

Groepsleszaal

Schedule 11.04 - 17.04

MA 11.04 DI 12.04 WO 13.04 DO 14.04 VR 15.04 ZA 16.04 ZO 17.04

09:00 60m
BodyShape
 Conny .

09:00 60m
BodyPump
 Conny .

09:00 60m
BodyShape
 Sabina .

09:00 60m
BodyPump
 Conny .

09:00 60m
BRN
 Sabina .

09:00 60m
BodyPump
 Marjolijn .

10:00 60m
BodyPump

10:00 60m
BodyShape
 Conny .

10:00 60m
BRN
 Sabina .

10:00 60m
BRN
 Winnie .

10:00 60m
BodyShape
 Sabina .

10:00 60m
Poweryoga & Pilates
 Marjolijn .

11:00 60m
BRN

18:30 30m
Grit Cardio

17:30 60m
BodyPump

18:00 60m
BRN
 Winnie .

19:00 60m
BRN
 Winnie .

11:15 45m
BRN
 Marjolijn .

18:00 60m
BodyPump
 Nina .

19:00 60m
BodyBalance

18:30 30m
Grit Strength

20:00 60m
Zumba
 Erlinda .

19:00 60m
BodyCombat
 Nina .

20:00 60m
Zumba
 Erlinda .

19:00 60m
BodyBalance

20:00 60m
Strong by Zumba
 Erlinda .

20:00 60m
Strong by Zumba
 Erlinda .