1	0.08		381	358	84	3.2	1.6	10.7	7.3	4.1	0.31	
Iced Cinnamon Bun Latte - Coconut Drink - Large - Take Away	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		96	23	0.9	0.4	2.9	2.0	1.1	0.08		475	458	108	4.1	2.0	13.7	9.3	5.2	0.39	
Iced Cinnamon Bun Latte - Oat Drink - Small - In Store	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		162	39	1.8	0.2	4.9	1.9	0.7	0.10		287	465	111	5.1	0.6	14.1	5.5	2.1	0.29	
Iced Cinnamon Bun Latte - Oat Drink - Small - Take Away	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		164	39	1.8	0.2	5.0	1.9	0.7	0.10		292	478	114	5.2	0.6	14.5	5.7	2.1	0.30	
Iced Cinnamon Bun Latte - Oat Drink - Medium	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		159	38	1.8	0.2	4.8	1.9	0.7	0.10		381	604	144	6.7	0.7	18.2	7.3	2.5	0.37	
Iced Cinnamon Bun Latte - Oat Drink - Large - Take Away	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		162	39	1.8	0.2	4.9	2.0	0.7	0.10		475	772	184	8.6	0.9	23.3	9.3	3.3	0.48	
Tiramisu Frappé (We're Serving Recipe)																																							
Tiramisu Frappé - Whole Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		311	75	3.5	2.9	9.4	6.0	1.3	0.08		355	1102	264	12.4	10.4	33.4	21.1	4.8	0.28	
Tiramisu Frappé - Whole Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		309	74	3.5	2.9	9.2	5.9	1.4	0.08		370	1143	274	13.0	10.8	34.0	21.8	5.3	0.30	
Tiramisu Frappé - Whole Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		307	73	3.1	2.5	10.1	6.1	1.4	0.08		473	1449	347	14.4	11.7	47.6	28.9	6.6	0.38	
Tiramisu Frappé - Semi-Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		263	67	2.7	2.4	9.5	6.0	1.4	0.08		355	1003	239	9.7	8.6	33.6	21.3	5.0	0.29	
Tiramisu Frappé - Semi-Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		279	67	2.7	2.4	9.3	6.0	1.5	0.08		370	1033	246	9.9	8.8	34.3	22.1	5.6	0.31	
Tiramisu Frappé - Semi-Skimmed Milk - Medium	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		279	66	2.3	2.0	10.1	6.2	1.5	0.08		473	1318	314	10.8	9.4	48.0	29.2	7.0	0.40	
Tiramisu Frappé - Skimmed Milk - Small - In Store	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		262	63	2.2	2.1	9.4	5.9	1.4	0.08		355	930	222	7.8	7.4	33.2	21.0	4.9	0.28	
Tiramisu Frappé - Skimmed Milk - Small - Take Away	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO																										

To confirm (and as by way of a disclaimer): The information within this file is correct at the point of sending. At the point of editing, this file will no longer be considered a Technical controlled document. Please be mindful to maintain the accuracy of the data through any editing process. This document contains information on branded packaged products for your information only. When discussing these products, you should reference back to the brand's own website for further details																																					
Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														Nutrition Per 100g/ml							Portion Weight (ml)	Nutrition Per Portion								
	Suitable for Vegetarians	Suitable for Vegans	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Lupin	Peanut	Tree Nuts	Tree Nut Source (if present)	Energy - kJ per 100ml	Energy - kCal per 100ml	Fat per 100ml	Sats per 100ml	Carb per 100ml	Sugar per 100ml	Protein per 100ml		Salt per 100ml	Energy - kJ per portion	Energy - kCal per portion	Fat per portion	Sats per portion	Carb per portion	Sugar per portion	Protein per portion	Salt per portion
Core Ingredients																																					
Hot Chocolate Powder	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1627	384	5.6	3.4	70.0	61.0	12.0	0.49									
Coffee																																					
MOCHA ITALIA BEANS ESPRESSO SHOT	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		81	19	0.2	0.1	3.1	0.1	1.3	0.10	30	24	6	0.1	0.0	0.9	0.0	0.4	0.03
DECAFFEINATED BEANS ESPRESSO SHOT	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		40	10	0.1	0.1	1.8	0.1	0.4	0.10	30	12	3	0.0	0.0	0.5	0.0	0.1	0.03
COSTA DECAF SACHETS ESPRESSO SHOT	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		40	10	0.1	0.1	1.8	0.1	0.4	0.10	30	12	3	0.0	0.0	0.5	0.0	0.1	0.03
DECAF PODS ESPRESSO SHOT	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		40	10	0.1	0.1	1.8	0.1	0.4	0.10	30	12	3	0.0	0.0	0.5	0.0	0.1	0.03
INSTANT COFFEE	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1258	301	0.1	0.1	69.0	0.5	22.0	0.05	2	25	6	0.0	0.0	1.4	0.0	0.4	0.00
Drinks Extras																																					
Vanilla syrup	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1264	313	0.0	0.0	76.0	75.0	0.0	0.00	4	51	13	0.0	0.0	3.0	3.0	0.0	0.00
Vanilla syrup (Sugar Free)	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		56	13	0.0	0.0	10.0	0.4	0.0	0.20	4	2	1	0.0	0.0	0.4	0.0	0.0	0.01
Costa CC000383 Roasted Hazelnut Flavour Syrup (PTS CC000457)	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1190	285	0.0	0.0	69.0	69.0	0.0	0.00	4	48	11	0.0	0.0	2.8	2.8	0.0	0.00
Caramel Syrup FDL	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1166	279	0.0	0.0	69.0	68.0	0.0	0.00	4	47	11	0.0	0.0	2.8	2.7	0.0	0.00
10% Reduced Sugar Caramel Syrup (PTS 40809)	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1176	277	0.0	0.0	69.2	69.2	0.0	0.00	4	47	11	0.0	0.0	2.8	2.8	0.0	0.00
Caramel Syrup (Sugar Free) BO	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		80	19	0.0	0.0	10.0	0.4	0.0	0.20	4	3	1	0.0	0.0	0.4	0.0	0.0	0.01
Cinnamon Bun Syrup	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		62	15	0.0	0.0	10.1	0.0	0.0	0.16	4	2	1	0.0	0.0	0.4	0.0	0.0	0.01
Light Whip	YES	YES	NO	NO	NO	NO	NO	NO	C	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		894	216	19.0	18.0	10.0	10.0	0.0	0.12	35	313	76	6.7	6.3	3.5	3.5	0.0	0.04
Whipping Cream	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1557	378	40.0	25.0	2.6	2.6	1.9	0.10	40	623	151	16.0	10.0	1.0	1.0	0.8	0.04
Semi Skimmed Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		195	46	1.7	1.1	4.7	4.7	3.5	0.11	100	195	46	1.7	1.1	4.7	4.7	3.5	0.11
Skimmed Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		136	32	0.2	0.1	4.4	4.4	3.4	0.10	100	136	32	0.2	0.1	4.4	4.4	3.4	0.10
Whole Milk	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		274	66	3.9	2.5	4.5	4.5	3.3	0.10	100	274	66	3.9	2.5	4.5	4.5	3.3	0.10
Alpro Plant Alternative - Soya	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		177	42	1.9	0.3	2.7	2.5	3.3	0.10	200	354	84	3.8	0.6	5.4	5.0	6.6	0.20
Alpro Plant Alternative - Coconut	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	C		136	32	1.4	0.7	3.3	3.3	1.5	0.10	200	272	64	2.8	1.4	6.6	6.6	3.0	0.20
Alpro Plant Alternative - Oat	YES	YES	C	C	C	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		248	59	3.0	0.3	6.7	3.3	0.8	0.13	200	496	118	6.0	0.6	13.4	6.6	1.6	0.26
Other Ingredients																																					
Chai Syrup	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1380	325	0.0	0.0	81.2	74.2	0.0	0.12	4	55	13	0.0	0.0	3.2	3.0	0.0	0.00
Salted Caramel sauce	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		574	136	4.4	2.8	22.5	19.5	1.7	0.03	10	57	14	0.4	0.3	2.3	2.0	0.2	0.00
Strawberry Sauce	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		865	201	1.3	1.2	48.0	39.0	0.4	0.07	10	87	20	0.1	0.1	4.8	3.9	0.0	0.01
Golden Twinkle Sprinkle	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1615	380	0.0	0.0	95.0	3.0	0.0	0.10	1	16	4	0.0	0.0	1.0	0.0	0.0	0.00
WHITE COSTA SUGAR	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1700	400	0.0	0.0	100.0	100.0	0.0	0.00	2	34	8	0.0	0.0	2.0	2.0	0.0	0.00
BROWN COSTA SUGAR	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1700	400	0.0	0.0	100.0	100.0	0.0	0.00	2	34	8	0.0	0.0	2.0	2.0	0.0	0.00
Frappe Powder	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1710	404	3.4	3.0	93.0	68.0	0.8	0.10	6	103	24	0.2	0.2	5.6	4.1	0.0	0.01
Mango Sauce	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		732	173	0.1	0.0	41.5	31.6	0.2	0.11	20	146	35	0.0	0.0	8.3	6.3	0.0	0.02
Caramel Chocolate Flavour Sauce	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		890	205	3.3	2.9	39.4	31.7	2.0	1.30	10	89	21	0.3	0.3	3.9	3.2	0.2	0.13
Lemon Slices	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		131	31	0.0	0.2	4.3	1.1	0.0	0.04									
Orange Slices	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO		153	37	0.3	0.1	5.4	4.7	0.6	0.03									
Chocolate Milk sauce (CC000451)	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		881	192	2.6	1.9	43.0	41.0	3.7	0.18	10	88	19	0.3	0.2	4.3	4.1	0.4	0.02
White Peach Syrup	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		1397	334	0.0	0.0	83	81	0.0	0.03	8	112	27	0.0	0.0	6.6	6.5	0.0	0.00
Cloudy Lemonade	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		700	168	0.0	0.0	38.0	38.0	0.0	0.03	16	112	27	0.0	0.0	6.1	6.1	0.0	0.00
Costa 63092 Berry Infusion	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO		7	2	0.0	0.0	0.0	0.0	0.0	0.00	275	1							

*Zinc contributes to the normal function of the immune system. Not recommended for consumers taking supplements that contain Zinc. Enjoy as part of a varied and balanced diet and a healthy lifestyle.
Adults need around 2000 kcal a day.