



6 Common Myths About Mentoring



Mentoring programs in P-20 environments have long been constrained by resources, time, and logistics. With Torace, program administrators can make existing programs more effective and unlock the potential of new innovations.

1. IT IS MOSTLY FOR NOVICES OR REMEDIATION

Being mentored is shown to help individuals at all points in their careers. In fact, many professionals have mentors!

2. IT IS A LOT OF WORK FOR MENTORS

Formalized and lightly structured programs can make mentoring both more effective and less work.

3. MENTORS MUST BE EXPERTS IN EVERYTHING

Everyone has strengths they can share long before they have mastered everything. Focusing on these strengths and expanding opportunities to mentor taps into more potential.

4. MENTORING REQUIRES A LONG-TERM COMMITMENT

Some mentoring relationships last years or even a lifetime, but short-term pairings can expand participants' networks, highlight specific needs, and build relationships.

5. MENTORING MOSTLY BENEFITS THE MENTEE

Mentors can certainly grow in their capacity as leaders by mentoring others, but studies have shown that mentoring can also reduce stress and increase engagement for both.

6. MENTORING PROGRAMS NEED A LOT OF RESOURCES

Though true of some models, with Torace you can create effective programs on a shoe-string budget and not overburden administrators or staff.

A Platform for Mentor **Matching**

torace.com

