

#1

Thanksgiving

#2

Christmas

#3

The 4th of July

is the 3rd highest sales week of the year in grocery stores behind only Thanksgiving & Christmas

July

S	M	T	W	TH	F	S
	1	2	3	4	5	6

Top 10 sales lift categories were...

- | | |
|--|---|
| 1.  344%
Insect Repellent | 6.  180%
Baked Beans |
| 2.  324%
Suntan Lotion | 7.  175%
Charcoal Lighter |
| 3.  294%
Juice Pops | 8.  168%
Frankfurters |
| 4.  218%
Frozen Ground Meat | 9.  150%
Frozen Juice |
| 5.  185%
Charcoal | 10.  130%
Premixed Cocktails |

Grocery store shopping baskets included:

What's in the basket?

17%

Fresh Bread

6%

Bottled Water

5%

Regular Cola

7%

Potato Chips

6%

Domestic Beer

4%

Frankfurters

JULY 4TH

SALES WERE **17% ↑** HIGHER THAN THE AVERAGE WEEK OF 2018

17%

9%

Shoppers took 9% more trips and spent 17% more vs. the average week of 2018