

# Club

## Schedule 4.04 - 10.04

MA 4.04	DI 5.04	WO 6.04	DO 7.04	VR 8.04	ZA 9.04	ZO 10.04
<b>09:00</b> 60m <b>Yoga</b> Adelique .	<b>09:00</b> 60m <b>Spinning</b> Andrew .	<b>08:00</b> 60m <b>Pilates</b> Adelique .	<b>09:00</b> 60m <b>Strong Nation</b> Freena .	<b>09:00</b> 30m <b>FunXtion</b> Monique .	<b>09:00</b> 60m <b>BodyPump</b> Sabine .	<b>09:30</b> 60m <b>BodyPump</b> Anouk .
<b>09:00</b> 30m <b>FunXtion</b> Monique .	<b>10:00</b> 60m <b>50-Fit</b> Andrew .	<b>09:00</b> 60m <b>BodyPump</b> Guest .	<b>10:00</b> 60m <b>Zumba</b> Freena .	<b>09:30</b> 30m <b>Booty Workout</b> Monique .	<b>10:00</b> 60m <b>BodyBalance</b> Caroline .	<b>10:30</b> 30m <b>Grit Strength</b> Anouk .
<b>18:00</b> 60m <b>Strong Nation</b> Freena .	<b>10:15</b> 30m <b>FunXtion</b> Robin .	<b>15:00</b> 60m <b>Cardio Boksen</b> Guest .	<b>10:00</b> 60m <b>FunXtion</b>	<b>10:00</b> 60m <b>BodyPump</b> Caroline .	<b>11:00</b> 60m <b>Sh'Bam</b> Caroline .	
<b>19:00</b> 60m <b>Zumba</b> Freena .	<b>10:45</b> 60m <b>Cardio Boksen</b> Robin .	<b>18:00</b> 30m <b>Grit Strength</b> Anouk .	<b>11:00</b> 60m <b>Cardio Boksen</b>	<b>18:00</b> 60m <b>Strong Nation</b> Freena .		
<b>20:00</b> 60m <b>BodyPump</b> Sabine .	<b>19:00</b> 30m <b>Grit Cardio</b> Anouk .	<b>18:30</b> 60m <b>BodyPump</b> Anouk .	<b>19:00</b> 60m <b>Cardio Boksen</b> Burhan .	<b>19:00</b> 60m <b>Zumba</b> Freena .		
	<b>19:30</b> 30m <b>Les Mills Core</b> Anouk .	<b>19:00</b> 60m <b>Spinning</b> Andrew .	<b>19:00</b> 60m <b>Sh'Bam</b> Sabine .			
	<b>20:00</b> 60m <b>Sh'Bam</b> Caroline .	<b>19:30</b> 60m <b>Sh'Bam</b> Caroline .	<b>20:00</b> 60m <b>Ashtanga Yoga</b> Sabine .			
		<b>20:00</b> 30m <b>FunXtion</b> Andrew .				